



# THE VOICE

**APRIL 2025 - VOLUME No. 400**

**SAINT SPYRIDON HELLENIC ORTHODOX CHURCH**

12307 SOUTH RIDGELAND AVENUE, PALOS HEIGHTS, ILLINOIS 60463

FIND US ON FACEBOOK, INSTAGRAM & YOUTUBE

## SUNDAY OF THE VENERATION OF THE CROSS



## MARCH 25th CELEBRATIONS



**SUNDAY APRIL 6th**

**GREEK INDEPENDENCE DAY  
PARADE 2025**



**HALSTED ST (CHICAGO) : 2.30PM**

PARTICIPATION & OTHER INFO [WWW.ENOSISGROUP.ORG](http://WWW.ENOSISGROUP.ORG)  
The Federation of Hellenic Organizations of Illinois (ENOSIS).





## MARCH 25TH PROGRAM—ΖΗΤΩ Η 25Η ΜΑΡΤΙΟΥ





## FATHER'S MESSAGE

### RENOUNCING THE WORLD TO BRING OTHERS TO CHRIST

What can a sixth-century monk from Mount Sinai teach us about evangelism?

We have arrived at the Sunday of St. John Climacus, also known as John of the Ladder. A monk and abbot at the ancient monastery on Mount Sinai, St. John is best known for his spiritual work, *The Ladder of Divine Ascent*. This book outlines thirty "steps" or stages of spiritual growth, leading the soul to the Kingdom of God. Though written primarily for monks, its wisdom has been embraced by Christians in all walks of life, even outside the monastery.

Interestingly, *The Ladder* does not contain a chapter specifically on evangelism or the Gospel. Does that mean there's nothing to learn from St. John on the topic? Not at all.

The absence of an "evangelism" step reflects the nature of monastic life. Monks and nuns typically stay within their monasteries, devoting themselves to prayer and asceticism, and do not evangelize in the conventional way—by going out into the world to preach. However, their life of prayer is a powerful form of evangelism. Orthodox monastics spend, on average, eight hours a day in communal prayer, plus additional hours in personal prayer. Through these prayers, they support the Church and the world, often in unseen ways. Their intercessions soften hardened hearts, guide the lost, and protect the vulnerable.

In addition to their prayers, monastics offer us a lesson in the first "step" of *The Ladder*—"On Renunciation of the World." The Greek term *aphtagis* refers to "arranging oneself away from something," in this case, the world. Monastics have renounced the world; their black robes are a visible symbol of their separation. This renunciation is not just a personal choice; it is a public declaration that they no longer live for the world, but for God.

This renunciation is crucial not only for our own salvation but also for evangelism. When we invite others into the Church, we are asking them to leave the world behind. We cannot live simultaneously in both

the world and the Church. The Church is governed by a different set of values. If we bring the world's priorities into the Church—its demands, distractions, and secular principles—we lose the Church's distinctiveness, and evangelism becomes ineffective.

Monastics offer us a living example of what it means to renounce the world. Their choice to live a life separated from the world may not be the only path, but it gives us a tangible model of how to live for God alone. We should treasure monasticism and encourage others, including our children, to see it as a desirable way of life. "Perhaps you will grow up to be a monk, son! We would all be blessed by that," we might say. But does renouncing the world mean retreating into a self-satisfied, exclusive club for the holy? Is it a rejection of the world and its people?

No, of course not. Just as Christ, Who is wholly "other" than the world, came into the world to save it, so too we are called to love the world through our renunciation. In fact, it is only by renouncing the world that we can truly love it. When we no longer need the world and are free from its demands,

we can act out of pure love. True love is not driven by obligation, but by freedom. When we are free, we offer a gift, not a transaction.

And there is no greater gift than bringing others to encounter Christ. This is the ultimate act of evangelism. By renouncing the world, we are not escaping from it, but loving it in the same way Christ does—by offering a way to eternal life, through the Church.

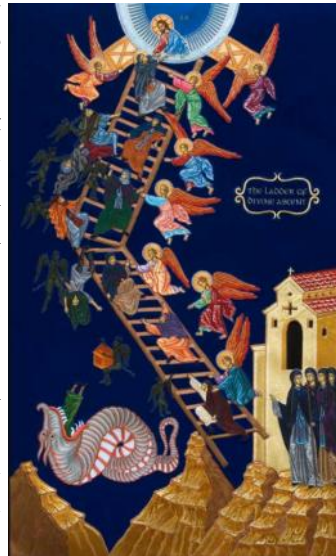
Thus, we renounce the world not to avoid it, but to love it as God loves it. For God so loved the world that He gave His Son, and it is through our renunciation that we can share that love with others.

To our God, Who came into the world to save it, be all glory, honor, and worship, now and ever, and unto ages of ages. Amen.

In His Love.



Father George



## PRESIDENT'S MESSAGE

Χαίρετε,  
Ζήτω η Ελλάδα, ζήτω το 1821! Σας εύχομαι Καλή  
Ανάσταση, με υγεία, αγάπη, και ειρήνη.

Greetings, and a belated Happy Greek Independence Day. May we never forget what our forefathers fought for, so that we may all live in freedom both in Greece and in the USA.

I wish you all a blessed upcoming Easter, with health, love, and peace.

During the month of March, our Lenten journey began with Forgiveness Sunday, Clean Monday, followed by Sunday of Orthodoxy, and we then marked the halfway point with the Veneration of the Holy Cross. No matter what challenges we face, the Cross is always ready to provide strength, and to help us persevere. Glory to God!

Throughout Lent, we have been blessed to have special presentations following the Pre-Sanctified Liturgies. We had a heartwarming presentation from Alex Magdalinos on the Forty Martyrs. As Alex noted, a prayer to the Forty Martyrs, is heard by all of them. May we always emulate their strength, humility, and faith, and may they always intercede on our behalf.

We also had an educational Iconography presentation from Kurio Panagioti Mihalopoulos and Litsa Tsarouhis. We are blessed to have both of them instructing and imparting their talents on future iconographers. May the Holy Spirit always be present to assist our iconographers in their journey and their beautiful works. We are blessed to be the inaugural church in the Chicago Metropolis to offer this ministry.

We were also fortunate to have the Archons of the Chicago Metropolis come and present all of the great work they are doing to support Orthodoxy, the Patriarchate, and our Metropolis. We are blessed to have the religious freedom we enjoy in this country, but we must remain diligent and use our talents to help ensure Orthodoxy endures into the future on a global level, and in particular, in Constantinople.

Our Greek School, led by Marianna Haniotakis and George Vythoulkas, our Greek School teachers, and all of our wonderful students, gave a beautiful and patriotic Greek Independence Day program and dance showcase. It was nice to see the program return to a Sunday afternoon. We had great attendance, and there were many proud parents, grandparents, and siblings in attendance. Congratulations to all of the children, and thank you to the Hellenic Heartbeat for joining us to capture all of it.

The Plutarchos Greek School teachers were also recognized by the Consulate General of Greece. Mr. Emmanuel Koubarakis recently recognized our teachers at the 'Greek National Day' celebration at the Union League Club of Chicago on March 25th!

Finally, earlier in the month, we had our Spring General Assembly, where we shared a financial update for our 2024 performance, as well as some upcoming projects that we are beginning to program. These included the roof, the bathrooms, and the flooring throughout the multi-purpose room, classrooms, and hallway.

