



Luther Glen

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Luther Glen Farm School exists as a resource to private and public schools in Southern California. Luther Glen emphasizes sustainable, agricultural education and community building experiences for preschool through college. **One to five-day programs are available in the fall, winter and spring.** We can accommodate up to 105 participants at our facility.

Arrival and Departures:

We ask that you arrive at Luther Glen at 11:30am with a sack lunch. Please do not arrive early unless you have made special arrangements with the Director. Groups will depart on their last day between 12:00 and 12:30.

Background Checks:

It is **required** that all teachers and chaperones who attend our program complete a Voluntary Disclosure Form found on our website. It is the policy of Luther Glen to never meet alone with a child in an isolated area, a closed space or anywhere out of site of other adults or children. We encourage all school staff, chaperones, and adults to follow this guideline set forth by the American Camp Association. If it is not possible to have another adult present, contact a Luther Glen staff member.

Guide to Outdoor School Curriculum

We work in cooperation with your school to design a program that is best suited to the needs of the students. The school chooses what classes they would like to take from our diverse curriculum. Our staff will aid you in planning your experience. The schedule will be planned cooperatively if more than one school shares the same week. Our curriculum covers several disciplines in the areas of natural, physical, and social sciences.

Core Classes

All About Chickens – Join us in the Luther Glen chicken coop and the lay hens that occupy it. Utilizing our chickens, we take this class time for students to learn about the life cycle of chickens and their eggs.

Changing Seasons – Examine how the weather of California affects crops, how farmers use the weather to benefit their yield and how farmers have adapted systems based on the different seasons.

Composting – Take a dive deep into several different components of composting by looking at the relationship between food scraps, everyday items that can be composted worms, soil and air.

Community Dynamics – Offered on the first day, this course involves a set of problem-solving situations which encourages students to work together cooperatively.

Farm to Table Cooking – Students will harvest food from our farm, cook and enjoy it. We will talk about the different ways that food gets to our table and how food changes when it comes directly from the farm to our tables.

Food Justice – Explore concepts around locally grown and healthy food options, the policies that impact our food systems, food deserts and what it would mean for them to fight for healthier, affordable food options.

Fruits and Pollination – By examining fruits, we'll discover the different ways plants are pollinated, how they become pollinated and how we see and affect pollination.

History of Farming – Go back to the roots of the farming industry and how it has progressed. Using Luther Glen's Farm to compare and contrast the old and the new, students will grasp what it was like to be on a farm in the past, what it is like to be on a farm today and what the future holds for farming.

Native Plants and Uses– Learn to identify and examine the importance of native plants in the San Bernardino County. We will look specifically at how the Serrano people used the plants in this area and how we can use the biodiversity to benefit our farm.

Planting and Harvesting – Experience the planting, growing and harvesting of food. Students will have the opportunity to see food start from a dry seed and grow into something that can be consumed.

Recycling – Reuse, Reduce, Recycle. Here we will focus on showing students ways to recycle, why we should recycle and introducing easy ways to reuse and reduce. Students will return home with new tips about recycling to share with friends and family.

Urban Forestry – Examine the idea of the farms and forest in their own backyards. Using the idea that trees need people and people need trees, students will understand how urban forests play vital roles in our relationship with nature.

Water Ecology – Students learn about the importance of conservation, water transportation, ocean ecology and why this resource is so important in our daily life.

Elective Courses

Archery – Students learn about the physics of archery, including basic terminology, techniques and safety regulations.

Campfire Cooking – Students learn how to build a fire and prepare campfire delicacies.

Fiber Arts – Students will take the time to explore the creation of yarn, which comes from Sheep and Alpaca, and learn the art of knitting. Students will use their hands and learn trades that have been passed down for many generations.

Livestock – Experience and interact with sheep, goats, horses, pigs and alpaca that live at the Luther Glen Farm.

Soap Making – We will teach students how to make soap using items from our farm. Depending on the season, soap will be made with milk from our goats and/or herbs from our garden.

Survival – Students will learn basic human survival skills including how to keep from getting lost, survival kit preparation, what to do in the event of an emergency, water procurement using a solar still, fire building, identification of edible plants, signaling for help and primitive shelter building.

Evening Activities

Camp Games – A variety of fun and interactive games led by our staff make for an exciting, energy-releasing evening. *This class is a favorite amongst teachers and students.*

Labyrinth Walk – In this class students will get to experience what it is like to walk a labyrinth. We will discuss the history of labyrinths in Greek Mythology, as well as an overview of astronomy.

Farm Folk Dance – Students are taught simple, fun dances, including line and circle dances like the Cool Cat, Hand Jive and Cotton-eyed Joe.

Night Walk – Students learn about nocturnal animals and their adaptations and take a short walk in the dark, complete with games and demonstrations.

