



N.E.W. Footnotes



New England Westie

Spring 2019

PRESIDENT'S MESSAGE



Happy Spring All!

Thank you to everyone who came out to The Jockey Club in Raynham for our Annual Awards Banquet, Auction, and General Meeting. Our new venue was very welcoming, and the food was delicious! I would like to thank Tracey Costa for Chairing and organizing this event, Cynthia Richards for taking on the role of Auctioneer, and Florentine Locke for coordinating the Plaques and Award tags for our newest Champion and Quality Westies. A big thank you also to Gloria Pasquini, Judy Cunnion, and Sue Smith for their efforts at the event to make sure everything ran smoothly and without a hitch!

Our meeting ran longer than usual as we had some very important topics to discuss with the members present. I will do my best to summarize our discussion and next steps here in my message and remain as brief as possible.

For the past several years, our club has been suffering.... from a lack of new volunteers, new members, new events, new ideas, new energy.

1) Gloria Pasquini and I have been asking for someone to step up and Chair the Annual Fun Match in June 2019 since last November. As of our Awards Banquet, we still did not have a Chair named and subsequently we discussed not being able to hold the traditional Fun Match this year. The site location has been secured and paid for (as we do every January to insure June availability.) However, without a Chair to coordinate the event and an unconfirmed number of people that will participate, the Club may decide to simply cancel this year or do something different than usual. **After our meeting discussion – Lis Manuel volunteered to Chair this year's Fun Match. Thank you, Lis!!**

2) We typically present the next year's slate of Club Officers at the April meeting and follow up by publishing within the spring Footnotes. However, at the beginning of the meeting, we still had many vacancies to fill for next year. Even though several members have thankfully stepped up to fill many of the openings for next year, we cannot present a full slate given that **we are still looking to confirm a new Club President**. Role responsibilities associated with the position mainly consist of presiding over the Club's General and Board meetings as well as writing four Presidents' Messages per year for the Footnotes.☺ Upon stepping down as the current President, I will accept a 3-year Board position (if elected) and will be available to assist with "on-the-job" training for our next Club President, as Gloria has done for me. **If anyone would be willing to step into this role for 2019/2020 or has any questions, please contact me directly or Cynthia Richards, our Chair of this year's Nominating Committee.**

PRESIDENT'S MESSAGE

3) Our meeting attendance has dwindled as we've eliminated the mandatory meeting requirements, and the constant request for new volunteers to chair events or hold Board or Officer positions leads us to ask – **Why aren't people raising their hand to bring their energy and enthusiasm to the Club as volunteers? What does the future hold for the Club?**

The Club members in attendance discussed the history of our Club. WHWTCNE was originally founded by and for New England Westie breeders and owners to share information and education that would promote excellence in and for the betterment of the breed as well as support responsible breeding programs. Throughout the years, Westie enthusiasts would meet in-person under the grooming tents or ringside and at Club meetings and events to support each other's efforts and share information about Westie health, grooming, breeding, and showing. Our Club and its membership have been a community of excellence and tremendous resource network for over 45 years to countless numbers of Westies and their people.

However, as times have changed so has the rhythm of many Clubs. **Jim McGarr has volunteered to contact other Westie Clubs to consult with how they've managed to continue to exist and what they've done to adapt.** He will report his findings at the next general meeting in June. Thank you, Jim!!

With the boom of the Internet and smart phone technology, people's resource options have expanded; Facebook provides immediate social connections that transcend geography and the need to physically travel to a meeting and Google provides an unending supply of information which replaces many in-person teaching/learning opportunities. The members present expressed an opinion that in 2020 a robust website, strong social media/Facebook presence, and occasional meeting event might suffice should the Club decide to continue. Do you agree?

The Board will be putting together a survey to ask all Club members to provide input regarding the future of our Club. What do you want to see happen in the immediate future? What are you willing to commit to as a member? **Please take the time needed to answer this survey request thoughtfully and honestly.** Thank you in advance.

