HINHANNERS

www.thecigaradventure.com

CUBA February 22-26 & February 26-March 2, 2025



THANK YOU!

Dear Participant,

Thank you for joining the Cigar Adventure for the trip of a lifetime! We are excited to be leading you in this unforgettable journey to learn the cigar industry and culture of Cuba. This manual will contain much of what you need to prepare for the trip. Feel free to contact us if you have any additional questions. The best way to reach TCA is by phone. You can reach Shawn Doss anytime at 256.620.1788. You can also drop us an e-mail at mycigaradventure@gmail.com.

LET THE ADVENTURE BEGIN!!!

Sincerely, The Cigar Adventure Team

TABLE OF CONTENTS

- 3 :: About the Cuba Cigar Adventure
- 4 :: Obtaining a Passport and Visa
- 5 :: Packing Tips
- 6 :: Medical/Liability Release Form
- 7 :: Flight Itinerary
- 8 :: Lodging
- 9 :: Tentative Schedule
- 11 :: Frequently Asked Questions
- 13 :: Staying Healthy Tips
- 14 :: Easy Spanish Phrases

ABOUT

Cohiba, Montecristo, Upmann, Romeo Y Julieta, and Partagas are just a few cigar brands that are synonymous with Cuba. Cuban cigars have been celebrated by Cubans and coveted by outsiders for centuries, beginning with the Spanish sailors who arrived with Christopher Columbus in 1492. In recent decades, American travelers have risked fines and imprisonment to smuggle them into the U.S.

But why? What makes Cuban cigars so special?

Even for the uneducated cigar smoker, Cuban cigars are known as the upper echelon of style and class. They have a distinct taste and feel and are considered by some as containing the world's best tobacco. Cuba's land is possibly the ideal place to grow the most tempting cigar tobacco in the world. Though other countries are making very similar cigars, Cuba's mystique still has a strong hold over cigar aficionados worldwide.



@

The Cigar Adventure - 411 19th Street West - Jasper, AL 35501



www.thecigaradventure.com



mycigaradventure@gmail.com



www.facebook.com/thecigaradventure

www.instagram.com/thecigaradventure

Cuba Cigar Adventure

Feb. 22-26 & Feb. 26-Mar 2, 2025 Cost: \$1,695 per person Includes: roundtrip airfare from Birmingham, lodging, tours, in-country transportation, and most meals. Non-Refundable Deposit at Sign Up: \$500 Balance of \$1,195 is due January 1

PASSPORT / VISA INFO

In order to join one of our international adventures, participants must obtain a passport, Additionally, Cuba will require a visa to enter. Visas will be purchased at the airport the day we leave for around \$100. For the latest information on obtaining a passport, please visit **www.travel.state.gov**. This will give you the official government information and should always be used as the most up to date information.

HOW DO I OBTAIN MY PASSPORT?

Step #1:	Call the Post Office and set up a time for Passport Application Appointment			
Step #2:	Print off a passport application from <u>www.travel.state.gov</u> or get from your Post Office			
Step #3:	Fill Out the Passport Application			
Step #4:	1: Take Passport Photos			
	-You will need 2photos for your passport			
	-Passport Photos can be taken at local pharmacies (CVS, Walgreens, etc.) or at some professional studios.			
Step #5:	Obtain Birth Certificate			
Step #6:	Bring (1) completed application, (2) two photos, (3) birth certificate, (4) Drivers Licence or other valid photo ID, and (5) checkbook or cash to Post Office.			

Please remember that most passport applications take four to six weeks to process. You should begin applying for a passport immediately after you have decided to join an international trip. In some cases, expedited service may be required. Please see specific trip information for passport deadlines.

HOW DO I OBTAIN MY VISA?

A Visa is required for traveling to Cuba. This Visa will be purchased at the airport (your expense) prior to boarding the plane. The cost is around \$100. The Cigar Adventure Staff will be available to help you with obtaining Visas and checking in if you need assistance.

WHAT ELSE SHOULD I KNOW ABOUT PASSPORTS?

For travel to most countries, your passport must be valid for up to six months after the date of your return. Please check your current passport to make sure your expiration date is at least six months past your return date of the trip. If it is not, you will need to renew your passport before traveling on an international trip.

When you receive your passport, you should immediately sign the inside (in designated spot) and make at least one copy. Store the actual passport in a secure spot in your home, and keep one copy of the passport in a separate spot for important paperwork. This way if something does happen to your passport, you have a copy ready. If your team leader requires, be ready to turn in a copy of your passport to him/her.

