

A stylized profile of a human head and neck, facing right. The head is filled with a bright yellow color, while the neck and lower face are filled with various shades of blue and purple. The background is white.

One Algon Place Foundation

www.onealgonplace.com

Company Profile

• **Mission** - A dynamic professional Filipino program team that can help improve the lives and hearts of any individual, family and community with spiritual values aiming for a better life. •

Vision - To provide a world class service that helps individuals achieve a self-worth and meaning to their families, community, country and GOD

Objectives

- 1.To provide world class holistic services to every individual and groups
2. To build and promote world class services through different modes/approaches.
3. To provide a happy interesting productive and a harmonious family relationship among staff with a continuous improvement.
4. To make the foundation sustainable via program and services with room for expansion growth

DOH Accredited Facility Treatment & Rehabilitation Center since September 2004 Acute Chronic Psychiatric Facility since October 2008 Description- TOAPFI, as a Behavioral Resource, Training and Treatment Center and a Drug Rehabilitation Center, set up in 2004, has established The Academy of Hope (TAOH) in 2008 and Acute Psychiatric Facility accredited by the Department of Health (DOH). It has a separate building that we will dedicate to our Founding Psychiatrist, Dr. Baltazar V. Reyes, Jr. on that same occasion.

TOAPFI, aside from establishing a treatment facility, has for several years now started a training program for prevention and treatment of behavioral disorders and mental health problems.

It **creates** a public awareness on the urgency of addressing our nation's behavioral and mental health concerns.

TOAPFI acts as a consultation stakeholder to the government and in this year alone had the honor of presenting their advocacy to multiple sectors of the government. This includes seminars with the DOH, DOH Stakeholders Meeting, and WHO-DOH Consultation meetings. They have also participated in advocacies partnered with the Department of Education (DepEd). This has allowed them to interact with local government units and are a likely choice for seminar trainings in the future. Additionally, TOAPFI has held meetings with and worked with national institutions such as the Philippine Council for Mental Health, Catholic Bishops Conference of the Philippines, Child Neurological Society of the Philippines and Rotary Club. This has provided TOAPFI an advantage in forming a strong network of partners who have influence in Philippine psychiatric health since 2013 One Algon Place have participated on the framework of the law MH RA 10036 known as the Mental Health Act.

TOAPFI is also dedicated in maintaining a strong presence in the mental health community. It actively partners and advocates with several companies, charitable institutions, and schools. It also acts as a technical working group for the DOH and is in active consultation with several government organizations. The foundation is often invited to speak at conferences, seminars, and on TV/ radio interviews. However they do not charge fees for these events. Instead

The organization has maintained its strong advocacy programs with partner institutions, rotary clubs, and schools. However, over the past few years, the foundation has had the opportunity to appear live on TV, radio, and online interviews. They have also been repeatedly invited as guest speakers in national organizations and in government functions. Furthermore, they released their own comic book series to bring attention to child and adolescent mental illness. This has allowed the foundation to cement its place in the rehabilitation market and strengthen its already expansive network

A first-of-its-kind comic book on mental health launched February 22 by Cabuyao, Laguna-based rehabilitation facility One Algon Place Foundation, Inc.

The book, called Cyber Brain, is the first in a series that tackles mental health and many forms of addiction among young people today.

“This project was ten years in the making,” said Cel Casas-Gonzales, a DOH-accredited rehabilitation practitioner who has been exposed to mental health, computer addiction and substance addiction cases among young people.

“While these issues are being discussed in various venues, we need to reach out to those with the highest stakes – the children themselves. And we need to do it in a manner they would easily grasp.”

The comic book features Uno, a 10-year-old boy who is endowed with special powers to help others. Uno, however, is not your typical hero. He himself is battling personal issues and suffers from the effects of anger and computer addiction.

Written and illustrated by Gonzales’ brother, Carmelo Casas, Book 1 of the Cyber Brain Series is a product of workshops, surveys, consultations and roadshows across various schools in Metro Manila.

Among the behavioral issues that surfaced in the roadshows were bullying, violence, computer addiction (gaming and pornography), absenteeism and tardiness, disrespect for elders and poor study habits.

The workshops also grew into a supplemental syllabus on online behavior, which sought to guide students on using gadget safely and responsibly. The syllabus covers basic internet guidelines from creating a secure password to recognizing predatory behavior.

“I realized I wanted to focus on this area when I was assigned to a case involving a boy who was in front of his computer 24/7. Aside from his gaming addiction, he had branched out into financial fraud, promiscuous conduct and bullying,” Gonzales said.

“The environment in which young people have to grow today has become complicated, with the breakdown of family values and children’s increasing attachment to gadgets.”

The succeeding books in the series will explore other aspects of mental health and behavioral issues identified in the workshops.