*Bill Kiliass*  
*Parish Council President*



## DIVINE LITURGY SCHEDULE

Tuesday, April 1st	Holy Confession—1:00 p.m.—3:00 p.m.
Wednesday, April 2nd	Presanctified Liturgy—5:45 p.m.
Thursday, April 3rd	Great Canon of St. Andrew—8:00 a.m.
Friday, April 4th	Holy Confession—4:00 p.m. — 6:00 p.m. * Akathist—6:30 p.m.
Saturday, April 5th	Holy Confession—2:00 p.m.— 3:30 p.m. * Great Vespers—5:00 p.m.
Sunday, April 6th	Orthros & Divine Liturgy—8:00 a.m.
Monday, April 7th	Great Compline—6:00 p.m.
Tuesday, April 8th	Holy Confession—1:00 p.m.—3:00 p.m. Pan-Orthodox Akathist at St. Spyridon —7:00 p.m.
Wednesday, April 9th	9th Hour & Presanctified Liturgy—8:00 a.m.
Friday, April 11th	Holy Confession—11:00 a.m. — 1:00 p.m.
Saturday, April 12th	Saturday of Lazarus, Orthros & Liturgy—8:00 a.m. Great Vespers—5:00 p.m.
Sunday, April 13th	<b>Palm Sunday</b> , Orthros & Divine Liturgy—8:15 a.m. Service of the Nymphios—7:00 p.m.
Monday, April 14th	<b>Holy &amp; Great Monday</b> , 9th Hour & Presanctified Liturgy—8:00 a.m. Service of the Nymphios officiated by His Eminence Metropolitan Nathanael of Chicago—7:00 p.m.
Tuesday, April 15th	<b>Holy &amp; Great Tuesday</b> , 9th Hour & Presanctified Liturgy—8:00 a.m. Service of the Nymphios—7:00 p.m.
Wednesday, April 16th	<b>Holy &amp; Great Wednesday</b> , Holy Unction—11:00 a.m. <i>The church will then remain open for the faithful to receive Holy Unction</i> Holy Unction—3:00 p.m. Orthros of Holy Thursday (Holy Unction will be offered)—7:00 p.m.
Thursday, April 17th	<b>Holy &amp; Great Thursday</b> , Vesperal Liturgy of St. Basil—8:00 a.m. Service of the Passion of Christ - 6:30 p.m. <b>*All Night Vigil &amp; Decorating of the Kouvouklion</b>
Friday, April 18th	<b>Holy &amp; Great Friday</b> , Great & Royal Hours—9:00 a.m. Apokathelosis—3:00 p.m. Service of the Epitaphios—7:00 p.m.
Saturday, April 19th	<b>Holy &amp; Great Saturday</b> , Vesperal Liturgy of St. Basil—8:00 a.m. <b>Resurrection Orthros &amp; Divine Liturgy—11:00 p.m.</b>
Sunday, April 20th	<b>HOLY PASCHA</b> , Agape Service—11:00 a.m.
Tuesday, April 22nd	Ss.. Raphael, Nicholas & Irene—Orthros & Divine Liturgy at Ss. Constantine and Helen, Palos Hills, IL —9:00 a.m.
Wednesday, April 23rd	Feast of St. George—Orthros & Divine Liturgy—8:30 a.m.
Friday, April 25th	The Holy Life-Giving Spring at the St. Iakovos Retreat Center, Orthros & Divine Liturgy—9:00 a.m. <i>Bus Departs from St. Spyridon at 7:30 a.m. (RSVP through the office)</i>
Saturday, April 26th	Vespers—5:00 p.m.
Sunday, April 27th	Orthros & Divine Liturgy—8:00 a.m.



## April 2025 — Community Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 * Archangels Academy— 9:00 am *Philoptochos Feed the Hungry—1:00 pm *Parish Council Meeting—7:30 pm	2 * Archangels Academy— 9:00 am	3 * Archangels Academy— 9:00 am * Food Distribution— 1:00—2:00 p.m.	4 * Archangels Academy— 9:00 am * Greek School—4:30 pm- 6:30 pm	5 *Altar Boy & Myrofores Meeting—10 am *Byzantine Chant Class (Level 3) - 4:15 pm
6 * Family Worship * Greek Parade—2:30 pm	7 * Archangels —9:00 am * Greek School—4:30 pm- 6:30 pm *Greek dance —6:30pm ** Adult Gk School (beginner) 6:45 —8:15 pm	8 * Archangels Academy—9:00 am	9 * Archangels Academy— 9:00 am *Cherubs—10:30 a.m. * GOYA. —7:00 p.m.	10 * Archangels Academy— 9:00 am * Food Distribution— 1:00—2:00 p.m.	11 * Archangels Academy— 9:00 am * Greek School—4:30 pm- 6:30 pm ** Adult Gk School (beginner) 6:45 pm—8:15 pm	12 * Saturday of Lazarus Retreat/Pancake Breakfast—11:00 a.m. —2:00 p.m. *Adult Greek School (Intermediate) 2:30 p.m. —4:00 p.m.
13 <u><b>PALM SUNDAY</b></u> * Sunday School—10:30 am —11:30 am * Philoptochos Bake Sale	14 <u><b>HOLY MONDAY</b></u> * Archangels Academy— 9:00 am	15 <u><b>HOLY TUESDAY</b></u> * Archangels Academy—9:00 a.m.	16 <u><b>HOLY WEDNESDAY</b></u> * Archangels Academy— 9:00 am	17 <u><b>HOLY THURSDAY</b></u> * No Activities * *Decorate Kouvouklion—10 p.m.	18 <u><b>HOLY FRIDAY</b></u> * No Activities	19 <u><b>HOLY SATURDAY</b></u>
20 <u><b>HOLY PASCHA</b></u> * Agape Service—11:00 a.m. - 12:00 p.m. * Family Worship—No Sunday School	21 * No Activities * Office closed	22 * Archangels Academy— 9:00 am	23 * Archangels Academy— 9:00 am * Cherubs—10:30 a.m. — 12:00 p.m.	24 * Archangels Academy— 9:00 am * Food Distribution— 1:00—2:00 p.m. *	25 * Bus Departs for SIRC— 7:30 a.m. * Archangels Academy— 9:00 am * Greek School—4:30 pm- 6:30 pm * Bright Friday BBQ— 6:30 p.m.	26 *Byzantine Chant Class (Levels 1& 3) - 4:15 pm
27 * Sunday School—10:30 a.m. —11:30 a.m.	28 * Archangels Academy— 9:00 am * Greek School—4:30 pm- 6:30 pm * Greek Dance—6:45 p.m.	29 * Archangels Academy— 9:00 am	30 * Archangels Academy— 9:00 am *Iconography—5:30 pm			

## ΠΡΟΓΡΑΜΜΑ ΙΕΡΩΝ ΑΚΟΛΟΥΘΙΩΝ

Τρίτη 1 Απριλίου	Εξομολόγηση—1:00 μ.μ. — 3:00 μ.μ.
Τετάρτη 2 Απριλίου	9η Ώρα & Προηγιασμένη Λειτουργία — 5:45 μ.μ.
Πέμπτη 3 Απριλίου	Μέγας Κανών Αγίου Ανδρέα —8:00 π.μ.
Παρασκευή 4 Απριλίου	Εξομολόγηση—4:00 μ.μ.—6:00 μ.μ. * Ακάθιστος Ύμνος —6:30 μ.μ.
Σάββατο 5 Απριλίου	Εξομολόγηση—2:00 μ.μ. — 3:30 μ.μ. * Μέγας Εσπερινός—5:00 μ.μ.
Κυριακή 6 Απριλίου	Όρθρος καί Θεία Λειτουργία —8:00 π.μ.
Δευτέρα 7 Απριλίου	Μέγα Απόδειπνο—6:00 μ.μ.
Τρίτη 8 Απριλίου	Εξομολόγηση 1:00 μ.μ. - 3:00 μ.μ. Πανορθόδοξος Ακάθιστος στον Ι.Ν. Αγ. Σπυρίδωνα —7:00 μ.μ.
Τετάρτη 9 Απριλίου	Προηγιασμένη Λειτουργία — 8:00 π.μ.
Παρασκευή 11 Απριλίου	Εξομολόγηση—11:00 π.μ. 1:00 μ.μ.
Σάββατο 12 Απριλίου	Σάββατο του Λαζάρου, Όρθρος & Θεία Λειτουργία—8:00 π.μ. Μέγας Έσπερινός—5:00 μ.μ.
Κυριακή 13 Απριλίου	Κυριακή τῶν Βαΐων, Όρθρος & Θεία Λειτουργία—8:15 π.μ.
Δευτέρα 14 Απριλίου	Ακολουθία του Νυμφίου—7:00 μ.μ. <b>Αγία καί Μεγάλη Δευτέρα</b> 9η Ώρα & Προηγιασμένη Θεία Λειτουργία—8:00 π.μ. Ακολουθία του Νυμφίου χοροστατούντος του Σεβασμιωτάτου Μητροπολίτου Σικάγου κ.κ. Ναθαναήλ—7:00 μ.μ.
Τρίτη 15 Απριλίου	<b>Αγία καί Μεγάλη Τρίτη</b> , 9η Ώρα & Προηγιασμένη Θ. Λειτουργία—8:00 π.μ. Ακολουθία του Νυμφίου—7:00 μ.μ.
Τετάρτη 16 Απριλίου	<b>Αγία καί Μεγάλη Τετάρτη</b> , Ευχέλαιο—11:00 π.μ. (Ο Ιερός Ναός θα παραμείνει ανοικτός για να λάβουν οι πιστοί το Ιερό Ευχέλαιο) Ιερό Ευχέλαιο—3:00 μ.μ. Όρθρος της Μ. Πέμπτης (Ιερόν Ευχέλαιον θα προσφερθεί στο τέλος της τελετής) —7:00 μ.μ.
Πέμπτη 17 Απριλίου	<b>Αγία καί Μεγάλη Πέμπτη</b> Έσπερινός καί Θεία Λειτουργία του Μ. Βασιλείου—8:00 π.μ. Ακολουθία τῶν Παθῶν—6:30 μ.μ.
Παρασκευή 18 Απριλίου	<b>Ολονύχτια Αγρυπνία με στολισμό του Κουβουκλίου</b> <b>Αγία καί Μεγάλη Παρασκευή</b> Ακολουθία τῶν Βασιλικῶν Ώρῶν —9:00 π.μ. Έσπερινός της Αποκαθήλωσης—3:00 μ.μ. Ακολουθία του Έπιταφίου—7:00 μ.μ.
Σάββατο 19 Απριλίου	<b>Μέγα Σάββατο</b> , Έσπερινή Θ. Λειτουργία Μ. Βασιλείου —8:00 π.μ. <b>Όρθρος και Αναστάσιμη Θεία Λειτουργία</b> —11:00 μ.μ.
Κυριακή 20 Απριλίου	<b>ΑΓΙΟΝ ΠΑΣΧΑ</b> , Έσπερινός της Αγάπης—11:00 π.μ.
Τρίτη 22 Απριλίου	Των Αγίων Ραφαήλ, Νικολάου και Ειρήνης—Όρθρος & Θεία Λειτουργία—9:00 π.μ. (στον Ι.Ν. Αγ. Κωνσταντίνου & Ελένης, Palos Hills, IL)
Τετάρτη 23 Απριλίου	Αγίου Γεωργίου, Όρθρος και Θεία Λειτουργία—8:30 π.μ.
Παρασκευή 25 Απριλίου	Της Ζωοδόχου Πηγής, Όρθρος και Θεία Λειτουργία στον St. Iakovos Retreat Center, Wisconsin—9:00 π.μ. (Λεωφορείο αναχωρήσει από τον Αγ. Σπυρίδωνα στις 7:30 π.μ. Καλέστε το γραφείο για να κράτηση θέσεων)
Σάββατο 26 Απριλίου	Μέγας Εσπερινός—5:00 μ.μ.



