



## 2025 SCOTTISH NATIONAL DANCE PREMIERSHIP STEPS

(RSOBHD “Scottish National Dances for RSOBHD Competitions and Scottish National Dance Premierhips” book published November 2020)

**Note 1.** Unless stipulated, any introduction may be danced. Male dancers must dance male introductions.

**Note 2.** Unless stipulated, any breaks may be danced in the Irish Jig.

**Note 3.** Where applicable Male Dancers must dance male methods and use stipulated arms for males.

**Note 4.** The order of the steps **MUST** be followed as listed below, however, dances may be danced in any order.

	<b>7 &amp; under 12 years</b>	<b>12 &amp; under 16 years</b>	<b>16 years &amp; over</b>
<b>IRISH JIG</b>	Intro: 2 <sup>nd</sup> Method 1 <sup>st</sup> Step: Circle 6 <sup>th</sup> Step: Diagonal Travel 8 <sup>th</sup> Step: Cross and Clip-Heels (Any Break) 1 <sup>st</sup> Finishing Step: Toe Tap	Intro: 2 <sup>nd</sup> Method 1 <sup>st</sup> Step: Circle 3 <sup>rd</sup> Step: Break Step 8 <sup>th</sup> Step: Cross and Clip-Heels (Break C) 11 <sup>th</sup> Step: Second Diagonal Travel 1 <sup>st</sup> Finishing Step: Toe Tap	Intro: 3 <sup>rd</sup> Method 1 <sup>st</sup> Step: Circle 3 <sup>rd</sup> Step: Break Step 8 <sup>th</sup> Step: Cross and Clip-Heels (Break C) 9 <sup>th</sup> Step: Diagonal Roll 1 <sup>st</sup> Finishing Step: Toe Tap
<b>FLORA MACDONALD'S FANCY</b>	Introduction: Basic 1 <sup>st</sup> Step: Hop-Brush-Beat-Beat 2 <sup>nd</sup> Step Alternative: Syncopated Hop 5 <sup>th</sup> Step: Pas de Basque 6 <sup>th</sup> Step: Second Syncopated Hop	Introduction: Basic 1 <sup>st</sup> Step: Hop-Brush-Beat-Beat 2 <sup>nd</sup> Step Alternative: Syncopated Hop 4 <sup>th</sup> Step: Backstep and Travel 6 <sup>th</sup> Step: Second Syncopated Hop	Introduction: Basic 1 <sup>st</sup> Step: Hop-Brush-Beat-Beat 2 <sup>nd</sup> Step Alternative: Syncopated Hop 4 <sup>th</sup> Step: Backstep and Travel 6 <sup>th</sup> Step: Second Syncopated Hop
<b>SCOTCH MEASURE</b>	Introduction: Basic 1 <sup>st</sup> Step: Hop and Travel 2 <sup>nd</sup> Step: Brush Assemble/Disassemble 5 <sup>th</sup> Step: Pas de Basque Derrière 6 <sup>th</sup> Step: Second Hop and Travel (All)	Introduction: Basic 1 <sup>st</sup> Step: Hop and Travel 2 <sup>nd</sup> Step: Brush Assemble/Disassemble 4 <sup>th</sup> Step: Skip Change of Step 6 <sup>th</sup> Step: Second Hop and Travel ( <b>Female</b> ) 6 <sup>th</sup> Step 1 <sup>st</sup> Alternative: Second Hop and Travel ( <b>Male</b> )	Introduction: Basic 1 <sup>st</sup> Step: Hop and Travel 2 <sup>nd</sup> Step: Brush Assemble/Disassemble 4 <sup>th</sup> Step: Skip Change of Step 6 <sup>th</sup> Step: Second Hop and Travel ( <b>Female</b> ) 6 <sup>th</sup> Step 2 <sup>nd</sup> Alternative: Second Hop and Travel ( <b>Male</b> )
<b>WILT THOU GO TO THE BARRACKS JOHNNIE?</b>	1 <sup>st</sup> Step: Balance and Travel 2 <sup>nd</sup> Step: Pas de Basque 4 <sup>th</sup> Step: Assemble and Change 8 <sup>th</sup> Step: Turning	1 <sup>st</sup> Step: Balance and Travel 3 <sup>rd</sup> Step: Pointing and Backstep 4 <sup>th</sup> Step: Assemble and Change 8 <sup>th</sup> Step: Turning	1 <sup>st</sup> Step: Balance and Travel 3 <sup>rd</sup> Step: Pointing and Backstep 5 <sup>th</sup> Step: Diagonal Extension 8 <sup>th</sup> Step: Turning

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