



Have you dreamed of fuller lips? Don't fancy filler yet? Have your lips lost their fullness and colour?

Lip blush is the latest in semi permanent lip treatments. Using a tattoo machine, soft pixelated colour is added to the lip area to enhance and restore natural colour. This is done within a soft outline which defines your shape. Asymmetry can be balanced and lip tone

brightened.

Advantages

Brighter natural lip colour

Even lip contour

Can be natural or make up effect.

Asymmetry correction

Last for 2 – 3 years depending on skin type and lifestyle. Smudge free and waterproof

Lots of colours to choose from

I use Permablend Lip colours as they offer lots of choice. Colours can be mixed together to get your perfect shade. Being an artist myself, finding the right colour and mixing colour is something which comes naturally.

This is a multi-treatment procedure and top up may be required to get the level of colour intensity desired. The colour can be layered and built up gradually or left natural and subtle. A follow up appointment will be booked for 6 weeks after treatment.

You are not suitable for this treatment if :-

You have active cold sores (wait 1 week) or irritation to the lip area.

You are taking any blood thinning medication or currently having chemotherapy.

Under 18 years of age

Pregnant or breast feeding

You have a holiday booked within 2 week's time or have recently had lip fillers

Pre procedure advice

You will need to have a patch test at least 48hours prior to treatment

If you are considering having lip fillers, its best if you have them after lip procedure has healed so at least 4- 6 weeks after top up. If you have existing lip fillers you must wait at least 5 weeks before lip tattoo treatment. The longer the better is preferred.

It is not recommended to get any PMU treatment done just before or during menstruation. You are more likely to be sensitive to the process and feel pain.

No coffee or alcohol the night before and morning of treatment.

Please scrub your lips before the appointment and moisturise well leading up to the appointment. Lips must not be dry or flaking. The better the lip condition, the better the results.

****INFORMATION FOR COLD SORE SUFFERS (HERPES VIRUS)****

If you have had a previous cold sore, then you will need to prepare for the treatment beforehand. If possible, I would recommend getting a tablet of Acyclovir from your doctor as the stimulation of the tattoo machine can often wake the dormant virus if it is present in your body

Acyclovir, is an antiviral drug. It slows the growth and spread of the cold sore virus in the body. It will not cure the virus, but it can lessen the symptoms of the infection.

If you are unable to obtain the above antiviral, then you can purchase over the counter Zovirax and bring it with you to the appointment. We will apply it straight after treatment and then you must repeat at home until healed. It is also sensible to apply the cream leading up to the treatment to give extra protection,

Apply the cream liberally to completely cover the whole of the lips five times a day at 4-hour intervals should you have a cold sore and until cleared.

Please note that the cold sore virus can lie dormant in the body so you may not know you have it.

Important Aftercare Advice

After your procedure, clients MUST follow these instructions:

- **Do not wear makeup in the area for at least a week.** This is because the pigments are still settling into the shallow incisions in your skin.
- After the procedure, your lips may appear swollen for a few hours. This usually settles within 30mins - 24 hours. Do not allow your lips to dry out. Apply the A&D cream several times a day.

Avoid wine, curry and spicy food during the healing stage. Any food which may stain. Avoid acidic food while the tattoo is still fresh as this may cause discomfort. If you can, drink through a straw to avoid contamination of the area.

- **Do not immerse area in water for 14 days.** Try not to lick your lips excessively. When showering, make sure to avoid face area. When cleaning or washing face, make sure to avoid lip area. Do not use creams with AHA or any exfoliants.
- Avoid saunas, swimming, and excessive sweating until the area is completely healed and you have a follow-up appointment. Keep out of the sun as this will cause fading. Apply factor 40 SPF when outdoors to help maintain colour.
- Avoid alcohol and aspirin/ibuprofen and any vitamins that may thin your blood for 24 hours. You may take paracetamol or antihistamine if needed.
- The area will feel slightly itchy as it heals and will start to lightly flake over. Try not to touch nor rub your lips. **Do not peel or pick at the flakes as this will affect the outcome and pigmentation.** Allow the flakes to fall off naturally. Only when all flakes have fallen off and area is healed may you then apply make-up.

Healing Advice

Please feel free to send me a picture of your lips if you are at all concerned.

I am always here to help. Message/Whatapp/email etc

07539 553385, dermadesign@outlook.com

Day 1 - Lips will look swollen. The swelling will go down, usually 30mins to a few hours.

Day 2-4 - Light scabs may form or they might just flake. They may feel a little dry and sore. The colour is brighter and you should expect it to fade in the next few days.

Day 3-5 - The scabs start to come off or flake. The flaking usually disappears in one day.

DO NOT PICK OR PULL. Apply A & D cream several times a day.

Day 6- 8 - After one week, it might seem that there is absolutely no pigment left. This is normal during the healing stage. The colour needs to stabilise in the skin and it usually comes back during the third or fourth week.

Day 21 - 42 - The colour has returned, and the shape looks great. You have lost a bit here and there or want them brighter and that is why you may need a top up.

Top up, should you want it, must take place **after 6 weeks**. At that point, your skin has healed, and I can see the true colour. I do not top up prior to that time as it may cause scarring. Your skin is always my priority.

We are all unique, we all feel pain differently and we all heal differently, so this is just a guide. Please follow your aftercare for the best results. The better your skin, the better your results.

Please keep in touch.

Kate x