PACKING TIPS

International travel can be a stressful experience - new culture, new language, new climate, etc. We want to help ease some of your concerns. It's recommended that you pack for your Cigar Adventure just like you would pack for any other trip/vacation. There are no special things you need to pack. But there are some little tips that will make the process a little easier. Check out these tips below.

PASSPORT

Your passport is the most important item you will pack for international travel. It's important that you carry it with you at all times. You may want to consider specialized wallets/passport holders that will help you keep it safe and secure throughout your trip. You will also want to make color copies of your passport just in case it gets lost/misplaced on your trip. Make two copies of your passport. Put COPY #1 in your carry-on bag that you will have in your possession. Give COPY #2 to a family/friend that will staying home in the states. This ensures that you at least have a copy in case your passport is misplaced.

PACKING: Carry-On

- Passport and Color Copy
- All prescription medications (must be in original container)
- Pack toothbrush, deoderant, contact/glasses and change of clothes in carry-on
- Snacks for travel
- Small bottle hand sanitizer (must be 3 oz or less and in quart size ziplock bag)
- Pack money in more than one location
- · Headphones (flights typically will have movies)

PACKING: Checked Baggage

- All participants will be allowed one checked piece of luggage. However, luggage fees may apply. You will be responsible for any luggage fees.

- There is a 50 lb weight limit. If your bag is over 50 lbs, you will personally pay for the charges.
- Make sure all scissors/tweezers/razors etc are packed in checked baggage.
- Any liquids over 3 oz must be packed in your checked bag (sunscreen, bug spray, shampoo, etc). It is always a good idea to pack liquids in large ziplock bags in case they spill during travel.

- Make sure each of your bags are marked with your personal contact information in case they are lost. You may want to consider putting a copy of your flight itinerary or passport in your checked bag to make it easier to return in case it is lost.



ACKNOWLEDGMENT, ASSUMPTION, & RELEASE

Please read the following agreement and waiver carefully. It includes releases of liability and waiver of legal rights, and deprives you of the ability to sue certain parties. By signing, you acknowledge that you have both read and understood all text presented to you as part of the registration process.

I, the undersigned, wish to participate in a short-term leisure trip in **CUBA** conducted under the auspices of The Cigar Adventure (Hope Missions, Inc.). By signing this form, I acknowledge (1) that travel to and in **CUBA** involves hazards not customarily encountered when traveling in America. (2) Medical facilities in **CUBA** are substandard and that should a medical emergency develop during my trip, it is unlikely that I will receive medical care in **CUBA** equivalent to that available in America. (3) Working conditions in **CUBA** are often inferior to conditions in America. (4) Hope Missions, Inc. does not carry insurance to insure against any of the risks I may encounter in **CUBA**.

Despite the foregoing, it is my desire to participate in the trip to **CUBA**, and I knowingly assume the risks that are involved and release Hope Missions, Inc., its employees and agents, from any liability for injury, damage, or harm which may occur to my person or property while traveling in connection with this trip or otherwise participating in this trip.

I affirm that I am eighteen (18) years of age or older and that this Acknowledgment, Assumption, and Release is binding on me and my executor, administrators, and heirs. I give Hope Missions, Inc. and it's representative(s) with me on any such trip authority to request and authorize medical and/or hospital treatment for my benefit in the event of any injury or sickness sustained by me while on such ministry activity, including, without limitation, while traveling to and from any foreign country. I agree to pay for all such treatment and to reimburse Hope Missions, Inc. for all costs and expenses incurred by it with respect to such treatment.

By entering my name below, I assert that I have reviewed and agree to all of the waivers and agreements above.

Signature	
Print Name	Date
Sworn to and subscribed before me	
thisday of	, 20
Notary Public signature	
My commission expires:	
* Bring form with you to submit to Team Le	ader at the airport on the trip.

FLIGHT ITINERARY

We will be using American Airlines to travel to Havana in February. Below is our flight itinerary. If the itinerary changes, you will be e-mailed the most updated itinerary. You need to arrive at the Birmingham Airport no later than **2 HOURS BEFORE DEPARTURE (4AM PREFERRED)**. You are responsible for getting to the Birmingham airport. We will check in before going through Security and on to the Gate. We will get Visas at the terminal in Miami. Go to www.aa.com for latest information on baggage fees. The Cigar Adventure in-country staff will pick up/drop off at the airport in Havana.

