



### Topic List for Course and Path Options\*

*Note:* Always check with your organization's requirements to select the course path that meets your needs. If you are not familiar with your organizations requirements, Heartsaver Total covers the most comprehensive list of topics.

Topic	Heartsaver Pediatric	Heartsaver Pediatric Total	Babysitter	Water Safety	Heartsaver 2015
			Recommended topics for these paths		
<b>CPR AED</b>					
Introduction	✓	✓	✓	✓	✓
Child CPR AED <sup>†</sup>	✓	✓	✓	✓	✓
Infant CPR <sup>†</sup>	✓	✓	✓	✓	✓
Adult CPR AED <sup>†</sup>	Optional	Optional	Optional	Optional	Optional
Drug Overdose	Optional	Optional	Optional	Optional	Optional
Choking in Children, Infants, or Adults	✓	✓	✓	✓	✓
<b>First Aid Basics</b>					
Introduction to First Aid	✓	✓	✓	✓	✓
Assessing the Scene and Phoning for Help	✓	✓	✓	✓	✓
Universal Precautions, Exposure to Blood, and Removing Gloves <sup>†</sup>	✓	✓	✓	✓	✓
Washing Hands	✓	✓	✓	✓	✓
Finding the Problem <sup>†</sup>	✓	✓	✓	✓	✓
<b>First Aid Medical Emergencies</b>					
Allergic Reactions (administering an epinephrine injection <sup>†</sup> )	✓	✓	✓	✓	✓
Asthma	✓	✓	✓	✓	✓
Diabetes and Low Blood Sugar	Optional	✓	Optional	Optional	✓
Seizure	Optional	✓	Optional	Optional	✓
Heart Attack (video found in the CPR AED section, under Adult CPR AED)	✓	✓	✓	✓	✓
Stroke (video found in the CPR AED section, under Adult CPR AED)	✓	✓	✓	✓	✓
Fainting	Optional	✓	Optional	Optional	✓

(continued)

Topic	Heartsaver Pediatric	Heartsaver Pediatric Total	Babysitter	Water Safety	Heartsaver 2015
			Recommended topics for these paths		
<b>First Aid Injury Emergencies</b>					
<b>External Bleeding (controlling bleeding and bandaging<sup>†</sup>)</b>	✓	✓	✓	✓	✓
<b>Shock</b>	Optional	✓	Optional	Optional	✓
<b>Penetrating and Puncturing Injuries</b>	Optional	✓	Optional	Optional	✓
<b>Amputation</b>	Optional	✓	✓	✓	✓
<b>Bleeding From the Nose</b>	Optional	✓	Optional	Optional	✓
<b>Bleeding From the Mouth</b>	Optional	✓	Optional	Optional	✓
<b>Tooth Injuries</b>	Optional	✓	Optional	Optional	✓
<b>Eye Injuries</b>	Optional	✓	Optional	Optional	✓
<b>Internal Bleeding</b>	✓	✓	✓	✓	✓
<b>Concussions</b>	Optional	✓	Optional	Optional	✓
<b>Head, Neck, and Spine Injuries</b>	Optional	✓	Optional	Optional	✓
<b>Broken Bones and Sprains</b>	Optional	✓	Optional	Optional	✓
<b>Splinting</b>	Optional	✓	Optional	Optional	✓
<b>Burns and Electrical Injuries</b>	Optional	✓	Optional	✓	✓
<b>First Aid Environmental Emergencies</b>					
<b>Bites and Stings</b>	Optional	✓	✓	✓	✓
<b>Heat-Related Emergencies</b>	Optional	✓	✓	Optional	✓
<b>Cold-Related Emergencies</b>	Optional	✓	✓	✓	✓
<b>Poison Emergencies</b>	Optional	✓	✓	✓	✓
<b>Water Safety/ Drowning</b>	Optional	✓	✓	✓	✓
<b>Prevention</b>					
<b>Risks of Smoking and Vaping</b>	Optional	✓	Optional	Optional	N/A
<b>Benefits of a Healthy Lifestyle</b>	Optional	✓	Optional	Optional	N/A
<b>Preventing Illness and Injury</b>	Optional	✓	Optional	Optional	✓

\*Topic groups vary by course or path.

†Topic requires a skills test.