



COVID-19

Notice to Our Patients on the Coronavirus Outbreak

As your healthcare provider, we are doing everything we can to ensure the safety of our patients, staff and visitors. From the beginning of the COVID-19 (Coronavirus) outbreak, we've been working closely with the Centers for Disease Control and Prevention (CDC), and other agencies to stay up to date with the latest information. We are taking many protective and preventative measures as a company to protect the safety of our patients and our staff. If you have recently traveled to areas where there are ongoing outbreaks of COVID-19 and develop fever with cough or shortness of breath within 14 days of your travel, or if you have had contact with someone who is suspected to have COVID-19, please stay home and call your primary care provider.

Here are some things you should know:

- According to the CDC, the immediate risk of being exposed to this virus is still low for most Americans, but as the outbreak expands, that risk will increase. Cases of COVID-19 and instances of community spread are being reported in a growing number of states. People in places where ongoing community spread of the virus that causes COVID-19 has been reported are at elevated risk of exposure, with the level of risk dependent on the location.
- For a summary of the current COVID-19 situation directly from the CDC please use this link: <https://www.cdc.gov/coronavirus/2019-ncov/cases-updates/summary.html>. The CDC is now recommending that anyone who has traveled to a Level 3 country – even if they have no symptoms – self-isolate for 14 days. Instructions for self-isolation can be found on CDC website at <https://www.cdc.gov/coronavirus/2019-ncov/prepare/cleaning-disinfection.html>.

We all should be vigilant about the spread of germs – especially during cold and flu season. The best ways to protect yourself and those around you are to:

- Practice Respiratory Etiquette: Cover coughs and sneezes with a tissue, then throw it in the trash can. If you don't have a tissue, cough or sneeze into your bent elbow.
- Practice Hand Hygiene: Wash hands often with soap and water for at least 20 seconds; especially after going to the bathroom; before eating; and after blowing your nose, coughing or sneezing. If soap and water are not readily available, use an alcohol-based hand sanitizer with 60% to 95% alcohol.
- Take Environmental Health Action: Routinely clean frequently touched surfaces and objects like cellphones, keyboards and doorknobs.
- Thank you for choosing Eye Care Center of Lake County, Ltd. as your healthcare provider. This situation is changing on an ongoing basis; we will continue to update you as new and pertinent information is available. We are doing all we can to keep you and everyone in our communities safe and healthy.