

Retreat Center

# Luther Glen Farm

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**The purpose of the Luther Glen Farm** Is to **grow** the connection between the earth and our food, **teach** appreciation and care for the environment, plants and animals and **share** the abundance nature provides with those in need.

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**All of our meals are served family style to encourage great conversation as well as an inviting meal experience. The meal choices are for your entire group.**



**Chef's Choice**

If you or your group is having a hard time trying to figure out a meal plan feel free to leave it up to the chef to choose your meals for you!

**Dietary Concerns:**

If your group has any dietary concerns please let the LRCC office know before your group arrives. We have alternative dishes for most of the meals on this menu including gluten free options and vegetarian versions of the meals.

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# Breakfast

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**All breakfasts are served with farm fresh scrambled eggs, fruit, sausage or bacon. Breakfast also includes a cereal bar, yogurt, toast and bagels.**

## Entrees

### **Pancakes**

Homemade buttermilk pancakes with maple syrup. Served with blueberry or raspberry compote.

### **French Toast**

Texas toast dipped in farm fresh eggs and grilled until golden brown. Served with blueberry or raspberry compote.

### **Home fries**

Freshly cubed potatoes cooked on a flat top grill with butter, onions, and bell pepper then seasoned to perfection.

### **Biscuits and Gravy**

Fluffy buttermilk biscuits served with homemade sausage country gravy.

### **Muffins**

Freshly baked muffins with a choice of zucchini, banana or chocolate chip flavor.

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### **Scones**

Freshly baked scones with a choice of raspberry or blueberry flavor.

### **Egg Puff**

Farm fresh eggs combined with spinach, bell pepper, parmesan cheese and other veggies cooked in a pie tin. Then topped with cheddar cheese. (Replaces the scrambled eggs)

### **Breakfast Burrito**

A burrito filled with eggs, cheese, salsa and your choice of sausage, bacon or chorizo. Served with fruit.

### **Breakfast Sandwich**

A sandwich made with English muffins, a farm fresh egg, cheese and your choice of sausage or bacon. Served with fruit.

### **Coffee Cake**

Freshly baked coffee cake topped with cinnamon and brown sugar.

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# Lunch

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**Most lunch entrées served with one side and choice of fruit or vegetable. Lunch is also served with a salad bar.**

## Entrees

### **Parmesan Crusted Grilled Cheese**

A grilled cheese sandwich with shredded parmesan cheese cooked into the outside and a melted piece of cheddar cheese and choice of turkey or ham on the inside.

### **Turkey Bacon Avocado Wrap**

A wrap with turkey, lettuce, tomato, bacon, avocado and cheese. Served with mayo and mustard on the side.

### **French Dip**

A hoagie roll filled with sliced roast beef and au jus to dip your sandwich in.

### **Hamburger**

A barbequed hamburger served with cheese lettuce tomato ketchup and mustard. Can be substituted for Turkey burgers.

### **Chicken Penne Pasta**

Penne pasta mixed with olive oil, garlic, chicken breast and Italian seasonings.

### **Soup and Salad Lunch**

Your choice of one soup and one salad. Served with garlic bread or rolls.

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### **Pulled Pork Sandwich**

Pulled pork in barbeque sauce and served on a roll. Served with homemade coleslaw.

### **Pizza**

Freshly cooked pizza with marinara, mozzarella cheese and choice of toppings. Toppings include pepperoni, sausage, bacon, cheddar cheese, olives, spinach, jalapeños, tomatoes, basil, bell pepper and onion. Specialty pizzas include a BBQ chicken pizza, a margarita pizza or a white garlic chicken pizza. Served with caesar salad.

### **Taco Lunch**

Corn tortilla soft taco shells served with choice of shredded chicken, ground turkey or ground beef. This also comes with beans, rice, chips and salsa. Also includes lettuce, tomato and shredded cheese for the tacos. This meal does not include a side.

## **Lunch Sides**

### **Homemade Potato Chips**

Freshly cut potatoes deep fried until golden brown and sprinkled with salt and pepper.

### **Baked Beans**

A classic side to any meal.

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### **Potato Salad**

Potato salad made with russet potatoes and mixed with celery, onion, and a homemade dressing.

### **Pasta Salad**

Tri-color pasta mixed with olives, banana peppers, pepperoni, and parmesan cheese. Made with and Italian dressing.