Respectfully yours,

Kim

Heartfelt 
THANKS
TO OUR VOLUNTEERS!

Reasons to Volunteer

- Do your part
 - Meet new people
 - Join the excitement
- Be a positive Influence
 - Raise Awareness
- Develop new talents
- Grow from the experience
 - Learn and Serve
 - Personal satisfaction
- Work for a cause
 - Be part of a Team
 - Face new challenges
- Pass along Wisdom
 - Preserve the environment
- Keep Active
 - Raise Awareness
- Share your vision

COMMITTEE REPORTS



RESCUE – Susan Smith, Chair

We have pulled together an ad hoc rescue committee to review our rescue guidelines and to determine the future of our rescue program. The committee consists of Tony Zambuto, Joe and Linda Ferraro, Susan Smith, Kim Locke, and Lis Manuel. Since our last issue of the Footnotes (Winter 2019,) we have had no rescue activity.



MEETINGS FOR 2019-20 CLUB YEAR – Susan Smith, Vice President

The first meeting of our 2019-20 Club Year is our “Wild About Westies” Annual Meeting and Fun Match at Vasa Park, Foster, RI. Mark your calendars for Sunday, June 16, 2019. At that meeting, our Board and Officers for that year will be voted in. (See Proposed Slate of Board and Officers, 2019-2020 in this issue.) The remaining meetings for the 19-20 Club year will be determined after our annual meeting and reported here.



N*E*W FOOTNOTES – Gloria Pasquini, Editor

I hope you are all enjoying our newsletters. Again, I want to thank Kathleen May and Cynthia Richards for submitting interesting articles. Cynthia has been doing a lot of research on dog food and how it relates to dilated cardiomyopathy in dogs. I sincerely wish that more members would submit articles on topics that interest them, or they feel are important to our community. The Footnotes is a vehicle where we all can share our thoughts with one another. This issue highlights our awards banquet, auction, and title earners for the year 2018.

Deadline for the summer issue is July 20, 2019. Please send me, at our Club’s e-mail address or my personal one any articles, brags, pictures, recipes, cartoons, etc. by July 20, 2019



INFORMATION TECHNOLOGY

Tracey Costa, web administrator, reports that our website is currently up to date and encourages all members to visit it regularly. Reminder that you no longer need a password to enter the Members’ Only Section. Just go to the Members’ Only section and enter your e-mail addresses that the Club has on record. An e-mail link will be sent back to you.

Gloria Pasquini, Facebook administrator, reports that our Facebook page is always updated with the latest Club news and pictures. Pictures from the Annual Awards Banquet and Auction are up on our page, as well as 2018 title earners. We are happy to report that we have 1,342 “Likes”!

*“My fashion philosophy is this: If you are not covered in dog hair, your life is empty.”
Elaine Boosler*

MEETING REPORTS

“SPRING FLING” ANNUAL AWARDS BANQUET AND AUCTION

By Gloria Pasquini

On Sunday, April 14, 2019, we held our “Spring Fling” Annual Awards Banquet and Auction. This year we gathered at The Jockey Club in Raynham, MA. Everyone enjoyed the new location and food, as well as the price. Although, for years, we have celebrated our title earners at The Public House in Sturbridge, MA, it was time to seek another place. The Public House keep raising their prices for the same food every year. For several years, the Club subsidized the bill, so our members did not have to pay the exorbitant cost per plate. It was wonderful seeing many of our Club members who were unable to attend this event in the past. Our auction raised \$400 toward our general fund. Thank you to all members who donated wonderful Westie items. We had an in-depth general meeting where very important topics were discussed. (See Kim’s President Message and General Meeting Minutes for details.) Thank you to Tracey Costa, Chair, for organizing this event. We missed you, but Maisie’s and your success at the nose work trial was well worth your being away. I would like to thank Judy Cunnion and Susan Smith for their help with the auction and Cynthia Richards for being our auctioneer. Below are some pictures of the event. More pictures can be found on our Facebook page.



