



## Kids Fish On

A 501c(3) nonprofit  
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[www.KidsFishOn.org](http://www.KidsFishOn.org)

# Fish On Kids Club Packing List

## Fishing Resources: Prepare for your Upcoming Fishing Trip

We suggest a duffle bag or daypack to carry your items along with a cooler for your drinks and lunch. That same cooler could be used to bring the fish home. So that the cooler stays clean (somewhat clean) pack some plastic bags in the cooler in order to place the fish in the bags and in the cooler at the end of the day.

\* Tip if you don't have a dedicated day pack or cooler, you could use your school backpack or cloth grocery bags to hold your items. One bag to hold your fishing stuff and one to hold your lunch and drinks.

### In your Day Pack (or Duffle Bag) Goes the Following

- \* Sunglasses protect your eyes from hooks and the sun's harmful rays.
  - \* Plastic Bags or large ziplock bags for fish at end of day
  - \* Fishing Gear from Kids Fish On Fishing Kit See Separate List for fishing kit (hooks:treble, J-hook, stringer, fishing line 2-4 Test monofilament, swivels, lure such as Panther Martin , pliers or hook remover, power bait, salmon eggs-) -If the Fishing Kit Doesn't Fit in your day pack then place all items in a Zip Lock bag and place Zip Lock Bag in Day Pack)
  - \* Water
  - \* Favorite Snack (e.g. nuts, granola bar, trail mix etc.)
  - \* Jacket (even if warm day, Bring a jacket or wind breaker even on a warm day in case the weather changes in mountainous areas or on the water temperatures and conditions can change rapidly
  - \* Sunscreen, SPF 20 or higher.
  - \* Insect repellent if necessary
  - \* Flash light or head lamp with extra batteries.
  - \* Pliers
  - \* Cloth or Rag to wipe hands after holding fish
  - \* Knife for Cleaning Fish with parent permission
- Personal Flotation Device

Small garbage bag to put all trash from trip at the end of the fishing trip (Leave No Trace)

- \* Additionally most private lakes don't require a license for adults or kids and admission into fishing the lake is included
- \* Trash Bag to pick up trash and Leave No Trace
- \* Fishing License if 16 and over in most states but check local guidelines. Most states let children fish for free.
- \* (Optional) Personal medical supplies and prescriptions if Appropriate
- \* (Optional) Camera.
- \* (Optional) Compact binoculars.
- \*(Optional) Cash for bait store

### In your Cooler Goes

- \* Lunch and Drinks (e.g. Sandwich, cookies, carrots, chips, Gatorade etc.)
  - \* (optional) Night crawlers or mealworms to keep them cool and in shade or cooler in order to keep from dying. Most public lakes have a bait and tackle shop where you can buy worms.
  - \* Crawler Care
- Worms should be kept fresh and lively—they need to be cool during storage and while fishing. Once the worm has been fished for some time and it becomes limp, you should put on a fresh worm so that it's lively and enticing to the fish

### Fishing Equipment

Fishing Pole and Reel  
Fishing Net  
  
Treble Hooks  
J Hook  
Stringer  
  
Sinkers  
  
Swivels  
  
Lures or jigs

#### Board Members:

Dr. Rodger Bybee   Dr. Emy Flores   Jay McPhail   Dr. Robert Pletka   Katie Pletka

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