



Tuning into Empowerment: Women Road Warriors Podcast Review

In an era where the world is increasingly recognizing the power and potential of women, strides toward women's empowerment are more crucial than ever. Women have been breaking barriers across sectors, proving their mettle time and again. However, it's also important to continue providing platforms that support this growth journey. Enter Women Road Warriors – a podcast designed specifically for all women out there!

This show covers a broad spectrum of topics that can be helpful to any woman irrespective of her workplace. Curious about how this podcast can empower you? Continue reading our article to explore further into the world of Women Road Warriors.

What Does The Women Road Warriors Podcast Cover

Women Road Warriors is a weekly radio show that champions women from all walks of life. Hosted by Shelley Johnson and Kathy Tuccaro, the program seeks to equip women with the necessary tools for success in both their professional and personal lives. The content shared on this platform is not only enlightening but often light-hearted, making it an enjoyable listen.

The Women Road Warriors covers a wide array of topics ranging from health, education, and family issues to career advancement strategies. Moreover, it also explores various hurdles that women may encounter throughout their journey and how they can overcome them effectively. For instance, there's an episode dedicated to providing guidance on navigating through child custody battles successfully; another delves into what constitutes a healthy relationship toolkit for women; while yet another focuses on managing Seasonal Affective Disorder (S.A.D).

This podcast features interviews with experts and celebrities who share their own stories of resilience as well as inspiring lessons from successful female leaders across diverse fields.

It's no wonder why Women Road Warriors has been recognized globally for its impactful content: FeedSpot rates this podcast among the Top 100 Women Podcasts worldwide for 2022! Furthermore, it's also made its mark among the [35 Best Women Empowerment Podcasts Worldwide](#) according to FeedSpot rankings.

In summary, Women Road Warriors serves as a beacon of empowerment for all listeners – offering useful insights wrapped up in engaging discussions designed especially with today's modern woman in mind.

Who Are The Hosts

Alright folks, let's take a minute to get to know the voices behind this podcast.



Shelley M. Johnson & Kathy Tuccaro

First up, we've got **Shelley M. Johnson**. She's no rookie in this world of journalism and broadcasting. She's been around the block a few times! Her work history includes writing, multimedia producing, journalism, and marketing – talk about wearing different hats! Shelley hails from a family of strong women; one even fought for women's right to vote by chopping off her long locks and taking on the streets. Along with her wealth of experience comes an array of stories that she brings to their show, spiced up with her unique humor and perspectives. If you're wondering where she gets all these amazing insights from – well, she has frequently interviewed experts as well as some big-name musicians and actors on the Truckers Network Radio Show in Houston.

Next in line is **Kathy Tuccaro**. Talk about being hands-on; Kathy drives what can only be described as the biggest truck in the world (!) working as a heavy equipment operator out there in northern Alberta Canada- not forgetting her former life as a nurse too! When not manning monster trucks or gracing their podcast with her presence, Kathy also motivates people across borders through international speaking engagements and through words penned down in her book called "Dream Big!" This lady has it going for herself when it comes to personal growth – believing anyone can change their circumstances if they just believe in themselves.

So there you have it guys- meet Shelley M. Johnson & Kathy Tuccaro: two badass ladies who are more than ready each week to guide us along those winding roads we call life via their Women Road Warriors Podcast.



What Makes The Show A Must-Listen Podcast

If you're a woman looking for some girl power inspiration, the Women Road Warriors podcast is your go-to. It's a power-packed luncheon with your most inspiring gal pals but in audio form. The dynamic duo, Shelley and Kathy, are like that pair of besties who always bring out the best in each other – and everyone around them.

One key reason why you should tune into this podcast is its unique blend of empowering discussions

coupled with invaluable insights from industry experts. Each episode shines light on important yet overlooked aspects related to business, lifestyle, relationships and women in general. Think of it as an engaging crash course where you're constantly learning new things.

Another must-listen factor is their diverse range of guests! Talk about variety – these ladies have got it covered! From celebrities to subject matter gurus, every episode brings something different to the table. But what's more impressive? Every guest leaves behind a 'Golden Nugget' – an unforgettable piece of wisdom or inspiration that will urge you on in your journey towards becoming the woman you aspire to be! The knowledge shared isn't superficial either; it's practical stuff that can be applied immediately after each listen.

