

Services and Fees

Consultation:

There are several ways to access Well Advised Consulting services:

- In person sessions with Dr. DeMasters
- Virtual consultation – Go To Meeting, Zoom, etc.
- Telephone consultations and follow up
- Seminar and group presentations

In-person Appointments:

In person appointments are available with convenient evening and weekend hours available. Taking off work is stressful, so Dr. DeMasters make sure her clients have the opportunity to get the help they need without missing work and adding to their stress level. Daytime appointments are also available.

Telephone Consultation:

Dr DeMasters frequently consults with individuals and couples across the country and around the globe via telephone – also with evening and weekend hours available. Whether it is the first consultation where a plan is collaboratively developed and put in place to address your needs, or for follow-up sessions, a telephone consultation can accomplish so much without requiring that you leave your place of work or your home. The weekend and evening availability makes working together toward your goal very easy to do. If an emergency crops up, we can schedule a telephone or office appointment right away.

For more information, please call, text or email us. Please leave your preferences (call, text or email.) We will make every effort to contact you within 24 hours.

Speaking Engagements:

Speaking engagements, conferences, seminars, training and group consultation are an important our services.

- The Stress Resilience Program (full day or multiple meeting dates)
- The Peak Performance Program (full day or multiple meeting dates)
- workplace stress management
- burn out prevention and treatment
- preparation for downsizing or retirement
- wellness workshops
- communication workshops (how men and women work, communicate, cope and problem solve differently; change; group dynamics, etc.)

Dr. DeMasters uses her intense passion, extensive knowledge and impressive communication skills to instill the desire to change, the confidence to act and the tools to succeed. In a very short period of time, individuals or large groups can each effectively receive beneficial information that will positively impact not only quality of life, but also the overall productivity of the workplace. Dr. DeMasters is a professional member of both the National Speaker's Association and IMC USA (The Institute of Management Consultants,) a guarantee that Dr. DeMasters provides incomparable value as a speaker and consultant.