



Chef Ellie Rose

the kitchen

PONTE VEDRA BEACH

LUNCH MENU

JULY | Mondays-Fridays

MONDAY

Chicken Caesar

grilled organic chicken breast, housemade citrusy ceasar dressing, garlic croutons, shredded parmesan

choice of: wrap/salad

OR

MONDAY

Classic Crave Mix

grass fed ground beef, goat cheese, pickled onion, pineapple, cucumber, bell peppers, cilantro, cabbage, nutritional yeast dressing

choice of: wrap/salad/brown rice bowl

TUESDAY

Dirty Martini Chicken

grilled chicken breast, green olives, cucumbers, celery, gorgonzola cheese, pepperoncini, juniper dill vinaigrette

choice of: salad/grain bowl

OR

TUESDAY

Shrimp Bánh Mì

lemongrass shrimp, cabbage, pickled carrots, daikon, cucumber, cilantro, crispy shallots, lime vinaigrette

choice of: salad/chilled noodle bowl/baguette

WEDNESDAY

Fiesta Chicken

chili-lime grilled chicken, black beans, roasted corn, pico de gallo, avocado, cotija, tortilla strips, chipotle ranch

choice of: salad/cilantro rice bowl/burrito

OR

WEDNESDAY

Columbia Turkey 1905

chopped roasted turkey, shredded swiss, tomatoes, green olives, parmesan, garlic oregano vinaigrette

choice of: salad/wild rice bowl

THURSDAY

Island Jerk Chicken

fire-grilled jerk chicken, charred pineapple, black eyed peas, pickled cabbage, pina colada vinaigrette

choice of: salad/coconut rice bowl

OR

THURSDAY

Greek Lamb Gyro

seasoned lamb, tomatoes, cucumbers, red onions, Kalamata olives, feta, pepperoncini, and creamy tzatziki

choice of: salad/lemon couscous bowl/wrap

FRIDAY

Italian Caprese Chicken

grilled herb chicken, tomatoes, fresh mozzarella, basil, roasted zucchini, white beans, basil balsamic vinaigrette

choice of: salad/bowtie pasta bowl

OR

FRIDAY

California Salmon

lemon pepper salmon, avocado, sprouts, sun-dried tomatoes, chickpeas, cucumbers, lemon herb vinaigrette

choice of: salad/quinoa bowl

DOUBLE PROTEIN AVAILABLE +\$6

protein substitutions = tofu (vegetarian) or plain grilled chicken breast

www.kitchenintheoffice.com

chefellie@kitchenintheoffice.com 904-377-5453