Live Auction Table



Silent Auction Table



Kim covered several important topics at the general meeting. See her President’s Message and General Meeting Minutes for details.



Members catching up with Westie stories.

MEETING REPORTS

2018 AWARDS PRESENTED AT THE BANQUET

PLAQUES

Ch. Briarton's Sweet-N-Spicy

Championship – December 2, 2018
Korinna Locke and Kimberly Locke

Ch. Bonnie Bay's Moonlight Sail With Birch Bark

Championship – December 7, 2018
Gloria and Rich Pasquini and James McGarr

GCh. Ch. Nev Lemar Lenora

Championship – May 4, 2018
Grand Championship – July 5, 2018
James McGarr

Ch. The Dashing Devil's Just Be The One

Championship – May 7, 2018
Lee and Charles Trudeau and Dawn Martin

Wes-Tee's Li'l Ms. Sunshine

Quality Westie – June 25, 2017
Lis Manuel

DANGLES

GCh. Wes-Tee's Init to Winit, CGC

Quality Westie – June 25, 2017
Lis Manuel

GCh. Wes-Tee's Init for the Win, CGC

Quality Westie – June 25, 2017
Lis Manuel



Proud 2018 Title Earners



GENERAL MEETING MINUTES

WEST HIGHLAND WHITE TERRIER CLUB OF NEW ENGLAND

Spring Banquet 4/14/19

Meeting was called to order at 1:20 PM

This year our banquet was held in a new location The Jockey Club in Raynham, MA.

Minutes from October general meeting were read and accepted. Gloria mentioned that she had been receiving requests for referrals for puppies. Gloria also mentioned that a former member would like their membership reinstated. The member was advised that they need to reapply. There have been no new applications for membership. Gloria read the treasurers report for Rich which was accepted.

Kim mentioned that Cynthia is chairing the nominating committee. Cynthia will be looking for volunteers to fill several positions that will be open this year.

A lengthy discussion was started about disbanding the club and how the funds would be donated. There was also a question raised about incorporating club activities with dog shows.

Cynthia spoke regarding how a vote would be started about disbanding the club. An agreement was reached to give another year before forming a committee to discuss disbanding. Lisa and Jim both volunteered to contact other clubs to see how they are run.

Kim mentioned the possibility of having another Quality Westie in 2020 at Vasa Park. Kim also gave a shout-out to Gloria about keeping the Facebook active for the club. Kim also inquired how many people would be showing at Vasa Park.

Meeting Adjourned at 2:23 PM.

Submitted by Judi Gold, Recording Secretary

The best thing about dogs is that you can act like something really great just happened and they'll instantly start celebrating with you. They have no idea what context is ... they're just always ready to party no matter what.

Love, Lorie ✨



WEST HIGHLAND WHITE TERRIER CLUB OF NEW ENGLAND ANNOUNCES PROPOSED 2019- 2020 OFFICERS' SLATE

President	Open
Vice President	Cynthia Richards, New Hampshire
Treasurer	Rich Pasquini, Maine
Corresponding Secretary	Gloria Pasquini, Maine
Recording Secretary	Lisa Pacheco, Massachusetts
One Year Board Members	Florentine Locke, Massachusetts Carol Rossi, Massachusetts
Two-Year Board Members	Tracey Costa, Massachusetts Lis Manuel, Rhode Island
Three-Year Board Members	Kim Locke, Massachusetts Susan Smith, Massachusetts

Membership will vote on the above slate on June 16, 2019 at Vasa Park, RI, Annual Fun Match/Meeting. For full policies and procedures regarding elections, please see WHWTC of NE Constitution and By-Laws, Revised 2018, Page 5 and 6, Article V – The Club Year, Annual Meeting, Elections, Sections 1-4. Membership has been duly notified in accordance with Article V, Section 4B.

