## **ARTIST STATEMENT**

## **Tammy Spear**

Being a resident of North Carolina since age 11, art has always been a part of my life. Life was great for me until lupus came knocking on my door. During the years I was unable to work, I again turned to painting. Freedom from conformity and full expression through art has been an opposite and very fulfilling change in my career.

Movement, change and interaction form my colorful abstract mixed media paintings. There is no stagnation, no rest. Continuous motion and action/reaction is dominant in my artwork which reflects the world we live in. Whether observed moments of kindness or the complex interactions of bluebirds in my simple backyard, it all has an impact upon something or someone.

My art is deliberate, drawing out and drawing in a multitude of feelings that come from the rich colors of nature and its honest beauty, as well as the realities of our society. I want everyone to see these interactions, however subtle or intrusive they may be, no matter who the viewer is or what walk of life they come from. We all impact others and the world around us, for good or for bad. My art makes the viewer cognizant of these impacts. Through this knowledge, deliberate acts of positivity and kindness can lead to positive change.