# **Tribal Gathering Classes and Presenters**

## https://neistatrainings.com/tribal-gathering

**Rick Priddis** 

# **Opening Circle/Cacao Ceremony – Set Your Intention.**

A cacao ceremony is an opportunity to connect to yourself and open your heart. Because of cacao's ability to increase your connection to your inner self and your heart chakra, it aids in any transformational shift you are working towards, whether you are looking to deepen your understanding of who you are, release old patterns and traumas, or move into a more self-confident space. Whatever your path, the intention is yours to set, and the cacao allows you to the insight and awareness to move towards that goal.

#### Latihan

Latihan is a meditation technique from the Subud (an Indonesian religious group). Latihan means "following inner guidance". In Latihan, you stand silently and "open" to existence. Energy flows through you, taking any form, such as laughing, dancing, singing, crying. Anything can happen. Some people refer to it as authentic movement. By practicing Latihan, we throw away preconceived notions of sex and lovemaking and just hanging around in the unknown, authentically being in the body.

Wheel of Consent and Cuddle Party



Hello, My name is **Matooka MoonBear**. I have journeyed Earth based spiritual paths for over 30 years from Native American, Hindu, Pagan spirituality to Witchcraft. In 2014 my path brought me to ISTA in Ireland where I took Level 1 & 2 side by side. It was here that I knew I had found tribe! Since then my ISTA journey has taken me many places as I apprentice with Laurie Handlers. I have assisted ISTA trainings in New England, Costa Rica, Montreal, New Jersey, & Guatemala. While in Guatemala, I attended Level 3 SSSeed. I have organized training in New England with the intention of breaking through puritanical thought in order to follow my vision for the future. That through this work, human relationship with self, Divine Feminine and Divine Masculine along and the Earth will be healed in the psyche of humanity as we move toward a more loving paradigm.

	As an ISTA Faculty – Apprentice Rick labels his area of interest the Conscious Relating and Sexuality field. After participating in numerous ISTA trainings, Quodoushka, Shamanic De-Armoring, Tantra and other training, he became certified as a Cuddle Party Facilitator, as a way to introduce new ways-of-being to the conservative Utah community. As an apprentice to Crystal Dawn Morris, he also teaches workshops on Conscious Relating and Tantra. Rick has unique insight and understanding for people making the transition from ultra-conservative religious culture, having served as a missionary, "High Priest" and leader in his previous religious life. Rick is also a Master Mason (Freemasonry). Owning and running a Record Label for over 30 years, Rick enjoys applying his years of music business experience to organizing ISTA trainings.
ZEGG Forum: Radical Intimacy through Radical Vulnerability in Community This edgy process is an exploration of the power of group synergy. We will be using one of the most potent tribal technologies in the field of personal growth, ZEGG Forum, to bond with each other and reveal whatever needs to be addressed. ZEGG Forum is a compassionate and transformative space for revealing whatever is hidden but influencing the common "field." Forum can bring out issues of sex, power, money, competition, love, or any other aspect of consciousness – individuals' process and	http://www.istasssex.com/home.html Sarah Taub, Ph.D. is a cultural activist whose passion is creating events where people transform. She teaches the skills of peaceful, sustainable community and relationships such as self-awareness, honesty, and clear boundaries, and facilitates group processes of many sorts, including sensuality and intimacy gatherings, consensus decision- making, ZEGG Forum, and conflict resolution sessions. For the past decade, Sarah has been a major organizer of Network for a New Culture's east coast events (www.cfnc.us) aimed at creating a culture based on awareness, compassion, and freedom rather than on fear and judgment. She is also the financial and programs manager for Abrams Creek Center