Responsibilities of School Staff Teachers and Chaperones

1. Due to the nature of the camp experience, students should not be left unsupervised at any time. School staff will have the complete supervisory responsibility of the students during the following times:
 - Cabin supervision from 9:30 PM to 8:00 AM*
 - Any other time when an activity or class is not in session*
2. School staff is responsible for leading the students in daily cabin cleanup.
3. We ask that the school staff assist the camp staff in supervising the following activities:
 - Mealtime supervision*
 - Opportunity To Really Serve (OTRS)*
 - Evening Activities*
4. The afternoon staff meeting is for all adults.
5. We encourage school staff to attend most of the scheduled classes and activities during the day.
6. **School staff is responsible for handling all health and first aid concerns. This includes taking care of students who are sick and dispensing medications. The camp staff is may assist in emergencies.**
7. We ask that all school staff help maintain a productive learning environment.

Responsibilities of the Luther Glen Staff

1. Lead all classes and camp activities.
 2. If needed, share table supervision with school staff during meal times.
 3. Lead afternoon meetings with school staff.
 4. Be available to schools as needed.
 5. Assist in emergency situations.

The Camp Director is onsite daily for any problems that may arise.

Luther Glen Farm General Policies

Grounds:

1. Stay on the trails at all times.
2. **Absolutely no going close to, or into, the wash.**
3. Leave wildlife alone; watch the animals, but do not try to touch or catch them.
4. No climbing on roofs of buildings.
5. Stay within camp boundaries unless accompanied by a staff person.
6. Shoes and socks (no sandals) must be worn while at camp.
7. **Quiet hours are from 10:30 PM to 7:00 AM.**
8. Never walk anywhere by yourself. Stay with a group of three.
9. Deliberate damage to the camp may result in immediate dismissal and charge for damages.
10. No entering the farm without a staff member.

Cabins:

1. Turn the lights off and shut the door when you leave the cabin.
2. No paper towels, trash, or feminine products in toilets.
3. Fire extinguishers are to be used only in the case of fire. Anyone that discharges one, except in the case of fire, will be charged a re-filling and cleaning fee of up to \$300.
4. No jumping, standing on, or sharing bunks,
5. No one is allowed in any cabin except their own. No raiding or pranking other cabins.
6. No food or drinks in cabins.
7. Cabins are to be cleaned every morning and will be inspected each day.

Lodge:

1. Please use an indoor voice. No yelling or pounding on tables.
2. Only one person is allowed to be up from the table at a time.
3. Please drink at least two glasses of water at each meal.
4. Remain in your seats until you have been dismissed.
5. Take only the amount of food that you think you will eat. No food or drinking contests.
6. Coffee and tea are for adults only.

Cabin Showers:

1. No running or pushing.
2. Take short showers to conserve water (90 seconds is preferable).
3. Turn out the lights if you are the last one in the bathroom.
4. Respect others and their privacy.

Fire and Earthquake Procedure:

1. When you hear the fire alarm and/or air horn, immediately stop what you're doing and walk quickly to the parking lot and find your cabin leader.
2. Once in parking lot, Cabin leaders should take a count of their students and wait for further instructions from the Director.
3. In case of earthquake, get under beds and other sturdy structures. Move away from structures such as fireplaces, windows, poles, etc., that might collapse. Do not go outside until the trembling stops. The alarm will be the signal that the earthquake has ended and it is safe to precede quickly and cautiously to the parking lot.

Emergency and Health Procedures

Medical Emergency:

1. Apply necessary first aid and/or CPR. An AED is located in the Office.
2. Send somebody to call 911. Phones are located in the office. Most phone providers get service at Luther Glen.
3. Contact a staff person as soon as possible.
4. Do not leave students or injured person alone.

Non-life threatening Medical Emergency:

1. Apply necessary first aid.
2. Send somebody to contact a staff person.
3. Do not move the person if you are unsure of their injury.
4. Do not leave students or injured person alone.

Minor injury needing First Aid:

1. Contact a staff person with first aid training for assistance, or personally administer first aid.
2. Notify a staff person as soon as possible after administering first aid.

Illness:

1. If students become ill, the person in charge from the school, in consultation with the Camp Director, will determine whether or not the child needs to return home. Students who are ill must remain under the care of an adult from the school.
2. Notify the Camp Director.
3. The camp does not provide health care other than first aid and emergency response.

Fire:

1. Upon hearing the fire alarm and/or air horn, gather students and proceed directly to the parking lot for further instruction.
2. Upon discovering a fire in a building, evacuate the building and proceed to the parking lot, notify a staff person. The air horn will be activated until everyone is accounted for.

Missing Person:

1. Contact a staff person so that an organized search procedure can be initiated. Follow Search and Rescue procedures.
2. Do not alarm the students. All activities should continue as normal.

Earthquake:

1. Get under beds and other sturdy structures. Move away from structures such as fireplaces, windows, poles, etc., that might collapse. Do not go outside until the trembling stops.
2. The air horn will be the signal that the earthquake has ended and it is safe to precede quickly and cautiously to the parking lot.