

THE VOICE

AUGUST 2022 - VOLUME NO. 370 SAINT SPYRIDON HELLENIC ORTHODOX CHURCH

12307 SOUTH RIDGELAND AVENUE, PALOS HEIGHTS, ILLINOIS 60463 FIND US ON FACEBOOK, INSTAGRAM & YOUTUBE



PRESIDENT'S LETTER

Dear St. Spyridon Parish Family,

Best wishes on a blessed Lenten Season this August and may this message find all of us, our families and community in good health and doing well.

Καλή Παναγιά. Χρόνια Πολλά.

Through the intercessions of our beloved St. Spyridon, this year's Festival was a resounding success. Thank you to Fr. George for guiding us and our parish. Thank you to Dean Eliacostas our Festival Chairman for leading us. Selflessness, positive spirit and leading by example are a few of the many endearing qualities we witnessed that inspired us and our parish to volunteer, help and follow Dean. Thank you to Gus Kolyvas for helping us stay on track. Thank you to George Papadopoulos for being an integral part of the Festival.



Thank you to the many parish council members that stepped up and led. Thank you to the dynamic young adults that anchored the volunteer team by heavily laboring before, during and after the Festival. Thank you to all of the parish volunteers, donors and supporters. Our families, parish and community receive many blessings from being able to participate and support the Festival. New leaders formed and new volunteers were made that will help keep our parish vibrant for many years to come. It is these blessings that give us hope to continue the beautiful ministry of our parish Festival. Thank you to everyone.

New gymnasium banquet and folding chairs were delivered in July and they look great. Thank you to the Philoptochos for their efforts to support and beautify our parish with this Project. The Philoptochos' donation of \$11,500 was truly extraordinary. Thank you to the PTA for their meaningful donation to this project. Thank you to the parish council for supporting this project by voting for it and donating towards it. Thank you to parish council members, Nick Argyropoulos and Nika Alex, and the parish volunteers for receiving the new chairs and removing the old chairs. It was a full day project and their sacrifice in time and talents was greatly appreciated.

The beautiful holy services during the two weeks leading up to The Dormition of the Theotokos and the month of August is a time for us to hopefully get some rest, reset and look forward to the coming new ecclesiastical year.

Additionally, the parish ministries are in need of our time and talents. Please consider volunteering for the parish ministries by contacting Fr. George, any parish council member or the church office at (708) 385-2311 for more information.

We are all invited to experience the beautiful summertime holy services. Fr. George, the parish council and the parish volunteers look forward to seeing us in church. Please attend.

May St. Spyridon continue to guide us and protect us.

Humbly submitted,

Frank Kopanis

FATHER'S LETTER

The Summer Pascha

In the Orthodox Church, the Resurrection of our Lord —which we call "Pascha" — lies at the center of all we do. The church's ecclesiastical calendar centers around this most holy day. Even in our weekly remembrance of our Lord's resurrection (Sunday) we partake in the joy of our Risen Lord. Sunday, for us, is a kind of miniPascha!

If we look at the calendar year, hymns and feast days more closely, it becomes clear to us that every saint we commemorate on each day of the year is also a celebration of their love for Christ and His triumph over death by death. As we remember a particular saint's death, this day becomes his birth into Christ's Kingdom.

In the summer month of August, we commemorate the chief among the saints, the Mother of our Lord, the Theotokos and Ever-Virgin Mary. With the Vigin Mary's bold "yes" to God, the "time for the Lord to act" had arrived. She offered herself completely to the Lord and she bore God Incarnate. Her womb-a finite space-would contain the infinite!

For this reason, her falling asleep (celebrated on August 15) indicates that she did die. Holy Tradition says that because she bore God in the flesh, her body would never see corruption. On the third day after her repose, her Son sends angels to carry her up into heaven. She now sits at the right hand of Christ in perfect love.

In the arms of her Son, then, the Virgin Mary becomes the first fruit of those who will follow Jesus into the Resurrection. As a mortal, her hope and glorification become our hope and glorification! Her personal Pascha becomes the foretaste of our own Pascha!

