



General Schedule of Daily Activities

Adjusted as necessary by staff on duty

Schedule may vary slight by location

Monday-Friday AM

6:45 Wake up time (at or before), morning routine

7:20 Breakfast, cleanup, meds, morning worship and devotions

8:15 School (breaks determined by teacher). Counseling and spiritual growth meeting, group may be held during the day

Monday, Tuesday, Wednesday, Thursday PM

3:00 Break, snack, chores, exercise

5:30 Dinner prep, dinner, and clean up

6:30 Evening activity/routine, including: schedule as needed (homework, free time, game, activity, movie, outing, assignments, etc.) or special classes, bible study, service projects, chapel, etc.

9:00 Devotions, prepare for bed and quiet time. **Lights out at 9:45 pm**

Friday PM (*Marshall site below. Winona site swap visits with Sunday PM schedule*)

3:00 Break and snack. Chores, bedrooms deep clean. Prepare for visits/passes (pack, check bags). Free time as available.

5:30 Dismissal for visits/passes. Those without visits/passes will prepare dinner with staff. Free time/activity as needed.

7:45 Visits end. Schedule as needed (homework, free time, game, activity, movie, outing, assignments, etc.)

10:15 Prepare for bed/wind down. Devotions and quiet time until lights out. **Lights out 11 pm**

Saturday AM and PM

10:00 Wake up (those up earlier have quiet time in bedroom), personal hygiene, bedroom straightened, etc.

11:00 Brunch prep, brunch, clean-up

12:00 Deep clean chores

1:30 Free time and snack, exercise, free time, games, crafts, activities. Shift change at 4pm.

5:30 Dinner prep, dinner, and clean-up

7:00 Outing or activity, games, movie, assignments, etc.

9:45 Prepare for bed. **Lights out 10:30 pm.**

Sunday AM and PM

8:00 Wake up (**or 1 hour before church**) personal hygiene, bedroom straightened, etc. Attend church of choice and discuss message after church, turn in notes to staff on duty.

12:00 Lunch prep, lunch, clean up

1:00 Schedule as needed (homework, free time, game, activity, movie, outing, assignments, etc.)

5:00 Pass return time

5:30 Prepare dinner, dinner, and clean up

6:30 Free time or group activity. Finish weekend assignments, unpack from weekend, etc.

9:00 Prepare for bed, devotions. **Lights out 9:45 pm**