## Giving at Home Homeless Outreach Supplies List

Visit us on Facebook
Facebook.com/givingathomeoutreach
www.givingathomeoutreach.org
view our Tiktok Videos
tiktok.com/@givingathome
Between the hours of 9am and 6pm

We do homeless outreach in the streets of Albuquerque, NM. We go out and feed our Unhoused brothers and sisters in the community. Each time we go do outreach, we feed 300+. We also provide them with clean used clothing, blankets, hygiene items, snack bags, & pet foods when we have them available. Items listed below are items that we need on a regular basis for the homeless community. If you are local to us, and want to purchase items, winter items such as heavy socks, knit cap beanies, and gloves can be purchased at Any Dollar Tree Store for \$1.25 each. Very affordable!! We can arrange pickup for you when you are ready. If you are not local, you can also order items from our Amazon Wishlist and it will ship directly to us.

\*\* Indicates the item can be purchased in bulk on Amazon from our Wishlist.

Amazon Wishlist for WINTER GEAR https://www.amazon.com/hz/wishlist/ls/16ZMP8LPMW4MS

Amazon Wishlist for HYGIENE ITEMS https://www.amazon.com/hz/wishlist/ls/AC29KNN8C06B

Amazon Wishlist for FOOD AND SNACK ITEMS https://www.amazon.com/hz/wishlist/ls/23G94VNU2C8NS

**Winter Items Needed Immediately** Clothing needs to be in good clean condition for men and women, no children's please. No high heels or flipflops. Tennis shoes/work or winter boots work best as the homeless tend to travel by foot.

Blankets	Sleeping bags	New/used Tents for
(New or Clean Used)	(New or Clean Used)	2 or 4 persons
Coats/jackets	**Scarfs/Gloves/Beanies	**Thermal Emergency
for men and women	and Scarves	Blankets
Long Underwear/Thermals	Thick Clean Socks	Jeans/t-shirts/hoodies
Underwear (new only)	Tennis Shoes/Boots	Hand/feet warmers
Small Tarps		
(Tarps \$1.25 at Dollar Tree)		

## **Hygiene/Toiletries**

**Toothbrushes/toothpaste	**Handwipes	**Chapstick's/lip balm
**New combs/brushes	Toilet paper	<pre>**Mini Pocket tissues</pre>
**Travel Size Bar soaps	Shavers (Dollar Tree)	Band-Aids/Antibiotic cream

**Female Hygiene Products	Washcloths/towels	**Travel Size Shampoos
	Clean/used is fine	

**Food/snack items/dinnerware** – Small /individual food easy to open. Items that do not require refrigeration. Soft foods work well as some have Dental Problems. Below is a list of what we generally put in their snack bags for when they are between meals. Flip Top/Pop Tops cans are best.

Granola/cereal Bars	**Peanut Butter Crackers	**Cheese Crackers
Canned beans w/flip tops	Raisins	Tuna Pouches
**Peanuts/trail mixes	Vienna Sausages	**Individual Chip Bags
**Chef Boyardee Flip Tops	Individual small cereals	Fresh Fruits
Fruit cups/pudding cups	Fruit Roll ups	Applesauce Cups
Cases of Bottled Water	Beef Jerky Snack Pack	Slim Jim's
Individual Serve	Individually Wrapped	**Individually Wrapped
Peanut Butter	snack cakes	Plastic ware
		(forks/spoons/knives)
Cases of Paper	Cases of Cups for drinks	Napkins in bulk
Plates/Bowls		
Ziploc Type Bags	Ziploc Type Bags Size-	Ziploc Type Bags Size-
Size - 2 1/2 and 1 Gallon for	Sandwich Size for	Quart for hygiene kits
Pet Food Distribution	sandwiches/misc. foods	

## We also feed the pets

(cats and dogs) of the homeless communities as they need care as well. If you are local to us, we will accept any new or opened bags of pet food, dry kibble or sealed canned food. We then break them down into Gallon size Ziploc type bags to distribute to the community. If you are not local to us, you can also shop our Amazon Wish list for PET FOOD NEEDS

https://www.amazon.com/hz/wishlist/ls/1S1QH0E6SFTPE

steel pet dishes at Dollar	Dry Dog and Cat Food	•	Wet/canned dog and cat
Tree	Kibble		food

Perhaps you can print our list and share with your church or community group, or your coworkers and start a drive to help us provide for the Homeless Community. If you are interested, please email me at <u>babyvalere1@Gmail.com</u>