



Chef Ellie Rose

**the kitchen**

PONTE VEDRA BEACH

TUE-FRI | NOV 4-7

**LUNCH OPTIONS \$16**

*TUESDAY*

**Harvest Chicken Salad**

roasted chicken salad, yogurt, baby spinach, candied pecans, dried cranberries, shaved fennel, celery, apple, red onion

**choice of: wrap\*/salad/ancient grain bowl**

*WEDNESDAY*

**Salmon & Spicy Tuna Poke Bowl**

edamame, cabbage, mango, scallions, avocado, seaweed salad, toasted garlic, wasabi aioli, ginger dressing

**choice of: rice wrap/salad/sticky rice bowl\***

*THURSDAY*

**Raw Rainbow Veggies and Chicken**

chopped raw veggies: cabbage, broccoli, kale, carrots, avocado, cilantro. grilled organic chicken, toasted macadamia nuts and carrot ginger dressing.

Detox from the Halloween Candy!

**choice of: wrap/salad\*/brown rice bowl**

*FRIDAY*

**YOUR CHOICE!**

choose from any of the above meal options

**\*chef's suggested meal selection**

**[www.kitchenintheoffice.com](http://www.kitchenintheoffice.com)**

**[chefellie@kitchenintheoffice.com](mailto:chefellie@kitchenintheoffice.com) 904-377-5453**

**available TUE-FRI | Ready for pick up after 12pm each day**

**ORDER BEFORE 4pm THE DAY BEFORE**

**Text for custom pick up windows or menu questions**