TRIP #1 - FEBRUARY 22-26

22 FEB 25 - SATURDAY				
AIR AMERICAN AIRLINES				
LV BIRMINGHAM AL	625A	EQP: E75	01HR 55MIN	
AR MIAMI INTERNTNL	920A	NON-STOP		
AIR AMERICAN AIRLINES	FLT:837 ECC			
LV MIAMI INTERNTNL	1210P	EQP: AIRBUS A319	01HR 30MIN	
AR HAVANA	140P	NON-STOP		
26 FEB 25 - WEDNESDAY				
AIR AMERICAN AIRLINES	FLT:744 ECC			
LV HAVANA	247P	EQP: AIRBUS A319	01HR 08MIN	
AR MIAMI INTERNTNL	355P	NON-STOP		
AIR AMERICAN AIRLINES	FLT:3422 EC	ONOMY		
LV MIAMI INTERNTNL	530P	EQP: E75	02HR 02MIN	
AR BIRMINGHAM AL	632P	NON-STOP		
TRIP #2 - FEBRUARY 26 - MARCH 2 26 FEB 25 - WEDNESDAY				
AIR AMERICAN AIRLINES	FLT:3626 ECONOMY			
LV BIRMINGHAM AL	625A	EQP: E75	01HR 55MIN	
AR MIAMI INTERNTNL	920A	NON-STOP		
AIR AMERICAN AIRLINES	FLT:837 ECO	NOMY		
LV MIAMI INTERNTNL	1210P	EQP: AIRBUS A319	01HR 30MIN	
AR HAVANA	140P	NON-STOP		
02 MAR 25 - SUNDAY				
AIR AMERICAN AIRLINES	AIR AMERICAN AIRLINES FLT:838 ECONOMY			
LV HAVANA	550P	EQP: AIRBUS A319	01HR 08MIN	
AR MIAMI INTERNTNL	658P	NON-STOP		
AIR AMERICAN AIRLINES	FLT:3631 ECONOMY			
LV MIAMI INTERNTNL	1030P	EQP: E75	02HR 05MIN	

1135P

NON-STOP

AR BIRMINGHAM AL









LODGING

Our lodging will be at a beautiful home called Missions Landing. This home is an expansive residence located just minutes from the Havana International Airport. The property is newly remodeled and decorated and features five fully equipped bedrooms and a large back patio/pool area perfect for relaxing and socializing.

The owners have taken a great deal of care in furnishing, equipping, and decorating their home for guests. All the bedrooms include full size beds, bathrooms, and air conditioning.

There is wifi at the home. Please note: wifi connections in Cuba are much slower and sometimes will not always be working. If the wifi in the home is down there are hot spots in the area.

Missions Landing is fully staffed with cooks, cleaning service, and security. It is located in a safe, established neighborhood.

You will need the house address to fill out paperwork in the airport. The address for Missions Landing is:

Calle 257, Numero 13618 entre las calles 136 y 152 Rio Verde, Boyeros, La Habana

TENTATIVE SCHEDULE

The key to International Travel is FLEXIBILITY. The Cigar Adventure has worked very hard to provide a complete and detailed schedule. However, things can (and probably will) change a little throughout the week. Cuba is a third-world country and sometimes things can be a little unpredictable due to weather, scheduling issues, etc. The key is to stay flexible and trust that everyone is working hard to provide an incredible experience. You will be kept up to date with any changes that need to be made to the schedule. Hopefully, there will be very few (if any).

We will have In-Country transportation and translators to assist us in our daily travels. Airfare, lodging, transportation, and most meals are covered. However, you will need to bring cash to cover some expenses (primarily for a few meals, tips, and souvenirs). Your credit/debit cars will not work in Cuba.

BELOW IS A VERY GENERIC SCHEDULE. A DETAILED SCHEDULE WILL BE PROVIDED CLOSER TO THE TRIP. Basically, there will be one day of touring the farms, one day of touring the cigar factories, and one day of touring Old Havana. Exact days of when those activities occur will be determined closer to the trip.

