



Certified Residential Medication Aide 40-hour Course description

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Training website: <https://prohealthtrain.com/crma-40-hour-course-1>

\$365/per student This 40-hour Maine DHHS approved hybrid course follows the [Maine CRMA curriculum](#) and is for unlicensed support staff certification to give non-injectable medications to Residents in the assisted living, nursing home, medical office or a variety of outpatient settings. Non-injectable medications include: pills/tablets/capsules, liquids, inhalers (through nose or mouth), nasal spray, eye drops, ear drops, topical creams/ointments/lotions, vaginal/ rectal creams or suppositories.

This course is for students who are unable to attend a live class due to work/scheduling constraints. Students complete the independent reading and review from our website to access the [Maine CRMA curriculum and Chapter 113 Regulations](#). Then you will meet in-person with the instructor for the three unit quizzes and a final exam. Throughout the independent reading, students may contact the instructor any time with questions.

The course also requires a separate “med pass” to be done with an RN at the workplace. To be accepted into this course, the student must already be employed and experienced in residential healthcare and able to manage independent study.

Course payment- \$365/per student with a variety of payment options: PayPal, Venmo, CashApp, or an emailed invoice to the employer or grant funding office to pay by check or PayPal. For employer or grant funding course payment, the payor must email us with the student’s name and request a payment option. **Even if the employer pays for the course, the CRMA certificate belongs to the student.**

Using our website as a reading resource, the course is completed in 3 steps :

1. Independent reading (~35 hours)- Students can begin the reading and review any time and contact the instructor anytime with questions:

- Maine CRMA curriculum: Introduction, Unit 1, Unit 2 and Unit 3 (student textbook)
- Chapter 113 Regulations: Level 4 (workplace policies, focus on Section 7)

2. In-person quizzes/final exam (~3 hours)- Courses are available monthly and Students meet with the instructor in-person for the three unit quizzes, final exam and a practice med pass demonstration. The 3 hour in-person testing session is held in South Portland at 11am on the 3rd Friday of the month.

3. “The med pass” (~2 hours)- “The med pass” is the student’s hands-on demonstration at their own place of employment to administer the Resident’s actual meds, utilizing the CRMA skills checklist, under the supervision of a **registered nurse**.

All CRMA certificates expire every 2 years and must be renewed with an 8-hour recertification course to remain active. See our Recertification page on the website

After we receive your completed skills checklist and PDF copy of the RN preceptor's license, it can generally take 3-5 business days for the student's CRMA certificate to be processed by the State and appear on the Maine CRMA search portal.

The final step of completing the course- After all of the above is complete, it will be the student's responsibility to verify their new CRMA certificate on the Maine CRMA portal from our website "[certificate search](#)" button before working as a CRMA.

To to tie it all together:

- ☐ Complete all course readings and practice quizzes
- ☐ Pass the quizzes/exam at the in-person testing session, do a practice med pass
- ☐ Conduct "the med pass" with a registered nurse at the workplace with skills checklist
- ☐ Email us the completed skills checklist and separate copy of the RN license in PDF
- ☐ Verify the new CRMA certificate the Maine CRMA portal

Our goal is to build teamwork in order to provide high-quality resident care- please let us know if you have any questions and we look forward to working with you!

Hugs- Pro Health Train