perspectives come forth and are held in	( <u>www.abramscreekcenter.com</u> ), a New Culture retreat
compassion as part of the shared story of being	center and community in the mountains of West Virginia.
human.	
Our intention is to empower you with a hands-on	
experience of the transparency, vulnerability, and	
intimate potential of ZEGG Forum, so that you	
may see aspects of yourself that have been hidden.	
You'll also learn to hold space for others to see	
their own blind spots, and to build secure	
community bonds that allow individuals to emerge	
and shine.	
One of the gifts of ZEGG Forum is that it allows	
us a space to appreciate every perspective without	
taking it on as "truth." Every voice has its own	
poignancy, its own wisdom, its own truth, that	
does not negate the wisdom and truth of other	
perspectives. Allowing all voices to surface and be	
known can lead to a profound and unexpected	
integration within a community. We tend to think	
that events leading to painful experiences and	
conflicts are bad, because they feel bad in the	
moment. However, when we open ourselves and	
compassionately witness what is happening for	
everyone, these experiences can be gateways to	
greater closeness, understanding, and love. When	
conflict emerges, whether or not we are in a	
formal Forum space, we can choose to listen in	
this way. This deep listening sustains and nurtures	
community life and relationships.	

# **Conscious Touch Lab: An Evening of Erotic Exploration**

We begin with a Connection Ritual, entering into Sacred Space of Honoring ourselves and each other. From there we enter into a free flow of consensual explorations of the 4 quadrants of the Wheel of Consent. Leading with desire and allowing ourselves to savor and luxuriate in the deliciousness of sensation, we play with embodying more consciously and powerfully the roles of giver and receiver. Following the deep currents of our mutual pleasure, we consensually explore the rich terrain of ravishing and surrendering. Elements to tantalize all the senses will be provided.

### Shamanic Breathwork<sup>TM</sup>

Uses breath, sound, movement and music to:

- Deepen your SPIRITUAL CONNECTION
- Awaken your PASSION
- Unleash your LIFE-FORCE ENERGY
- Reclaim your WISDOM
- Clarify your SACRED PURPOSE

This experiential process is guided by the "Inner Shaman." We begin with a brief overview of the Shamanic Breathwork<sup>™</sup> process which occurs in a loving and supportive atmosphere. Participants are invited to sit, stand or lie down and begin circular breathing while listening to powerful music that takes them on a journey through the light-body and into Source Consciousness.



Certified Tantra Educator and Holistic Intimacy Coach. Her mission is to empower individuals to create authentic, loving, pleasurable relationships with themselves and others. Brynn specializes in helping people rewire their nervous systems towards greater connection, liberation & pleasure. She is passionate about guiding couples in enhancing their communication, emotional intimacy and erotic attunement. Discover more atwww.consciousintimacy.com. If you have questions or want to determine whether this is right for you, you may email brynn at consciousintimacy.com or schedule a complimentary phone consult. Facilitated by Crystal Dawn Morris a Tantric Midwife who has mastered the art of "Making love with life." She is passionate about helping people expand their capacity for love, freedom and authenticity. She uses rituals, breathwork, Tantra and humor to help people break-free of their conditioning. Her workshops, retreats and coaching sessions give participants practical tools for transforming consciousness. Crystal worked as Certified Nurse-Midwife for over 20 years. During that time she attended over 2500 births. She witnessed a healthcare system that was not prepared to support people in spiritual crisis. She began studying shamanism. Reiki and alternative healing methods to help her clients. Eventually, she quit her job and moved to Sedona, AZ where she began teaching Tantra. There she met Baba Dez Nichols and began teaching at what became the International School of Temple Arts (ISTA). Crystal is a grandmother of five and