“We believe comics are the best medium to deliver the message our target audience, because they are used to bold colors, catchy images and clever dialogue,” Gonzales said.

She added that parents and teachers should be aware of these twin evils so they could do a better job at guiding the young. “Our hope is that this series would become a tool for transformation.”

Projects

Comic Book On Mental Health



Projects



<https://fb.watch/kCKM6jigzj/?mibextid=v7YzmG>

Mental Health Awareness

In celebration of Women's Month, City Population Office, in partnership with BJMP Cabuyao, Female dormitory, conducted Mental Health Awareness to Persons Deprived with Liberty (Special Population Group). With the support from Cabuyao Employees Multi purpose Coop.



Department of Education
City Schools Division of Cabuyao
Schools Governance and Operations Division
School Health and Nutrition Section

DepED DEPARTMENT OF EDUCATION

OK DepED OPLAN KALUSUGAN

School Mental Health Program (SMHP)

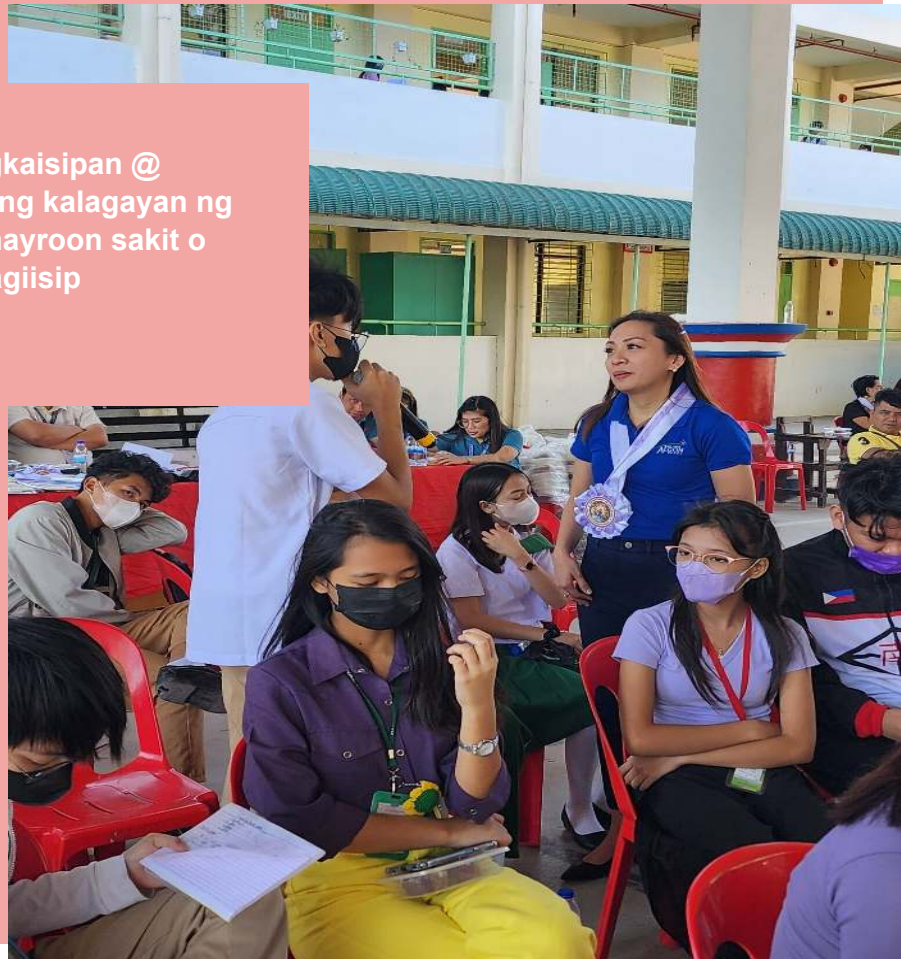
2023 Division School Mental Health Symposium

Theme: Coalition Building Approach on Responding to the Mental Health Needs and Challenges of Adolescent Learners

March 3, 2023, Friday
Pulo National High School Covered Court
9:00AM-12:00PM



Kalusugan Pangkaisipan @
tunay na Mundong kalagayan ng
mga kabataan mayroon sakit o
kondisyon sa pagiisip



Mental Health Seminars to
District 1 2 3 & 4
Catechists Diocese of
Laguna Province