## PHILOPTOCHOS

On Clean Monday, March 3rd, we hosted the “Koulouma” dinner. It was wonderful to begin our Lenten journey together in fellowship. On March 23rd, the Sunday of the Holy Cross, we hosted our traditional Loukoumades Sale.

Looking forward to April, Philoptochos will be continuing our tradition of Palm Sunday Easter Pastries Sale. We will host our pastry sale after Palm Sunday liturgy but we are also offering an opportunity for preorders. The preorders can be picked up either on Saturday April 12th or Sunday April 13th for tsourekia, koulouria and kourabiethes.

We would appreciate preorders so we can bake enough to meet our parishioners needs.

*Καλή Ανάσταση*

*Remembering our St. Spyridon college students, Lenten packages were sent to 43 students from Philoptochos*



*St. Spyridon's Philoptochos visited the University of Illinois Chicago Hospital's Neonatal Unit. A donation was made to support the tremendous care being given to infants born prematurely and with special needs. Philoptochos continues their mission to help those in need.*



*With much appreciation to the Hellenic Foundation for their generous Golden Circle grant fund, the parishes of St. Spyridon-Palos Heights, St. Nicholas-Oak Lawn, Holy Cross-Justice, and Sts. Constantine & Helen-Palos Hills were able to procure a bus for the Metropolis of Chicago Philoptochos Lenten Retreat at Annunciation, Milwaukee. The 52 attendees enjoyed the day of spiritual renewal and fellowship!*





## PHILOPTOCHOS VOCATIONAL & TRADE SCHOOL SCHOLARSHIP 2025

The Greek Orthodox Ladies Philoptochos Society of St. Spyridon of Palos Heights is pleased to announce the **2025 Philoptochos Trade/Vocational Scholarship**. This scholarship will be awarded to **one deserving applicant** who demonstrates both **financial need and academic merit**. The recipient will be selected based on the recommendation of the Scholarship Committee.

### Eligibility Requirements:

- Applicants must be a current member of our parish.
- Applicants must be accepted into or currently enrolled in a **vocational or trade school program**.

Previous recipients from the past **two years** are **not eligible** to apply.

### Deadline:

All applications and **required materials** can be found on <https://saint-spyridon.net/philoptochos> and must be submitted via email by **midnight on May 30, 2025**

to: **englishteacher30@yahoo.com**

We encourage all eligible students to apply and look forward to supporting the educational journeys of our youth.

## 2025 Peter Manasses Memorial Scholarship

The St. Spyridon Ladies Philoptochos Society is honored to invite High School Seniors, Current Undergraduate Students, Current Graduate Students to apply for the **2025 Peter Manasses Memorial Scholarship**.

### This year's scholarships include:

- (1) \$3,000 scholarship for a graduating high school senior
- (1) \$3,000 scholarship for a currently enrolled undergraduate student
- (1) \$3,000 scholarship for a currently enrolled graduate student

These scholarships are made possible through the generosity of Mrs. Manasses and her family, in loving memory of her husband, Mr. Peter Manasses.


All applications and **required materials** can be found on <https://saint-spyridon.net/philoptochos> and must be submitted via email by **midnight on May 30,**

2025 to: **englishteacher30@yahoo.com**


### Deadline:

All completed applications and supporting materials must be submitted by May 30, 2025.

Please email all documents to: **englishteacher30@yahoo.com**. We encourage all eligible students to apply and celebrate the lasting legacy of Mr. Manasses through their pursuit of academic excellence.



The St. Spyridon Ladies Philoptochos society invites all  
High School Seniors,  
Current College students and  
Graduate students  
to apply for the  
**Peter Manasses Memorial Scholarship**



The following Scholarships will be offered:  
(1) \$3,000 scholarship to graduating High School Seniors  
(1) \$3,000 scholarships to currently enrolled Undergraduate students  
(1) \$3,000 scholarships to currently enrolled Graduate students.

*The 2025 scholarships are made available through the generosity of Mrs. Manasses and her family, in memory of her beloved husband, Mr. Peter Manasses.*

Application and information are available on St. Spyridon's website:  
<https://saint-spyridon.net/philoptochos>  
The deadline for the completed application and supporting documents are due by **May 30, 2025**.  
Please email application materials to  
[englishteacher30@yahoo.com](mailto:englishteacher30@yahoo.com)



We are thrilled to share the success of this year's Greek School March 25th Celebration program, which was truly a celebration to remember! This year's event was held on Sunday, March 16th and was particularly special as, for the first time, our adult students took part in the performances, adding a new and inspiring dimension to the program. Congratulations to all of our students for their hard work, and special thanks to all of our Greek School teachers, organizers and volunteers who contributed to the beauty of this day! Ζήτω η 25η Μαρτίου!

## Looking ahead....

**Sunday, April 6th**, the Annual Greek Parade will be held at Greektown, Halsted Street in Chicago. Parade starts at 2:30 p.m. Students are required to wear the Ethnic Greek Costume (Tsolia/Amalia) or the blue and white school uniform. **Our float number is 30.** We hope to see you all there.

**Saturday, April 12th**, Saturday of Lazarus, we are all invited to attend the Divine Liturgy, the Community Breakfast and making of the Palms. Our school will be closed on Good Friday, April 18th and Bright Monday, April 21st.

Registration forms for the next school year are available now and will be mailed out to the houses soon. Register before Memorial Day in order to get the discounted rate!

This year's Summer "Camp Kalokairaki" will be offered to K-6th grade students on **June 16th –20th** from 9 a.m. to 1 p.m.. The cost is \$150 for the week and space is limited. Call the Church office for more information.

Καλή Ανάσταση!



*"Out of the letters is born the perspective with which free nations shine."*  
(Rigas Feraios Πήγας Φεραίος)

The Consulate General of Greece in Chicago arranged a reception in the context of the celebrations for March 25th. Honored persons of the event are the Greek School educators who are preparing the future leaders of our community. Congratulations to our teachers and a big thank you for their hard work and dedication. Long live Greece! Ζήτω η Ελλάδα ☺☺





# PLUTARCHOS ACADEMY





## ARCHANGELS ACADEMY

We transformed our classroom into our very own “Archangels Community” this month, complete with a doctor/dentist office, salon, post office, construction zone, vet clinic, market and diner. The children are having a blast exploring these roles and activities!

Learning about community helpers helps children understand what it means to be part of a community, fostering a sense of belonging. It also encourages teamwork and collaboration within their world, which is so crucial at this age.

March has been an exciting month full of guest visitors! We celebrated our Community Helpers and were fortunate to have many individuals from our very own Saint Spyridon community come and share their experiences with the children. Librarian Ruth Faklis, who read beautiful stories to our children. Flight Attendant Lambrini Papadoulaki taught the children about flight safety, what a flight attendant does, and the steps taken when arriving at the airport. Pediatrician Dr. Zoe Alikakos spoke to the children about how to properly care for their bodies, healthy eating habits and how important it is to visit the doctor for well visits. We also enjoyed a visit from Officer Taso Malamis who discussed the important role of police officers, how they keep us safe, and shared a vital lesson about stranger danger.

