

## PAST WORKSHOPS

May 2019. ***Introduction to Systematic Affair Recovery Therapy (SART)***. Talal Alsaleem, LMFT, PsyD.

April 2019. ***Update on Psychopharmacology***. Jane Fernandez, MD; Inland Psychiatric.

March 2019. ***Eating Disorders: What Every Therapist Should Know***. Barbara McBroom, LMFT; private practice.

February 2019. ***Emotionally Focused Treatment for Couples***. Drs. Paul and Nancy Aiken.

January 2019. ***Basics of Physiological Transition Options***. Finley Terhune, AMFT; Gender Health Center.

December 2018. ***Release of Empathetic Stress: Art Therapy***. Cynthia Wilson, MA, ATR-BC.

November 2018. ***Military Culture and the Impact on Access to Mental Health Services***. Shing Long, The Soldier's Project.

October 2018. ***The DSM-5: Becoming Aware of the Changes that Affect Clinical Practice***. Andra Zastrow, LMFT; private practice.

September 2018. ***Social Security Benefits***. Michael Teixeira, Operations Supervisor, SSA.

June 2018. ***What Does the Phrase "Standard of Care" Mean to You?*** David Jensen, JD; CAMFT Attorney.

May 2018. ***Review of Psychopharmacology***. Corey Brinks, MD; Inland Psychiatric.

April 2018. ***Mindful Cognitive Behavioral Therapy***. Nancee L. Volpi, LMFT; private practice.

March 2018. Cancelled.

February 2018. Cancelled.

January 2018. ***The Opioid Epidemic and Local Resources***. Nancy Brison-Moll, PhD, LMFT; Manager Aegis Treatment Centers.

December 2017. Cancelled.

November 2017. ***Understanding Eating Disorders***. Lisa Peterson, PhD; Eating Recovery Center.

October 2017. ***Religious Beliefs and Other Beliefs: Understanding Contemporary Religious Culture for Those Working in Counseling or Therapy***. Rex Hamilton, PhD; University of the Pacific and SJ Delta College.

September 2017. ***Understanding Anxiety***. Barbara McBroom, LMFT; private practice.

June 2017. ***Fun with Subpoenas and the psychotherapist-patient privilege***. Dave Jensen, JD. CAMFT Attorney.

May 2017. **Bariatric Surgery Assessments**. Victoria Boccanfuso, PhD.

April 2017. **Overview of Rick Hanson's Positive Neuroplasticity Workshop**. Pamela Mello, LMFT.

March 2017. **Overview of CMFT State and Federal Activities**. Jill Epstein, JD, Executive Director of CAMFT.

February 2017. No meeting.

January 2017. **High Conflict Co-Parenting**. Nancy Brison-Moll, PhD, LMFT and Nicole Parker, LMFT.

December 2016. **Elder Abuse Update**. Suzanne Schultz, JD, District Attorney's Office.

November 2016. **Trauma and PTSD**. Lani Stoner, LMFT.

October 2016. **Brain Spotting**. Lisa Larson, LMFT.

September 2016. **Human Trafficking**. Suzanne Schultz, JD, District Attorney's Office.

June 2016. **Law and Ethics Workshop**. Dave Jensen, JD. CAMFT Attorney.

May 2016. **Integrated Practice Approaches for Grief and Loss**. Alexis Ferreira, MSW and Erin King, MDIVBCC.

April 2016. **Aging in America**. Phyllis Klein.

March 2016. **Parent-Child Interaction Training**. Alex Pezzi Conger, LMFT.

February 2016. **Positive Parenting**. Brian Ford, LMFT.

January 2016. **Nutritional Therapy and Mental Health**. Robert Shapiro, DC, CCSP, CAN.

December 2015. **Self-Care: Mindfulness and Yoga**. Nicole Mathis, Vinyasa Yoga.

November 2015. **Controlled Substances: Use and Abuse**. Adam Kaye, MD, PhD, University of Pacific.

October 2015. No meeting.

September 2015. **Positive Parenting**. Brian Ford, LMFT.

June 2015. **The Therapist's Professional Will: If not now, when?** Ann Steiner, PhD, LMFT.

May 2015. **Attachment Theory**. Nancy Brison-Moll, PhD, LMFT.