Online Contribution During Pandemic

DEPRESSION
Click, Like & Share

Episode 1
Bluer than Bleu

Moderator:
Ms. Cel Gonzales

CYBERBULLYING
Click, Like & Share

Episode 2
Your Road

Moderator:
Ms. Cel Gonzales

CZEL GONZALES
SPEAKER/MODERATOR
CURRICULUM DESIGNER
FOR CYBERBULLYING

SAN PEDRO COLLEGE DAVAO
APRIL 17, 2021
SATURDAY VIA ZOOM

CWC - CALABARZON
JUNE 18 2021
VIA ZOOM

OM OPTIMUM MINDS MEDIA PRODUCTIONS

Click, Like & Share

Episode 2
Your Road

Moderator:
Ms. Cel Gonzales

CYBERBULLYING

IN PARTNERSHIP WITH

UNAIDS **unicef**

ENDORSED BY

CBCP

ALGON **CYBER BRAIN ARTS**

CZEL GONZALES
SPEAKER/MODERATOR
CURRICULUM DESIGNER
FOR CYBERBULLYING

Council for the Welfare of Children
Members
APRIL 23, 2021 FRIDAY VIA ZOOM

OM OPTIMUM MINDS MEDIA PRODUCTIONS

Click, Like & Share

Episode 1
Bluer than Bleu

Moderation: **MENTALHEALTH DEPRESSION**
Ms. Cel Gonzales

in partnership with

unicef **UNAIDS**

endorsed by **CBCP**

ALGON **Czel Gonzales**
Speaker/MODERATOR
Curriculum Designer
for cyberbullying

Awarded as

Actual processed on the spot was requested by the Agency due to a teenager that committed suicide and it was witness by his neighbor which are his classmates and others that had experienced grief due the lost of a friend.

**IBest Service Project Award
for Disease Prevention and
Treatment ("R U OK? Mental
Health Coaching" for high
school students, teachers,
and parents)**



Effect of Holistic Approach Program on Mental Health among Adolescents of Barangay Dita, City of Santa Rosa, Laguna

Glena Fe A. Yapchulay-Alcabasa

Mary Jane Botabara-Yap Adventist University of the Philippines

gfyapchulay@gmail.com

Abstract Latest studies have shown growing concerns on the adolescents' mental health problems specifically depression, anxiety and stress. This study utilized one group pre-test post-test descriptive design that aims to determine the prevalence of mental health problems and to determine the effect of holistic approach program to adolescents at risk. Two-phase sampling technique was applied. Initial sampling was done to determine those who have mental health problems among the population. Using modified and translated DASS-21, result revealed an over-all prevalence of 89%. Second-phase sampling included the 32 adolescents with mental health problems and underwent holistic approach intervention program. The specific prevalence showed 93.75% for depression, 84.38% for anxiety and 75% for stress. The following causes of mental health problem addressed were heavy use of social media, lack of socialization and self-esteem, peer pressure, academic difficulties, unhealthy diet, lack of sleep, low spirituality, conflict with family and friends. After the 8-sessions of the intervention program, initial over-all prevalence (100%) decreased (56.25%); depression, anxiety, and stress decreased as well (9.34%, 50% and 18.75%). Prevalence of lack of self-esteem and socialization decreased (53.12% to 18.75%), praying time increased to 62.50%. Eating junkfoods decreased (100% to 46.87%) and lack of sleep decreased as well (75% to 15.62%). Peer pressure decreased (43.75% to 18.75%), conflicts with family and friends decreased from 65.62% to 12.5% and 62.50% to 25%, respectively. Academic difficulties were resolved (62.5% to 6.25%). Therefore, the holistic approach intervention program was seen to be an effective tool in addressing depression, anxiety and stress among the adolescents. Key words: mental health, adolescents, anxiety, depression, stress, holistic approach program

Services offered

Secondary, High School and College ·

Basic Mental Health R U OK?

Drug Awareness Program ·

Cyberwellness ·

Comic Mental Health Book ·

Mental Health Activity Manual for Adolescents

by Dra Glenna Fe Yapchulay

Bullying, Cyber Bullying ·

Self Renewal Program ·

OJT/RLE- (Nursing, Psychologist, Care-giver, Midwife, Social Worker and Other Allied Professionals) a text placeholder - click this text to edit.

THE ACADEMY OF HOPE: · Treatment & Rehabilitation-

(All sorts of Addiction) · Acute Psychiatric Facility-

(Depression, Bi-polar, Mood Disorder, Mentally challenge etc

) · CLUB HOUSE- PSYCHIATRIC FACILITY FOR CHILDREN ·

Halfway house- (Geriatric, Physical Dysfunction) T

TRAININGS PROVIDE: Health workers – Nurses, Social

Workers, Psychologists, Doctors. Allied Professionals ·

Behavioral Health Houseparenting · Basics Case

Management & Treatment Planning · Safety, Security and

Restraint · Dealing with Extreme Life Experiences · Basic

Training Course for Rehabilitation Practitioners on the

Assessment and Management of Drug Dependence Schools

– Guidance Counselors, Teachers · Common Behavioral

Problems in Child and Adolescence · Adolescent Brain Self

Harm & Suicide · Basic Mental Health · NSTP (Substance

Abuse Awareness) Corporate – Human Resource, Managers

and Supervisors · Stress Anger Management · Teambuilding