Next month promises to be just as busy, as we await a few more guests to visit and inspire our little ones.

Enrollment for the Fall 2025-2026 academic year is now open! Given the limited availability, we urge interested families to visit our website at [www.archangelsacademy.org](http://www.archangelsacademy.org) for tuition information and to download the application today.

Don't miss out on this year's summer camp! For the first time ever, we will be hosting a Cooking Camp for children ages 3-5! Your little ones will have the chance to explore their culinary skills, learn about nutrition, discover what a healthy plate looks like, and so much more!





# ARCHANGELS ACADEMY



Archangels Academy Preschool

## Cooking Camp

**June 9 - 13, 2025**  
**9:00 AM - 1:00 PM**

Over the course of the week, children will learn basic cooking skills, kitchen safety, gain an understanding of nutrition, make new friends and above all have the most fun they have ever had in the kitchen!

Accepting children ages 3-5. Please note children **MUST** be potty trained. We kindly ask that you bring a packed lunch, a water bottle, and an extra change of clothing for those "just in case" moments.

**Saint Spyridon Hellenic Orthodox Church**  
 12307 S. Ridgeland Avenue  
 Palos Heights, IL  
 708-385-2311

**ONLY \$160**  
 INCLUDES CHEF HAT & APRON

For More Information Contact:  
 Sofea Malamis at [director@archangelsacademy.org](mailto:director@archangelsacademy.org)

NAME OF CAMPER: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PARENT NAME: \_\_\_\_\_

PARENT PHONE #: \_\_\_\_\_

PAID: \_\_\_\_\_



## ***FAMILY NIGHT***

On Saturday, March 15th, the Family Night, Altar Boys, and Handmaiden's Ministries met at St. John Chrysostom Monastery in Wisconsin. We began our day looking through the bookstore, and making purchases of icons, candles, religious souvenirs, and food. We then were given a tour of the small church, where one of the nuns spoke to all of us. What a blessing that was! The kids and parents alike asked her questions, and it was such an intimate, wonderful experience. We were then given access to the main church, the "big" church, to venerate the icons, ask more questions, and just sit in the beauty of the icons surrounding us. We ended the day by visiting Bishop Iakovos' grave (of blessed memory). Fr. George did a trisagion service for him as we all gathered around to chant and pray along. It was a truly memorable and uplifting experience! We look forward to pilgrimages like this again in the future.



### **A reminder to all parents of Family Night Ministry children:**

Our Saturday of Lazarus Retreat is quickly approaching. It will take place on Saturday, April 12th. Please register as soon as possible so we can make sure to have enough materials for all of our children.

## ***ALTAR BOYS***

As Holy Week is fast approaching, we are organizing a meeting to coordinate with our Myrofores ministry, so that our altar boys and myrofores can work together smoothly during the services. This year, our Altar Boy and Myrofora meeting will take place on **Saturday, April 5th, at 10:00 AM.**

We ask that the altar boys be present at the church from 10:00 AM to 11:30 AM. Following the meeting, there will be a short church clean-up, so we appreciate any help with that as well. Mrs. Vicky Argyropoulos is planning to have us make lazarakia as well!

Please make every effort to attend, as these services only occur once a year, and it is crucial that we are all well-prepared and on the same page.

We look forward to seeing you on April 5th and working together to make this Holy Week a beautiful and uplifting experience for all!

In Christ, Fr. George, Mr. Labro, and Mr. Z

## ***CHERUBS***

Spring is in the air and we are ready for it! These little ones had so much fun making spring crafts and running around the gym. We look forward to the warm weather that will soon be here and hope to play outside.

Our group is growing by the week and we love seeing all the new and familiar faces join us!





## PARISH REGISTRY

### MEMORIALS

#### Sunday, March 2nd

†3yrs Janet Tsoukalas, , †41 yrs Iereas Vasileios Tsoukalas & †52 yrs Presvytera Markella Tsoukalas

#### Sunday, March 16th

†6 mo Vasilis Karounos, †5 yrs Florentina Dimis, †22 yrs Pete Dimis & †25 yrs Anna Kounoupis

#### Sunday, March 30th

†40 days Sebastia Banakis,  
†40 days Paraskevi Telemachou, †40 days Gus Vlamis.  
†6 mo Apostolos Malfas, & †6 yrs Sophia Kolyvas

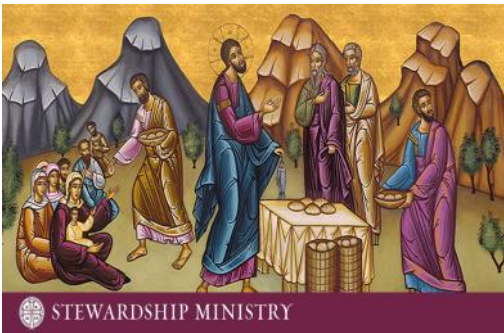
### FUNERALS

Sebastia Banakis fell asleep in the Lord on February 22nd Her funeral took place on March 1st and he was interned at Evergreen Cemetery.

Louis Thanasouras fell asleep in the Lord on March 9th. His funeral took place on March 14th and he was interned at Evergreen Cemetery.

*May their memory be eternal!*

## STEWARDSHIP 2025



Ευχαριστούμε τις 175 οικογένειες που εκπλήρωσαν τις υποσχέσεις τους για το έτος 2025. Υπενθυμίζουμε σε όλους ότι έχουν ταχυδρομηθεί οι Καταστάσεις Υπόσχεσης του Καλού Οικονόμου για το τρέχον έτος.

Σας παρακαλούμε να ανανεώσετε την συνδρομή σας το γρηγορώτερο δυνατόν. Οι δραστηριότητες και τα έξοδα της ενορίας μας έχουν αυξηθεί κατά πολύ και χρειαζόμαστε την βοήθεια και την υποστήριξη όλων σας.

## STEWARDS MARCH 1ST—MARCH 25TH

Mr. & Mrs. Dimitrios Alexakos  
Ms. Katerina Alexopoulos  
Mr. James Argyropoulos  
Mr. & Mrs. Nick Argyropoulos  
Mr. & Mrs. Christos Arvanitis  
Mr. Nicholas Bobis  
Mr. & Dr. Yiorgos Bozonelos  
Mr. & Mrs. Spero Christos  
Mr. & Mrs. Steven Colompos  
Ms. Bess Demopoulos  
Ms. Eleni Dimis  
Mr. Tim Georgiopoulos  
Mr. & Mrs. Gus Kapsaskis  
Mr. & Mrs. Evan Katsenis  
Mrs. Tarsi Katsoulakis  
Mrs. Georgia Kekempanos  
Mr. & Mrs. Larry Kekempanos  
Mrs. Stavroula Kloris  
Mrs. Anna Kontaris

Mr. Spiro Kontaris & Family  
Mr. James Korbakes  
Mr. & Mrs. James Kotsiviras  
Mr. & Mrs. Nikolas Kuruklis  
Mr. Eraklis Labrakis  
Mr. & Mrs. Bill Maramathas  
Mr. & Mrs. Demetrius Marines  
Mr. John Mazarakos  
Mrs. Evelyn Paleothodoros  
Mr. Philip Papamakarios  
Mr. & Mrs. Chris Papanastasatos  
Ms. Koula Perivoliotis  
Mr. & Mrs. Jim Petrakos  
Mr. & Mrs. Panayiotis Prassas  
Mr. & Mrs. Leon. Skiadopoulos  
Mr. & Mrs. Spiro Skiadopoulos  
Mr. & Mrs. John Stamatoglou  
Mr. & Mrs. Panagiotis Stamus  
Mr. Michael Thanasouras

Mr. & Mrs. Gust Trahanas  
Mr. & Mrs. Christos Tsakiris  
Mr. & Mrs. George Tsigolis  
Mr. & Mrs. Nick Tsinoukas  
Mr. & Mrs. Spiros Tzanetakos  
Mr. & Mrs. H Tzouanopoulos  
Mrs. Helen Vlamis  
Mr. & Mrs. James Xeros  
Ms. Adriana Zougras

*As of March 25th Stewardship gifts have been received for 2025 from 175 individual/families . We are so thankful to these stewards.*

*Have you sent in your 2025 Stewardship Commitment Form? Forms are available in the Narthex of the church and online. Thank you to our stewards who have already sent their 2025 pledge forms!!*

**The Voice Η φωνή**  
**Official Monthly Community**  
**Publication of**  
**St. Spyridon**  
**Hellenic Orthodox Church**  
**12307 S. Ridgeland Avenue**  
**Palos Heights, IL 60463**