“Additional nominations may be made at the June meeting by any voting member in attendance, provided that the person so nominated does not decline when his/her name is proposed, and provided further that if the proposed candidate is not in attendance at this meeting, the proposer shall present to the Corresponding Secretary a written statement from the proposed candidate signifying his/her willingness to be a candidate. No person may be a candidate for more than one position, and the additional nominations which are provided for herein may be made only from among those voting members who have not accepted a nomination of the Nominating Committee. If no valid additional nominations are received by the Corresponding Secretary, the Nominating Committee's slate shall be declared elected, and no balloting will be required.”

Respectfully submitted,

Gloria Pasquini

Corresponding Secretary

Special thank you to Cynthia Richards, for her work on the Nominating Committee

MARK YOUR CALENDARS!

THE WEST HIGHLAND WHITE TERRIER CLUB OF NEW ENGLAND PRESENTS "WILD ABOUT WESTIES" ANNUAL FUN MATCH AND MEETING



"WE'RE ON OUR WAY!"

DATE:	SUNDAY, JUNE 16, 2019
PLACE:	VASA PARK, BOSWELL TRAIL, FOSTER, RHODE ISLAND GPS Address: 10 Boswell Trail, Foster, RI
TIME:	9:00 a.m. – 3:00 p.m.
BREED ENTRIES:	TAKEN FROM 9:00 A.M. UNTIL 12 NOON
BREED ENTRY FEES:	\$5.00 PER ENTRY. MULTIPLE ENTRIES \$10 MAXIMUM.
LUNCH:	Will be available
MEETING AGENDA:	Includes the election of 2019 Club Officers and Board Members, yearly dues, any old and new business, committee reports, etc. <u>The meeting will be held during lunch.</u>

Breed judging will commence promptly after lunch.

AKC BEST IN SHOW JUDGE

Judge: ROLAND PELLAND, MASSACHUSETTS

Breed Classes: For Dogs and Bitches

Puppies: 3-6 months, 6-9 months, 9-12 months, 12-15 months; Open, Veterans

PRIZES WILL BE AWARDED IN ALL BREED CLASSES AND PLACEMENTS. **Champions and Westies with a major(s) may be shown "For Exhibition Only."**

“WILD ABOUT WESTIES” FUN MATCH

Dear West Highland White Terrier Club of New England Members:

This year our Annual Meeting and Fun Match is set for Sunday, June 16, 2019, at Vasa Park, Foster, RI, from 9 a.m. to 3 p.m. Gloria has done a tremendous job through the years chairing our club match/picnic. Gloria has other obligations to tend to this year, so I'm going to do the best I can filling her shoes, which is an impossible task and that I know.

To make this match a success, I will need and really appreciate volunteers to help--set up the ring, take entries, steward in the ring, help set up lunch, and whatever is needed. Please, **HELP, HELP, HELP!**

It is a little late in time for a chair to step in and make it a success, but, with a little effort hopefully we can. So, feel free to contact me by text or phone, 401-440-3047, or emails to wes-tees@prodigy.net

I would like to know if members would like to keep lunch the way we've had it (sandwiches) for the last several years or go back to Potluck? It's up to the members--**FEEDBACK IS NEEDED!**

Hope to hear from some devoted members 😊🙏

Lis

Lisbeth Manuel, Chair - "Wild About Westies" Fun Match



Directions to our Fun Day

Address for GPS: 10 Boswell Trail, Foster, RI 02825

From Worcester: Route 395 South to Route 6E. After crossing the state line, Boswell Trail is one mile on the right.

From Boston: Route 95S to 295S to Route 6W. Cross Route 116 and 102. Continue 2 miles west after flashing lights. Turn left on to Boswell Trail.

From CT (New Haven area): Route 95N to 395N to Route 6E (follow directions above.)

From Hartford: Route 6E and follow above.

2019 “Wild About Westies” Fun Match Chair

Lis Manuel, Chair – wes-tees@prodigy.net



CONGRATULATIONS, MAISIE AND TRACEY!

