

MIDL Insight Meditation Workshop Application Form

How to Apply:

1. Copy this application form and paste it into an email.
2. Title the subject field of the email: MIDL Insight Meditation Workshop Application.
3. Send the email to this address: midlmeditation@gmail.com

Allow a few working days for the application to be processed. You will be contacted as soon as possible with helpful information for your workshop.

MIDL Workshop Application Form

Your Name:

Email Address:

Workshop name & date:

Would you like to invite friends?

Please add the names of people you are booking for. Include their email address if you would like us to send them information on their workshop.

What is your intention/motivation for joining this workshop?

Do you have any experience meditating using the MIDL Insight Meditation method?

Are you currently a MIDL community website member?

Is there anything further that you would like to share with the teachers?