

Flight Operations in Mountain Wave



Kurt Kleiner–CFII 2020

Mountain Wave briefing topics

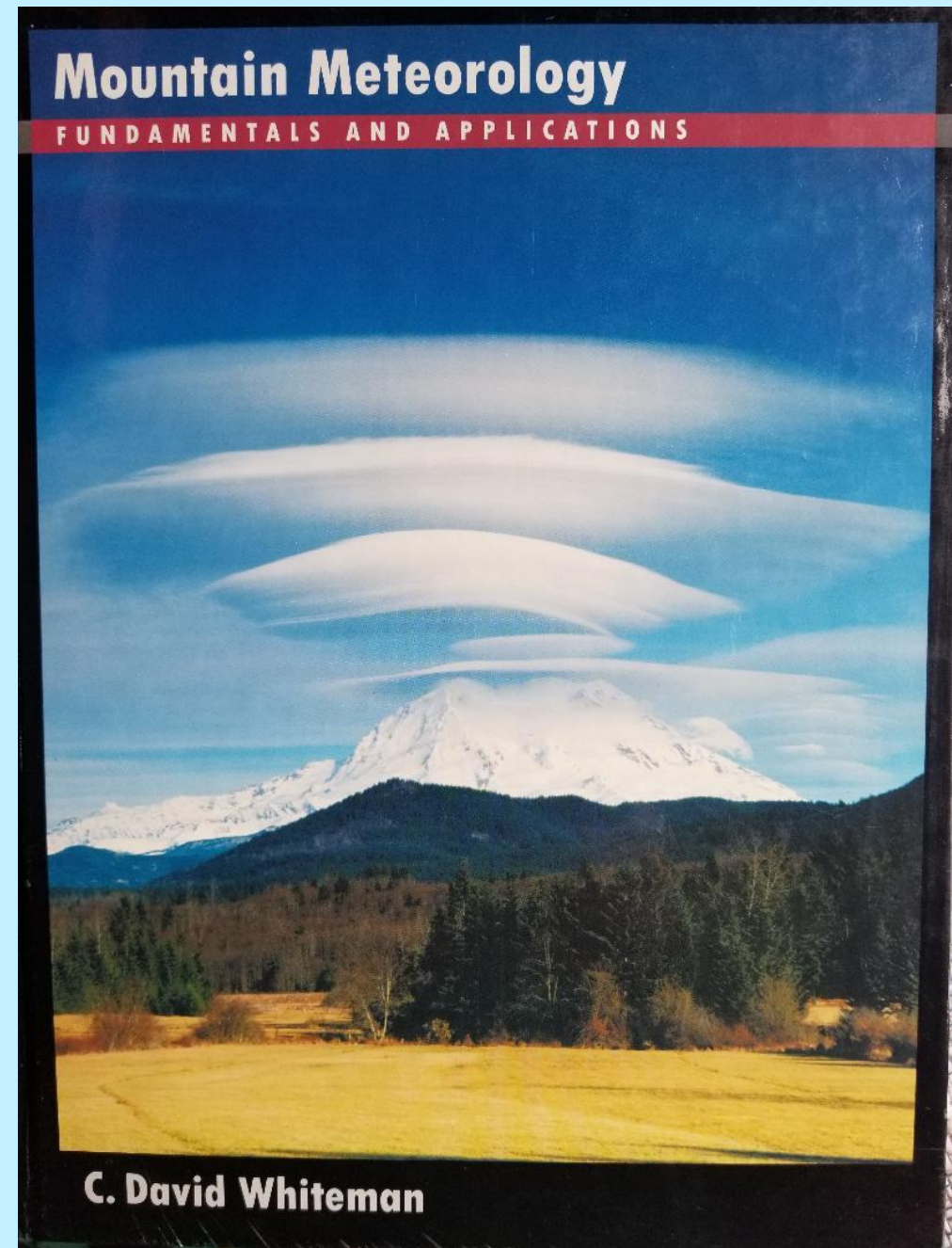
- Conditions needed for wave formation
- Structure of mountain waves
- Three types of wave
- How to forecast or predict wave
- Hazards to Aviators
- Wave soaring techniques and records

Information sources

FAA Advisory Circular **AC 00-57**
(1997) “*Hazardous Mountain
Winds and Their Visual Indicators*”

Soaring Society of America, glider
clubs, and soaring weather sites.

Various online research papers,
scientific sites; UCAR Met Ed,
UNLV, NOAA-National Weather
Service, NASA, etc.



Three necessary conditions for wave

- WIND: greater than 20 kts. at mountaintop level with winds aloft in same general direction (without a shear layer)
- TOPOGRAPHY: a block or barrier with wind direction perpendicular to the orientation of a mountain range, or within 30 degrees of perpendicular (or a prominent lone peak or volcano)
- ATMOSPHERIC STABILITY: must be stable, resistant to convection.

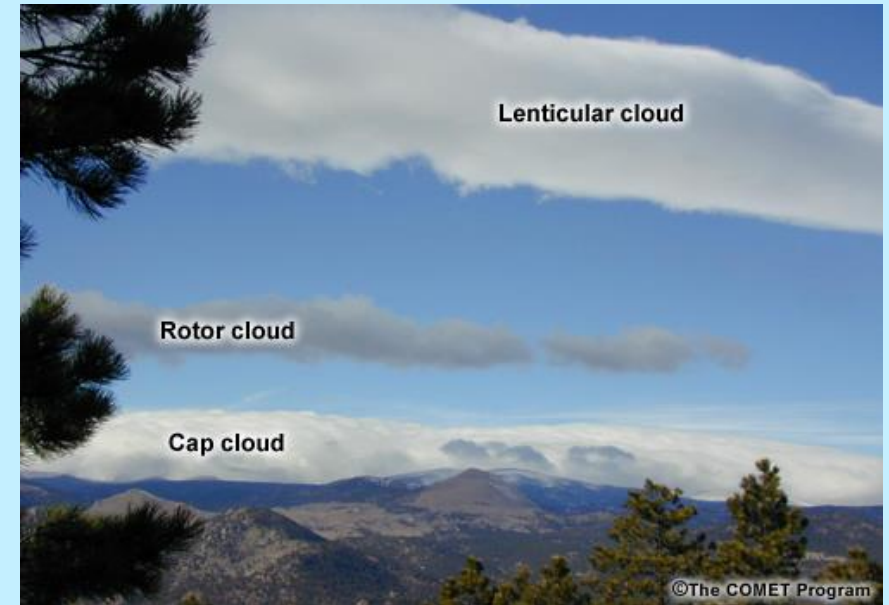
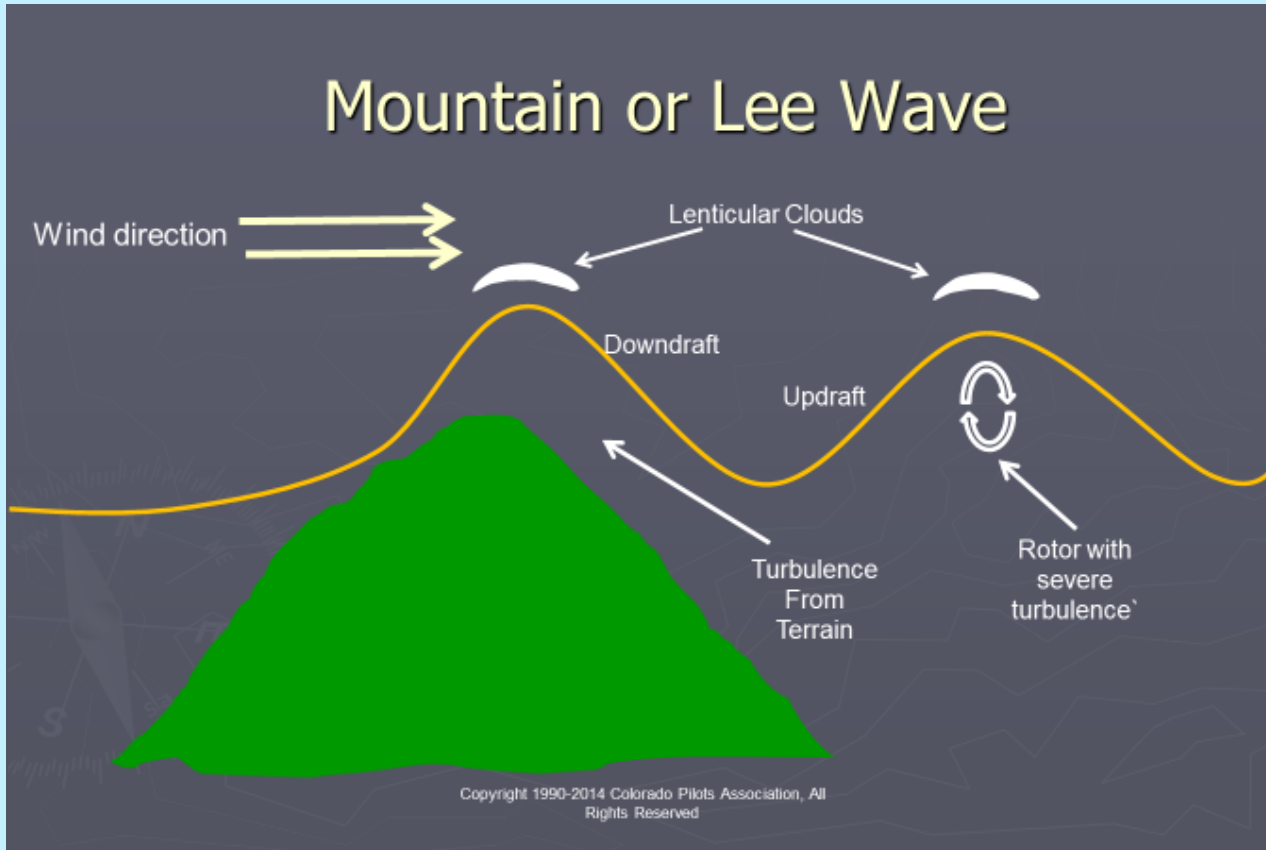
How it works....

Strong flow of stable air blocked by terrain is compressed, pushed up and over the top, rushes down the lee side, rebounds off the stable air layer below, and then deflected back up/down in multiple oscillations.

Altostratus Lenticularis (Standing Lenticular)



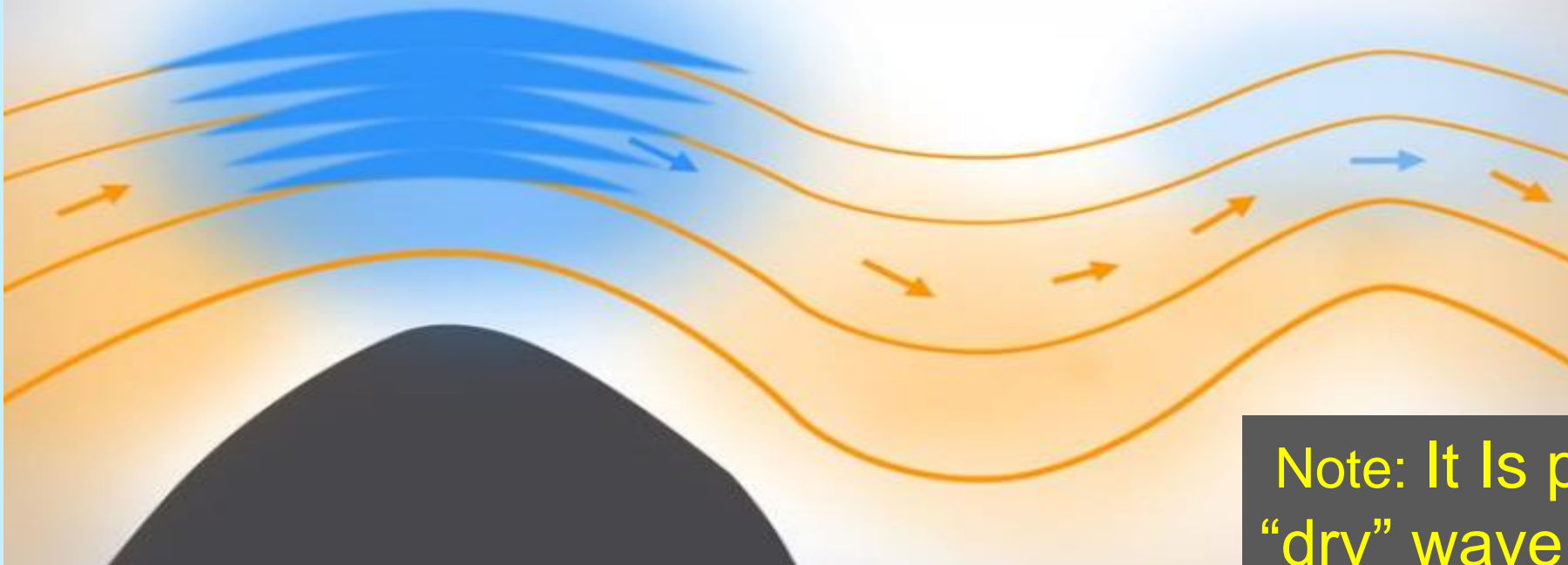
Wave structure and visual indicators



The “Rotor” is the primary hazard to small GA aircraft.