**Brynn Bishop,** Founder of Conscious Intimacy<sup>™</sup> and

Originator of Conscious Touch Lab<sup>TM</sup>, is an Advanced

The purpose of SBW is to recognize the True Self's inherent unity. People commonly report shifts in consciousness; ranging from bliss to inner peace. They may experience physical and emotional and spiritual transformation. New insights and solutions to life challenges are often revealed. After the journey participants have an opportunity share as a group. If time allows a mandala art process may be included to help integrate their experience.	she feels a real urgency to create a world where people thrive. She enjoys leading ISTA Trainings around the world and sees them as a catalyst for manifesting a new reality on Earth. Visit her website at <u>https://www.tantraforawakening.org/</u>
<b>Exploring Surrender</b> Making surrender fun through play in order to break down the barriers to fully embracing true Surrender.	Elizabeth Grygelko Tantric Dakini and Taoist energy consciousness guide. http://www.goddesslisaofboise.com
<b>Moving in Grace: Embodying Our Vitality</b> We will honor our desire to feel connected to ourselves and others in a greater balance beyond our stories of disconnection and fear. We will realign our bodies and minds with the always changing flow of awareness within us as the elements, so we are more able to be present to, accept the reality of, and release the pain caused by oppression inside and outside of us through blissful movement and connection. We will explore how our connection to the Earth and the Infinite through the elements and anatomy can support our intimate and sensual relationship to ourselves, each other and to the beliefs of	<b>Hilary lake</b> Hilary Lake is an expressive arts community minister who spans her ministry across diverse communities by bringing her embodied awareness and expression into relationship with the land and all who she meets. She graduated from Harvard Divinity School with an MDiv in Buddhist Ministry, has always been dancing, singing, playing the violin and studied many forms, from the classical to improvisational throughout her life. She has been trained and certified in Somatic Body, JourneyDance and Infinity Healing Practice. She has spent time in Thailand, India and Nepal studying the Thai Forest Tradition, Tibetan Buddhism and Charya Nritya, a traditional Newar tantric dance form. Her practice of <i>Moving in Grace</i> is a synthesis

separation and difference that we carry and can choose to move beyond. We will bring ourselves present, come into ourselves in meditation, and connect with the elements (Earth, Water, Fire, Air, Ether) in the systems of the body and the systems of the Earth. We will move and sound with ourselves and each other into nourishing, sensual, playful, expansive and celebratory expression to support the experience you are needing to Inbody the Change you are becoming.	of aspects of Tibetan Buddhist philosophy, Thai Forest meditation, shamanic journeying, Authentic Movement, Body Mind Centering and improvisational dance and vocal expression. She offers InBody Spiritual Guidance and Somatic Bodywork sessions as well as gatherings, workshops and retreats in communities nationally and internationally. For more information about Hilary and Moving in Grace: www.movingingrace.com
Relationship design for the Maybe Monogamous - The art of presence - Becoming a safe space - Leading with vulnerability.	<b>Daniel Fox:</b> As a coach, writer and co-founder of Sacred Sexuality Rising, Daniel Fox is a modern advocate for consent, relationship design and social revolution through the pursuit of pleasure for all. Daniel has been sharing and facilitating transformation work for over 12 years and is a mentee of some of the world's most powerful sexual shamans. Having created and held safe space thousands of people via in-person workshops, retreats as well as online, Daniel's direct leadership style guides people toward their own, powerful inner answers. As a coach, Daniel facilitates men's groups which raise the standard for mature masculinity and provide support as men re-program themselves to be all they are intended. He helps singles and couples design their lives and relationship and men awaken to their divine masculine power.

<ul> <li>Mindfulness Movement/ Movement</li> <li>Mandalas— an access to the divine feminine and sacred masculine through movement. Deepen awareness of body and mind connection through guided imagery, play, release. Connect with community, build strength, and learn new techniques.</li> <li>Awaken your body!— using Qi Gong, Yoga, dance, and meditation, follow these simple and accessible movements and practices to bring more life force energy into your everyday.</li> <li>Setting Sacred Space- Learn fundamental practices for creating a safe space to facilitate healing, movement, transformation, educational experiences. Discover the 'why' behind some of the most basic of tools, from inviting guests, to communication leading up to gatherings, to managing emotions, and moving energy.</li> </ul>	Briana Cribeyer Briana is a certified facilitator and coach, specializing in intimacy, healing arts, and transitions. She has spent much of the past decade working in social services as well as non-profits and has been trained in conflict resolution, non- violent communication, and trauma awareness. She holds dear that "everything is an invitation." Always working with the agenda of the participant attending, versus anyone feeling forced or held to a specific outcome. Briana began her study of sexual behavior at the University of New Hampshire with sociologist and psychologist, Dr. Jean Elson. She has studied with somatic psychologist and transformational trainer, Krista Petty Raimer, and is currently apprenticing under Laurie Handlers, of The Butterfly Workshop. She combines her skills of facilitation, love and passion for creating healthy sexual relating, and creates safe spaces for all who attend any of her events. www.brianacribeyer.com www.sacredsexualityrising.com
Sensual Improv: Acting out our Desires, Fears and Boundaries	Stephen Ce

**The Art of Connection; Merging Sex & Spirit** In a world of deep sacred Spiritual teachings our sexuality is often forgotten about and pushed aside.