**Rev. Fr. George Lamberis**  
**PARISH PRIEST**  
**Church Office**

Hours: Monday-Friday 9 a.m.-2 p.m.  
 Phone: 708-385-2311  
 Fax: 708-385-0166  
 E-mail: office@Saint-Spyridon.net  
 Web: www.Saint-Spyridon.net

**Parish Council Officers**

Bill Kilias	President
Nick Kournetas	Vice-President
James Korbakes	2nd Vice-President
Spiros Tzanetakos	Secretary
Panagiotis Stamus	Assistant Secretary
Caryn Chibucos	Treasurer
Gus Kolyvas	Assistant Treasurer

**Auxiliary Officers**

Alexia Tuhaimeer	Chanter
Dana Vasilakos	Philoptochos
Vicky Argyropoulos	P.T.A.
Gus Rougas	Kentro
James Korbakes	Kentro
Marianna Haniotakis	Plutarchos
Sofea Malamis	Archangels
Evelyn Christakos	Cherubs
Zoe Kopanis	Sunday School
StacyVallianatos	G.O.Y.A.
Stephane Collopy	G.O.Y.A.
Pres. Diana Lamberis	Family Night
Ria Hronis	Family Night
Viaian Tzanetakos	Family Night
Labros Malfas	Altar Boys
Zachary Chibucos	Altar Boys
Vicky Argyropoulos	Handmaidens
Demetrius Marines	Athletics
Nick Tsinoukas	Athletics
Stella Parhas	Food Pantry
Kalli Theodoropoulos	Church Office
Marianna Haniotakis	Church Office
Litsa Tsarouhis	Church Office
Soteria Simantirakis	Custodian
Pete Mihalopoulos	Iconography
Sophia Christofer	Floga Dance
Evi Marouda	Floga Dance
Anastasia Deligiannis	Floga Dance
Patty Pappas	Floga Dance

**YAL GROUP**

On March 5th, following the Presanctified Liturgy, five young adults — Eraklis Labrakis, Gabriella Tsarouhis, Peter Panagiotopoulos, Mariam Xydakis, and Nick Xydakis — met with Father George to begin discussing ways to bring together the young adults of our parish.

Through prayerful conversation and a shared desire to strengthen our community, the group planned the first official gathering at Bowlero in Woodridge, scheduled for March 25th.

With a goal of reaching 20 attendees, the event exceeded expectations, drawing 30 young adults for an evening of fellowship and connection. The success of this first gathering was a testament to the enthusiasm and faith of our young adult community, both within our parish and the greater Orthodox Christian community.

Look out for more events to come as this YAL group continues to grow.

Please scan the QR code to be added to our GroupMe chat and stay connected with future events and updates.



*Eraklis Labrakis*





## SUNDAY SCHOOL

As we come closer to the end of our Sunday School year, I would like to thank everyone who helps our program thrive.

To all the Sunday School teachers, who share their time and talent weekly and are committed to teaching our Orthodox faith. To the parents, or yiayia and papou, who bring their children or grandchildren and make Sunday School a priority. To the PTA, who are always looking for ways to connect our Sunday School and Greek School students and support us. To Maria Baltsas for organizing the Oratorical Festival and the PTA for hosting Sunday School retreats. The list goes on and on, because each of us support Sunday School in a different way.

It is only together that we make it a success. Some of our Sunday School teachers have taught for over a decade! That is a true testament to their level of commitment. They serve as role models and play such an important part in the lives of their students. Students will always remember their Sunday School teacher, which is why, I think, many of our teachers choose to come back, year after year.

We are truly blessed to have many students enrolled in our program. I look forward to our Sunday School family growing and continuing to thrive. Many of our students will be participating in the Greek Parade on Sunday, April 6th, so we will not have class. Class dates for the month of April will be on the 13th and 27th with Family Worship on Pascha, April 20th.

Please join us at our annual Saturday of Lazarus Retreat scheduled for Saturday, April 12th.

*Zoe Kopanis,  
Sunday School Director*



*The Catechetical Sermon of  
St. John Chrysostom is read  
during Matins of Pascha.*

If any man be devout and love God, let him enjoy this fair and radiant triumphal feast. If any man be a wise servant, let him rejoicing enter into the joy of his Lord. If any have labored long in fasting, let him now receive his recompense. If any have wrought from the first hour, let him today receive his just reward. If any have come at the third hour, let him with thankfulness keep the feast. If any have arrived at the sixth hour, let him have no misgivings; because he shall in nowise be deprived thereof. If any have delayed until the ninth hour, let him draw near, fearing nothing. If any have tarried even until the eleventh hour, let him, also, be not alarmed at his tardiness; for the Lord, who is jealous of his honor, will accept the last even as the first; He gives rest unto him who comes at the eleventh hour, even as unto him who has wrought from the first hour.

And He shows mercy upon the last, and cares for the first; and to the one He gives, and upon the other He bestows gifts. And He both accepts the deeds, and welcomes the intention, and honors the acts and praises the offering. Wherefore, enter you all into the joy of your Lord; and receive your reward, both the first, and likewise the second. You rich and poor together, hold high festival. You sober and you heedless, honor the day. Rejoice today, both you who have fasted and you who have disregarded the fast. The table is full-laden; feast ye all sumptuously. The calf is fatted; let no one go hungry away.

Enjoy ye all the feast of faith: Receive ye all the riches of loving-kindness. let no one bewail his poverty, for the universal kingdom has been revealed. Let no one weep for his iniquities, for pardon has shown forth from the grave. Let no one fear death, for the Savior's death has set us free. He that was held prisoner of it has annihilated it. By descending into Hell, He made Hell captive. He embittered it when it tasted of His flesh. And Isaiah, foretelling this, did cry: Hell, said he, was embittered, when it encountered Thee in the lower regions. It was embittered, for it was abolished. It was embittered, for it was mocked. It was embittered, for it was slain. It was embittered, for it was overthrown. It was embittered, for it was fettered in chains. It took a body, and met God face to face. It took earth, and encountered Heaven. It took that which was seen, and fell upon the unseen.

O Death, where is your sting? O Hell, where is your victory? Christ is risen, and you are overthrown. Christ is risen, and the demons are fallen. Christ is risen, and the angels rejoice. Christ is risen, and life reigns. Christ is risen, and not one dead remains in the grave. For Christ, being risen from the dead, is become the first fruits of those who have fallen asleep. To Him be glory and dominion unto ages of ages. Amen.



*HYMNS OF PASCHA*

*Let God arise, and let His enemies be scattered, and let those who hate Him flee from before His face.*

*Today a sacred Pascha has been revealed to us; a Pascha new and holy, a Pascha mystical, a Pascha all-venerable, Pascha, the Redeemer Christ himself; a Pascha that is blameless, a Pascha that is great, a Pascha of believers, a Pascha that has opened for us the gates of Paradise, a Pascha that sanctifies believers all.*

*As smoke vanishes, so let them vanish, as wax melts before the fire.*

*Come now from that sight, O you women and heralds of good news, and say to Zion, "Receive from us the joyful tidings of the Resurrection of Christ. O Jerusalem, be exultant, dance and leap for joy, for you have witnessed Christ the King coming forth as a Bridegroom from the sepulcher."*

*So shall the sinners perish from the face of God. And let the righteous be glad.*

*The myrrh-bearing women at dawn very early, standing outside the tomb of the Giver of Life, found an Angel who was seated upon the stone. And the Angel addressed them, and this is what he said, "Why do you seek among the dead the One who is alive? Why do you grieve as though corruptible the Incorrupt? So go back and proclaim it to His Disciples."*

*This is the day the Lord made; let us greatly rejoice and be glad therein.*

*Pascha of delight! Pascha, the Lord's Pascha! A Pascha all venerable has risen for us. Pascha! With joy let us embrace one another. Pascha, the ransom from sorrow! Today from the sepulcher Christ emerged resplendently as from a bridal chamber, and the women He filled with joy, saying, "Proclaim this to the Apostles."*

*It is the day of the Resurrection. Let us shine brightly for the festival, and also embrace one another. Brethren, let us say even to those who hate us, "Let us forgive everything for the Resurrection." And thus let us cry aloud, "Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life."*



## ΠΑΣΧΑΛΙΝΟΙ ΥΜΝΟΙ

Αναστήτω ὁ Θεός, καὶ  
διασκορπισθήτωσαν οἱ ἐχθροὶ αὐτοῦ, καὶ  
φυγέτωσαν ἀπὸ προσώπου αὐτοῦ οἱ  
μισοῦντες αὐτόν.

