

In the initial days of the quarantine I spent a great amount of time thinking about what the Lord wanted me to learn from this season in my life. The season that we all find ourselves in is "The season of quarantine". Maybe you are like me, a type A personality with a capital A. You like structure, a schedule, to have plans and to keep them. Suddenly, our world was turned upside down and, for most of us, structure, schedules and plans simply no longer existed.

Psalm 31:14 – 15 (NKJV) "But as for me, I trust in You, O Lord; I say, "You *are* my God." My times *are* in Your hand; Deliver me from the hand of my enemies, And from those who persecute me."

This verse has resonated with me for a long time, but especially in the days of quarantine. God, I give my time to you. My schedule, my calendar, my agenda, my life, I trust you with it all. I trust you to protect me even in times of hardship and seasons of difficulty. You are My God. God whatever you are trying to show me in this season I am open, I am ready.

The days, of course, have now turned into weeks. As those weeks have ticked by, I can't help but think so many different thoughts. What if I am not learning what God has wants me to? What if I am not using all this time in the best way I can? What do I need to change? How do I need to make myself better? What is my purpose for my life and how can I make it happen? Once again, I was trying to take the reins, take control of the situation, forgetting that even in seasons of difficulty God is always in control.

On Easter Sunday a dear friend of mine tagged me in a posting which she had no idea would touch my heart so deeply.

DANCING WITH GOD When I meditated on the word GUIDANCE, I kept seeing "dance" at the end of the word. I remember reading that doing God's will is a lot like dancing.

When two people try to lead, nothing feels right. The movement doesn't flow with the music, and everything is quite uncomfortable and jerky. When one person realizes that and lets the other lead, both bodies begin to flow with the music. One gives gentle cues, perhaps with a nudge to the back or by pressing lightly in one direction or another. It's as if two become one body, moving beautifully. The dance takes surrender, willingness, and attentiveness from one person and gentle guidance and skill from the other.

My eyes drew back to the word GUIDANCE. When I saw "G," I thought of God, followed by "u" and "i." "God, "u" and "i" dance." God, you, and I dance. As I lowered my head, I became willing to trust that I would get guidance about my life. Once again, I became willing to let God lead. My prayer for you today is that God's blessings and mercies be upon you on this day and everyday. May you abide in God as God abides in you. Dance together with God, trusting God to lead and to guide you through each season of your life.

– Author Unknown

Tears streamed down my face as I read it. I knew God had used my dear friend to answer my prayers and questions. Once again, I understood what God wants from us in any season of our life. To trust Him. To remember He loves us no matter what. To let Him lead. To let Him guide us. He is our shepherd. Psalm 46:10 (NIV) "Be still and know I am God". Be still, give up control, let Him take the reins.

God promises us in Jeremiah 29:11 "For I know the thoughts that I think toward you, says the Lord, thoughts of peace and not of evil, to give you a future and a hope. In a world were nothing is promised we can hold true to the promises of our Lord and Savior, Jesus Christ." No matter what you are facing, God does promise us a future and a hope. He tells us to come to Him, to take His yoke, to let Him carry our burdens. No matter what you might be facing today in this time of crisis, hold near to the fact that if you let go and let God lead, His mercies will be your music, His grace will be your steps, and His everlasting love will guide you through this dance we call life.

Amanda Showell