Day 1: Arrive

- 1:40pm Arrival 2:00pm pick up
- 5:00pm Welcome Dinner at Mission Landing (included)
- 7:00pm Relaxing at Mission Landing

Day 2: Havana

- Breakfast at Mission Landing (included)
- Travel to Old Havana
- Visit tobacco factory in Havana
- Tour of Old Havana
 - See all four plazas with
 - historical explanation
 - o Capitolio
 - o Paseo de Prado
- Lunch in Old Havana
- Sight Seeing / Shopping
- Dinner in Old Havana
- Travel back to Mission Landing



Day 3: Vinales

- Breakfast at Mission Landing (included)
- Travel to Vinales
- Tour of Tobacco farm inside National Park
- Picture opt at the Prehistoric Mural
- Transfer to Pilotos, Pinar del Rio, a small rural town outside tobacco tourism to visit farm, meet "guajiros" (countryside) farmers, learn more about the process
- Traditional homemade Cuban lunch at the farm (not included)
- Travel back to Havana
- Supper at Mission Landing (included)

Day 4: Havana

- Breakfast at Mission Landing (included)
- Visit with locals and learn of Cuban culture
- Lunch in Havana
- Sight Seeing
- Supper at Mission Landing (included)

Day 5: Good-byes

- Breakfast at Mission Landing (included)
- Lunch in Havana
- Travel to Havana International Airport
- Arrive in Birmingham

* THIS IS A VERY GENERIC SCHEDULE. DETAILED SCHEDULE WILL BE AVAILABLE CLOSER TO TRIP.



FAQ (Freqently Asked Questions)

Do you have questions? We have answers. Below is a list of the most commonly asked questions. Feel free to contact us if you have questions that are not addressed below or throughout the manual.

Can I eat the food and drink the water in Cuba?

Yes and No. We have planned out most of the meals. All of these meals are safe to eat. There will be some meals that we will eat out. These meals will also be safe. Beware of eating "street food" as it may not have been prepared properly. Do not drink any water that is not bottled. This is very important to keep in mind when it comes to ICE. The ice may or may not be purified. Ask before using any ice. Mission Landing has a water purification system.

Will I be able to call home or use the internet?

Yes. WIFI is available at Mission Landing. Your cell phone will probably work. Typical cell phone charges from most carriers is \$4-\$5 per minute for calls and 5 cents to receive a text and 50 cents to send a text. Most call charges occur as soon as your phone rings. Therefore, you may want to keep your phone on Airplane Mode. Check with your cell phone provider for rates/plans/charges. Keep your cellular data turned off to avoid charges.

Are any shots required?

No. The Health Department does suggest that you have a booster tetanus shot. Consult your family physician for further suggestions including other vaccinations or immunizations you may need.

Must I have a passport to enter and exit Cuba?

Yes. Passports and Visas are required to enter and exit Cuba. We will pick up Visas at the airport at your expense (typically around \$100). Please make sure your passport is current, and the expiration date is at least six months after the conclusion of the trip. If you do not have a passport, begin the process immediately since it can take several weeks to process an application.

What does the cost of the trip include and not include?

The cost for the Cuba Cigar Adventure is \$1,695 per person. The price includes roundtrip airfare from Birmingham, lodging, most meals in Cuba, and travel in Cuba. You will need to bring money for any food you may purchase in the U.S. airports and a few meals in Cuba. You may wish to purchase some souvenirs in Cuba. We will also want to tip our tour guides for their service. Your debit/credit cards will **NOT** work anywhere in Cuba. Your American money will be accepted in Cuba at most places. We will get American money transferred into Cuban Pesos throughout the week if needed. It's better to bring too much money than not enough since you will NOT have an opportunity to get money from any ATM while in Cuba.

Can I bring back Cigars or Alcohol?

Not really. It is currently illegal to bring back cigars and alcohol, though some try to bring it back in checked bags. You will do this at YOUR OWN RISK. We suggest consuming all your cigars and alcohol while in Cuba. We will go to several reputable stores to purchase cigars. Do not buy cigars from individuals in the streets or the market. Though cheap, they are all fake and a waste of your money.

What kind of clothing should I bring?

We suggest you bring cool, comfortable clothing. It would also be wise to bring a light jacket in case of rain. You will also want to bring comfortable walking shoes. We will be going out a couple of nights to some nice locations. You may want to bring some dress clothes for these events. There may be an opportunity for you to have clothes washed at the lodging facility. However, it is recommended that you bring enough clothes to last the entire trip.

What are the sleeping arrangements?