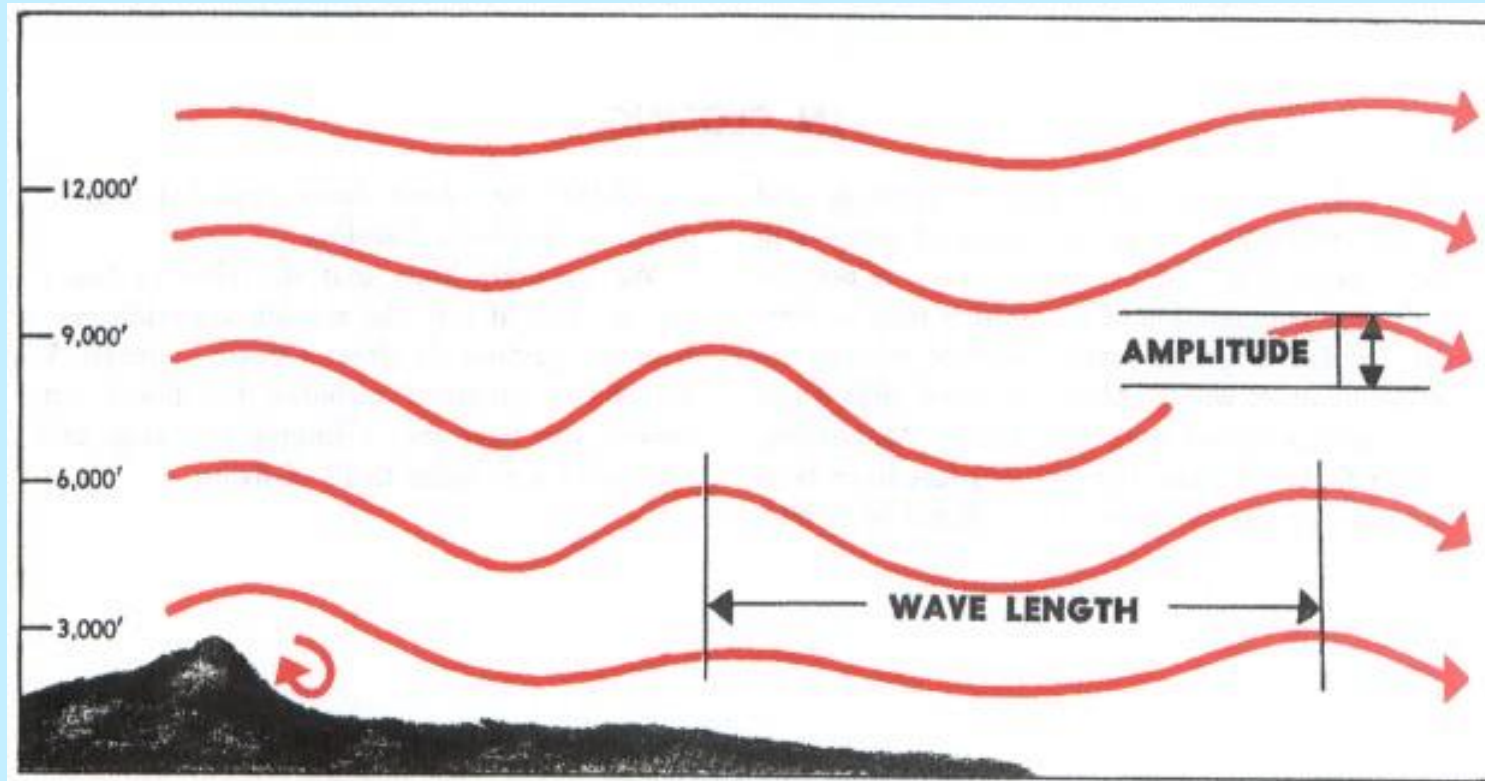
Lenticular clouds appear to be “standing still”

Air Rises And Cools, Reaching Dew Point And Forming Lenticular Cloud



Note: It is possible to have “dry” wave conditions if there is insufficient moisture for clouds to form!

Wave Terminology: Amplitude & Wave Length



- **Wave length** is the horizontal distance between crests of multiple waves.
- **Amplitude:** is half the altitude difference between the trough and crest.

Wave length is determined by:

- The direction and strength of the wind striking a mountain.
Stronger winds produce longer wave lengths with less amplitude.
- The slope angle and height of the mountain's lee side.
Shallow lee-side slopes = longer wave lengths with less amplitude.
- The distance between wave crests may be 2 to 25 miles apart. (8-10 miles is “typical”).

Amplitude is determined by:

- Terrain: Mountain ranges with a very steep slope and large vertical drop on the lee side produce the greatest amplitude.

Tetons, Colorado Front Range, & Sierra Nevada have a steep 7,000 to 10,000 ft. vertical drop on east side from summits to valley floor.

Lower, more rounded mountains like the Appalachians produce lower amplitude waves. Long wave lengths downwind are still possible.

- Atmospheric stability: Stable air on the lee side that resists convection and thermal activity produces stronger wave.
- Amplitude can be “re-energized” by terrain downwind.

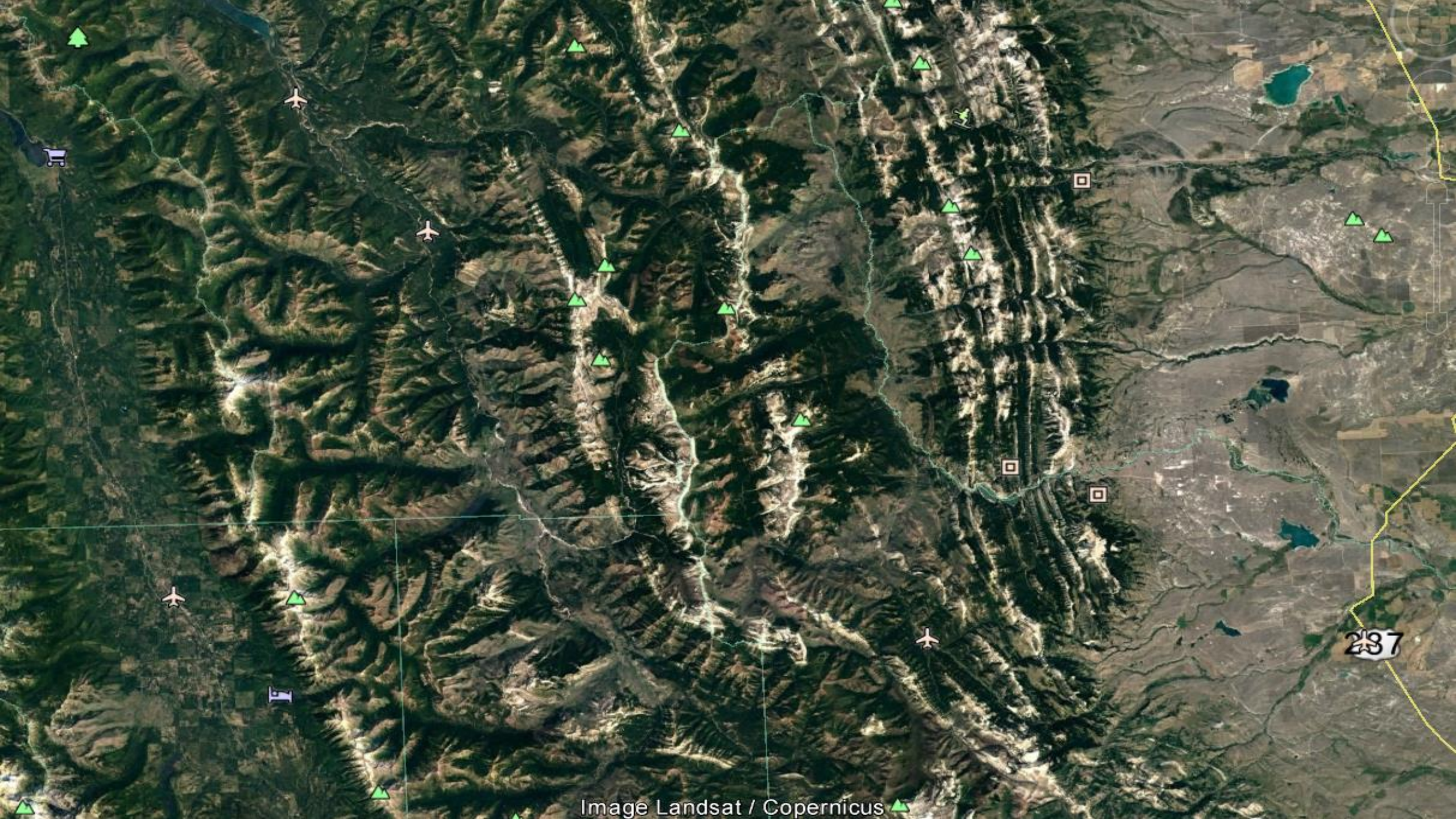


Image Landsat / Copernicus

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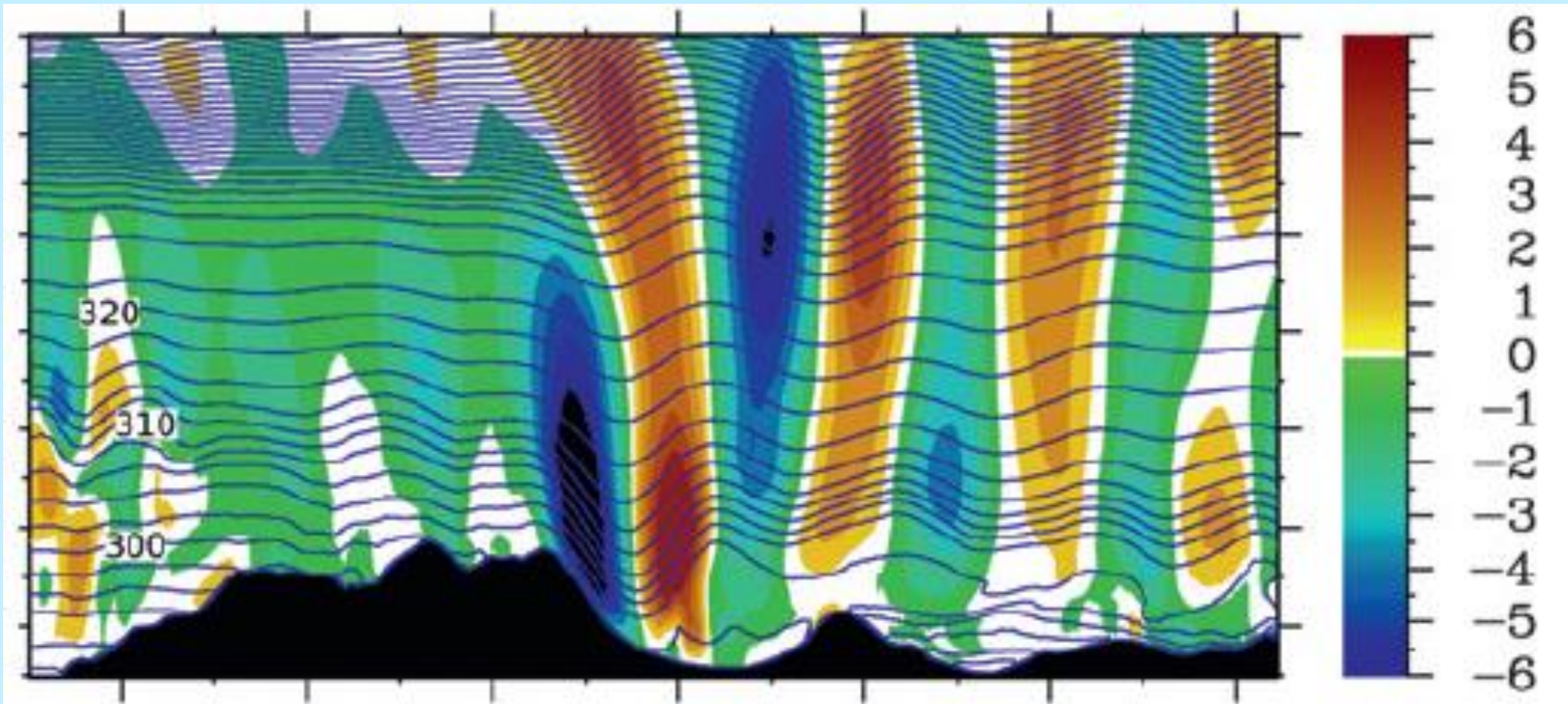
Amplitude characteristics:

- The greatest amplitude is normally found 3,000 to 6,000 feet above mountain top level, downwind of the lee slope.
- Large amplitudes waves tend to have shorter wave lengths and more severe rotors underneath.