How do we more deeply embody our sexuality in way that integrates and infuses with our spirituality?

Our lives are often filled with distractions, with chaos, with thousands of ways that pull us away from truly being present and loving with one another. This does not mean always having profound sexual intercourse, but rather let's look at the ways to deeply connect the infinite nature of our spirit, with the grounded nature of our sexuality. We will take a deep dive together in a group, as well as breaking off into pairs, to explore the art of true human connection. Join Aaron in this transformational and experiential workshop playing with these two forms of sacredness in our life. Nudity is optional. Be willing to trust the intuitive strength and knowingness of your soul, as you uncover and discover the parallel universes between your spirit and sex.

#### **Dragon's Heart – Breathwork**

Open and expand your heart with Dragon's Heart breathwork. We will use sound, breath and movement to balance, cleanse and clear our chakra and expand our hearts. This unique breathwork will bring your root energy to your crown while focusing on unconditional transpersonal love to open and expand your heart center.



Aaron Kleinerman is a Transformational Sex & Relationship coach. He assists individuals from experiencing inner and outer chaos to true authentic power. He helps people to step boldly outside of their comfort zone and into their inherent creative and erotic genius. For over a decade now, he has dedicated his time and energy to perpetual self-discovery while coaching humans to awaken and remember their heart's wisdom. Aaron transformed from a licensed navigator of the seas to assisting people to navigate their lives. He is a global citizen who travels, teaches and educates in workshops, private sessions and retreats. In his own journey, he transcended massive inner chaos in his youth, to eventually experience and teach about life from the lens of love and perpetual evolution.

Contact: <u>www.AaronKleinerman.com</u> <u>thesoulnavigator@</u> <u>gmail.com</u>

#### Wrentek MacGowan

Wrentek's focus is the exploration and practice of primal shamanic energies. He utilizes multiple Shamanic traditions, Reiki Master Teacher energies, Ordeal and BDSM in facilitation of Sacred Sexuality Trainings, Sex Magic Workshops, Shamanic Retreats, Runic Initiations, Vision Quests, Ritual and more. Being a 3rd gender shamanic practitioner Wren creates an open & safe



	environment for clients and students regardless of sexual orientation, lifestyle, gender identity, or gender expression. Wren is available to speak or facilitate workshops on any of the above, including gender perspectives. He is the founder of Embracing SIN (Sex-Intimacy-Nature) – A Journey to True Freedom. Wren provides Sexual Shamanic healing sessions by appointment. He is willing to travel
	globally.
The Talk Your Parents Never Gave You	wrentek@yahoo.com Michael Gibson
(Description forthcoming)	(Bio forthcoming)
<b>Touch is Puja- The art of partner Yoga</b> Acro yoga is a combination of lineages: acrobatics, Thai massage, and movement the yoga is the union that combines them all. Working in partnership, we become a reflection to one another, like Prakriti and Purusa. The roles change as we move through space so as the leading. As the practice takes us out of our comfort zone, away from the solid ground, we learn to trust and be trustworthy. Create a conversation through the body, ask for what we need, and reconnect to our bodies. The acro practice itself is a play, fun, silly sometimes but within safe boundaries and constructed form - creating safety and trust. Acro teaches a safe, soft but firm touch we all need. Learning to listen through the hands, feet, listen with our eyes closed with our heart.	Yael BenReuven "Say Yes! Fly high" is a life motto for Yael. When Yael began her Yoga and AcroYoga journeys she had many "reasons" why she couldn't do it. Yoga philosophy however offers us the invitation to explore the game of life. "What's next?" is Siva's question. Yael's teaching style draws from a lineage that includes Anusara and AcroYoga. She loves to weave in Yoga mythology stories, with rapt attention to students' details of alignment, anatomy, and therapeutics, and exploring partner yoga through a dialogue of touch. AcroYoga began for Yael on Mother's Day several years ago, with a dive right into an Elemental Immersion. She realized immediately that softening and staying in communication were among AcroYoga's greatest contributions to her practice, both in her life as a yoga teacher and as a mother.

