



## **Lifeboat Series**

*A small boat sent out from the harbor to assist those in danger at sea.*

Join Hope Harbor's effort to build strong families in our community through our Lifeboat Series.

The Lifeboat Series are facilitated by our staff, sent out to share the tools that have been our lifeboat over the past fifteen years working with teens and families. This series is intended to equip, empower and serve anyone in our community with a connection to families and youth of all ages, genders and backgrounds.

### **Session Details**

- First Thursday of each month
- Session runs from 6:30-7:30pm
- There is no cost for attendance
- Marshall Middle School, 401 S Saratoga St Marshall MN. Use the entrance on the back side of the Middle School (behind the Marshall-Lyon County Public Library)
- Enter through Door #14. Session held in Room F2
- Arrive early for light refreshments and stay after the session for Q&A with Hope Harbor staff

### **Session Topics**

The Lifeboat Series will cover a variety of topics for parents, educators, ministry leaders, and anyone working with youth. Sessions are sponsored by Hope Harbor and facilitated by our staff.

### **2019 Dates and Topics**

**Jan 3** Social Media Safety

**Feb 7** Love and Logic

**March 7** Boundaries

**April 4** The Truth About Pornography

**May 2** The Role of Forgiveness in Healing

**June 6** Self Care

**July 11 (due to holiday)** Trafficking and Exploitation

**August 1** Anger

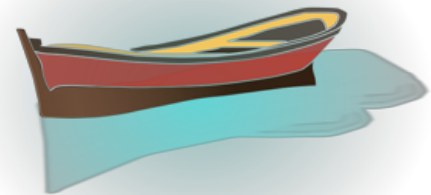
**September 5** Social Media Wellness

**October 3** Co-Parenting Well

**November 7** Healing the Whole Family

**December 5** Love Languages

*Topics are subject to change*



***Find out more at [www.hopeharbormn.org](http://www.hopeharbormn.org)***



*It is the mission of Hope Harbor to equip teens, empower parents, and serve those in need by anchoring them to the hope of God's promises.*