Maisie earned her K9 Nose Work Elite 2 Title on April 14th in Dalton, MA. She placed 5th out of 28 dogs. She is the first Westie to earn this title. Team Maisie needed to accumulate 400 points to earn this title. At 11 years young, Maisie still has the stamina and mental acuity to compete with the "big dogs". At this advanced level, Maisie is mostly surround by retrievers, field and herding dog breeds. Maisie is owned, loved, and trained by Tracey Costa.



CHARLOTTE HITS THE SHOW ROAD WITH A BANG!

Bonnie Bay's Seas the Day with Birch Bark (Charlotte) has put her modeling career on hold to begin her show career by winning Winner's Bitch and Winner's Bitch and Best of Breed at the Rhode Island Kennel Club shows in April. She then went on the win a 5-point Major at the Baltimore County Kennel Club in Timonium, Maryland. Charlotte is being shown by professional handler, Geoff Dawson. Charlotte's breeders are Rich and Gloria Pasquini and Jim McGarr, and she is owned by Rich and Gloria. Rich and Gloria miss her very much and want her home as soon as possible so she can continue to hide stolen items in her "hide Hole" under the dining room table.

Get Well Soon, Fran!

Let's all wish Club member, Fran Weil, a speedy recovery from her surgery. We have heard from Fran, and she is in wonderful spirits and doing well. She would appreciate all the positive thoughts, prayers, and love you can send her way.





DILATED CARDIOMYOPATHY IN DOGS

By Cynthia Richards

In July 2018, the FDA issued an alert after receiving and investigating numerous reports of Dilated Cardiomyopathy (DCM) in dogs that were not genetically prone to this condition. DCM reduces the pumping action of the heart, which results in heart failure. The FDA's Center for Veterinary Medicine updated its findings on February 19, 2019 and reported that of hundreds cases of DCM, an exceptionally high percent of cases involved dogs who were fed a grain-free diet; and most cases were in dogs whose diet (even if grain inclusive) contained peas, lentils (or their proteins) in the first 10 ingredients listed on the label.

AKC published an article on March 7, 2019 in which author Anna Burke quotes Lisa M. Freeman, DVM, Ph.D., DACVN in the Dec. 1, 2018 version of the [Journal of the American Veterinary Medical Association](#). Dr. Freeman cites that the issue of DCM does not appear to be limited to grain-free foods but has been linked to "boutique" and "exotic" diets as well. Her article states that: "the apparent link between BEG [*boutique, exotic, grain-free*] diets and DCM may be due to ingredients used to replace grains in grain-free diets, such as lentils or chickpeas, but also may be due to other common ingredients commonly found in BEG diets, such as exotic meats, vegetables, and fruits." It is believed that these diets interfere with a dog's ability to synthesize the amino acid Taurine.

My vet recently advised me to switch foods to kibble that is: A) not grain free and B) produced by one the four big dog food companies: Purina (my vet suggested Pro-Plan), Royal Canin (makes a Westie formula), Hills (Science Diet etc.) and Eukanuba. My vet also suggested that I join the Facebook group Taurine-Deficient (Nutritional) Dilated Cardiomyopathy, where there is a wealth of information on this topic: <https://www.facebook.com/groups/TaurineDCM/> I have been reading extensively about DCM, and I wanted to share what I have found with our club. Below are some of the sources that I used for this article.

