

In-Person
Workgroups
and Online



Discover Tranquil Parenting, your local source for comprehensive family support resources. A diverse range of courses and workbooks are designed to provide practical solutions for common parenting challenges. Explore our offerings:



- Tranquil Parenting: Creative Solutions
- Tranquil Parenting: Child Welfare Matters
- Tranquil Parenting: Navigating Divorce
- Building Bridges: Trauma-Informed Parenting
- Stability Blueprint: Taming the Debt Dragon During Family Transitions
- Teen Substance Recovery: A Guide to Family Support
- Restoration Through Faith: A Biblical Approach to Divorce Recovery
- Child Alienation: Reconnecting with Lost Wings
- Bridges and Boots: Strategy Shift
- Breaking the Cycle: Understanding and Addressing Domestic Violence
- Broken Bridges: A Six-Step Solution to End Domestic Violence
- Monarchs and Educators: Tranquil Parenting Certified Educator GuideBook
- Designing Transformative Learning Experiences: A Guide to TMID
- Unleashing the Power of Instructional Design

Workbooks can be used independently, with support from mental health specialists, or as part of Tranquil Parenting courses. Each resource is informed by insights from local parents and organizations.

Formats Available: Digital in Online Courses at TranquilParenting.com or Kindle and Paperback through Amazon Contact us today at Sonja@TranquilStudio.org to begin a more tranquil family life.