Trans-feminine Sexuality and Sacred Spot Massage We will be exploring how sensuality and sexuality shifts and changes and develops as one transitions from male to female. There will be discussion on hormones, body types, and Dysphoria. I will also teach and demo how to honor the Transfeminine ISTA Sacred Spot Massage and other Sacred Touch Practices.	Javi Martinez As a Shapeshifter, Trickster and Shaman in the Northern Tradition, Javi has transcended many barriers in her life, with the largest being transition and transformation from a man into a woman. Javi has professional training in clinical psychology and is a Graduate level Licensed Mental health Counselor (LMHC), has completed Spiritual, Shamanic and Tantric internships, and is a student with world leaders in Sacred Sexual Shamanism as a Faculty – Apprentice with the International School of Temple Arts (ISTA). Being a priestess in Service to the Goddess as a Queer/Trans – woman, Javi offers many gifts in many forms to the world: • Energy Healing and Shamanic Counseling • LGBTQI Educator and Trainer • Sex and Sensuality Educator for the Trans-Feminine and their lovers • A bridge that connects and heals all within the spectrum of Gender through understanding and compassion • Founder of Heavy Metal Tantra, a unique blend of Erotic Music Meditation and Shadow Work Jms815@outlook.com
Tantra and BDSM: Integrating Light and Dark Eros In this journey, Laurie Handlers and Om Rupani will create a permission field in which the participants can discover a greater YES for their being, their desires, their Eros. No aspect of our being has been more shunned by society, more relegated to second class status than our Eros— especially the so called darker aspects of our Eros.	Laurie Handlers (with Om Rupani) Laurie Handlers is a film producer, sex educator, author, and intimacy coach. You could call her a Sex and Happiness Coach! If you want to get sexier and happier, call her! She holds a Masters degree in Education and a Bachelor's degree in Psychology and Sociology. Her career includes over thirty years as a corporate change consultant, individual empowerment coach and international seminar leader.

The art of Dominance & Submission / BDSM expertly plays with the darker side of our Eros. In this journey we will take the participants through solo practices of release and self-acceptance, as well as partnered exercise and SCENES in which they may give themselves permission for their desires around POWER, DOMINANCE & SUBMISSION, the giving and receiving of CONTROL and the deeper experience of SURRENDER. We invite you to come explore and deepen your Spiritual and Erotic journey. Integrate the various aspects of your psyche, discover new levels of turn-on in your relating and sexing. Say YES to life, to your desires, and to your BEING.	She is a dynamic speaker, facilitator and has taught transformational workshops for women, men, couples, singles, parents and teens since 1978 on techniques and secrets that are the basis of healing the body, releasing past emotional trauma, stopping the aging process, and reducing stress. Pod casts from her former internet radio show Tantra Café can be accessed <u>here</u> . Podcasts from her new show Sex and Happiness can be accessed at <u>http://webtalkradio.net/shows/sex-and-happiness</u> . Laurie stars in a hilarious indie documentary Tantric Tourists <u>http://tantrictourists.com/</u> . To set up a private appointment, call 623-237-9619. <u>https://butterflyworkshops.com/</u>
Temple of EROS Frank, will lead a co-created Sacred Space where participants will be able to explore and experience the depths of the Temple Arts. Within our Temple, we will flow within the divine spectrums of Light and Dark Eros as well as Masculine and Feminine aspects; channeling, embodying and surrendering to these powerful archetypes in Love, Mystery and EROS.	Frank Mondeose A contemporary voice on Love, Eros & Relating, Frank Mondeose also known as the "Spiritual Playboy", splits his energy between the realms of Sacred Sex education and sensual entertainment. Faculty with ISTA, The International Schools of Temple Arts, and creator of the lifestyle brand Monde Osé, Frank has touched the hearts and minds of many through tantalizing their imaginations at his multi-sensorial events, to inspirational interactions that navigate people to access their personal power. Frank is currently teaching Sacred Sexuality in over 10 countries including Canada, United States, Mexico, Costa Rica, England, Iceland, Italy, Czech Republic, Croatia, Israel, Russia and Turkey.

	Learn more about his projects here: http://frankmondeose.com/
https://neistatrainings.com/tribal-gathering	