



## CRMA 40-hour course 'Med Pass' Guide

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"The med pass" is the student's required final step in the 40-hour course to conduct a hands-on medication administration at the workplace. You will pass/administer at least 5-6 of the actual meds to one or more Residents, , under the direct supervision of a registered nurse. It's important to plan ahead so that the process runs smoothly and mistakes are avoided.

- ☐ Scan the QR above and go to "The Med Pass" page for directions if needed
- ☐ Print the CRMA skills checklist
- ☐ Notify/get permission from the supervisor- be professional and courteous on the phone and in person
- ☐ Coordinate a convenient time to do the med pass with an RN- usually at the end of a lighter med pass, such as on a weekend or mid-shift, not a Monday morning or beginning of dinner time when things are hectic
- ☐ Ask the person who will be assigned at the time of your med pass to save 5-6 meds for you to do, which can be for 1 or more Residents. Ask to select a variety of meds to make this a meaningful learning experience
- ☐ Try to get a list of what meds you will be giving ahead of time so you can look it up, remember "the 8 Rights", know what the meds are prescribed for " and be aware of potential side effects
- ☐ You will likely need to sign into a computerized MAR under another staff person to document the meds you will give. For paper MAR, just print/sign/initial at the bottom of the MAR page(s).
- ☐ Be sure to maintain confidentiality of Resident med information and keep the MAR hidden from public view
- ☐ Wash your hands right before the med pass, wear clean gloves or use a spoon/ med cap to prep the meds
- ☐ Report and concerns to the supervisor
- ☐ Ask for a demonstration of checking vital signs with the equipment used at the workplace
- ☐ Be sure the numbered columns of your skills checklist are complete and both you and the RN have signed/dated the second page.
- ☐ Email the skills checklist and a separate copy of the RN license n **PDF format** to: [info@prohealthtrain.com](mailto:info@prohealthtrain.com)
- ☐ In Follow up with an email on the next business day to be sure we received your email
- ☐ Whew, you made it!!! We hope this helped you tie everything together from the reading and our in-person meeting, to be a rock star at providing high-quality care to the Residents and to be a great co-worker.
- ☐ Wait!! You still need to check that your new CRMA certificate is available on the "certificate search" button on the website
- ☐ And finally, it has been my pleasure to learn with you- please come back and see me again to schedule your CRMA 8-hour Recertification course within 2 years, 30 days before your certificate expires!

hugs~ Heather Anne/ Pro Health Train