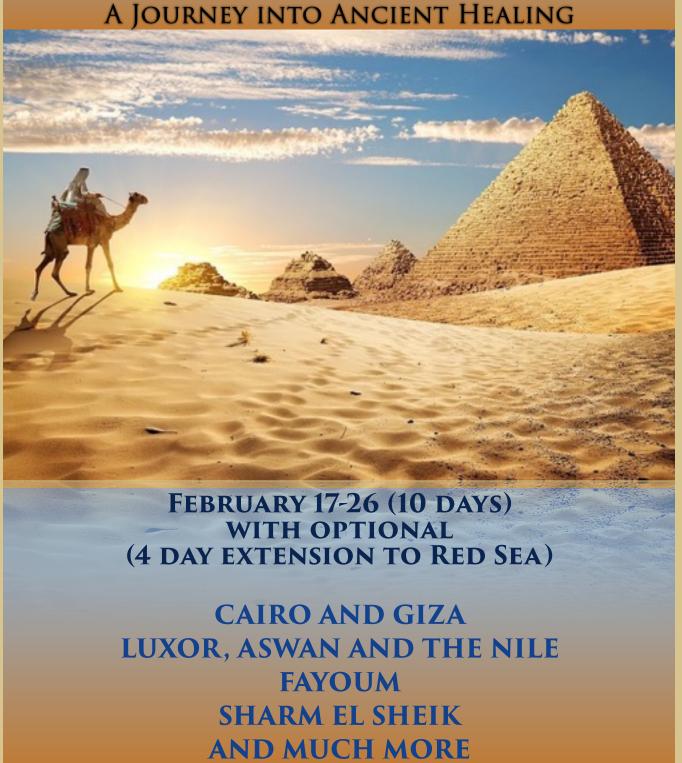
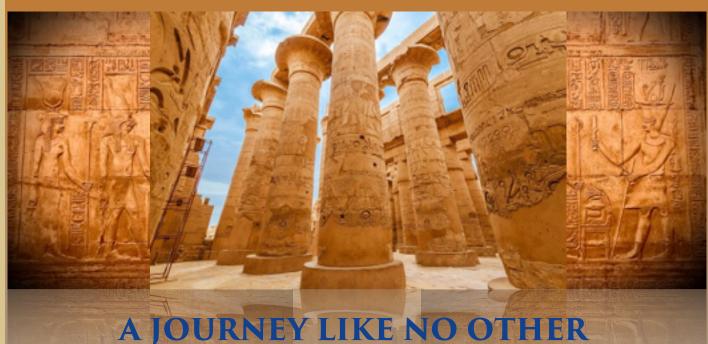


HOSTED BY GOLDEN HILL RETREAT
A JOURNEY INTO ANCIENT HEALING







A JOURNEY LIKE NO OTHER SEE THE WONDERS OF THE WORLD

Take this magical 10 day journey into the ancient lands of Egypt in search for spiritual truth and healing. Dive into the deepest Egyptian mysteries and awaken your soul. Travel to spiritual sights of Egypt where you will learn how this ancient civilization was actually very advanced in their knowledge in the art of healing. We will first travel to Cairo and visit the Great Pyramid where our group will experience a private meditation in the King's Chamber activating the remembrance within all of us of why we are here on this earth at this time. We will also see the Sagguara and Step Pyramid which is even older than the Great Pyramid. Next we will fly to Luxor and travel to the Temple of Dandara and Temple of Hathor where hieroglyphics will further reveal secret healing rituals such as the use of sacred oils. We will visit Karnak Temple known amongst meditators as the solar plexus chakra and is the largest temple complex in the world. The next leg of our trip will be a 5 day cruise on a riverboat down the famous Nile where we will make several stops along the way to see The Temple of Horus and Komombo Temple before we end in the beautiful city of Aswan. In Aswan we will visit the Temple of Isis on Philae Island where you will feel the heart energy from the Goddess herself. In the evening you will be taken to a Nubian village and be immersed in this culture known for their domed buildings, colorful artisan creations, and amazing cuisine. You will then be flown back to Cairo where you will tour the Egyptian Museum, have time shopping in the famous Khan El Khalili Market, and enjoy a Sufi show where you can marvel at whirling dervish dancers. The last destination on the main tour is the lakeside town of Fayoum a desert Oasis where you will unwind in the lush green landscaping overlooking Qarun lake. In the nearby village of Tunis there will be ample opportunity to shop in the numerous pottery shops and even take a cooking class where you will learn all about different Egyptian cuisine. You will end the main trip by being driven back to Cairo to embark home. If you plan to do the extension, you will then be flown to Sharm el SHEIK a resort city on the Red Sea. It will be a nice way to end the trip by relaxing on the beach with options for snorkeling, scuba diving, boat riding, parasailing, or an excursion to Mount Sinai, the sacred mountain where Moses received the Ten Commandments. The trip will end by flying back to Cairo to for your flight home.

> \$3400 double occupancy (+\$1200 single occupancy) \$800 4 day extension FOR MORE INFO: info@goldenhillretreat.com