Increasing the frequency of cleaning and disinfecting high-touch surfaces is significant in controlling the spread of viruses, and other microorganisms. **All surfaces, especially those general surfaces that are frequently touched, should be cleaned at least twice daily** and when soiled.

**All soiled surfaces should be cleaned before disinfecting**, unless otherwise stated on the product.

|  |  |  |
| --- | --- | --- |
| Check list |  |  |
| Tables; |  |  |
| Microwaves; |  |  |
| Kettle; |  |  |
| Doorknobs; |  |  |
| Handrails; |  |  |
| Light switches, thermostats; |  |  |
| Phones; |  |  |
| Remote controls; |  |  |
| Computer keyboards, screens and any commonly shared surfaces/areas |  |  |
| around computers; |  |  |
|  Condiments in the galley; and |  |  |
| Cupboard knobs. |  |  |
| Accommodations areas, whether single or double/multiple occupancy; |  |  |
| Shared or commonly used areas such as bathrooms, eating areas, etc; |  |  |
| Commonly touched areas of operational equipment, i.e. START/STOP buttons, |  |  |
| Steering wheels, etc; |  |  |
| Other:  |  |  |
| Ventilate the rooms  |  |  |

Using Household bleach? Allow surfaces to air dry naturally

|  |  |
| --- | --- |
| Chlorine: sodium hypochlorite (5.25%)  |  **1000 ppm*** 1 teaspoon ( 5ml to 1 cup (250 ml) water or
* 4 teaspoon ( 20ml\_ bleach to 1 litre ( 1000ml water
 |

To avoid injury, use appropriate personal protective equipment during handling (read the label and refer to the material safety data sheet). • Chlorine bleach solution might damage some surfaces (e.g., metals, some plastics). • Never mix ammonia products with bleach or bleach-containing products. This practice produces chlorine gas - a very toxic gas that can cause severe breathing problems, choking and potentially death. • Clean the surface before using the chlorine bleach solution. • A bottle of bleach has a shelf life, so check the bottle for an expiry date. • Do not premix the water and bleach solution, as it loses potency over time. Make a fresh solution every day. | ***Office of the Chief Medical Officer of Health***