Just as we approach Pascha with the utmost reverence and preparation for this celebration, so too we should eagerly await this "Summer Pascha." Perhaps we have spent the summer relaxing, enjoying barbecues, and taking a break from the busyness of life. How easy it is for us to even lose our spiritual focus when we get out of our routine. But the Summer Pascha is prescribed exactly when we need it; just before schools are back in session, as people are returning from their vacations, to perhaps rekindle and strengthen our relationship to God and strive towards sanctification. As we look forward toward the Feast of the Dormition, let us also taste death - let us also die to our passions of the flesh and emulate the Holy Virgin by keeping the strict two-week fast beginning on August 1. Let us die to our distractions – our cell phones and social media – so that we may be fully present with those who may need life. Perhaps you may want to schedule a confession to purify yourself and destroy our sinfulness. Do your best to attend some of the Paraklesis services, the Divine Liturgy on Holy Transfiguration (August 6) and the liturgy which commemorates the Falling Asleep of the Theotokos (August 15). As we may face the temptation to become neglectful during these upcoming weeks, let us remember the promise of the Resurrection and Life everlasting in Christ, with the Theotokos and all the saints as our models who, through their death to the world, have learned to love Him. May their love for Christ motivate us to live Pascha, not only during the summer months, but every day of our lives. 7. Herre

The Voice - H ΦΩNH

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Parish Council Officers

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SCHEDULE OF DIVINE SERVICES



Monday, August 1 Paraklesis — 7:00 p.m.
Tuesday, August 2 Paraklesis — 7:00 p.m.
Wednesday, August 3 Paraklesis — 7:00 p.m.
Thursday, August 4 Paraklesis — 7:00 p.m.

Friday, August 5 Vespers at Holy Transfiguration Monastery, Harvard, IL -6:00 p.m.

Saturday, August 6 Holy Transfiguration—Orthros & Divine Liturgy—8:00 a.m.

Vespers-5:00 p.m.

Sunday, August 7 Orthros & Divine Liturgy —8:15 a.m., Paraklesis —7:00 p.m.

Monday, August 8 Paraklesis — 7:00 p.m. Tuesday, August 9 Paraklesis — 7:00 p.m.

Wednesday, August 10 Vigil of St. Spyridon—6:30 p.m.

Thursday, August 11 Paraklesis – 7:00 p.m.

Friday, August 12 Paraklesis with Egomia – 7:00 p.m.

Saturday, August 13 Vespers—5:00 p.m.

Sunday, August 14 Orthros & Divine Liturgy – 8:15 a.m. * Great Vespers at Assumption

Chicago, Homer Glen and Hegwisch-7:00 p.m.

Monday, August 15 Dormition of the Theotokos — Orthros & Divine Liturgy—8:00 a.m.

Saturday, August 20 Vespers – 5:00 p.m.

Sunday, August 21 Orthros & Divine Liturgy—8:15 a.m.

Saturday, August 27 St Phanourios—Orthros & Divine Liturgy—8:00 a.m.

Blessing of the Backpacks

Sunday, August 28 Orthros & Divine Liturgy—8:15 a.m.

Monday, August 29 Beheading of St. John the Baptist—Orthros & Divine Liturgy—8:00 a.m.

FLOWERS FOR PANAGIA

Everyone is invited to donate flowers for the icon of Panagia which is decorated for the Paraklesis Service. Please contact the Church Office.

TREE OF LOVE

In the main hallway of St. Spyridon stands a golden and bronze "Tree of Love" with an icon of our patron saint at its base. This "Tree of Love" is a symbol of our commitment to the ministry of our community. With great hope for our community's future and with love for St. Spyridon, we invite you to join the numerous supporters whose names are engraved on these golden and bronze leaves in recognition of their gifts to the Church. There are numerous ways to contribute to our "Tree of Love" such as to honor a friend or in memory of loved ones. For more information, please call the Church Office.

ΠΡΟΓΡΑΜΜΑ ΙΕΡΩΝ ΑΚΟΛΟΥΘΙΩΝ



Δευτέρα 1 Αυγούστου Παράκληση –7:00 μ.μ. Τρίτη 2 Αυγούστου Παράκληση –7:00 μ.μ. Τετάρτη 3 Αυγούστου Παράκληση –7:00 μ.μ. Πέμπτη 4 Αυγούστου Παράκληση –7:00 μ.μ.

Παρασκευή 5 Αυγούστου Μέγας Εσπερινός στην Ι. Μ. Μεταμορφώσεως -6:00 μ.μ.

Σάββατο 6 Αυγούστου Η Μεταμόρφωσις του Σωτήρος - Όρθρος & Θεία Λειτουργία -

8:00 π . μ .

Κυριακή 7 Αυγούστου Όρθρος & Θεία Λειτουργία -8:00 π.μ. * Παράκληση -7:00 μ.μ.

Δευτέρα 8 Αυγούστου Παράκληση -7:00 μ.μ. Τρίτη 9 Αυγούστου Παράκληση -7:00 μ.μ.

Τετάρτη 10 Αυγούστου Παράκληση του Αγίου Σπυρίδωνος – 6:30 μ.μ.

Πέμπτη 11 Αυγούστου Παράκληση -7:00 μ.μ.

Παρασκευή 12 Αυγούστου Παράκληση & Εγκώμια της Παναγίας – 7:00 μ.μ.

Σάββατο 13 Αυγούστου Παράκληση -7:00 μ.μ.

