

HOLD TIGHT

3 Day Devotional



God may let you bend but He won't let
you break



S. PINARD

Day 1

What is that something you feel is going to take you out?

Troubles are inevitable. There are events that we think are sent directly from the devil to torment us. And guess what? Some might be! He spends more time on the people He feels are getting closer to God. We are seen as a threat to Him because we are building God's kingdom; living out His purpose for us.

Take this time to, not only think about the battle, but why this is hard for you. Write it out and ask God how you need Him to come through in specific ways. Even scripture says to make bold prayers onto the Lord (Ephesians 3: 11-12), so why shy away?

- **1 John 5:14-15**
- **Pastor Charles Metcalf: Fixed Faith**
- **Psalm 30: 5**

Day 2

Can you remember other times you thought you wouldn't make it?

Take this time to think about all the battles you've faced in your life. How many times have you thought "this is the one I won't make it through". Do you realize that you have and are making it through?! I know the situation may not be healed the way you want it, but keep bringin' it to God. Those frustrations, the anger, the tears- bring it all to Him. Martha did not hesitate to take her frustrations to Jesus after her brother died. Trust God is not scared of our worst emotions; He wants you to come to Him with them so He can help you heal.

Write down your past victories. Feel free to use more space elsewhere; I know there are many to jot down.

- **Hebrew 6:15**
- **John 11: 1-21**
- **John 16:33**



Day 3

Are you bending or breaking?

So I have to ask you, are you bending or breaking? Hopefully by now you know the answer is bending. God will never let you go through something alone; never giving you more than you can bear. Whatever your battle is, it may test your limits but I want you to know its also building your strength as well as your wisdom. What is breaking you now will not get you again (at least not that easy- some lessons do take a while to learn).

So continue flexing and let the devil know this too shall pass. Your weakness is space for God's power to show up.

- **Pastor Steven Furtik- Flex Space (youtube)**
- **Pastor Michael Todd- Peace Under Pressure (youtube)**
- **Isaiah 41:10**
- **Luke 12:25-26**

Other Resources

More great sermons to keep your mind and heart uplifted during difficult times.

- **Pastor Tim Ross- "Stop Trippin', Its Coming**
- **Bishop TD Jakes: Its Time to Fight Back**
- **Pastor Michael Todd; The Expect Effect**

Books

- **Quiet the Chatterbox**
- **The Battlefield of the Mind**

enjoy!