*Owens Valley, CA on east side
of the Sierra Nevada range*



Sierra Nevada-Owens Valley slope and wave profile (m/s)



High-Resolution Simulations of Lee Waves and Downslope Winds over the Sierra Nevada during T-REX IOP 6

PETER SHERIDAN AND SIMON VOSPER

Three Types of Mountain Wave

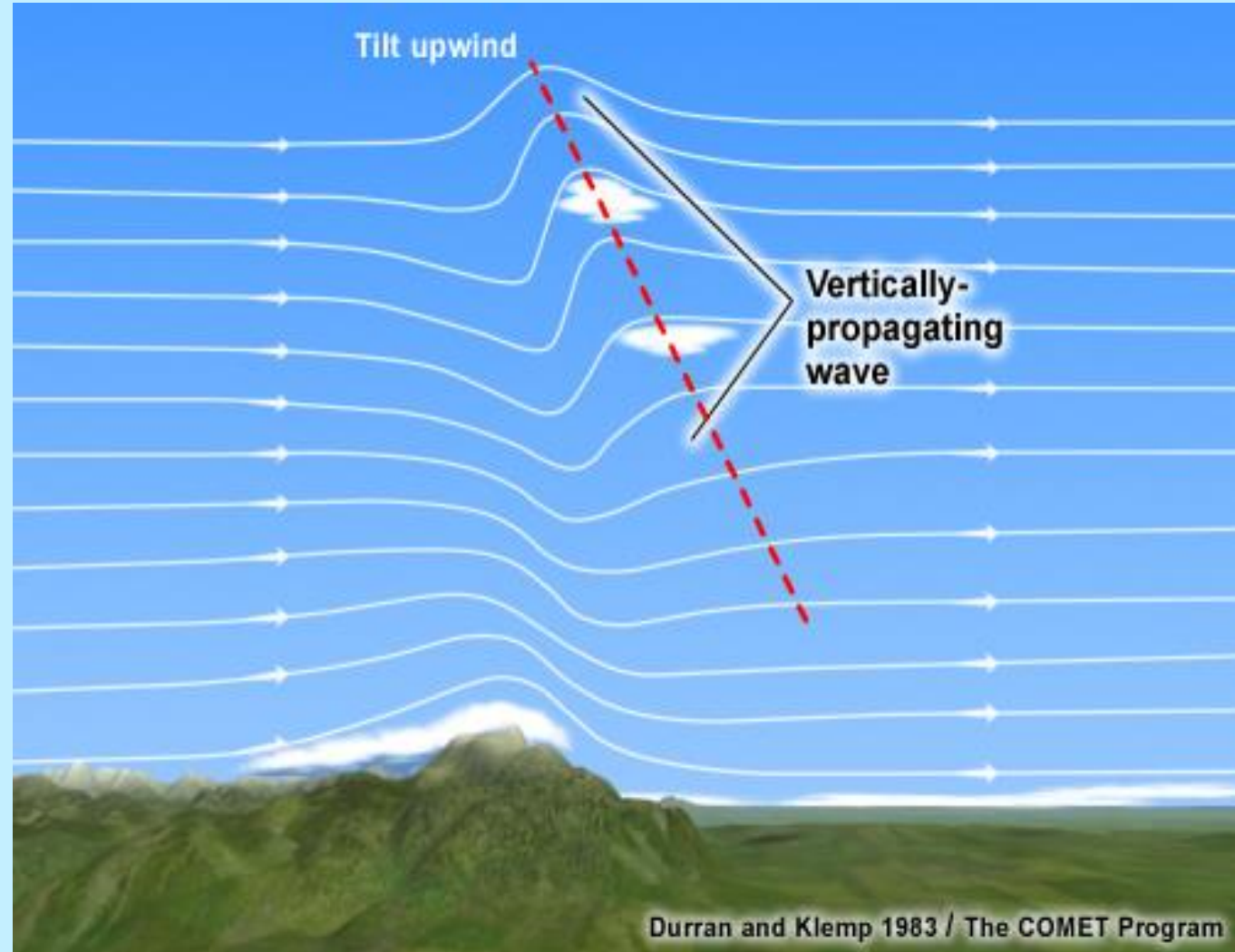
- Vertically Propagating Wave
- Breaking Wave
- Trapped Lee Wave



1.) Vertically Propagating Wave



Strong lift and Clear Air Turbulence may extend up to 100,000 ft.

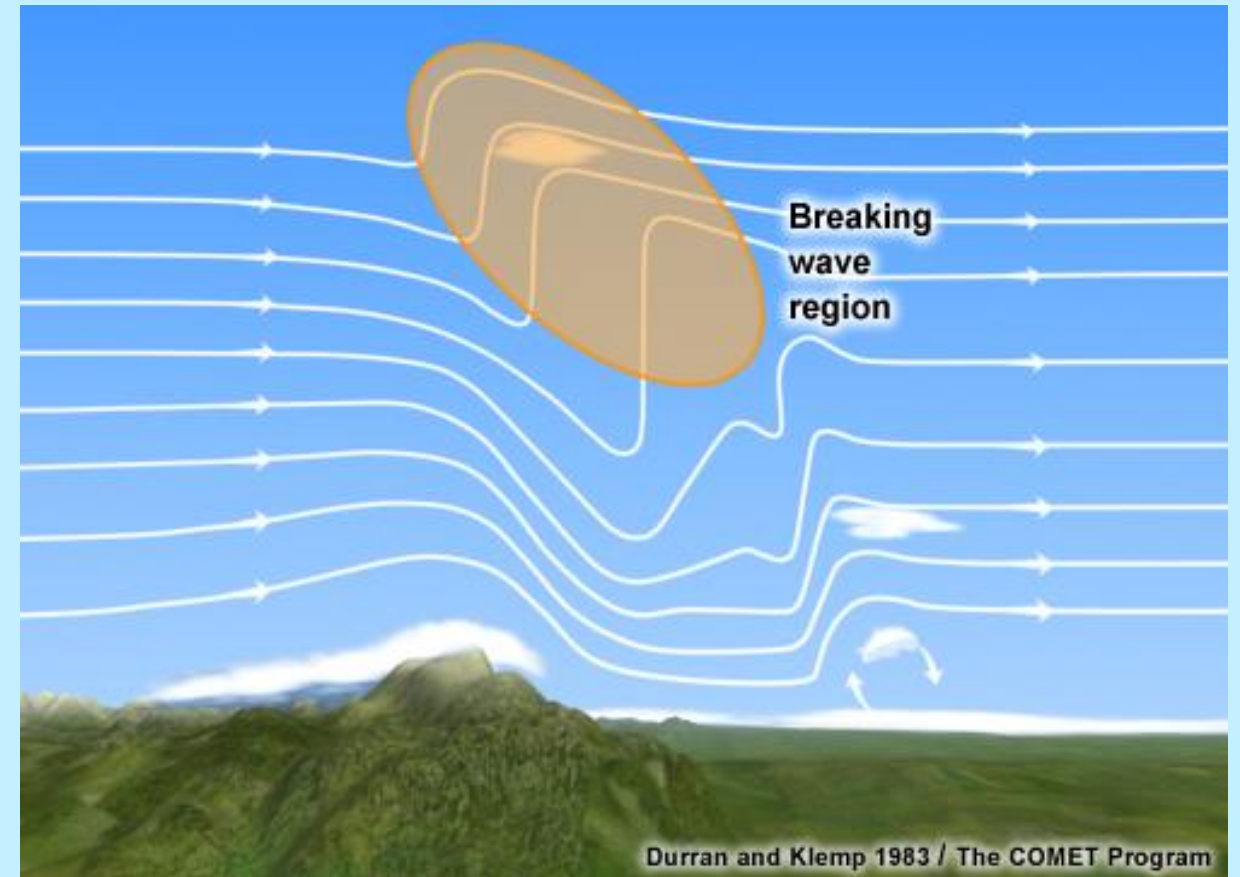


2.) Breaking Wave

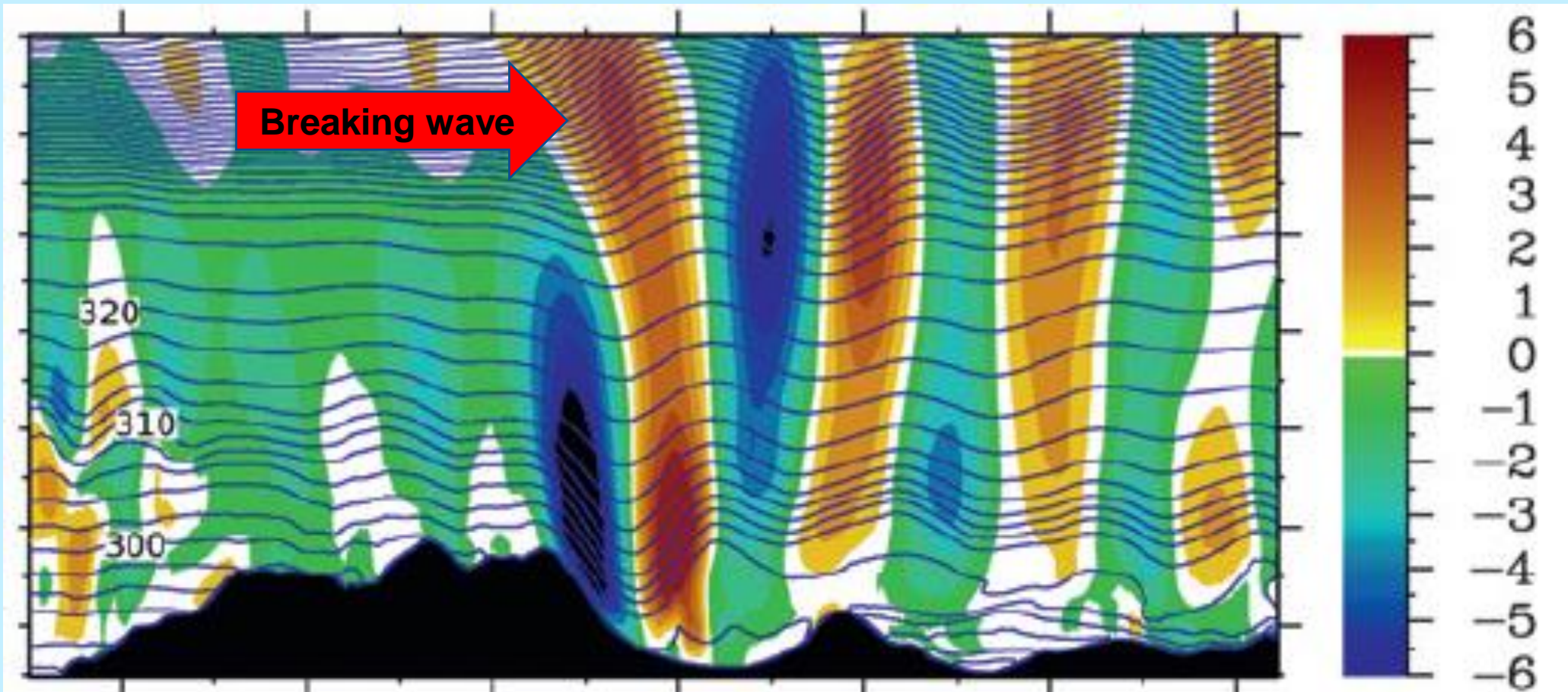
Vertically-propagating waves with sufficient amplitude may **break**, and result in severe Clear Air Turbulence between 20,000 and 40,000 feet.

If the wave does not break, the main turbulence hazard is the low level rotor area.

Expect strong but smooth lift and sink elsewhere.



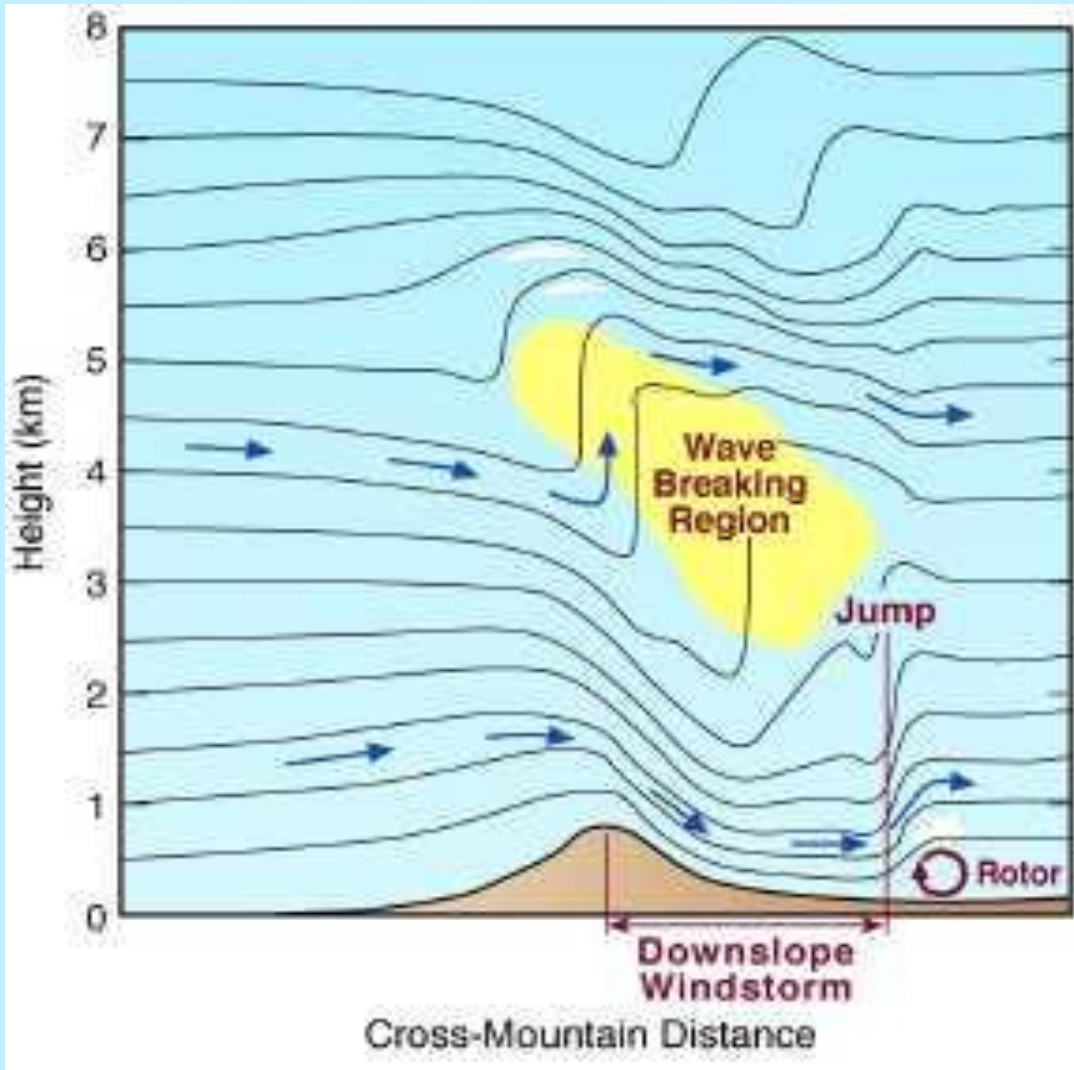
Sierra Nevada-Owens Valley slope and wave profile (m/s)