Πάσχα ἱερὸν ἡμῖν σήμερον ἀναδέδεικται·  
Πάσχα καινόν, Ἅγιον· Πάσχα μυστικόν·  
Πάσχα πανσεβάσμιον· Πάσχα Χριστὸς ὁ  
λυτρωτής. Πάσχα ἄμωμον· Πάσχα μέγα·  
Πάσχα τῶν πιστῶν· Πάσχα τὸ πύλας ἡμῖν  
τοῦ Παραδείσου ἀνοίξαν· Πάσχα, πάντας  
ἀγιάζον πιστοῦς.

Ὡς ἐκλείπει καπνός, ἐκλιπέτωσαν· ὡς  
τήκεται κηρὸς ἀπὸ προσώπου πυρός.

Δεῦτε ἀπὸ θέας Γυναῖκες  
εὐαγγελίστριαι, καὶ τῇ Σιών εἶπατε·  
Δέχου παρ' ἡμῶν χαρὰς εὐαγγέλια, τῆς  
Ἀναστάσεως Χριστοῦ· τέρπον, χόρευε,  
καὶ ἀγάλλου Ἱερουσαλήμ, τὸν Βασιλέα  
Χριστόν, θεασαμένη ἐκ τοῦ μνήματος, ὡς  
νυμφίον προερχόμενον.

Οὕτως ἀπολοῦνται οἱ ἁμαρτωλοὶ ἀπὸ  
προσώπου τοῦ Θεοῦ. Καὶ οἱ δίκαιοι  
εὐφρανθήτωσαν.

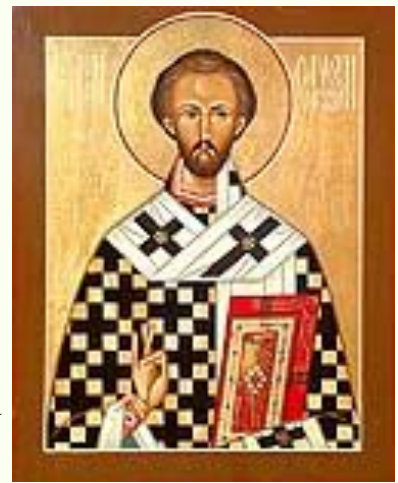
Αἱ μυροφόροι γυναῖκες, ὁρθρον βαθέος,  
ἐπιστᾶσαι πρὸς τὸ μνήμα τοῦ Ζωοδότου,  
εὗρον Ἄγγελον, ἐπὶ τὸν λίθον καθήμενον,  
καὶ αὐτὸς προσφθεγξάμενος, αὐταῖς  
οὕτως ἔλεγε· Τί ζητεῖτε τὸν ζῶντα μετὰ  
τῶν νεκρῶν; τί θρηνεῖτε τὸν ἀφθαρτον ὡς  
ἐν φθορᾷ; ἀπελθοῦσαι κηρύξατε τοῖς  
αὐτοῦ Μαθηταῖς.

Αὕτη ἡ ἡμέρα, ἣν ἐποίησεν ὁ Κύριος·  
ἀγαλλιασώμεθα καὶ εὐφρανθῶμεν ἐν  
αὐτῇ.

Πάσχα τὸ τερπνόν· Πάσχα Κυρίου,  
Πάσχα· Πάσχα πανσεβάσμιον ἡμῖν  
ἀνέτειλε· Πάσχα ἐν χαρᾷ ἀλλήλους  
περιπτυνώμεθα· ὦ Πάσχα, λύτρον  
λύτης· καὶ γὰρ ἐκ τάφου σήμερον, ὥσπερ  
ἐκ παστοῦ, ἐκλάμψας Χριστός, τὰ Γύναια  
χαρὰς ἐπλησε λέγων· Κηρύξατε  
Ἀποστόλοις.

Ἀναστάσεως ἡμέρα, καὶ λαμπρυνθῶμεν  
τῇ πανηγύρει, καὶ ἀλλήλους  
περιπτυνώμεθα. Εἰπωμεν ἀδελφοί, καὶ  
τοῖς μισοῦσιν ἡμᾶς· Συγχωρήσωμεν  
πάντα τῇ Ἀναστάσει, καὶ οὕτω βοήσωμεν·  
Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ  
θάνατον πατήσας, καὶ τοῖς ἐν τοῖς  
μνήμασι, ζωὴν χαρισάμενος.

Τοῦ ἐν Ἁγίοις Πατρὸς ἡμῶν  
Ἰωάννου Ἀρχιεπισκόπου  
Κωνσταντινουπόλεως τοῦ  
Χρυσοστόμου Λόγος  
Κατηχητικὸς εἰς τὴν ἀγίαν καὶ  
λαμπροφόρον ἡμέραν τῆς  
ἐνδόξου καὶ σωτηριώδους  
Χριστοῦ τοῦ Θεοῦ ἡμῶν  
Ἀναστασεως.



Εἴ τις εὐσεβὴς καὶ φιλόθεος  
ἀπολαυέτω τῆς καλῆς ταύτης καὶ  
λαμπρᾶς πανηγύρεως, Εἴ τις  
δοῦλος εὐγνώμων, εἰσελθέτω  
χαίρων εἰς τὴν χαρὰν τοῦ Κυρίου αὐτοῦ. Εἴ τις ἔκαμε νηστεύων,  
ἀπολαυέτω νῦν τὸ δηνάριον. Εἴ τις ἀπὸ τῆς πρώτης ὥρας  
εἰργάσατο, δεχέσθω σήμερον τὸ δίκαιον ὄφλημα. Εἴ τις μετὰ  
τὴν τρίτην ἦλθεν, εὐχαρίστως ἑορτασάτω. Εἴ τις μετὰ τὴν ἕκτην  
ἔφθασε, μηδὲν ἀμφιβαλλέτω· καὶ γὰρ οὐδὲν ζημιοῦται. Εἴ τις  
ὑστέρησεν εἰς τὴν ἐννάτην, προσελθέτω, μηδὲν ἐνδοιάζων. Εἴ  
τις εἰς μόνην ἔφθασε τὴν ἐνδεκάτην, μὴ φοβηθῇ τὴν  
βραδύτητα· φιλότιμος γὰρ ὢν ὁ Δεσπότης, δέχεται τὸν ἔσχατον,  
καθάπερ καὶ τὸν πρῶτον. Αναπαύει τὸν τῆς ἐνδεκάτης, ὡς τὸν  
ἐργασάμενον ἀπὸ τῆς πρώτης. Καὶ τὸν ὕστερον ἐλεεῖ, καὶ τὸν  
πρῶτον θεραπεύει, καὶ κείνῳ δίδωσι, καὶ τούτῳ χαρίζεται. Καὶ τὰ  
ἔργα δέχεται, καὶ τὴν γνώμην ἀσπάζεται. Καὶ τὴν προᾶξιν τιμᾷ,  
καὶ τὴν πρόθεσιν ἐπαινεῖ· οὐκοῦν εἰσελθετε πάντες εἰς τὴν  
χαρὰν τοῦ Κυρίου ἡμῶν, καὶ πρῶτοι καὶ δεύτεροι τὸν μισθὸν  
ἀπολαύετε. Πλούσιοι καὶ πένητες μετ' ἀλλήλων χορεύσατε.  
Ἐγκρατεῖς καὶ ῥάθυμοι τὴν ἡμέραν τιμήσατε. Νηστεύσαντες  
καὶ μὴ νηστεύσαντες, εὐφράνθητε σήμερον. Ἡ τράπεζα γέμει  
τρυφήσατε πάντες, ὁ μόσχος πολὺς μηδεὶς ἐξέλθῃ πεινῶν.  
Πάντες ἀπολαύετε τοῦ συμποσίου τῆς πίστεως. Πάντες  
ἀπολαύσατε τοῦ πλοῦτου τῆς χρηστότητος. Μηδεὶς θρηνεῖτω  
πενίαν· ἐφάνη γὰρ ἡ κοινὴ βασιλεία. Μηδεὶς ὀδυρέσθω  
πταίσματα· συγγνώμη γὰρ ἐκ τοῦ τάφου ἀνέτειλε. Μηδεὶς  
φοβέσθω θάνατον· ἡλευθέρωσε γὰρ ἡμᾶς τοῦ Σωτῆρος ὁ  
θάνατος. Ἔσβεσεν αὐτόν, ὑπ' αὐτοῦ κατεχόμενος. Ἐσκύλευσε  
τὸν Ἄϊδην, ὁ κατελθὼν εἰς τὸν Ἄϊδην. Ἐπὶ κρᾶνεν αὐτόν,  
γευσάμενον τῆς σαρκὸς αὐτοῦ, καὶ τοῦτο προλαβὼν Ἥσαϊας,  
ἐβόησεν· ὁ Ἄϊδης, φησὶν, ἐπικράνθη συναντήσας σοι κάτω.  
Ἐπικράνθη, καὶ γὰρ κατηργήθη. Ἐπικράνθη, καὶ γὰρ  
ἐνεπαίχθη. Ἐπικράνθη, καὶ γὰρ ἐνεκρώθη. Ἐπικράνθη, καὶ γὰρ  
καθηρέθη. Ἐπικράνθη, καὶ γὰρ ἐδεσμεύθη. Ἐλαβε σῶμα, καὶ  
Θεῷ περιέτυχεν. Ἐλαβε γῆν, καὶ συνήντησεν οὐρανῷ. Ἐλαβεν,  
ὅπερ ἔβλεπε, καὶ πέπτωκεν, ὅθεν οὐκ ἔβλεπε. Ποῦ σου θάνατε  
τὸ κέντρον; ποῦ σου Ἄϊδη τὸ νίκος; Ἀνέστη Χριστός, καὶ σὺ  
καταβέβησαι. Ἀνέστη Χριστός καὶ πεπτῶκας δαίμονες.  
Ἀνέστη Χριστός, καὶ χαίρουσιν Ἄγγελοι. Ἀνέστη Χριστός, καὶ  
ζωὴ πολιτεύεται. Ἀνέστη Χριστός, καὶ νεκρὸς οὐδεὶς ἐπὶ  
μνήματος. Χριστὸς γὰρ ἐγεροθεὶς ἐκ νεκρῶν ἀπαρχὴ τῶν  
κεκοιμημένων ἐγένετο. Αὐτῷ ἡ δόξα καὶ τὸ κράτος εἰς τοὺς  
αἰῶνας τῶν αἰώνων. Ἀμήν

