

ALIGN ADAPT ADVANCE

Incorporating brain science-based strategies into your workplace culture for aligning leaders & teams, building the ability to adapt to change, & advance despite adversity for a future-fit organisation

AVOID TRIGGERING A TOXIC CULTURE IN YOUR ORGANISATION

Catherine Wood is passionate about optimising organisations to develop a future-fit organisational culture of engagement, psychological safety, and motivation through brain science-based strategies.



Catherine is specialised in using brain science-based strategies resulting in sustainable intentional change.

The ALIGN ADAPT ADVANCE membership will enable leaders and teams to align with a shared purpose, adapt to change, and advance despite adversity.



EXCLUSIVE ACCESS

Sign up today for exclusive access to the first module of the full 12 month membership.

MEMBERSHIP LAUNCH

Reserve your place ready for the full 12 month membership launch on 7 December 2021

LIFE RENEWAL LEADERSHIP COACHING



12 Month Membership Overview

[Free Exclusive Access To Module 1](#)

Module 1: Exploring Organisational Triggers

- Webinar: How To Develop Your Future-Fit Organisational Culture
- Coaching Session: Organisational Triggers
- How To Increase Productivity, Engagement & Psychological Safety

Module 2: Exploring Habits & Behaviours

- Coaching Session
- The 7 Skills of Collaborative Leadership

Module 3: Incorporating The 7 Skills

- Coaching Session/Support

Module 4: Driving Motivation

- Workshop: Why Trust Is A Driver For Motivation
- Coaching Session/Support

Module 5: The Need To Know & Understand

- Workshop: Why Employees Have A Need To Know & Understand
- Coaching Session/Support

Module 6: The Need For Familiarity

- Workshop: Why Employees Need Familiarity
- Coaching Session/Support

Module 7: The Need To Be Treated Fairly

- Workshop: Why Employees Need To Be Treated Fairly
- Coaching Session/Support

Module 8: The Need To Feel Confident

- Why Employees Need To Feel Confident
- Coaching Session/Support

Module 9: The Need For Autonomy & Control

- Workshop: Why Employees Need To Have A Sense of Autonomy & Control
- Coaching Session/Support



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Module 10: The Need For Novelty

- Workshop: Why Employees Need Novelty In The Workplace
- Coaching Session/Support

Module 11: Reflecting On Change

- Coaching Session/Support

Module 12: Sustaining A Future-Fit Organisational Culture

- Coaching Session/Support