High-Resolution Simulations of Lee Waves and Downslope Winds over the Sierra Nevada during T-REX IOP 6

PETER SHERIDAN AND SIMON VOSPER

Remember...
Air has fluid properties



3.) Trapped Lee Wave

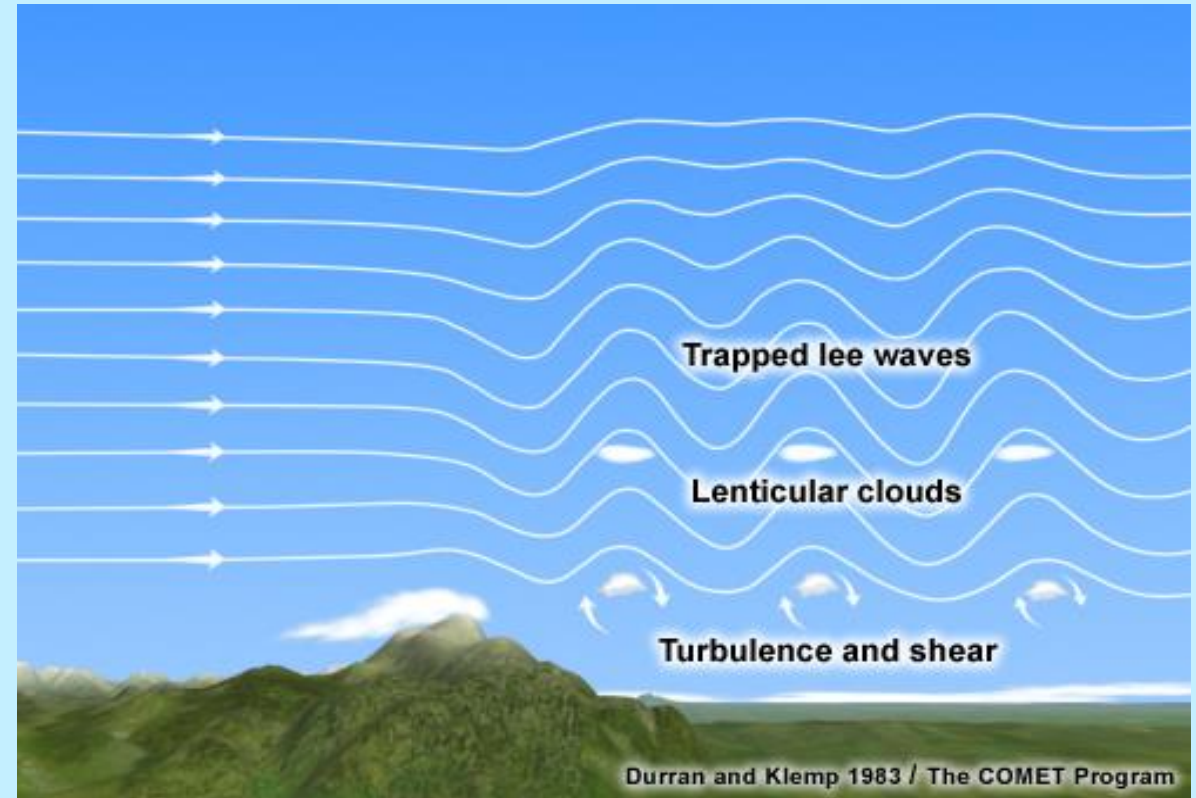
Energy does not propagate vertically due to strong wind shear or unstable conditions above.

Wave amplitude is limited to lower altitudes and said to be “*trapped*.”

Rotors below trapped lee wave crests are typically weak and less severe than rotors found beneath high amplitude (vertically propagating) waves.

Trapped lee waves can extend for hundreds of miles downwind.

Glider pilots who are new to wave soaring will prefer this type of wave.



The sequence of trapped lee waves is referred to as Primary, Secondary, Tertiary, etc.



Strength of lift and sink gradually decreases on each successive wave. Series can extend over 500 miles downwind.

How can I predict or forecast wave?

The transfer of mechanical energy from larger to smaller turbulent structures can be expressed by....

$$\varepsilon' = \zeta^2 \left(12 \frac{u'}{L'} \cdot u''^2 + 15 \cdot \nu \left(\frac{u'}{L'} \right)^2 \right)$$

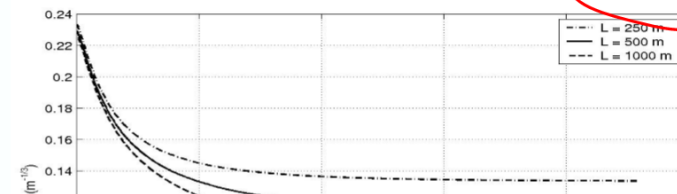
$$\zeta^2 12 \frac{u'}{L'} u''^2 = \zeta^2 \left(12 \frac{u''}{L''} \cdot u'''^2 + 15 \cdot \nu \left(\frac{u''}{L''} \right)^2 \right).$$

turbulence energy balance for the 2nd structure level

Spectrum width EDR computation

- Let $\varepsilon_i^{1/3} = s_i f(r_i)$
 - ↑ raw EDR “estimate”
 - ↑ measured spectrum width
 - ↑ “scale” factor for range r_i computed by assuming von Karman turbulence with $L_0 = 500$ m

- At a given range and azimuth, EDR is $\varepsilon^{1/3} = \frac{\sum_{i \in \text{disc}} C_i \varepsilon_i^{1/3}}{\sum_{i \in \text{disc}} C_i}$



**Eddy
Dissipation
Rate**



ast

Go

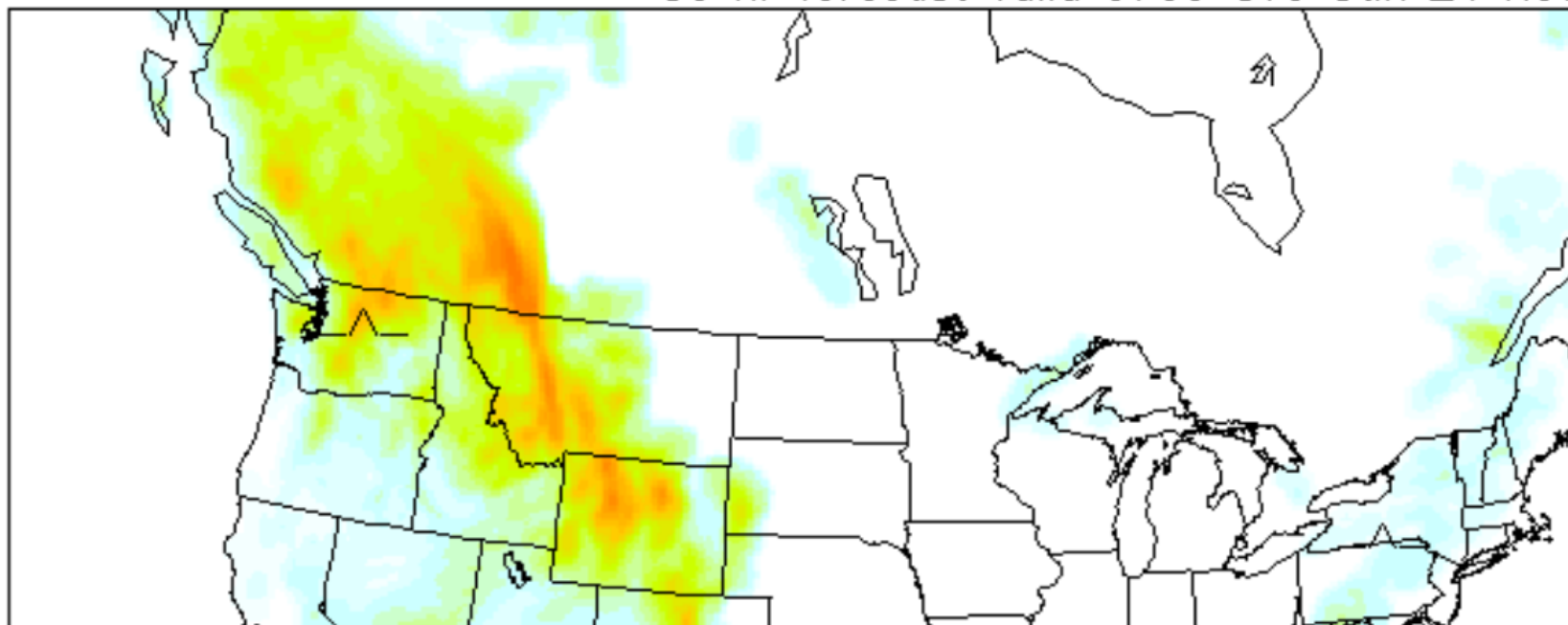
[HOME](#) [ADVISORIES](#) [FORECASTS](#) [OBSERVATIONS](#) [TOOLS](#) [NEWS](#) [SEARCH](#)

Current GTG Forecast

Aircraft: Plot: Vert. level: Time:

GTG - Max mountain wave (1000 ft. MSL to FL500)

00 hr forecast valid 0700 UTC Sun 24 Nov



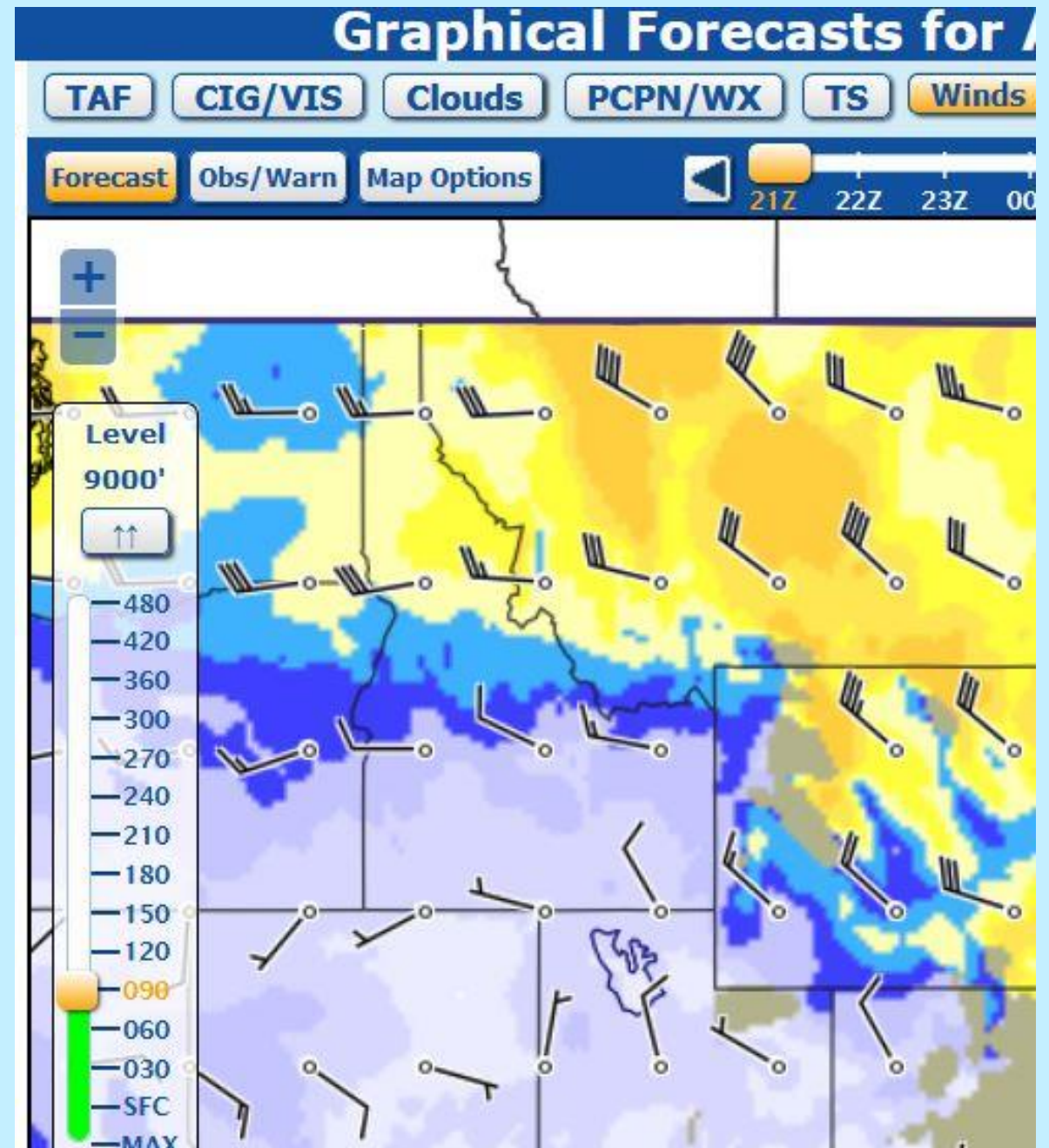
Eddy Dissipation Rate (EDR)



