

Lash Enhancement & Liner

Pre- procedure Advice

Do not dye or perm your eyelashes for 7 days prior to your procedure. **No lash extensions allowed.**

Do not drink (coffee or alcohol) the night before the treatment, your pain threshold will be lower. This is also true during your period so avoid if possible.

Do not wear contact lenses during the procedure and for the next 36 hours so bring glasses if needed.

Wash your hair that morning – because you can't get your healing tattoo wet

Don't wear makeup to your appointment especially mascara. Make sure eyes are clean!!

Take a paracetamol prior to coming if you are concerned about pain. Relax! It's not actually as scary as you might think. Most customers are surprised how little discomfort there is.

Bring sunglasses to wear home as your eyes may be sensitive to light after the treatment



Important Aftercare Advice

After the treatment, the eye area may be swollen. It will look like you have been crying, so I would advise bringing sunglasses for the journey home. Your eyes may be light sensitive, but your vision should be fine so driving home is safe.

The liner may look uneven after the treatment and this is due to swelling. We cannot make adjustments at this point as when the swelling reduces it will change the shape again. Adjustments can and will be made at top up. Top up can only happen after the 6-week point when the skin is healed fully.

After your procedure, clients MUST follow these instructions:

- **Do not wear makeup in the area for at least 8 – 10 days.** This is because the pigments are still settling into the shallow incisions in your skin. No mascara, liner nor eye shadow.
- Do not allow your liner to dry out. Apply the A&D cream with a clean cotton bud several times a day and when you feel you need it. Do not pick or rub area.
- **Do not immerse area in water for 14 days.** When showering, make sure to avoid face area. No steamy showers for 3 – 5 days. When cleaning or washing face, make sure to avoid eye area. Do not use creams with AHA or any exfoliants. (continued over.....)

No gym for 1 week. Avoid saunas, swimming, and excessive sweating until the area is completely healed and you have a follow-up appointment. Keep out of the sun as this will cause fading. Apply factor 40 SPF when outdoors to help maintain colour.

Avoid alcohol and aspirin/ibuprofen and any vitamins that may thin your blood for 24 hours. You may take paracetamol or antihistamine if needed.

No eyelash extensions (wait 4 weeks after top up treatment to have them done). If you are using eyelash serum, stop use a few days before appointment. No contact lenses during first 10 days of treatment.

Healing Advice

Please feel free to send me a picture of your eyes if you are at all concerned.

I am always here to help. Message/Whatsapp/email etc

07539 553385, dermadesign@outlook.com

Day 1 Eyes will look swollen and perhaps a bit red. The swelling will go down during the day as will reduce when you are up right.

Day 2-3 Eyes will be less swollen. They may feel a little sore and tight.

Day 3-5 The top layer of skin will begin to flake off in little stitch looking lines, although some people won't notice the exfoliation. DO NOT PICK as you will remove the colour and it will heal with gaps. Apply A & D cream several times a day.

Day 7-9 The flaking should be complete, and you are able to put your face back in the shower. After one week, it might seem that there is absolutely no pigment left. This is normal during the healing stage. The colour needs to stabilise in the skin and it usually comes back within 2 weeks.

Day 14 The colour has returned, and the shape looks great. You have lost a bit here and there or maybe want the line longer or thicker and that is why you need a top up.

Top up, should you want it, must take place **after 6 weeks**. At that point, your skin has healed, and I can see the true colour. I do not top up prior to that time as it may cause scarring and discomfort. Your skin is always my priority.

We are all unique, we all feel pain differently and we all heal differently, so this is just a guide. Please follow your aftercare for the best results. The better your skin, the better your results.

Please keep in touch.

Kate x