★Taurine Article in Whole Dog Journal : https://www.whole-dog-journal.com/issues/21_9/features/DCM-in-Dogs-Taurines-Role-in-the-Canine-Diet_21901-1.html

★FDA Article: <https://www.fda.gov/animal-veterinary/cvm-updates/fda-provides-update-investigation-potential-connection-between-certain-diets-and-cases-canine-heart>

★AKC Article: <https://www.akc.org/expert-advice/nutrition/what-you-need-to-know-about-the-fdas-grain-free-diet-alert/>



To Your Westie's Good Health

By Kathleen May

Have you ever really read the back of a bag of dog kibble, a can of dog food or dog treats other than the ingredients? Manufacturers of these products list the suggested amounts generally fed to an adult dog according to size of the breed, small, medium, large. The buzz word here is "suggested." Some dog food bags/cans are now showing the number of calories in one cup of dry food or one can of wet food. So, what is a calorie and how many calories does a Westie require per day to maintain a healthy weight? To repeat at nausea, calories are calories no matter in what form they are eaten! Offering the dog that little tidbit of steak, pork, or chicken from your dinner is not catastrophic, but it adds unnecessary calories! Plus, if this becomes a habit (whose fault is that?) those extra calories make for a fat Westie!

A calorie is defined as the quantity of heat to raise the temperature of water one degree centigrade. Okay! That and \$7.50 will get you a cup of Starbucks coffee! To simplify this, here are three premium dog food kibbles chosen randomly with the number of calories **per cup!** Taste of the Wild=370 calories, Blue Buffalo=452 calories, IAMS= 341 calories. So how many calories does a Westie require each day? Generally, an adult healthy Westie requires 419 calories/day...not per meal! This amount is adjusted, up or down, depending on the size, activity level and age of the dog. Puppies, defined as up to one year old, require more calories as they are growing at a quantum rate. Senior citizens defined as ten years old and up, require fewer calories as they slow down. Those twice a day walks become once a day and much slower. Dogs recuperating from surgery need extra calories especially in the form of protein to repair body cells.

Whichever dog food one chooses for their four footed family member is strictly up to the parent as long as it is a premium dog food in the proper amount/meal. If one chooses to home cook their dogs, it doesn't take a math genius to figure out how many calories are in one human serving. For instance, one just needs to know how many calories are in that one cup of cooked rice or broiled chicken breast and divide accordingly as to the amount in each serving fed /meal/day. Plus, as a home chef, keep in mind those trace elements, such as magnesium, phosphorous and zinc, so essential for a dog's metabolism and don't forget vitamins! Vitamin E, essential for a nice shiny coat and skin health, is destroyed by cooking. Offering fresh fruits and raw veggies as a snack as well as a daily yummy dog vitamin takes care of the vitamin issue! One cannot "overdose" with vitamins as vitamins are not stored in the body. The excess vitamins are expelled in the urine and stools. This is why dogs need a diet that has all the essential vitamins on a daily basis. DUH! What a revelation!!!!

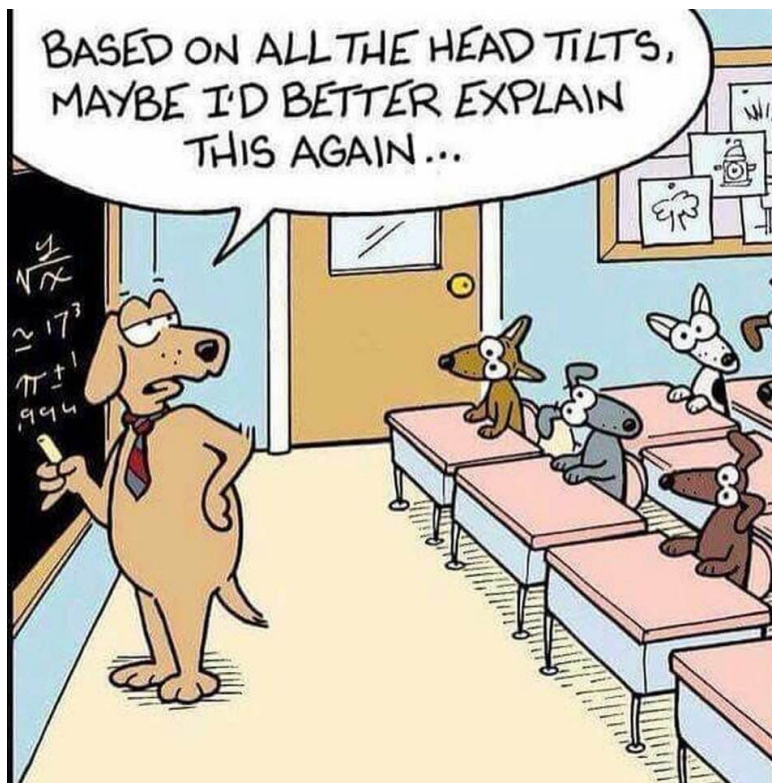
Empty calories listed on dog foods are those ingredients that have no nutritional value, such as "by products" and "whole grains." These are referred to as "fillers" which will fill your dog's tummy. But that's it!! The chemical additives that you can't even pronounce are to ensure the quality of the dog food as well as a longer shelf life. Hmm...it makes one wonder.

