

# **NORTH ROCKLAND PODIATRY**

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## **POST-OPERATIVE INSTRUCTIONS FOR THE PATIENT**

Patient compliance with the following instructions is *imperative* to successful post-operative care.

### **FOR NAIL SURGERY & WART SURGERY**

- Soak foot/toe in 5 tablespoons of salt (Table salt or Epsom salt) in a quart of warm water.
- Soak foot/toe for 5-7 minutes.
- Apply Neosporin or other antibiotic ointment with a band aid.
- Do twice daily for approximately 7 days.
- Do once daily for approximately 7 days.