We are staying in a house for the week. It is very nice and furnished with many amenities and comforts of home. Individuals will be sleeping in single beds (two people of the same gender per room). Bring modest but cool sleeping attire. Bedding and towels are provided.

Is the electricity the same?

Yes. However, keep in mind there may not always be enough outlets. Some outlets are 220V. Make sure you use 110V plugs when using appliances (hair dryer, iron, etc.) to avoid damages.

How much luggage can I bring?

Each person will be allowed one checked piece of luggage weighing no more than 50 pounds and not more than 62 inches in total dimension and one carry on plus a purse or personal item. If your bag weighs more than 50 pounds there will be an extra charge. It is wise to pack any necessities and possibly a change of clothing in the carry on in case the luggage is misplaced by the airline. Remember that all liquids and gels carried on must fit in a one quart ziplock bag. The purse or personal item must fit under the seat in front of you. You are personally responsible for any baggage fees. Check with the airline for the most up to date baggage policies.

How can I best prepare myself?

Research... There are tons of great websites that will give you a lot of information about Cuba. There are also documentaries about Cuba on Netflix. These can be helpful for getting a better understanding of the history and culture of Cuba.



STAYING HEALTHY TIPS

Fruits and Vegetables

Contaminated food and drink are common sources for the induction of infection into the body. You should be wary in areas of inadequate sanitation and/or while traveling in underdeveloped countries.

- Avoid salads and raw vegetables*
- Eat only fresh fruit which you can completely peel yourself*
- Eat only well cooked foods which are served hot*
- Avoid "steamed "or lightly cooked foods"
- · Avoid raw meats and seafood
- · Do not eat food from street venders

*Unless this is prepared with safe washing, sanitation and water.

<u>Water</u>

- · Avoid tap water
- · Use only canned/bottled beverages unless approved by the team leader.
- · Tea and coffee made with **boiled** water is usually safe
- · Wet cans or bottles should be dried before opening
- · Do not use ice in beverages unless approved by the team leader
- · Avoid fruit juices which are diluted in tap water
- · Avoid brushing teeth with tap water

Travelers Diarrhea: Travelers' diarrhea is a syndrome characterized by a two-fold or greater increase in the number and looseness of bowel movements. The symptoms include abdominal cramps, nausea, bloating, urgency, fever and malaise. The episodes usually begin abruptly and may occur during travel or soon after returning home. The average duration of this infection is 3-4 days and is usually self-limiting. Contaminated food and water is the most common source of this infection, therefore, it is important to follow food and water precautions.

Swimming: Pools that contain chlorinated water are usually considered safe for swimming. Do not swim in freshwater streams, canals or lakes in developing countries.

<u>Illness</u>: If travelers become ill after returning home, they should inform their primary care provider of their recent travels. Most diseases will manifest themselves within six weeks after returning from international travel, but some diseases may not cause symptoms for up to 1 year (i.e. Malaria).

<u>Sunscreen & Insect Repellent</u>: Travelers should make sure they constantly apply appropriate sunscreen to all areas of exposed skin. Insect repellent should be used often, especially when outdoors at dawn and dusk. The higher percentage of DEET in your insect repellent, the more powerful it will be to repel mosquitos and other insects.

Source: Health Information for International Travel, 2010, Published by: U.S. Department of Health and Human Services, Public Health Services, Centers for Disease Control

SPANISH PHRASES

Communication can be frustrating when in another country/culture. We will always have translators with us. However, it is good to have some knowledge of common Spanish phrases in case you need or want to communicate with someone. Below are some of the most common phrases you may use.

¡Buenos días! bway-nohs dee-ahs Hello! / Good morning!

iHola! / iChao! oh-lah / chow Hi! / Bye!

Hasta la vista / Hasta luego. ah-stah lah vees-tah/ah-stah loo-ay-go See you / See you later.

(Muchas) Gracias. (moo-chahs) grah-see-ahs Thank you (very much).

Lo siento Ioh see-ehn-toh I'm sorry

¿Cómo está usted? koh-moh ay-stah oo-sted How are you? (formal)

Bien / Muy bien bee-ehn / moy bee-ehn Good / Very good

¿Cómo se llama usted? koh-moh say yah-mah oo-sted What is your name? (formal)

Mucho gusto. / Encantado. moo-choh goo-stoh/en-cahn-tah-doh Nice to meet you.

