

FREE TO BE ME

Session Seven: Healing and Freedom from Inner Vows, Demonic Predictions and False Expectations



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Healing Homework: Encountering God

As we seek the Lord about the issue of shame, early life shame and wounds, unmet needs, trauma, unforgiveness and bitterness, and unresolved grief, are we experiencing the love of God?

And we have come to *know and believe the love that God has for us. God is love; whoever abides [lives] in love abides in God, and God in him.... There is no fear in love, but [God's] perfect love drives out fear, because fear involves punishment. The one who fears has not been perfected in love. We love because He first loved us.
1 John 4:16-19

*Intimate knowing; idiom for "making love;" experiential

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Inner Vows, Demonic Predictions & False Expectations = TYPES OF WORD CURSES

Q: What is a Word Curse?

A solemn utterance intended to invoke a supernatural power to inflict harm or punishment on someone or something. (Not always "intended" – we'll explore how word curses get activated in our lives.) *Brings death.*

The antithesis (opposite) of a Word Curse is a Spoken Blessing!

Q: What is a Spoken Blessing?

A sacred, faith-filled declaration inviting God's supernatural power of protection and/or prosperity on someone or something. *Brings life.*

God's power, not some mystical force.

Prosperity – far more than finances. *"Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers."* 3 John 1:2

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Word Curse #1: INNER VOWS

Q: What is an Inner Vow?

An ungodly vow rooted in fear made consciously or subconsciously in response to wounding, in an attempt to protect ourselves from future wounding.

- The vow/oath becomes legally binding in the spirit realm.

Or if a person thoughtlessly takes a oath to anything, whether good or evil – in any matter one might carelessly swear about – even though he is unaware of it, in any case when he learns of it he will be guilty.
Leviticus 5:4

Examples:

"Men are never safe."

"I refuse to need."

"I will never trust."

"I will never be like my father."

"I will not cry."

"I don't do intimacy."

"I must be the one in control."

- Often demonically charged.
- Usually made early in life.
- May have been spoken aloud, but likely not.

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When We Make Inner Vows . . .

It's a fear-based bitter response that:

- Relies on self, leaving Christ out of the equation (idolatry).
- Violates God's biblical commands while discounting His promises.
 - EX: Suffering with unmet needs instead of getting heart needs met.
- Can be result of my own conclusion or what someone else has said to me or about me.
- Usually the result of repeat life events/hurts.
- Not all promises we make to ourselves are evil (EX: "I will never look at porn again."); word curse inner vows are rooted in bitterness and fear – becomes "bitter root."
- Causes my whole being (spirit, soul and body) to automatically react according to the vow, even if the vow is subconscious (EX: "If I trust with my whole heart, I will get hurt.")
 - Seeking God in prayer (our homework) allows the Holy Spirit to reveal subconscious and conscious inner vows.
- Will not simply go away; must recognize and repent . . .

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Breaking Inner Vows . . .

**No Matter How or Why an Inner Vow was Made,
by God's grace, I Can Break it!**

Repent, Renounce and Replace the vow with God's blessing! (What does *Jesus* say?)

"I can trust trustworthy men. My husband is trustworthy."

"People can know the real me – I am God's child and have nothing to hide."

"I will cry when I feel hurt – expressing sadness is healing, not weakness."

Depending on the severity of belief or **brainwashing**, "self-destruct programming" and fear response, it can take time for the blessing to *feel* true. The truth/blessing can even seem too good to be true or absurd at first.

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Word Curse #2: DEMONIC PREDICTIONS

Q: What is a Demonic Prediction?

A lie we believe concerning our potential or future that directly or indirectly comes from the evil one.

Like Inner vows, demonic predictions can result from our own conclusions or agreeing with something someone said to us or about us.

"I'll never be successful. I don't have what it takes."

"No one will ever want to marry me."

"I'm going to die young."

"My kids will be the death of me."

"Even if a man wants to live under the same roof as you someday, his heart will never be with you." (Used visual media to program/brainwash.)

I responded with belief and a subconscious inner vow:

"I'll never trust or love a man with my whole heart. Trusting will hurt me."

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Demonic Predictions: Only GOD Knows Your Future!

Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be.

Psalm 139:16

The Lord directs the steps of the godly. He delights in every detail of their lives.

Psalm 37:23

For I know the plans I have for you," says the Lord. "They are plans for good and not for disaster; to give you a future and a hope."

Jeremiah 29:11

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Breaking Demonic Predictions...

Repent, Renounce and Replace the demonic prediction with God's blessing over you and your future!

What does **Jesus** (*the authority*) say about you and your future?!

Real life examples . . .

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Inner Vows and Demonic Predictions Lead to: WORD CURSE #3: FALSE EXPECTATIONS

Q: What is a False Expectation?

An expectation based on ungodly beliefs that I'm going to be treated a certain way or am doomed to a certain fate.

The world calls this a "self-fulfilling prophecy."

Henry Ford: "Think you can, think you can't; either way, you're right."

- The expectation is a negative (bitter) expression of faith that incites supernatural opposition and keeps us bound in negative belief patterns and reactions.

EX: I vow I'll never be like my mother, only to discover when I have kids, I act just like her.

- The expectation also tempts people to treat us according to my expectation.

EX: I expect my friends to ignore me, so I often withdraw and give them the silent treatment. In response to my unfriendly behavior, my friends ignore me.

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More Examples of FALSE EXPECTATIONS

"I'm always left out of groups."

"People I love always leave me eventually."

"I'm sure I'll be incompetent at my job and get fired – I always do."

Unhealthy: We *want* to see the expectation come to pass, even though it hurts.

"Why can't you just admit you don't like spending time with me?"

False Expectation: "Your heart (desire) won't be with me."

But what if a certain negative outcome has happened to me over and over?

We even project our false expectations on God.

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FALSE EXPECTATIONS Can Also Manifest as Presumed Responses . . .

"If you loved me, you'd be more affectionate."

"If you really liked me, you would have invited me to that occasion."

"If you respected me at all, you wouldn't get silent when conflict arises."

MUST COMMUNICATE OPENLY ABOUT EXPECTATIONS AND
REALIZE NOT EVERYONE EXPRESSES THEMSELVES THE WAY WE
ENVISION THEY SHOULD OR DESIRE THEM TO.

Beware of testing others (unfair expectations and manipulation).

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Breaking False Expectations...

Repent, Renounce and Replace the false expectation with expectations rooted in truth.

Where did the expectation come from and why?

What does the Word of God say about this expectation? What does the Holy Spirit say to you personally about it?

Wise counselors can often help us recognize false expectations!

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One More Word Curse Matter: Atmosphere

Has our country, city, house, hotel, etc. been affected by a word curse, evoking demonic activity? Perhaps we sense oppression, and maybe even a specific kind . . .

With the authority of the name of Christ, we can cleanse the atmosphere and speak a blessing!

I have given you authority to trample on snakes and scorpions and to overcome all the power of the enemy; nothing will harm you. Luke 10:19

The Lord's curse is on the house of the wicked, but he blesses the home of the righteous. Proverbs 3:33

Cleanse the atmosphere regularly!

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Homework...

Get alone with the Lord and prayerfully consider . . .

- 1) Am I operating under any word curses: inner vows, demonic predictions or false expectations?
- 2) A *three-fold cord is not easily broken* (Ecclesiastes 4:12), but by the blood, we can and must break agreement with the curse, separating ourselves from the enemy and the lie (curse) itself. Replace with a BLESSING – I come into agreement with God and the truth!
- 3) Lord, show me if/when I speak curses, and train me to speak blessings over myself and others.

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Let's Pray . . .

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