## PARISH ANNOUNCEMENTS




SAINT SPYRIDON HELLENIC ORTHODOX CHURCH  
FAMILY NIGHT MINISTRY

### *Saturday Of Lazarus Retreat*

APRIL, 12TH 2025

IMMEDIATELY FOLLOWING DIVINE LITURGY  
10:45AM-115PM

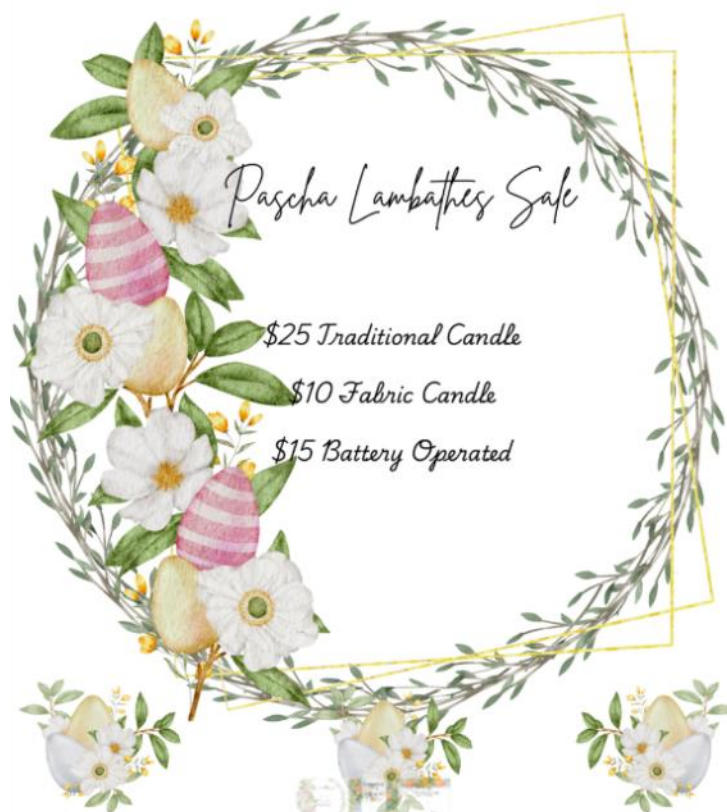
Join us for the Saturday of Lazarus Retreat in the Community Hall. It is a wonderful time to be together in preparation for Palm Sunday.

-  Light lenten breakfast
-  Palm making
-  Crafts, spiritual lesson, Easter egg hunt for kids

Breakfast and egg hunt generously sponsored by PTA



Use the QR Code to register!



*\$25 Traditional Candle*

*\$10 Fabric Candle*

*\$15 Battery Operated*



### St. Spyridon Philoptochos *Easter Bake Sale*

Let us help you with your Pascha dessert menu!

*Sunday, April 13, 2025*

after church in the community hall

Tsoureki \$15  
Koulouria \$10/doz  
Kourabiethes \$12/doz



### Food Pantry Donations for EASTER

Our parish will be distributing food baskets to local needy families. Your generous donations will enable us to purchase all items needed for the baskets, which are valued at \$65 each.

Cash/Checks are accepted in the church office weekdays from 9am - 2pm or

Donate online at [saint-spyridon.net](http://saint-spyridon.net)  
(Select "FOOD PANTRY" from the drop-down menu).

Donation deadline is Sunday, April 13th.

*Thank You!*



## PARISH ANNOUNCEMENTS



Family Synaxis  
METROPOLIS OF CHICAGO

### LENTEN RETREAT "FOLLOWING CHRIST ALONE TOGETHER"

STRENGTHENING FAMILIES THROUGH THE BOND OF COMMUNITY



Keynote Speaker

**FATHER  
GEORGE  
DOKOS**

Parish Priest  
Holy Apostles Greek  
Orthodox Church  
(Westchester, IL)

**Saturday, April 5 — 9:00AM - 3:00PM**

Ascension of Our Lord Greek Orthodox Church  
1207 Riverwoods Road, Lincolnshire, IL 60069

#### A retreat by families, for families!

How can we work together on our journey to Christ? What can the Fathers of the Church tell us about the Christian family and the secular world? Join us for this day retreat to explore the rich teachings of our Church and how we can become holy in our own homes.

- Prayer services as a family
- Parent workshops and discussions
- Children's games and activities
- Breakfast and Lunch provided

Graciously funded in  
part by a grant from



#### Register Now!

\$75 per family – Must Register by March 23

Ages 4+ (Toddler Care Unavailable)

Questions? Email Us at

[chicago.family.synaxis@gmail.com](mailto:chicago.family.synaxis@gmail.com)

Or visit [www.gocfamilysynaxis.org](http://www.gocfamilysynaxis.org)

## The St. Iakovos Retreat Center

Annual  
Ζωοδόχος Πηγή  
Celebration

ἑορτή

**Bright Friday 4.25.2025**

9:00 am: Orthros & Divine Liturgy  
12:00 pm: Luncheon To Follow

Cost: Freewill Donation

St. Iakovos Retreat Center  
920 224th Ave.  
Kansasville, WI 53139

\*Space is limited and is available on a first come, first serve basis.  
Please reserve your space early via email at [office@gosirc.org](mailto:office@gosirc.org).  
Deadline for RSVP is April 14th.



## WANTED!!!

### FOREIGN LANGUAGE READERS

We are looking for foreign language readers for the Agape Service on Sunday, April 20<sup>th</sup> at 11:00 a.m.

If you can read any language other than English and Greek, please contact Fr. George.

## SAINT SPYRIDON ✠ HOLY WEEK ✠ FLOWER DECORATING

HOLY MONDAY, APRIL 14TH 4:00 PM  
PREPARE FLOWERS

HOLY WEDNESDAY, APRIL 16TH 4:30 PM  
(AFTER CHURCH)  
PREPARE FLOWERS FOR THE KOUVOUKLION

HOLY THURSDAY, APRIL 17TH 10:15 PM  
(AFTER READING OF THE 12 GOSPELS)  
DECORATE THE KOUVOUKLION

\*\*\*HOURS ARE SUBJECT TO CHANGE

IF ANYONE WOULD LIKE TO HELP  
PLEASE CONTACT  
ANGIE DANOS (708) 927-5212  
FOR MORE INFORMATION



Pan - Orthodox

## AKATHIST HYMN

Sponsored by the Orthodox Christian Clergy Association of Greater Chicago



**7:00 pm**

**Tuesday, April 8, 2025**

2 services will take place; North side and South side:

#### NORTH:

St Haralambos  
Greek Orthodox Church  
7373 N. Caldwell Ave  
Niles, Illinois

Homilist: Peter Savas

Chicagoland Region Ministry Support of the OYM  
Orthodox Youth & Young Adult Ministries

Responses by  
The Pan-Orthodox Choir of Greater Chicago

#### SOUTH:

St. Spyridon  
Greek Orthodox Church  
12307 S. Ridgeland  
Palos Heights, Illinois

Homilist: Rev. Fr. Luke Melakrinos

Pastor, St. Nicholas Greek Orthodox Church,  
Oak Lawn, IL

Responses by  
Choir of St. Spyridon Church

All are welcome! Coffee Fellowship follows service



## PARISH ANNOUNCEMENTS

*St. Spyridon's Floga Hellenic Dance Troupe Presents:*

### *Year End Paniyiri*

Join us on Saturday May 31st, 2025  
for an unforgettable evening filled with delicious  
food, music, and lots of dancing.  
Let's celebrate the hard work  
of our youth with a special showcase,  
followed by a pig roast and social gathering.