Κυριακή 14 Αυγούστου Όρθρος & Θεία Λειτουργία -8:00 π.μ.

Μέγας Εσπερινός στον Ιερό Ναό της Κοιμήσεως της Θεοτόκου

Σικάγο, Homer Glen, και στο Hegwisch, IL. – 7:00 μ.μ.

Δευτέρα 15 Αυγούστου Κοίμησις της Θεοτόκου, Όρθρος & Θεία Λειτουργία – 8:00 π.μ.

Σάββατο 20 Αυγούστου Μέγας Εσπερινός –5::00 μ.μ.

Κυριακή 21 Αυγούστου Όρθρος & Θεία Λειτουργία -8:00 π.μ.

Σάββατο 27 Αυγούστου Αγίου Φανουρίου, Όρθρος & Θεία Λειτουργία -8:00 π.μ.

Αγιασμός

Κυριακή 28 Αυγούστου Όρθρος & Θεία Λειτουργία -8:00 π.μ.

Δευτέρα 29 Αυγούστου Αποκεφάλισις του Αγίου Ιωάννη του Βαπτιστή

Όρθρος & Θεία Λειτουργία –8:00 π.μ.

ΛΟΥΛΟΥΔΙΑ ΓΙΑ ΤΗΝ ΕΙΚΟΝΑ ΤΗΣ ΠΑΝΑΓΙΑΣ

Φέτος και πάλι, παρακαλούμε όλους όσους έχουν την ευχαρίστηση να προσφέρουν χρήματα για την αγορά λουλουδιών για τον στολισμό της εικόνας της Παναγίας για τις Άγιες ημέρες του Δεκαπανταύγουστου, να επικοινωνήσουν με το γραφείο της Εκκλησίας μας.

ΤΑ ΕΓΚΩΜΙΑ ΤΗΣ ΠΑΝΑΓΙΑΣ

ΣΤΑΣΙΣ ΠΡΩΤΗ

Ή Άγνὴ ἐν τάφῳ, κατετέθης ἀφλέκτως Μαριάμ. βαβαί, ή Θεὸν γαστοί σου Γόνιμος ώς γῆ, ἀεὶ δείκνυται χωρήσασα ἀφράστως ἐπὶ γῆς.

Απορεί και φύσις, και πληθύς σεμνή Γεθσημανή. νοερά, τὸ ἐν σοί, παρθενομῆτορ, Δῆλον οὖν ἡμῖν, ὢ Παρθένε μὴ σου, προσάγουσι Παρθένε. μυστήριον, τῆς ἐνδόξου καὶ ἰσχύειν δίχα, σοῦ τῆς μεσιτρίας Βλέψας οὐρανόθεν, Θεὸς τῶν ἀρρήτου σου ταφῆς.

Βασιλίς καὶ πόλου, καὶ τῆς γῆς ἴχνεσι τοῦ Χριστοῦ. άληθῶς, εἰ καὶ τάφω σμικοοτάτω Ἐνθα οί χοροί, Ἀποστόλων τε καὶ Γνῶσιν ἐξαιτοῦμεν. τῆς σῆς συγκέκλεισαι, έγνωρίσθης πάση τῶν κτίσει Μαριάμ.

Γέφυρα ύψούται, ή μετάγουσα ποίν, ἐκ θανάτου πρὸς ζωὴν τὴν ἀκήρατον, τοὺς θανόντας παραβάσει τὸν Ἀδάμ.

Δάκουσι καὶ θρήνοις, γοεροῖς ἐπὶ πᾶσαι αἱ σαὶ φίλαι ἐκόπτοντο, τὴν μετάστασιν μὴ φέρουσαι τὴν σήν.

χορείαι, Οὐρανίων Έχαιρον Νοῶν, ἀπὸ γῆς σὲ φερομένην δεχόμεναι, εic οὐοάνια σκηνώματα Άγνή.

Ζῶσα ἐν ύψίστοις, ἀληθῶς ύπὲο πάντων Μαριάμ, ποεσβευτής ήμῶν γέγονας, άξιώσαι ἐφροσύνης άληθῶς.

Άνυμνοῦμεν λόγε, σὲ τὸν πάντων Θεόν, σὺν Πατρὶ καὶ τῷ Άγίω σου Πνεύματι, δοξάζομεν οἱ πάντες εὐσεβῶς.

Μακαρίζομέν σε, Θεοτόκε Άγνή, καὶ τιμῶμεν τὴν ἁγίαν σου Κοίμησιν, καὶ τὴν ὕψωσιν ἐκ γῆς, ἄναρχον Υίὸν καὶ Παντουργόν. πρὸς οὐρανόν.

