



PRAYER TO RELEASE OCCUPATIONAL TRAUMA

Intended for first-responders, medical personnel and those who serve traumatized humanity.

Lord, I invite you into and surrender to You the memories of all traumatic and stressful situations I've encountered as a result of caring for people in traumatic situations. Please cover these memories with Your blood and absorb all shock, fear and trauma that overwhelmed me. Help me to never internalize stress, trauma, or death, but rather, always give it over to You, the Savior. Please heal me from any infirmity that has already been caused by internalizing stress, trauma or death.

In the name of Jesus Christ, I break all ungodly ties between any co-workers and myself. I also break all ungodly ties between any person I've encountered through my work and service to humanity.

In Jesus' name, I cancel any curses, gossip, or slander spoken against my family or me. I declare I forgive those people and give them over to You, Lord.

Lord, I break all ungodly territorial ties between all locations and me, and I release to You any territorial defilement I internalized while physically there. Please cancel any plans of retaliation against my family or me as I sought to help those who had been harmed.

Lord, please remove any hardening or callousness from my heart. Cause me to see the people I help the way You want me to see them.

I repent for any time I accepted the false criticism of others as true. Lord, please remove me from any relates shame and restore me to my dignified position of ruling and reigning with Christ.

Lord, I pray that Your Kingdom would come and that Your will would be done in my workplace and all the locations I visit during my job. Please equip me to advance Your Kingdom.