April 2015. **Forensic Evaluations for Criminal Court**. Kent Rogerson, MD.

March 2015. **Private Practice Basics**. Barbara McBroom, LMFT and Pamela Mello, LMFT.

February 2015. **Introduction to Emotionally Focussed Therapy (EFT)**. Drs. Paul and Nancy Aiken.

January 2015. **Hoarding**. Dr. Robin Zasio, The Anxiety Treatment Center.

December 2014. **Mindfulness and Meditation**. Nicole Mathis, Vinyasa Flow Yoga.

November 2014. **Sexual Therapies**. Dr. Mark Schwartz, Monterey Institute of Mental Health.

October 2014. **Victim Compensation Program: Update on Mental Health Services**. Gabrielle Jaurequi, SJ Co. Victim Compensation Program.

September 2014. **Equine Assisted Psychotherapy**. Maybeth Wiefels, Horsespeak, Inc.

June 2014. **Legal and Ethical Issues Part 5**. Dave Jensen, JD. CAMFT Attorney.

May 2014. **Supporting LGBT Youth and Families**. Catherine Lee, LMFT and Nicole Parker, LMFT.

April 2014. **Updates on Psychotropic Medications**. James Ruggles, MD.

March 2014. **The Untethered Soul**. Ginny Lucas, PhD. Evergreen Professional Hypnotherapy.

February 2014. **Improve Your Therapist Toolkit**. Moderated by Lani Stoner, LMFT.

January 2014. **Insurance and Health Care Reform**. Barbara Griswold, LMFT.

December 2013. **Writing for the Self**. Jane Dominik, PhD.

November 2013. **Non-Violent Communication, Part 3**. Cynthia Tucker, RN.

October 2013. **Brain Dominance and Self-Actualization**. Franklin Bernhoft, PhD, LMFT.

September 2013. **CAMFT Bylaws Discussion**. Guillermo Alvarez, LMFT, CAMFT President.

June 2013. **What does the Law Expect of Me?** Dave Jensen, JD. CAMFT Attorney.

May 2013. **Working with the Military**. David Silva, Veterans Administration.

April 2013. **Human Trafficking**. Sister Caritas Foster.

March 2013. **Investment Fundamentals**. Steven Spurgeon, Registered Investment Advisor.

February 2013. **PTSD and TBI as They Affect Veterans**. Lani Stoner, LMFT.

January 2013. **Non-Violent Communication, Part 2**. Cynthia Tucker, RN.

December 2012. **Unique Imaging Art Therapy**. Cynthia Wilson, MA, AT.

November 2012. **Two-Day Critical Incident Stress Debriefing Training**. Margaret Hopkins, RN.

October 2012. **Adult ADHD, Part II**. Dr. Ryan Thompson.

September 2012. **Emergency Medical Services and Disaster Healthcare Volunteering.** SJC Volunteers Coordinator.

May 2012. **Integrating Attachment, Differentiation and Neuroscience in Couples Therapy** (Summary of The Marriage Conference).

April 2012. **Seduction and Arrogance: Client Presentations.** Ronald Mah, LMFT.

March 2012. **Collaborative Divorce.** Nancy Brison-Moll, PhD, LMFT.

February 2012. **Non-Violent Communication.** Cynthia Tucker, RN.

January 2012. **Jeremy's Project and National Alliance on Mental Health.** Connie Perez and Kathleen Guerrero.

December 2011. **Yoga and Self-Care.**

November 2011. **Parent-Child Interactive Therapy.** Kimberly Laskowski, LMFT.

October 2011. **Psychopharmacology.** Jane Fernandez, MD.

September 2011. **ADD/ADHD.** Ryan Thompson, MD.

June 2011. **What Does the Law Expect of Me, Part IV.** Dave Jensen, JD. CAMFT Attorney.

May 2011. **Dialectical Behavioral Training (DBT).** Candice Melton, LMFT, St. Joseph's BHC.

April 2011. **Conceptualizing Clinical Practice.** Ronald Mah, LMFT.

March 2011. **Cyber-Bullying.** Holli Kenley, LMFT.

February 2011. **Relapse Prevention for Chemical Dependency.** Melissa Yarbray, LMFT.

January 2011. **The Soldier's Project: A Different Military – a Difficult Integration.** Becca Bettis.