

EYEBROW PIGMENTATION

Pre- procedure Advice

Make sure that you and your skin are in your best health prior to treatment as this will show in your results. **Check your brow area** for on the morning of treatment to make sure its free of spots and skin issues. Eye infection and skin inflammation in that area will stop treatment on that day. **I will not work on sunburnt skin.**

- Do not drink caffeine or alcohol at least 48 hours prior to the procedure.
- Do not take any blood thinners such as Ibuprofen, Aspirin, Niacin, Vitamin E, B6, Omega 3, Gingko Biloba or evening Primrose at least 1 week before your procedure. Of course, if this is medically necessary, seek advice from your doctor.
- Pay attention to your menstrual cycle, as you shouldn't book a treatment during that time, as it can increase your pain sensitivity.
- Avoid waxing, tanning or tinting the eyebrow area at least 3 days before your appointment.
- Avoid any anti-aging treatments, such as microdermabrasion, chemical peels, lasers or facials at least 2 weeks before your appointment.
- Do not opt for any facial injections at least 1 month prior to your procedure.



Important – Aftercare Advice

TREATED AREA WILL BE VERY MUCH DARKER within the next 3 days your procedure and will then lightly scab over then flake away. Swelling may appear in the next 24 hours but will be minimal. The area will feel sore to touch so please do not touch it other than to follow aftercare instructions.

It will take 24 hours for the area to create a protective barrier; your final colour result will take up to 28 days. Wait at least a full 3 weeks until you pass judgement as your skin and shape will be going through several stages as they heal.

After your treatment, clients must follow this advice.

- **Don't wear makeup for at least a week.** This is because the pigments are still settling into the punctures in your skin caused by the treatment. Ensure no creams, soap, make-up or cleansers touch the area for 7 days.
- Keep your hair away from your brow line.
- Avoid alcohol and aspirin/ibuprofen and any vitamins that may thin your blood for 24 hours.
- Do not immerse brow area in water for 14 days. No hot steamy showers. When showering, make sure to avoid face area. Do not let brows get moist. Apply cream before showering and after if needed.
- Avoid saunas, swimming, and excessive sweating until the area is completely healed and you have a follow-up appointment. (sweat will prevent pigment from healing into the skin)
- When cleaning your face, make sure to avoid brows.
- Brow area will feel slightly itchy as it heals and will start to lightly scab over.
Do not peel, itch or pick at the scabs as this can affect the outcome and pigmentation.
- No face scrubs or chemical peels at least 2 weeks after.

- **Keep out of the sun** until fully healed. The area will be very sensitive and will burn easily. This may lead to infection. When healed use sunblock to prolong the pigment retention.

Aftercare Routine

Day One - Within 2 hours after the procedure, clean brows using a q-tip and lightly moisten with green soap solution supplied in kit. Gently wipe away the old healing balm and any lymphatic liquid (clear yellowish liquid) that may have built up. Lightly pat dry with tissue and using a new qtip, re-apply healing balm to the brows. Repeat every 4 hours and before bed that night.

Day Two - Five. Make sure to apply a light layer of healing balm 2- 3 times a day to brows for at least 5-7 days. Do not over apply healing balm. Keep the skin flexible but not coated. Apply before and after showering to protect from the water and steam.

OILY SKIN - Day One - The same as above in regard to the cleaning of lymphatic fluid. Day Two - Five - Allow the brows to dry heal for 2 days, then apply a small amount of aftercare with a cotton bud once a day and when needed for up to 3 days. If your skin is oily in the T-zone we recommend that aftercare should be applied very sparingly.

Healing Advice

Please feel free to send me a picture of your brows if you are at all concerned.

I am always here to help. Message/Whatapp/email etc.

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Day 1 - Your brows are fresh. They may look a bit warm in colour and dark, but we need them to look that way, so that when healed they look right.

Remember they will fade by up to 40% and they do also shrink slightly.

Day 2-5 - They will very dark and your family may be concerned about what you have done!

Day 4-6 - They may scab. They may itch as they heal. **DO NOT TOUCH, PICK, RUB OR SCRATCH!!!** Apply the cream to help soothe the urge but apply it sparingly.

Day 5-7 They will flake, the scabs will drop off and you will wonder where your pigment has gone. Its normal for you to think that it has disappeared, but it will return as it heals.

Day 7-24 The colour has returned, and the shape looks great. You might have lost a bit here and there or want them darker and that is why you need a top up. Top up, should you want it, must take place **after 6 weeks**. At that point, your skin has healed, and I can see the true colour. I do not top up prior to that time as it may cause scarring. Your skin is always my priority.

Please keep in touch.

Kate xx