

# WEDNESDAY MORNING SENIORS – 2026

	Name	Phone Number
	Pete Foster	315-250-5907
1	Barb Butler	315-854-0118
	Louie LaRose	315-603-2902
2	Dave Carbino	315-250-2944
	Steve Crump	315-514-5226
3	Hal Hoye	315-296-8186
	Mike Gollinger	315-769-9126
4	Roger Gollinger	315-842-9377
	Mike Hewlett	315-842-0549
5	John Bero	315-957-9338
	Steve LaValley	315-250-1260
6	Gary Montroy	315-229-2986
	Gary Paller	315-250-0676
7	Ron Gladding	315-384-4313
	Don Duncan	315-705-1051
8	John Daley	416-988-6499
	Rod Douglas	315-842-2910
9	Ron Hurlbut	315-769-5586
	Mike Foster	315-261-0933
10	Dawn Foster	315-296-2781
	Steve Michaud	315-250-8015
11	Lois Michaud	315-769-8256
	Mike Coursey	912-293-2622
12	Stan Hewlett	315-244-2091
	Joe Chontosh	315-769-8235
13	Craig Garrow	518-651-112
	Don Lawrence	315-643-0518
14	Arley Lawrence	
	Bob Dixon	315-764-9150
15	John LaShomb	315-842-5689

	Craig Gonyea	315-586-3783
16	Bruce Gonyea	315-567-0370
	Larry Fountain	315-250-5212
17	Steve Granger	315-250-2922
	Denny Burnham	315-389-4771
18	Al McGrath	
	Gary Thompson	315-842-7193
19	Bill Stacer	
	Jim Annis	315-842-1964
20	Greg Graves	
	Jerry Shaw	315-250-7711
21	Gene Ackerman	315-769-7646
	<b>NELSON WHITE</b>	<b>315-322-8021</b>
22	<b>JEFF BASSETT</b>	<b>315-250-4262</b>

SUB LIST

- 1) Chissy Paller 315-769-0844
- 2) Dick Ward 315-250-6372
- 3) VIRBIL PAGE 315-600-7079