



Chef Ellie Rose

the kitchen

PONTE VEDRA BEACH

LUNCH MENU

SEPTEMBER | Mondays-Fridays

MONDAY

Strawberry Balsamic Chicken

grilled chicken breast, local strawberries, candied pecans, shaved fennel, goat cheese, balsamic vinaigrette
choice of: wrap/ancient grains bowl/over greens

OR

MONDAY

Tuna Niçoise

organic albacore tuna, tomatoes, pickled onions, roasted sweet potatoes, crispy onion, egg, romaine, lemon tarragon vinaigrette
choice of: croissant/salad

TUESDAY

Mediterranean Spiced Chicken

grilled shawarma chicken, cucumber-tomato salad, hummus, pickled turnips, feta, fresh herbs, crispy chickpeas, lemon garlic tahini dressing
choice of: pita/turmeric rice/chopped greens

OR

TUESDAY

Teriyaki Salmon

roasted teriyaki salmon, cucumber, cabbage, carrots, edamame, scallions, crispy shallots, ginger-lime dressing
choice of: salad/soy noodle bowl/wrap

WEDNESDAY

Peruvian Green Chicken

grilled aji amarillo chicken, roasted purple potatoes, avocado, cucumber, pickled red onion, cilantro, Peruvian corn nuts, cilantro-lime green sauce
choice of: salad/potato bowl/wrap

OR

WEDNESDAY

Cajun Jambalaya

Andouille chicken sausage, Gulf shrimp, dirty rice, red beans, roasted corn, pickled okra, celery, scallion, remoulade
choice of: salad/dirty rice bowl

THURSDAY

Chicken Pesto Parm

roasted chicken, spicy broccoli, tomatoes, shaved parmesan, garlic breadcrumbs, organic baby spinach, spicy arrabbiata sauce, pesto vinaigrette
choice of: over greens/quinoa bowl/ciabatta

OR

THURSDAY

Steak Honey Crunch

caramelized garlic steak, avocado, pickled onions, tomatoes, garlic breadcrumbs, hot honey mustard sauce
choice of: salad/quinoa bowl/wrap

FRIDAY

Carolina Gold BBQ Chicken

sweet and tangy grilled BBQ chicken, creamy sweet potato mash, braised collard greens, Carolina slaw, baked beans, pickled okra, crispy onions, herb ranch
choice of: sandwich/over salad/potato bowl

OR

FRIDAY

Baja Mahi

grilled mahi, charred corn, citrus cabbage slaw, mango-pineapple salsa, avocado, radish, cilantro, cotija, lime, baja crema
choice of: salad/cilantro rice bowl/tacos

DOUBLE PROTEIN AVAILABLE +\$6

protein substitutions = tofu (vegetarian) or plain grilled chicken breast

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