

Lab Work Log Sheet

Student's Name: _____

Instructor: _____



Student Instructions: The Foundational Theology Degree offered through School of the Called Seminary is made available through local Christian fellowships who have approved instructors (*instructors often being local pastors*). All may take the courses (*at the instructor's discretion*) but only those who declare themselves a Christian may take the courses for credit. Student is to record the fulfillment of the lab requirements on this log sheet and turn it in to his/her instructor when completed. See your instructor regarding any questions about the fulfillment of any lab requirements. (*Note: For those to whom it applies (i.e., those with special permission from the seminary's Academic Dean) some of the lab hours may have an acceptable alternative in fulfilling all credit hour requirements.*)

100-Level Course Lab Requirements

- 1.) **Attended All Class Doctrinal Lessons:** Student must attend all lessons associated with the 10 courses in the Foundational Theology course of study. If a lecture is missed, student must work out a time with the instructor to catch up on what was missed.
- 2.) **Personal Public Testimony:** Delivered personal testimony (course CP117) in coordination with the time and place set forth by the instructor/pastor.
- 3.) **Required Reading and Textbook Study:** Student must have read through the entire New Testament. Student to review and reflect upon all classroom notes the instructor hands out.
- 4.) **Devotional Study, Prayer, and Faithful Church Attendance Labs:** These labs are to run concurrently throughout 9 consecutive months—*see calendar below for a typical week during the nine month period*. Record the start date of the months here: _____ and the ending date here: _____. Check box when fulfilled. (*Boxes 5-6 also run concurrently.*)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Pray for a prepared heart and for the service, go to church service.</i>	<i>Daily Devotional Time in the Word and praying (see notes for CP119).</i>	<i>Daily Devotional Time in the Word and praying (see notes for CP119).</i>	<i>Daily Devotional Time in the Word and praying (see notes for CP119).</i>	<i>Daily Devotional Time in the Word and praying (see notes for CP119).</i>	<i>Daily Devotional Time in the Word and praying (see notes for CP119).</i>	<i>Additional Reading: (Examples: Read from the O.T., or from a trusted Christian Publication [check with your pastor if you have questions]).</i>

- 5.) **Christian Service Lab:** Student is to practice Christian service. By way of examples, 1 day out of each week during the 9 month period listed above one could: bring someone to church, teaching a Sunday School class, make a meal for someone in the church, yardwork at the church, etc. The possibilities for service are vast and varied.
- 6.) **Christian Fellowship Lab:** Student is to maintain Christian fellowship during the 9 month period beyond church attendance. By way of example, once a week one may take one out to lunch after a service, visit a brother or sister (have an outing with them), provide a service for them (James 1:27), etc. The possibilities are vast and varied. Your pastor may be consulted for ideas in fulfilling the lab work.

Instructions for Students Taking the 100-Level Courses

(Helpful Information for the Student Seeking to Fulfill All Lab Requirements)

The assessment of credit hours (including *lab* hours) are determined by the Academic Dean of School of the Called Seminary in order to be in compliance with H.E.C.C. of the State of Oregon for a degree granting institution. The determination of credit hours regarding fulfilling the lab-work for the 100-Level course of study is presented in the following. Credit hours for a nontraditional course of study are ***estimated loads rather than an exact measurement of time***. Questions regarding the fulfillment should first be directed to the student's instructor. *(The instructor, if he has any question in how to answer a student, should contact the seminary's Academic Dean [541] 714-3626.)*

The 100-Level Lab Requirements on the Student's Log Sheet:

(Fulfilling the lab work for the 6 Boxes to be Checked Off)

- 1.) **Attended All Class Doctrinal Lessons:** Student completes an estimated load of **30 hours** for attending all lectures required for the 10 courses.
- 2.) **Personal Public Testimony:** Student completes an estimated load of **4 hours** for the development and delivery of his testimony (course CP117).
- 3.) **Required Reading and Textbook Study:** Student completes an estimated load of **36 hours**.
- 4.) **Devotional Study, Prayer, and Faithful Church Attendance Labs:** Student completes an estimated load of **329 hours** over 9 months:
 - **117 hours** Daily Devotional Study and Additional Reading Requirement over 9 months
 - **Broken Down:** Church service on Sunday, daily devotional time 5 days a week [course CP119], and Saturday's additional reading. *(The additional reading amounts to roughly 760 pages read over a 9 month period.)*
 - **58 hours** Prayer Lab completes an estimated load of 58 hours over 9 months:
 - **Broken Down:** Roughly 12 minutes a day in prayer *(more time spent in prayer is hoped—however, 58 hours goes toward fulfilling the Christian Practice Prayer Lab).*
 - **154 hours** Faithful Church Attendance over 9 months:
 - **Broken Down:** Church service on Sunday, Wednesday Service, Sunday School)
- 5.) **Christian Service Lab:** Student completes an estimated load of **108 hours** over 9 months:
 - **Broken Down:** 3 estimated hours per week. Christian service can be fulfilled in a variety of manners. Preparing a meal for someone, inviting/bringing someone to church, yard work for someone in the church, yard work at church, teaching a course, nursery work, food prep at church, etc. *(See instructors for more ideas.)*
- 6.) **Christian Fellowship Lab:** Student completes an estimated load of **108 hours** over 9 months:
 - **Broken Down:** 3 estimated hours per week. Example: Coming to a church service early and staying after service to fellowshiping with believers can easily accrue an hour, taking a brother or sister out to lunch or going to their house for lunch, going out to coffee with a believer, etc. *(See instructors for more ideas.)*