To Your Westie's Good Health (continued)

High calorie dog treats are a dog's worst enemy for being overweight. We all love giving Westies yummy treats. A healthier alternative is offering fresh fruits and veggies. They are not only low in calories, but rich in vitamins A, C and E as well as fiber. What Westie wouldn't enjoy a sweet chunk of cantaloupe or a crunchy carrot or devouring a half of an apple? Okay! A crunchy dog cookie now and then helps tartar build up. For this purpose, there are products on the market specifically designed for that purpose such as Nylabone chew toys. Chewing on a rawhide bone is not recommended, as large pieces can be chewed off and swallowed. Do you know the Heimlich maneuver for dogs? A choking dog is very scary! Most vets recommend leaving the dog alone, and it will eventually up chuck the obstruction on its own. Really? Could any one of us just stand by and watch our beloved Westie choking and not do something? Prevention is the best way to go.

Keeping our Westies well-nourished and healthy is our responsibility...unless of course they have learned how to open the refrigerator door in wee hours of the morning and help themselves! CAUTION! A "thinking" Westie is very scary! Consider yourself warned!

"To Your Westie's Good Health" is not only the responsibility of all of us but also a commitment to a healthy, robust, fun loving companion for a good many years! And isn't that what we all desire?



**2018-2019
OFFICERS**

PRESIDENT

Kim Locke, Massachusetts

VICE PRESIDENT

Susan Smith, Massachusetts

TREASURER

Rich Pasquini, Maine

CORRESPONDING SECRETARY

Gloria Pasquini, Maine

RECORDING SECRETARY

Judi Gold, Massachusetts

BOARD OF DIRECTORS

One Year Term

Florentine Locke-Overko, Massachusetts
Judy Cunnion, Rhode Island

Two Year Term

Florentine Locke, Massachusetts
Carol Rossi, Massachusetts

Three Year Term

Tracey Costa, Massachusetts
Liz Manuel, Rhode Island

ALL BOARD AND OFFICERS CAN BE CONTACTED THROUGH THEIR PERSONAL E-MAILS ON OUR MEMBERSHIP LIST IN THE "MEMBERS' ONLY" SECTION OF OUR WEBSITE OR THROUGH OUR CLUB'S GENERAL E-MAIL: westhighlandwhiteterrierclubne@gmail.com

STANDING COMMITTEES

Rescue/Placement Coordinator: Susan Smith, 508-824-2148

Website Editor: Tracey Costa

FOOTNOTES EDITOR: Gloria Pasquini

Newsletter Deadlines:

<u>Issue</u>	<u>Submissions Due</u>
Winter	January 20
Spring	April 20
Summer	July 20
Fall	November 20

Website: www.westhighlandwhiteterrierclubofnewengland.com

Club E-Mail: westhighlandwhiteterrierclubne@gmail.com

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N*E*W Footnotes
30 Bonnie Bay Way
Alfred, ME 04002

FIRST CLASS MAIL

THE WEST HIGHLAND WHITE TERRIER CLUB OF NEW ENGLAND