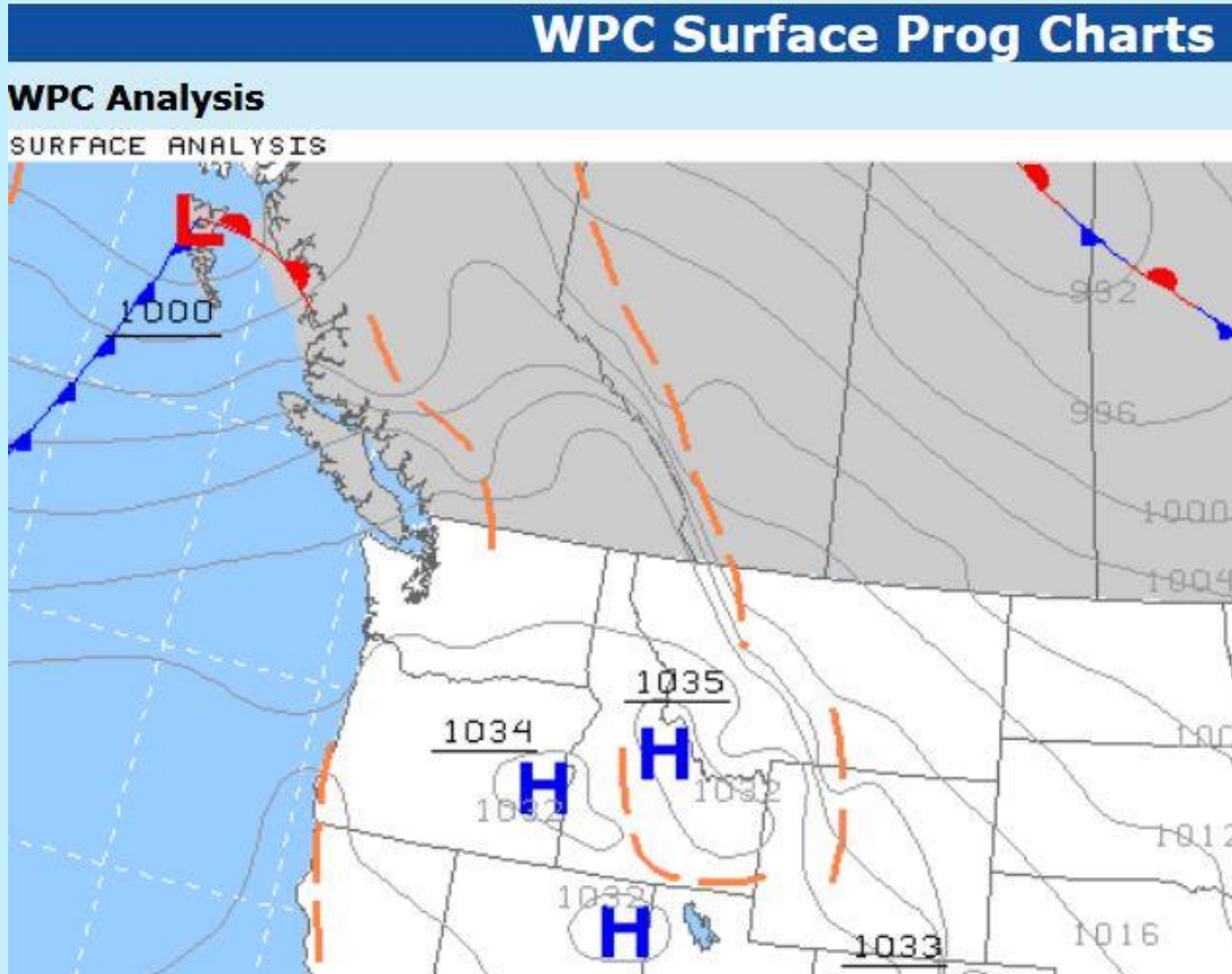
10 20 30 40 50 60 70 80 90

Winds Aloft forecast

Winds/Temps Data					
Level: <input checked="" type="radio"/> Low <input type="radio"/> High 14Z-21Z Rocky Mountain					
(Extracted from FBUS31 KWNO 231354)					
FD1US1					
DATA BASED ON 231200Z					
VALID 231800Z FOR USE 1400-2100Z. TEMPS					
FT	3000	6000	9000	12000	18000
PHX	0816	0809+08	1006+05	2305+00	2627-14
PRC			9900+04	9900-02	2722-15
TUS	1213+10	9900+07	2514+02	2524-14	
ALS			3409-01	9900-16	
DEN		2908+04	3319-01	3118-17	
GJT		9900-02	0309-02	1009-17	
PUB		3311+03	3415-01	3211-17	
BOI	2605+01	2911+02	3006-01	2813-17	
LWS	9900	2520+03	2721+01	2824-04	2929-17
PIH	2210	2815+01	3218-01	3017-17	
BIL	2952	3232+01	3031-05	3045-17	
DLN		3028+01	3133-04	2947-19	
GGW	2913+07	3308+00	3023-07	3154-18	
GPI	2420-03	2937-02	2947-06	2942-17	
GTF	2942	2920+01	3029-06	3141-17	
MLS	3133+03	2935+01	3037-05	2949-17	
BAM		1408+02	1007-02	0913-17	



What about Stability?

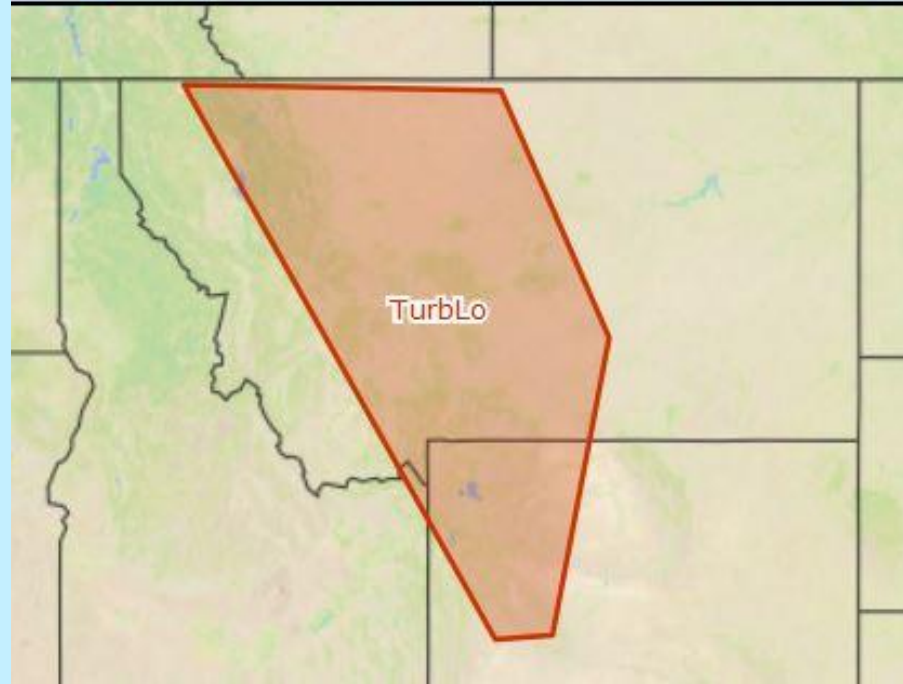


Note location and concentration of High pressure centers, and the compressed isobars (pressure gradient) just east of the Continental Divide

Graphical AIRMETs

ew Configure

TurbLo LLWS SfcWind Icing Frz IFR MtnOb



Low Level Turbulence G-AIRMET

Valid: 2019-11-23T21:00:00Z

Issued: 2019-11-23T14:45:00Z

Severity: MOD

Top: 16000 ft

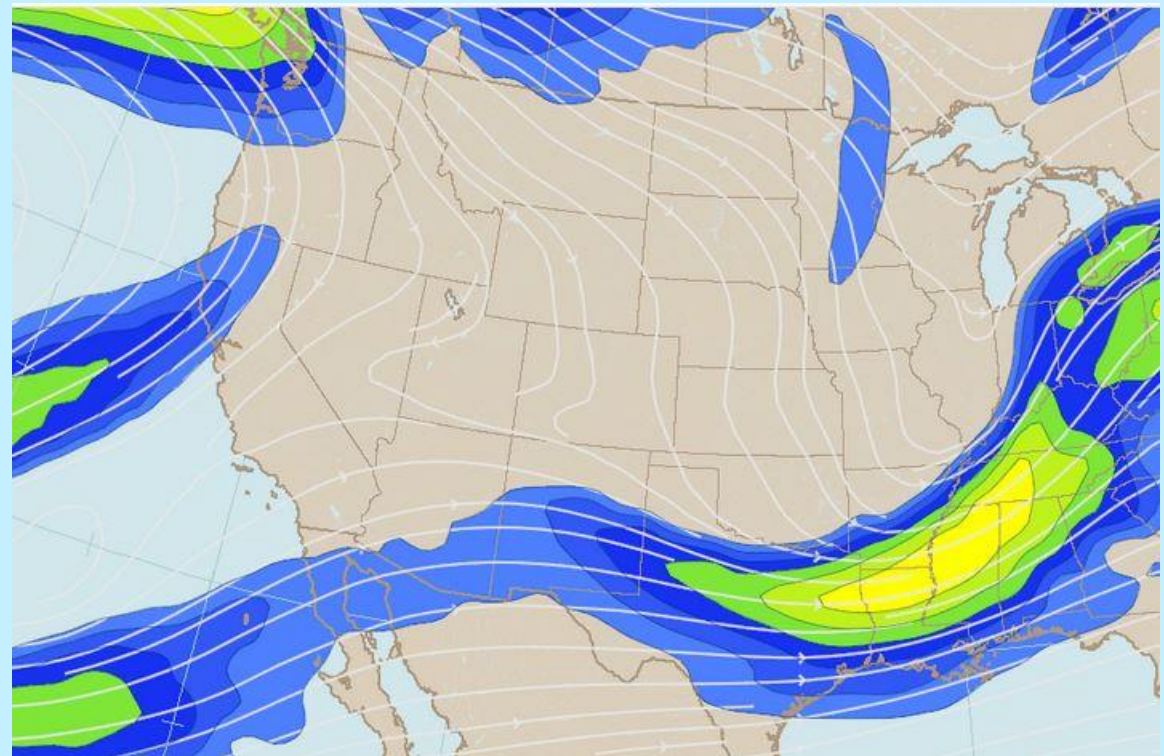
Base: Surface

AIRMETs

U.S. Jetstream

01:00 PM EST Sat Nov 23, 2019 (GMT -0500)

Data Source: Model / Sounding



TURB SIGMET

Center: KSFO

Begins: 2020-02-09T19:58:00Z

Ends: 2020-02-09T23:58:00Z

Top: 33000 ft

Base: 24000 ft

WSUS06 KPCI 091958

SFOV WS 091958

SIGMET VICTOR 2 VALID UNTIL 092358

SIGMET

CA AND CSTL WTRS

FROM 40SSW FMG TO 50WNW BTY TO 60SSE SNS TO PYE TO 40SSW FMG

OCNL SEV TURB BTN FL240 AND FL330. DUE TO MTN WV ACT. RPTD BY

ACFT. CONDS CONTG BYD 2358Z.