### **Sweet Potato Fries**

Shoestring sweet potato fries topped with just a pinch of salt.

### **Soup**

Your choice of any soup from below.

### **Salad**

Your choice of any salad from below.

## Lunch Soups

### **Vegetable Soup**

A hearty veggie soup with tomato, celery, carrots, potatoes, broccoli, cauliflower, and whatever seasonal veggies we have available from the garden.

### **Chicken Noodle Soup**

Homemade chicken noodle soup that includes carrots, celery, onion, chicken and of course noodles.

### **Chili**

Homemade beef chili served with cornbread.

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### **Chicken and Rice Soup**

A mix of chicken breast slices with veggies and basmati rice in chicken broth.

### **Broccoli Cheddar Soup**

Made with fresh cheddar cheese and broccoli mixed in a cream based broth.

### **Zuppa Toscana Soup**

An Italian style creamy chicken soup with chicken sausage, bacon, and kale.

### **Baked Potato Soup**

A cream based broth with melted cheddar cheese with chunks of bacon and potato. Served with sour cream.

## Lunch Salads

### **Caesar Salad**

Romaine mixed with Caesar dressing, parmesan cheese and croutons.

### **Southwest Chicken Salad**

Romaine mix with chicken, corn, black beans, olives, cheddar cheese, chipotle ranch dressing and topped with tortilla strips.

### **Asian Chicken Salad**

Romaine mixed with chicken, mandarin oranges, green onion, rice noodles, and dressed with a sesame seed dressing.

### **Chief's Salad**

Romaine mixed with ham, turkey, eggs, cucumber, tomato, cheese and croutons. Served with ranch and Italian dressing on the side.



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# Dinner

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**Dinners include a salad bar and your choice of dessert.**

## Entrees

### **Lasagna**

A homemade lasagna made with your choice of a red sauce with beef or a white sauce with vegetables. Served with garlic bread and a vegetable on the side.

### **Spaghetti and Meatballs**

Spaghetti served with beef meatballs in a red sauce. Served with garlic breads and a vegetable on the side.

### **Chicken Alfredo**

Fettuccini noodles served with alfredo sauce and chunks of chicken and mozzarella cheese. Served with garlic bread and a vegetable.

### **Chicken Pesto Pasta**

Pasta served with a homemade pesto sauce and chunks of chicken. Served with garlic bread and a vegetable.

### **Chicken Stir Fry**

Chicken mixed with stir fry vegetables in a teriyaki sauce. Served with white rice and egg rolls.

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## **Enchiladas**

Chicken, cheese or beef enchiladas made in a mild green sauce. Served with beans, rice, chips and salsa.

## **Lemon Herb Chicken**

Boneless skinless chicken breast baked with fresh lemon slices and herbs on top. Served with rosemary red potatoes, a vegetable and rolls.

## **Barbeque Chicken**

Chicken breast grilled with barbeque sauce and seasonings. Served with mashed potatoes, a grilled vegetable and rolls.

## **Beef Stew**

A hardy beef stew filled with beef, carrots, onion, celery, and potatoes. Served with rolls.

## **Meatloaf**

Homemade savory meatloaf made with lean ground beef. Served with mashed potatoes, a vegetable and rolls.

## Dinner Desserts

### **Ice Cream Sundae**

A scoop of vanilla ice cream topped with chocolate sauce and fruit.

### **Churro Sundae**

A scoop of vanilla ice cream accompanied by a churro.

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### **Brownie Sundae**

A scoop of vanilla ice cream accompanied by small chunks of brownie.

### **Chocolate Mousse**

Light and fluffy chocolate flavored mousse. Topped with fruit.

### **Double Chocolate Brownie**

Brownie with chocolate chips baked in.

### **Strawberry Shortcake**

Single serving cakes topped with whipped cream and strawberries.

### **Lemon Bars**

Sweet and refreshing lemon treat.

### **Lemon Berry Cake**

Homemade yellow lemon cake topped with a glaze and an assortment of berries.

### **Cheesecake**

Homemade cheesecake on a graham cracker crust.

### **Apple Crisp**

Apple slices cooked in brown sugar and cinnamon then topped with a crumb topping of brown sugar and oats.

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## Contact Us:

For any assistance regarding questions about the items on the menu.....

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**Luther Glen**  
*Farm*