## Bio

Tammy Spear, 1962, born in Jonesboro, Tennessee, US, is based in Summerfield, NC. She is best known for her abstract paintings using acrylic, watercolor and mixed media. Her technique incorporates vibrant colors, music, dance, emotions and interactions between humans in daily life, politics, and world events, as well as observed interactions in nature. This results in multi-colored compositions with elements that come together into complex pieces, many with adversarial elements. Her art collectors extend from the US and Canada to India and Fiji. She has exhibited at the 311 Gallery in Raleigh, NC, the Clarion Hotel in PA, and the Webster Art Gallery in Missouri. She has also participated in the Hirsch Wellness Center Art Auction. There is a much anticipated upcoming exhibit at the Galeria Azur in New York City. Art publications include The Art World Post, Carolina Muse, and Gallerium Art Abstraction-2024, Forms, Lines, Colors.

Constant motion and the impact it has on our surroundings is a recurring theme in Tammy's work. She believes the continuous motion of nature, people and their actions, all have consequences on their surroundings. A bird building its nest, the argument between best friends, countries' negative and positive life-altering/life-ending actions and inactions are all included. Even while still, she feels this inactivity is a form of activity. Passive avoidance and stillness impacts the environment and others through inaction, by questioning others and their interpersonal relationships, as well as having geopolitical ramifications. It is through the movement in her art that Tammy wants to express how all of us have an impact on our surroundings, no matter how large or small. Through these interactions, we can make positive changes in our society and the world in which we live.

In conclusion, Tammy is a colorful, experienced, well-loved artist whose vibrant paintings make one think about clashing colors and emotions. On a deeper level, they make one cognizant of potential changes in our interactions that can be life altering.