TURB SIGMET

Center: KSFO

Begins: 2020-02-09T22:27:00Z

Ends: 2020-02-10T02:27:00Z

Top: 12000 ft

Base: 0 ft

WSUS06 KPCI 092227

SFOX WS 092227

SIGMET XRAY 1 VALID UNTIL 100227

SIGMET

CA

FROM 40WNW FMG TO 50SSW FMG TO 50SSW OAL TO 30SSW CZQ TO 20NNW

SAC TO 40WNW FMG

OCNL SEV TURB BLW 120. DUE TO STG LOW LVL WINDS AND WINDSHR ASSOCD

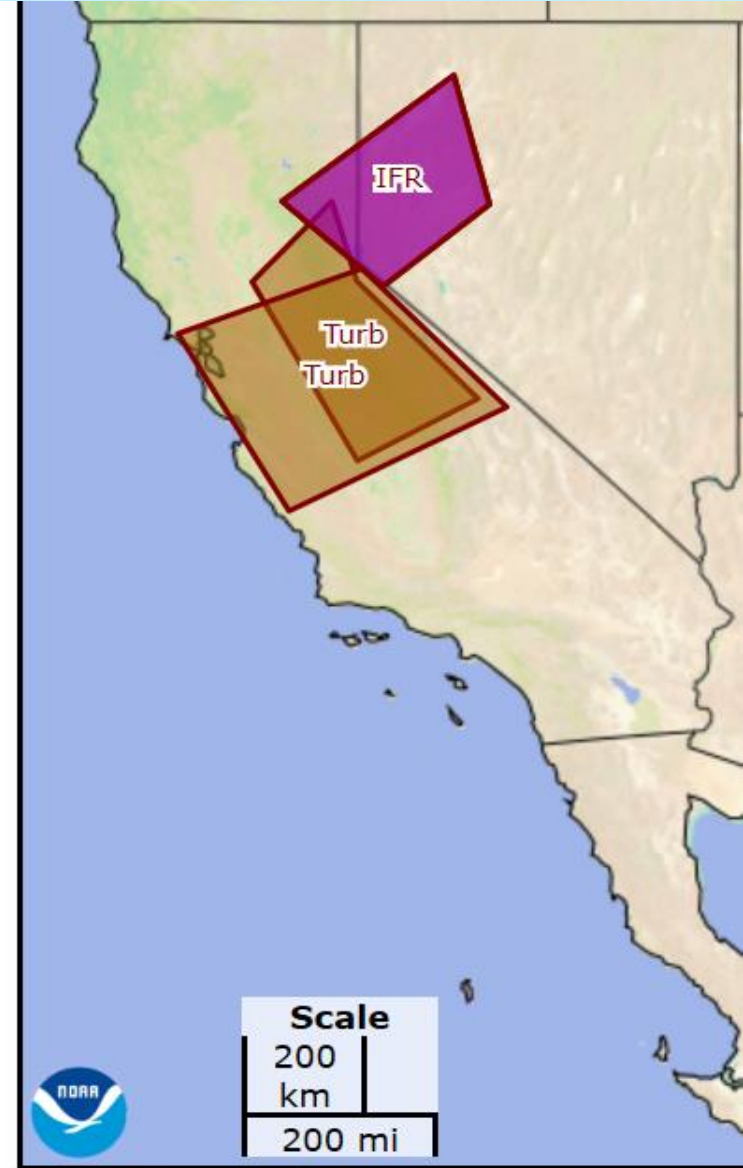
WITH JTST AND STG UDDFS AND LLWS. RPTD BY B737 AC90. CONDS CONTG

BYD 0227Z.

SIGMETs

High
Level

Low
Level



SIGMET TS Conv Trop Turb

Disclaimer: International SIGMET loc

SIGMET Plots

PIREPs



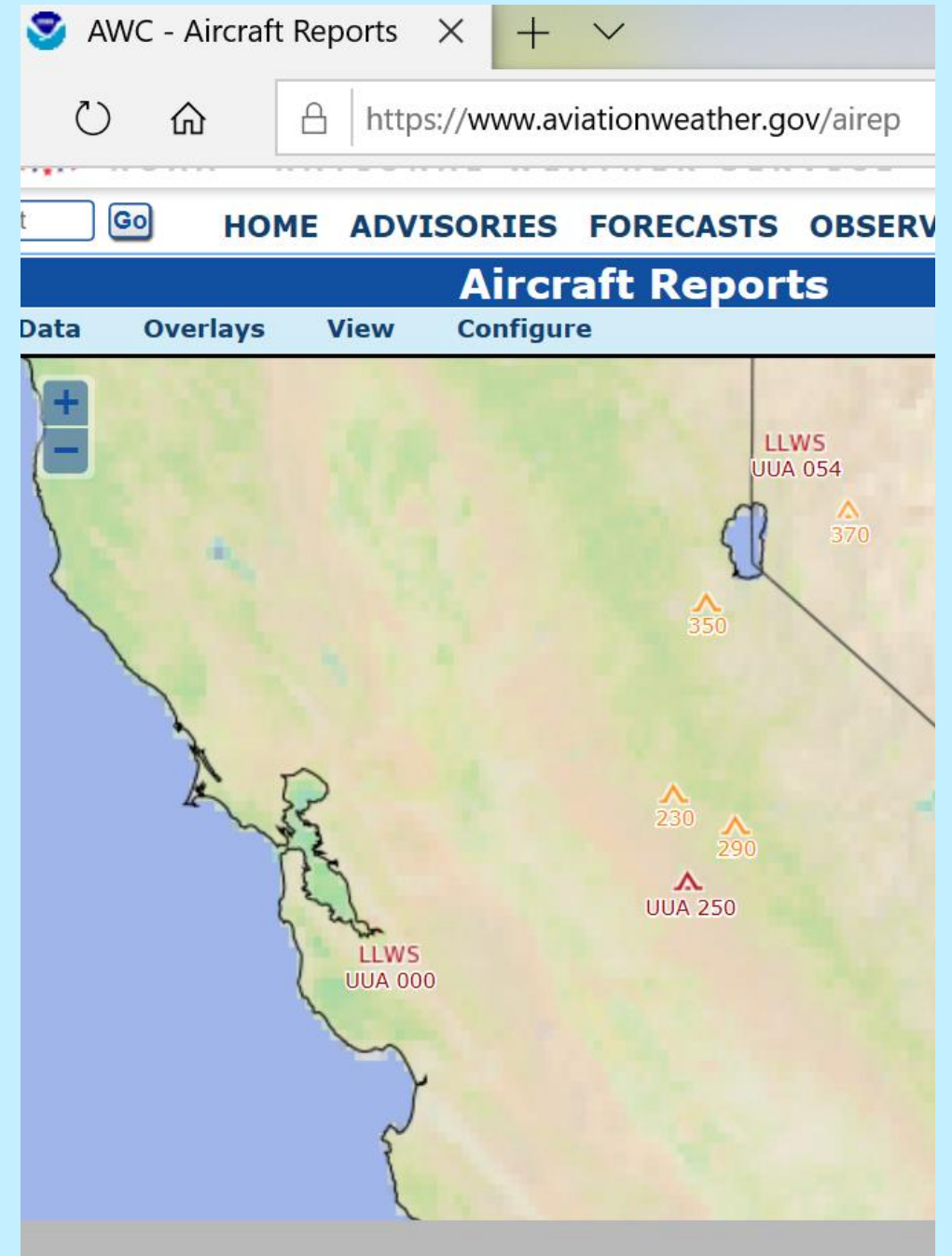
Urgent PIREP B737

Obs Time: 2020-02-09T23:33:00Z

Turb intensity: MOD-SEV

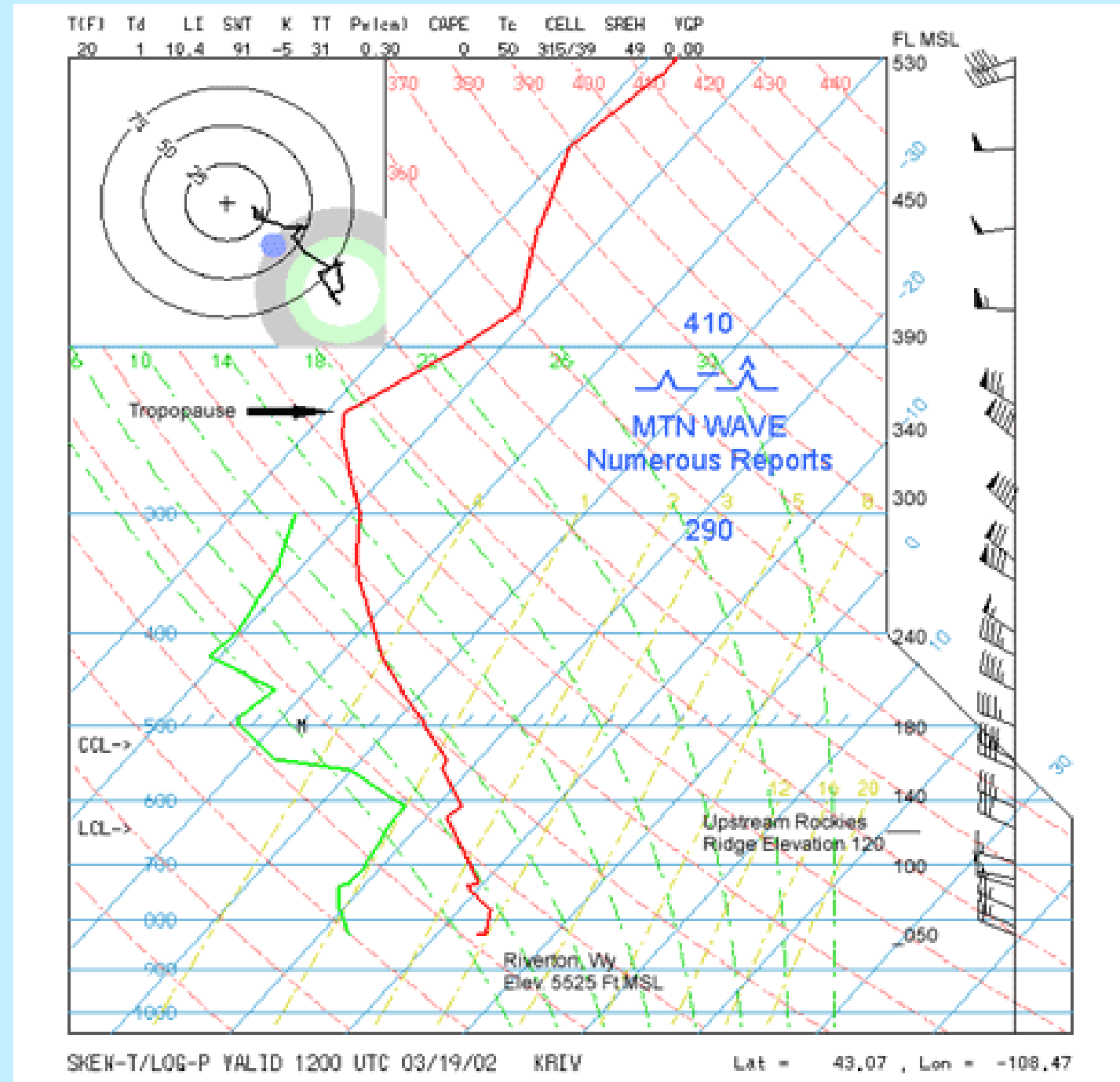
Flight level: 250

Urgent PIREP: MOD UUA /OV MOD068030/TM
2333/FL250/TP B737/TB MOD OCNL SEV 250/RM FL250-
FL350 MOD OCNL SEV WEST BOUND /ZOA CWSU AWC-
WEB/

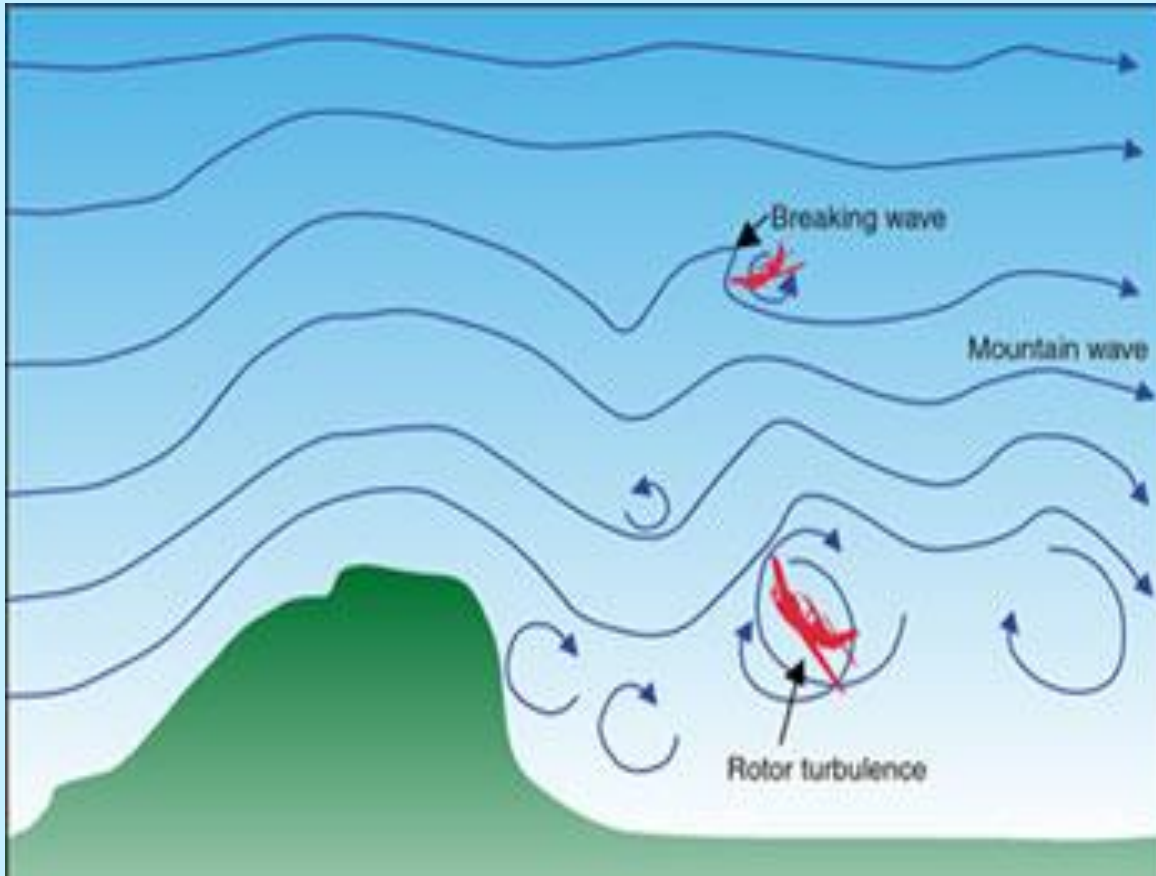


The Skew-T / Log-P chart offers a wealth of information.

- Wind speed and direction at all altitudes
- Layers of stable vs. unstable air, inversions, etc.
- Altitude of cloud base
- Lapse rate and height of any instability
- Potential for thunderstorms, mountain wave, etc.