The natural banter between Shelley and Kathy makes for deeply powerful conversations that keep listeners hooked throughout each episode. Their synergy isn't just entertaining; it also facilitates open dialogue around topics often swept under the rug.

Regardless of where you're at in life, there's bound to be an episode designed just for you! Whether you're looking for practical business advice, you're dealing with **motherhood woes**, need some advice on adulting better or simply want some motivational chit-chat over coffee (or tea!), Women Road Warriors has got your back!

Lastly, let's talk timing- living in such pivotal times for women worldwide calls for resources like this podcast which empowers us all by sharing knowledge freely and passionately. So go ahead folks, make this fantastic show part of your weekly content diet – trust me when I say it'll leave hungry minds satiated yet craving more.



Most Popular Episodes

Valerie Bertinelli Shares How to Love Yourself Just as You Are

In this episode of Women Road Warriors, we're joined by the beloved actress and TV personality, Valerie Bertinelli. Known for her roles in *One Day at a Time* and *Hot in Cleveland*, as well as her own show on the Food Network, Valerie has lived a life full of experiences. Join us as she discusses her latest book "Enough Already! Learning to Love the Way I Am Today." She shares her wisdom about self-acceptance and how women can shed societal expectations to truly love themselves. Tune in for an empowering conversation that encourages you to be your own Valentine every day.

Is Your Man a Bad Pig or a Good Pig?

Hosts Shelley Johnson and Kathy Tuccaro invite author Michael Coogan to take a playful yet insightful dive into understanding men's personalities. They discuss his book, co-authored with William Burton, which categorizes men into 9 personality types through an amusing pig metaphor. Listen in as they talk about how women can navigate these different "pig" behaviors for healthier communication and relationship building. The conversation even reveals what type of 'pig' Coogan considers himself to be! Tune in for some laughs and valuable insights on choosing the right partner or enhancing your current relationship.

Women Are Too Young to Be Old Says TV's "Queen of Jeans"

In this episode Shelley Johnson and Kathy Tuccaro sit down with Diane Gilman, the Queen of Jeans. Known for her successful DG2 Jeans line and an iconic career in television retailing, Diane shares her journey from selling bejeweled jeans to rockstars in the 60s to founding a multi-million dollar company at age 60. This inspiring conversation delves into how she revolutionized women's fashion, battled breast cancer and defied age stereotypes. Listen as Diane discusses her bestselling book "Too Young to Be Old: 25 Secrets from TV's Blue Jean Queen" offering insights on achieving success at any stage in life.

Former Stunt Woman & Coach Bunny Young Gets People Empowered

In this empowering episode of Women Road Warriors, the duo sit down with the indomitable Bunny Young – a former stuntwoman turned business consultant, podcast host and mom. Despite facing numerous personal challenges including a heart condition diagnosed in her early teens, Bunny has charted an incredible journey from performing daring stunts to building successful businesses. She shares insightful tips on achieving work-life balance without compromising your mental health or goals. Tune in as they discuss overcoming fear, breaking barriers and creating empowered business cultures that foster growth and uncover potential.

How Women Can Advocate to Get the Best Healthcare

Hosts Shelley and Kathy welcome Dr. Farah Shroff, an esteemed advocate for women's health and renowned researcher. They delve into the pressing issue of healthcare disparity faced by women and discuss ways to be proactive in obtaining deserved medical attention. Dr. Shroff shares her experiences addressing these issues at the United Nations and insights from her extensive research on developing Health for All. She also enlightens us about midwifery, HIV, sexuality, mental health and how they intersect with women's health concerns. Tune in as they explore compassionate self-talk strategies and methods to build self-esteem that she teaches – essential tools every woman should have in their arsenal!

Overall Thoughts

The Women Road Warriors podcast is a must-listen! It's not just informative, but it also instills you with the power and motivation to take control of your life. Whether you're looking for inspiration in your career or personal life, this podcast has got you covered.

So don't wait another minute – click on that listen button below now! Discover your strength, embrace your potential, and join the league of Women Road Warriors today. Because when it comes to empowerment and growth, there's no time like the present!

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