Time: TBA

Location: St Spyridon Hellenic  
Orthodox Church

Performances by:  
Spirits of Basil  
Wonderworkers  
Floga Advanced

Cost: Good Will Offering Appreciated -  
Your generosity helps support our  
program and future events

FOR QUESTIONS CONTACT SOPHIA OR ANASTASIA AT  
FLOGADANCEGROUP@GMAIL.COM

St. Spyridon Hellenic Orthodox Church

# VCS

## VACATION CHURCH SCHOOL 2025

Theme:

Egypt: Joseph's Journey from Prison to Palace

**JUNE 23-27 2025**  
**9:00 AM - 12:00 PM**

DIVE INTO BIBLE STORIES,  
CRAFT PROJECTS, GAMES,  
ATHLETICS, SONGS, AND  
DELICIOUS SNACKS EVERY DAY.

WHO CAN ATTEND:  
PRE-K (4 YRS. OLD BY  
SEPT. 1ST) THROUGH  
GOING INTO 6TH GRADE

Early Bird \$75/child by June 10  
\$85/child after June 10

Family Discount: \$5 off for each additional child

Volunteer to help make VCS a success!  
Contact Presvytera Diana  
at dlamberis@gmail.com



28<sup>th</sup> Annual

## GOLF OUTING

THURSDAY, JUNE 5TH, 2025

Deadline for Registration: Friday, May 30th

**Odyssey Golf Foundation**

19110 S. Ridgeland Avenue  
Tinley Park, IL 60477

EARLY BIRD RATE  
\$15 DISCOUNT

PREPAY BY MAY 23<sup>rd</sup>  
\$150 TO GOLF

10:00am | Check-In & Continental Breakfast  
11:45am | Shotgun Start  
2:00pm (+/-) | Lunch at the Turn  
4:30pm | Cocktails  
5:00pm | Dinner

*Awards & Raffle to Follow Dinner*

**\$165 to Golf &  
\$175 to be a  
Hole Sponsor!**

Have Your  
Family Meet  
You Out for  
Dinner!

St. Spyridon Golf Committee:

Nick Kournetas, Bill Kikas, Jim Papadimitriou, Nick Agapopoulos,  
Zachary Chikova, Adam Conroy, John Farwell, Nick Hatzis, Mike Mavroukis,  
Gus Kolyvas, Frank & Zoe Kapsalis, Nick Mazarakis, Bill Perakis, Jim Tsiouroulis,  
Nick Tsiouroulis, Spiros Tzavetakis

For any questions please contact the Church Office between 9am-2pm at (708) 385-2311,  
-or- email at Office@Saint-Spyridon.net -or- Nick.Kournetas@gmail.com



## The South Side Vicariate BRIGHT FRIDAY CELEBRATION of the Feast of Zoodochos Pigi at the Saint Iakovos Retreat Center

Friday, April 25th

Charter bus to St. Iakovos Retreat Center  
Kansasville, WI

Departure: 7:30 a.m. from St. Spyridon

Return: 3:30 p.m.

Lunch provided by the Retreat Center

RSVP to the Office of St. Spyridon

(708) 385-2311 by April 23

SEATS ARE LIMITED



Sponsored by the Golden Circle Program  
of the Hellenic Foundation

Made with PosterMyWall.com

The Voice



## PARISH ANNOUNCEMENTS



April 2025

### MESSAGES from the METROPOLIS

[www.chicago.goarch.org](http://www.chicago.goarch.org)



GREAT LENT & HOLY WEEK 2025 SCHEDULE



SCAN FOR MORE NEWS



SCAN FOR MORE EVENTS

#### LATEST NEWS

- 3/20** Metropolis of Chicago Pioneers New Digital Registry to Better Support Clergy and Laity
- 3/6** His Grace Bishop Timothy Assumes Greater Responsibilities in the Care of Parishes and Clergy of the Metropolis of Chicago as Senior Advisor to Metropolitan Nathanael
- 3/1** Catechetical Homily for the Opening of Holy and Great Lent by His All-Holiness Ecumenical Patriarch Bartholomew

#### UPCOMING EVENTS

- 4/1** Strengthen Stewardship Now & Forever April Zoom Meeting
- 4/5** Family Synaxis Lenten Retreat 2025
- 4/25** Annual Bright Friday Celebration - St. Iakovos Retreat Center

sign up to receive email updates:  
[www.chicago.goarch.org/sign-up](http://www.chicago.goarch.org/sign-up)

## G.M.M.F. SCHOLARSHIP APPLICATION

#### About Us

The purpose of these scholarships is not solely for financial assistance for the recipients but also to keep George Mougolias' spirit alive in the Hellenic community. This will be accomplished by awarding \$1,000-\$1,500 scholarships to the applicants deemed most worthy based on the following requirements.

#### Deadline

April 14, 2025



SCAN ME

THE APPLICATION CAN ALSO BE FOUND ON  
OUR WEBSITE: [GMMT.ORG](http://GMMT.ORG)  
QUESTIONS? CONTACT [GMMTFoundation@gmail.com](mailto:GMMTFoundation@gmail.com)

PTA INVITES YOU TO A  
FASHION SHOW LUNCHEON

### Mediterranean Breeze

**SATURDAY, MAY 3, 2025  
11:30 AM**

**ELEMENTS**  
16235 LAGRANGE RD,  
ORLAND PARK, IL 60467

**FASHION PRODUCED BY:**  
VINTAGE CHARM  
MEREDITH JAYE  
M AND EM'S CHILDREN'S BOUTIQUE

RSVP BY APRIL 21ST  
USING THE FORM INCLUDED

FOR ALL INQUIRIES, PLEASE  
EMAIL  
[SPYRIDONPTA@GMAIL.COM](mailto:SPYRIDONPTA@GMAIL.COM)

### Mediterranean Breeze Sponsorship

GOLDEN GROVE SPONSOR - \$2,500

CITRUS SERENADE SPONSOR - \$1,000    ORANGES & OLIVES SPONSOR - \$500

LEMON & LAVENDER SPONSOR - \$300    CITRUS WAVES SPONSOR - \$100

INDIVIDUAL TICKET PRICE \$75  
TABLE PRICE (8 PEOPLE) - \$600  
CHILD TICKET PRICE \$35

RSVP BY APRIL 21ST  
BY SCANNING THE CODE






# Huck FinN

## Restaurant & Donuts

10501 S. Cicero 708-499-1112  
Oak Lawn, IL 60453  
3414 S. Archer 773-247-5515  
Chicago, IL 60608  
6650 S. Pulaski 773-581-4285  
Chicago, IL 60629

SINCE 1988



# JULLIANNI'S

## PIZZERIA & BAR

Bill Malliaras  
Owner of Jullianni's Pizza & Bar

7239 W College Dr. Palos Heights, IL 60463 | 708.372.282




## Nick's Barbecue

### RIBS

4 LOCATIONS TO SERVE YOU

<b>Burbank</b> 6945 W. 79th St. (708) 233-RIBS (7427)	<b>Tinley Park</b> 16638 S. Oak Park (708) 444-RIBS (7427)	<b>ORDER ONLINE</b> <a href="http://www.nicksbbq.com">www.nicksbbq.com</a> <small>Receive Special Offers &amp; Coupons</small>
<b>Alsip</b> 5500 Cal Sag Rd. (708) 923-RIBS (7427)	<b>Homer Glen</b> 16800 S. Bell Rd. (708) 645-RIBS (7427)	<b>WE HAVE VIDEO GAMING</b>

# Eggman's



## Restaurant

12701 S. Pulaski  
Alsip, IL 60803

708-239-8740

Dimitris Bezanis C.O.



# BEZANIS H.V.A.C. LLC

Heating & Air Conditioning  
Certified Advanced Technician  
Universal E.P.A. Licensed  
Installation, Service & Repair

**Licensed • Insured • Bonded** 708.717.4708

## A & C COLLISION CENTER

Body • Fender • Expert Painting • Frame Straightening  
Foreign and Domestic • All Makes and Models



5510 W. Cal Sag Rd.  
Alsip, IL 60803

Chris: (708) 745-8659  
Email: [ACcollision.claims@gmail.com](mailto:ACcollision.claims@gmail.com)



# healthonomic primary care

## FAMILY MEDICINE AND INTERNAL MEDICINE

*Palos Heights • Orland Park • Evergreen Park*

708.671.1500 [www.healthonomic.com](http://www.healthonomic.com)

---

# Medically supervised weight loss management.

SAME-DAY VISITS AVAILABLE