Hazards to Aircraft



Aircraft Accidents related to Mountain Wave

- 1966 – in-flight break up; Boeing 707 - Mt. Fuji, Japan
- 1992 – DC-8 lost one engine and part of it's wing
- 1993 – Evergreen B-747: Anchorage, AK

NTSB Report # DCA93MA033: Number 2 engine separated from the aircraft shortly after takeoff. Probable cause; excessive multi-axis lateral loading of the #2 engine pylon during an encounter with severe or extreme turbulence associated with mountain wave.

From Advisory Circular AC 00-57

Event	Date	Location	Comments
Accident	31 Mar 93	Anchorage, AK	B-747 turbulence. Loss of engine.
Accident	22 Dec 92	West of Denver, CO	Loss of wing section and tail assembly (two-engine cargo plane). Lee waves present.
Accident	09 Dec 92	West of Denver, CO	DC-8 cargo plane. Loss of engine and wing tip. Lee waves present.
Unknown Cause; Accident	03 Mar 91	Colorado Springs, CO	B-737 crash.
Accident	12 Apr 90	Vacroy Island, Norway	DC-6 crash.
Severe Turbulence	24 Mar 88	Cimarron, NM	B-767 + 1.7 G. Mountain wave.
Severe Turbulence	22 Jan 85	Over Greenland	B-747 + 2.7G.
Severe Turbulence	24 Jan 84	West of Boulder, CO	Sabreliner, ++0.4G, -0.4G.
Severe Turbulence	16 Jul 82	Norton, WY	DC-10, +1.6G, -0.6G.
Severe Turbulence	03 Nov 75	Calgary, Canada	DC-10, +1.6G.
Accident	02 Dec 68	Pedro Bay, AK	Fairchild F27B. Wind rotor suspected.
Accident	06 Aug 66	Falls City, NB	BAC 111. Wind rotor suspected.
Accident	05 Mar 66	Near Mt. Fuji, Japan	B-707. Wind rotor suspected.
Accident	01 Mar 64	Near Lake Tahoe, NV	Constellation. Strong lee wave.

How is wave turbulence severity defined?

- ▶ No official ICAO criteria for severity!!

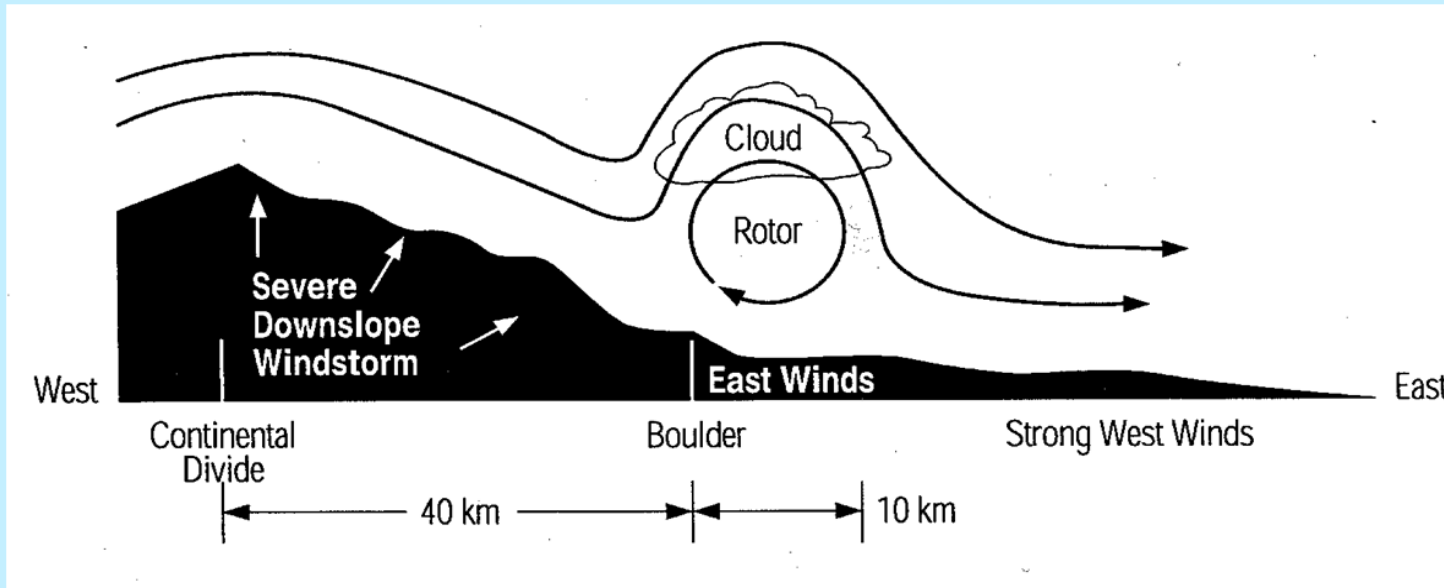
Wave Intensity	Up & Down Drafts	Speed Change	Net Altitude Change
Moderate	350-599 <u>ft/min</u>	+/- 15-24 KT	500-999 <u>ft</u>
Severe	>=600 <u>ft/min</u>	>= +/- 25 KT	>1000 <u>ft</u>

- ▶ General criteria developed to create a more consistent forecast/product.
- ▶ PIREPs with DETAILS are key in providing quality data to pilots!!

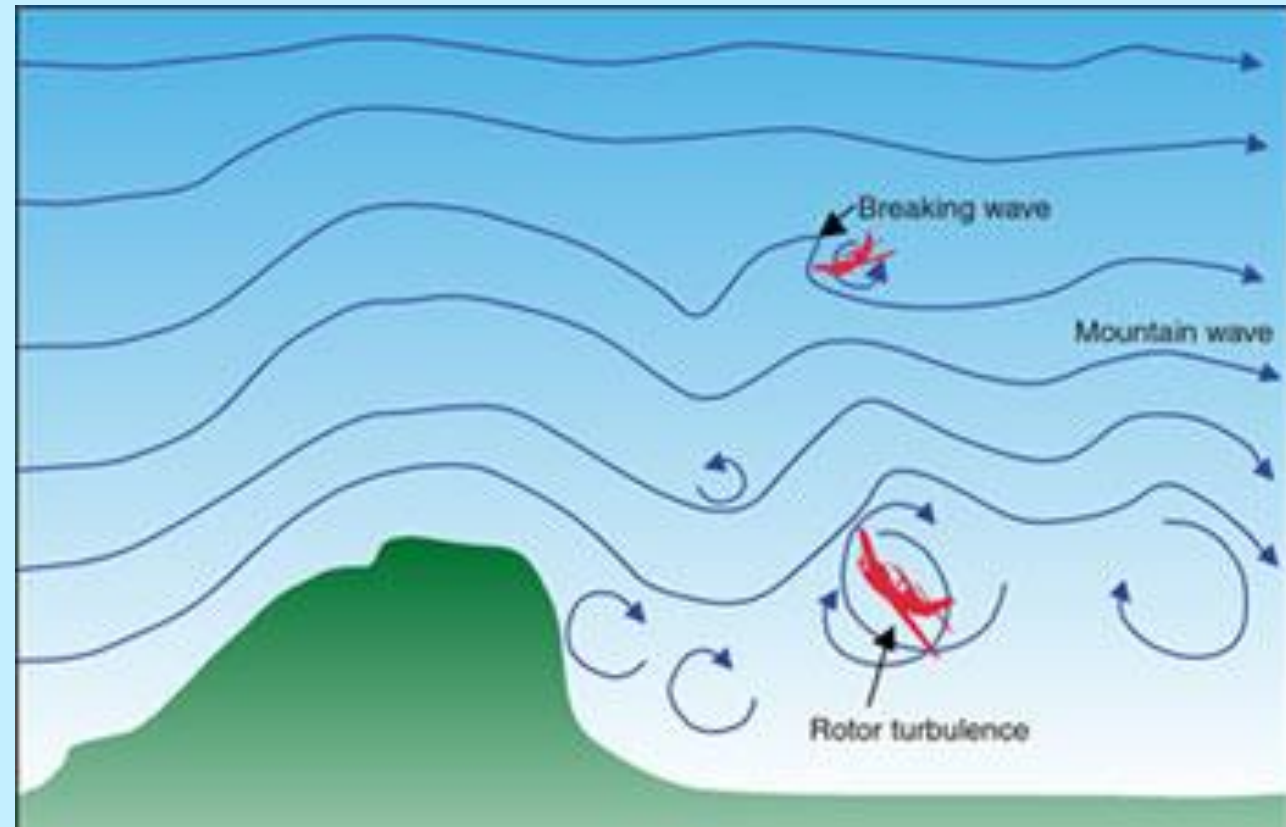


Figure 1: USAF B-52H Stratofortress flight that encountered mountain wave turbulence and lost its vertical tail, Jan. 10, 1964. Photo courtesy of White Eagle Aerospace History Blog.

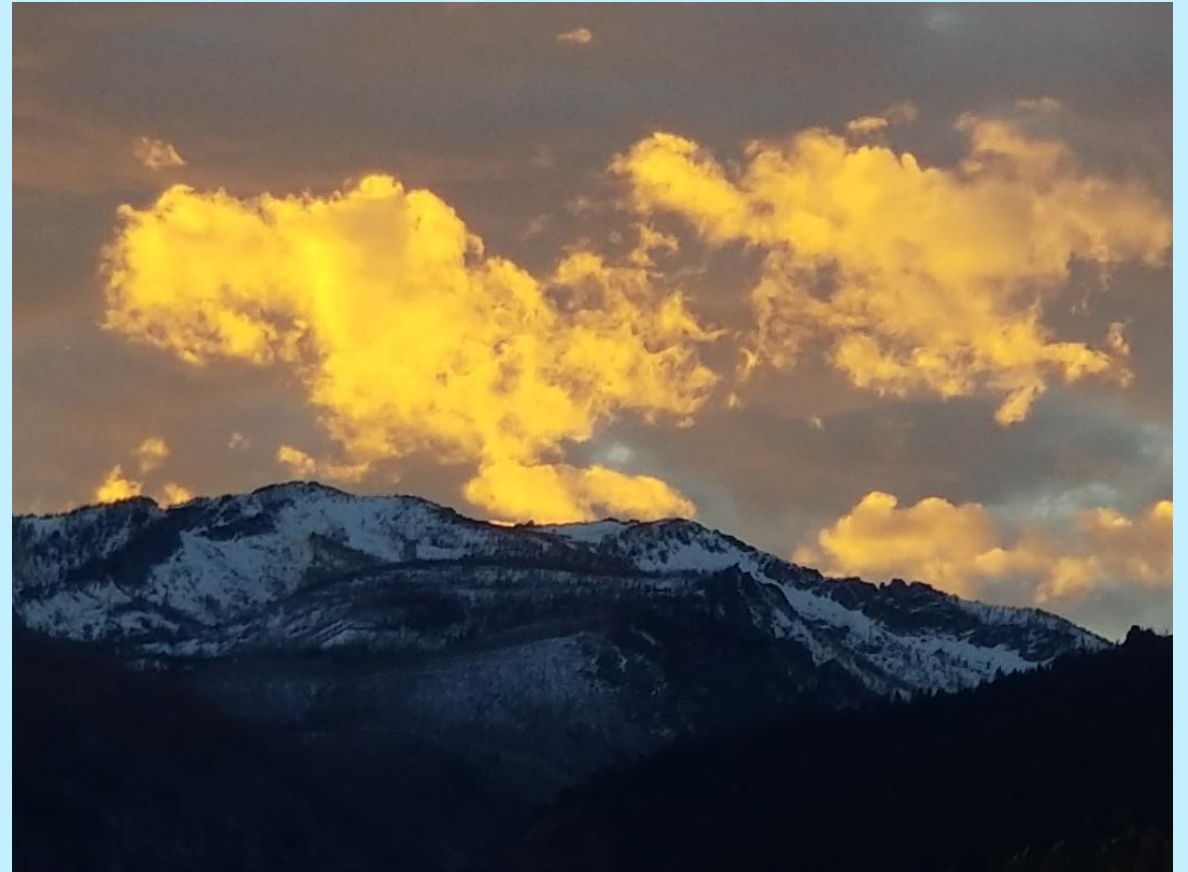
Rotor clouds (or roll clouds) have the innocent appearance of small cumulus clouds that form beneath a Lenticular cloud. Strong to extreme turbulence may be found in the rotor.



Hazardous wave rotors



Learn to recognize and avoid rotors and downdraft areas.



Tips for flying light aircraft (VFR) near mountain wave:



- Set personal minimums: i.e. Avoid flying lower than 1,000 AGL over mountains if winds aloft are more than 20 kts. (Stay away from lee side rotors and stay out of canyons.)
- Seek additional knowledge and mountain flying training.

To fly over mountains in high wind, fly above the top of peaks, by at least one half the height of the peak (from its base to top).

*i.e. base is 7,000 ft., summit is 11,000 ft., Peak is **4,000 ft.** high.
Cross over at least **2,000 ft.** above the top (at 13,000' MSL)*

If you encounter strong sink, pitch down, fly through it quickly toward lower terrain. It is better to sacrifice altitude to minimize time spent in sink. Remain VFR.

- *Do **not** attempt to fly at V_y with full power to out-climb sink.*
- *Remain at or below V_a (maneuvering speed) in turbulence.*



The wave is my playground!