¿De dónde es usted? day dohn-day ehs oo-sted Where are you from? (formal)

Adiós. ah-dee-ohs Good bye. ¿Cuántos años tiene usted? quahn-tohs ahn-yohs tee-ay-nay oo- sted How old are you? (formal)

¿Habla usted español? ah-blah oo-sted eh-spahn-yol Do you speak Spanish? (formal)

¿Entiende usted?/¿Entiendes? ehn-tyen-deh oo-sted / ehn-tyen-dehs Do you understand? (formal/informal)

iBuenas tardes! bway-nahs tard-ays Good afternoon!

Hasta pronto. ah-stah prohn-toh See you soon.

De nada. *day nah-dah* You're welcome.

Con permiso / Perdón kohn pehr-mee-soh / pehr-dohn Excuse me / Pardon

¿Cómo estás? koh-moh ay-stahs How are you? (informal)

Mal / Muy mal / Más o menos mahl/moy mahl/mahs oh may- nohs Bad / Very bad / OK

¿Cómo te llamas? koh-moh tay yah-mahs What is your name? (informal)

Igualmente. *ee-guahl-mehn-tay* Same here. ¿De dónde eres? day dohn-day eh-rehs Where are you from? (informal)

¿Cuántos años tienes? quahn-tohs ahn-yohs tee-ayn-ays How old are you? (informal)

¿Hablas ingles? ah-blahs een-glehs Do you speak English? (informal)

(No) Entiendo. noh ehn-tyen-doh I (don't) understand.

iBuenas noches! bway-nahs noh-chays Good evening! / Good night!

Por favor. *por fah-bor* Please.

Hasta mañana. ah-stah mahn-yahn-ah See you tomorrow.

Bienvenidos *byen-veh-nee-dohs* Welcome

¡Vamos! *bah-mohs* Let's go!

¿Qué tal? kay tahl How's it going?

Sí / No *see / noh* Yes / No

Me llamo... *may yah-moh* My name is...

Te toca a ti. *teh toh-kah ah tee* It's your turn. (informal) **Señor / Señora / Señorita** sayn-yor / sayn-yor-ah / sayn-yor-ee- tah Mister / Mrs. / Miss

Yo soy de... *yoh soy day* I'm from...

Yo tengo _____ años. yoh tayn-goh _____ ahn-yohs I am _____ years old.

(No) Hablo... noh ah-bloh I (don't) speak...

Yo (no lo) se. yoh noh loh she Do you understand?

¿Puede ayudarme? pweh-deh ah-yoo-dar-meh Can you help me?

¿Dónde está / Dónde están... ? dohn-deh eh-stah / dohn-deh eh- stahn Where is ... / Where are ... ?

Cómo se dice ____ en español? koh-moh seh dee-ceh ___ on eh- spahn-yol How do you say ____ in Spanish?

No importa. noh eem-por-tah It doesn't matter.

Estoy cansado / enfermo. *eh-stoy kahn-sah-doh / ehn-fehr-moh* I'm tired / sick.

Claro que sí *klah-roh keh see* Of course

Aquí *ah-kee* Here.

¡Salud! sah-lood Bless you! **Qué es esto?** *keh ehs ehs-toh* What is that?

Qué pasa? *keh pah-sah* What's happening?

Tengo hambre / sed. *tehn-goh ahm-breh / sed* I'm hungry / thirsty.

No me importa. *noh meh eem-por-tah* I don't care.

Me olvidé. meh ohl-vee-deh I forgot.

¡Felicitaciones! *feh-lee-see-tah-see-oh-nehs* I (don't) know.

¿Cómo? *koh-moh* What? Pardon me?

Hay / Había... eye / ah-bee-ah There is/are... /There was/were...

¿Qué te pasa? keh teh pah-sah What's the matter (with you)? No tengo ninguna idea. noh tehn-goh neen-goo-nah ee-deh- ah I have no idea.

Tengo calor / frío. tehn-goh kah-lohr / free-oh l'm hot / cold.

No se preocupe. noh seh preh-oh-koo-peh Don't worry

Tengo que ir ahora. *tehn-goh keh eer ah-oh-rah* I must go now.

¡Buena suerte! *bweh-nah swehr-teh* Good luck!

Te amo. *tay ah-moh* I love you. (informal and singular)

Estoy aburrido. *eh-stoy ah-boo-ree-doh* I'm bored.

Está bien. *ehs-tah bee-ehn* That's alright.