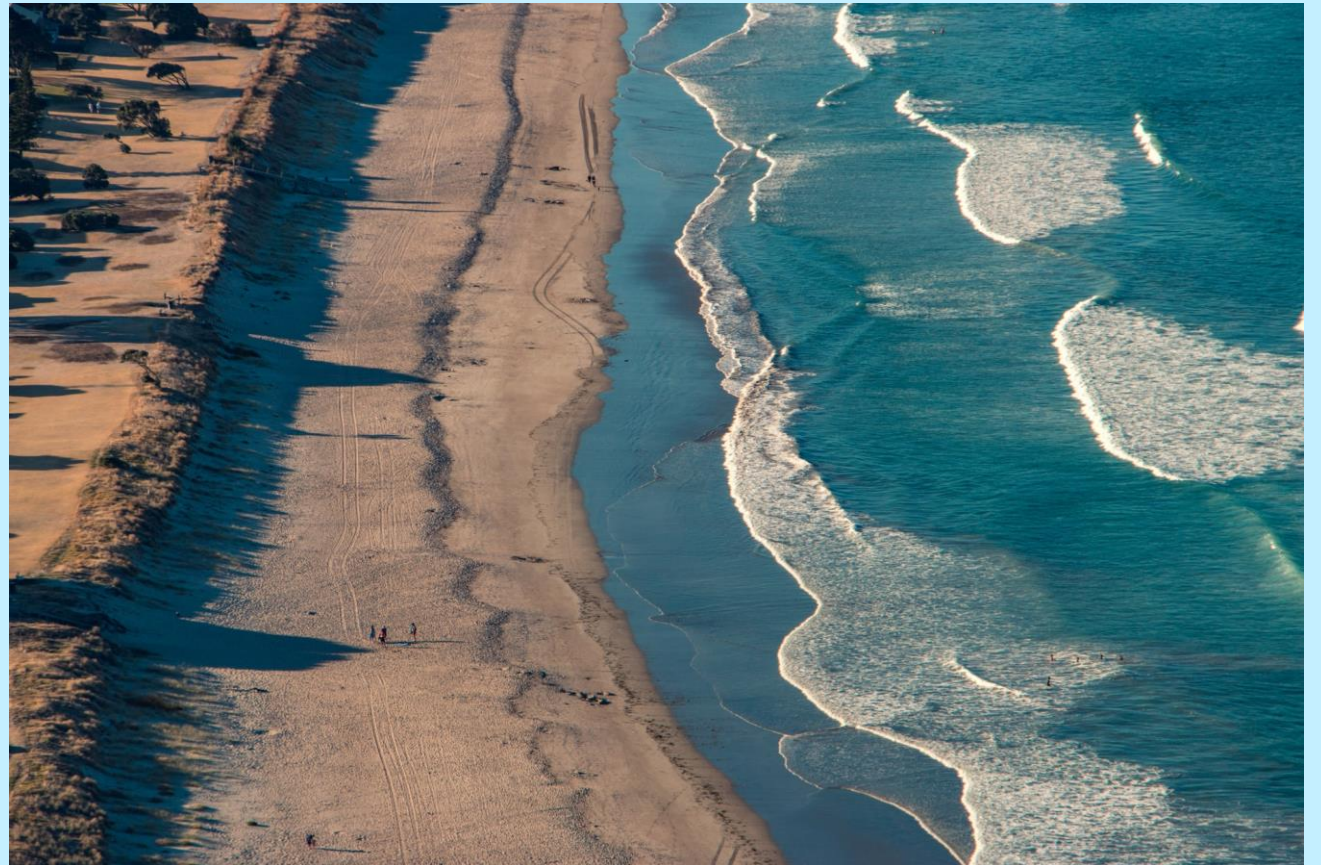


What conditions are best for wave soaring?

- Moderate winds aloft (30-50 kts.)
- Vertically Propagating Waves offer
 - the strongest lift
 - highest possible altitude gains
- “Trapped lee-side waves” offer
 - easier access, less effort
 - option to stay over open flats
 - rotors usually less severe



Wave lift shifts and pulses
much like waves on a beach



Some challenges for sailplane pilots

- Long tows to higher than normal altitudes to find wave lift.
- Getting “drilled” in sink you cannot escape, landing out.
- Bucking a headwind to get home. (*Never let yourself get too far downwind of a safe LZ. Always have a “way out.”*)
- XC flight in wave is difficult (much easier in thermals)
- Numerous other unusual hazards with severe consequences.

Hazards of wave soaring

“What can possibly go wrong?”



- O2 system malfunction
- Canopy icing up inside
- Hypothermia/frostbite
- Traffic in the Airspace
- Rotors and extreme sink, resulting in forced landing

***Always have a way out !
“Plan B” and “Plan C”***

ADM – *“It looks so inviting. Can I reach it? Can I make it back? Where can I land if I don’t make it back? Are my retrieval logistics in place (cell coverage w/ driver, vehicle and trailer ready with keys, glider disassembly tools, etc.)? Alternate plan?”*



Hazards of wave soaring (continued)

- Increased wind speed aloft may prevent you from staying ahead of the wave leading edge. You could be backing into the wave cloud behind you.
- Inadvertent VMC flight into IMC leading to spatial disorientation and loss of control.
- Exceeding (TAS) V_{ne} and load factor limits.

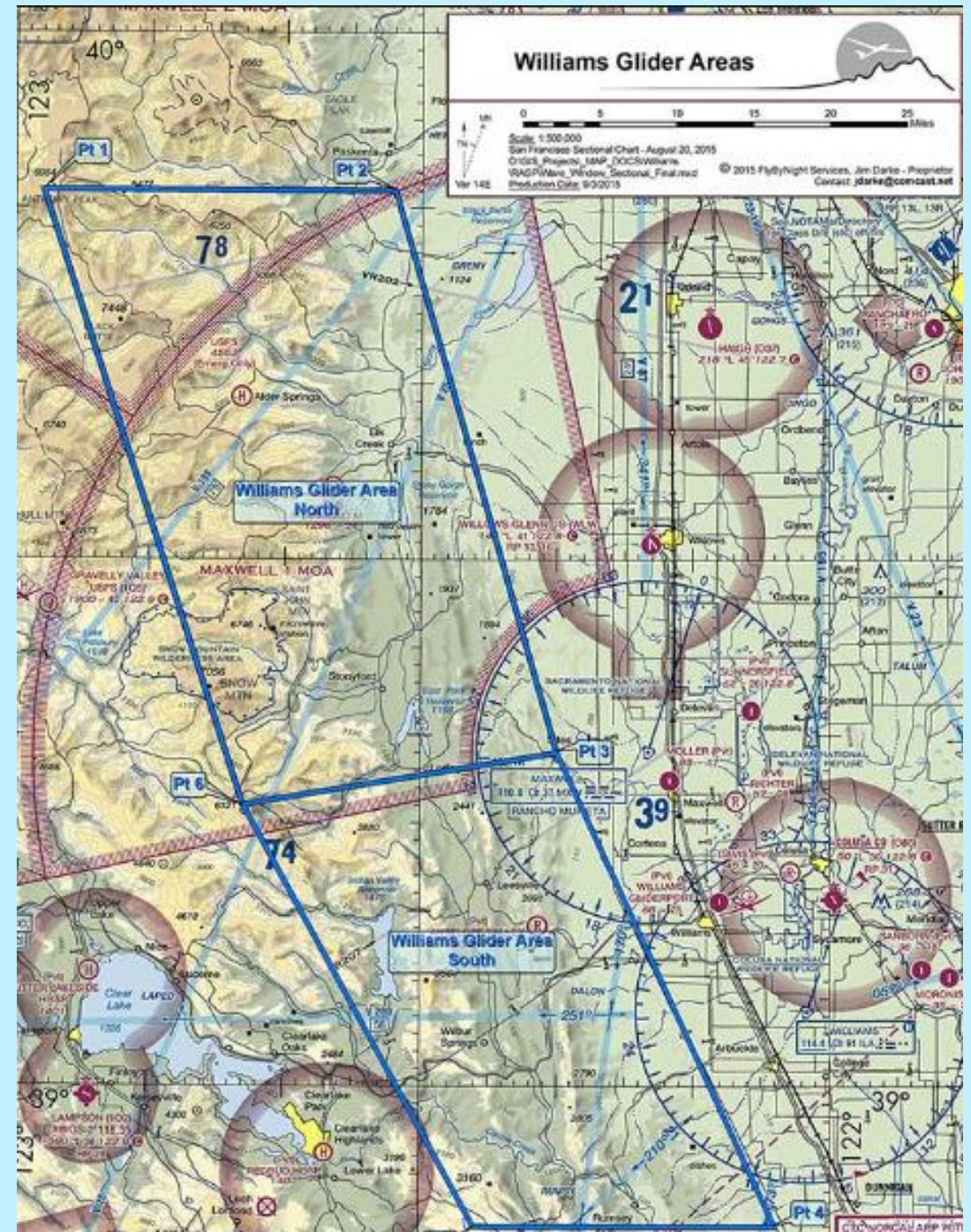


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Soaring in Class A airspace requires adherence to established FAA ARTCC authorizations and waivers, local protocols, and prior notification with ATC.

There are several established “wave windows” for soaring in Class A airspace in western states.



SSA and FAI Altitude Records for Gliders

Montana State Record: **35,000 ft.**

6/26/1973 Nelson Funston (location unknown)

US National Record: **49,009 ft.**

2/17/1986 Robert Harris Owens Valley, CA

and the World Record is..... (*drum roll please....*)



Perlan Project

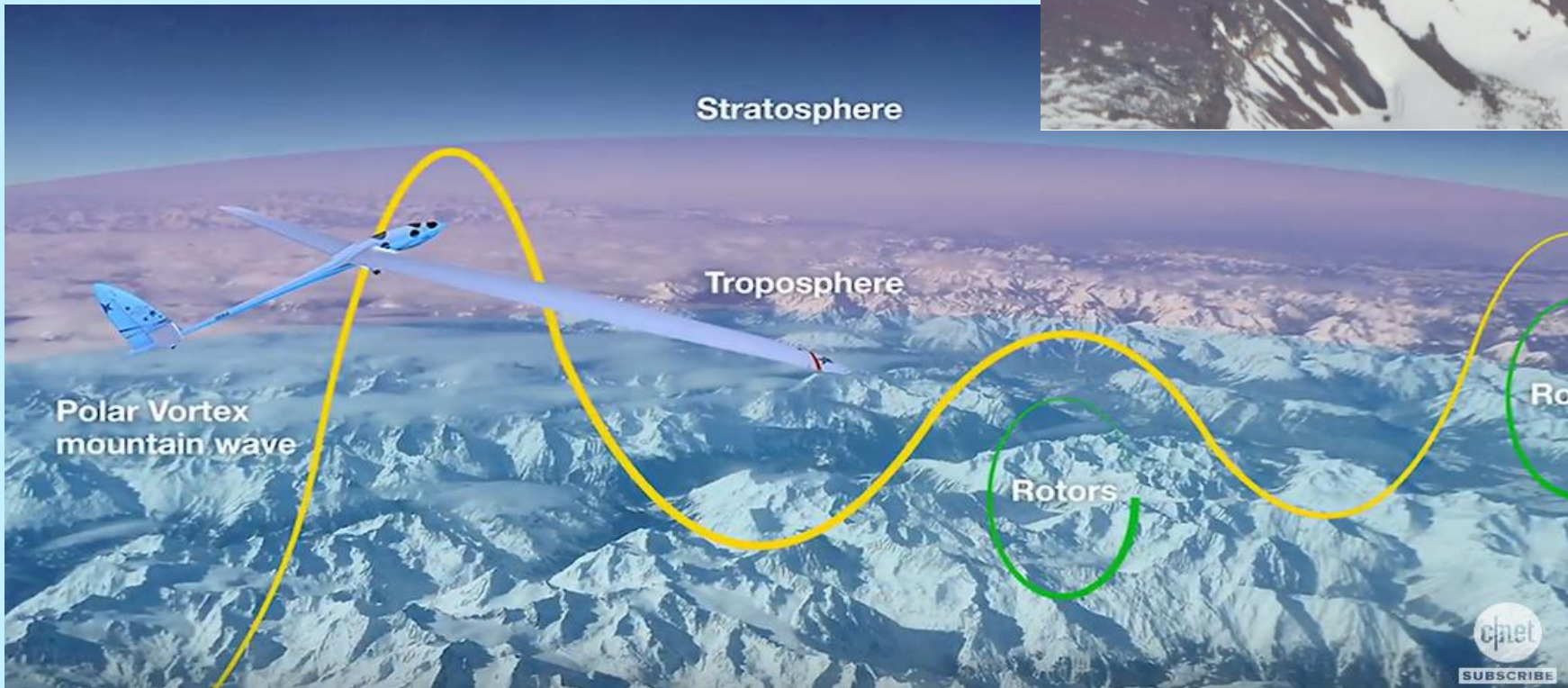
CURRENT WORLD RECORD **76,124 ft.**

Sept. 2, 2018 Jim Payne and Tim Gardner

El Calafate, Argentina (Patagonian Andes)

The Perlan Project goal is to reach 90,000 ft.
higher than 98% of the earth's atmosphere.

<https://www.youtube.com/watch?v=KE792Y9hyww>



Final recommendation.....

Earn your glider rating and start soaring!





Kurt Kleiner - CFI / CFII
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rock2sky@yahoo.com