Ή Άγνὴ ἐν τάφω, κατετέθης γαστοί σου ἀσπόρως βαβαί, ή Θεὸν χωρήσασα καὶ ἀφράστως ἐπὶ γῆς.

ΣΤΑΣΙΣ ΔΕΥΤΕΡΑ

Άξιόν ἐστι, μεγαλύνειν σὲ τὴν εὐσεβῶς, τῆ Τριάδι τῆ Άγία καὶ Θεοδόχον, τὴν τῶν ἀρετῶν σεπτή. ταμεῖον ὑπάοξασα, καὶ χαρίτων ἤσμασι πιστοί, ὀρθοδόξοις τε καὶ άπασῶν τῶν τοῦ Θεοῦ.

Βάτον ἐν Σινᾶ, ἀκατάφλεκτον ἀνυμνήσωμεν εἶδε σε πάλαι, Μωυσῆς γαστοί Μητέρα τοῦ Θεοῦ δουλοποεπῶς.

σου τὸ θεῖον πῦρ, ὡς χωρήσασα

κυήσασα Παοθενομῆτος, πᾶσι θερίζειν ἐθέλουσι, σωτηρίαν ή ΣΤΑΣΙΣ ΤΡΙΤΗ

ὀοθοβατεῖν, τοῖς

Άγγέλων, κυκλοῦντες



καὶ παριστάμεθα Παρθένε καὶ ἡμεῖς. Ζώωσον Άγνή, τοὺς εἰς σὲ πιστῶς καταφυγόντας, διὰ τῆς ὑπὲο αὐτῶν μεσιτίας σου, πρὸς τὸν

"Ηρω Μαριάμ, κατὰ φύσεως βροτείας νίκην, τὸν Χοιστὸν κυήσασα, ἀλλὰ κυήσασα θνήσκεις νόμω φύσεως βοοτῶν.

> Δόξα τῷ Πατοί, σὺν Υίῷ τε καὶ τῷ Παναγίω Πνεύματι προσάγομεν

> εὐπροσδέκτοις, πάντες σήμερον, τὴν

Άξιόν ἐστι, μεγαλύνειν σε τὴν Θεοδόχον, τὴν τῶν ἀοετῶν ταμεῖον ὑπάοξασα, καὶ χαρίτων άπασῶν τῶν τοῦ Θεοῦ.

Αί γενεαὶ πᾶσαι, ὕμνον τῆ ταφῆ

πανσέπτοις ὅλων Κτίστης, ἐν τῆ γάστοί σου

ίσταντο κυοφορίας, προξένου σωτηρίας.

ἄσμασι, Δυσώπει τὸν Υίόν σου, οἰκτείραι ἡμᾶς πάντας, ἐν τῆ μελλούση κοίσει.

> Έν οὐρανῷ ἐστάναι, νομίζομεν Παρθένε, έστῶτες τῷ Ναῷ σου.

Ζῶσι καὶ τεθνεῶσι, τοῖς ἐπὶ σὲ θαρροῦσιν, ἀντίληψιν σὰ δίδως.

Ή γῆ πανηγυρίζει, ὁ οὐρανὸς χορεύει, σοῦ ἄνω αἰρομένης.

Θανοῦσα ἀθανάτους, μετέβης πρὸς σκηνώσεις, ἐχθοὸς θανατούσα.

Ίνα τὸ κάλλος βλέπεις, τοῦ σοῦ Υίοῦ Παρθένε, πρὸς οὐρανοὺς μετέστης.

Καὶ ὄντως, ὢ Παρθένε, αἱ γενεαὶ πᾶσαι, μακαρίζουσί σε.

Έρραναν τὸν τάφον, μύροις τὸ σκῆνος, κηδεύσαντες σὸν Παρθένε.

Έρραναν τὸν τάφον, οί κηδεύσαντές σε, ἄνθεσι καὶ μύροις.

Έρραναν τὸν τάφον, μύροις Θεοτόκε, οί κηδεύσαντές σε.

"Ω Τριὰς Άγία, Πατὴρ Υίὸς καὶ Πνεῦμα, τοὺς λατρευτάς σου σῶσον.

Παναγία Μῆτερ, σκέπε καὶ φρούρει πάντας, τούς ἐπὶ σὲ θαρροῦντες.

Αί γενεαὶ πᾶσαι, ὕμνον τῆ ταφῆ σου, προσάγουσι Παρθένε.

Parish Registry

Weddings

- Donald Schmidt and Helen Deligiannis were joined in Holy Matrimony on Saturday, June 25th. Their sponsors were Ms. Denise Pettas and Mr. Angelo Angelos
- Anastasios Rousonelos and Stacy Dendrinos were joined in Holy Matrimony on Sunday, June 26th. Their sponsor was Mr. Andrew Alcott.

Baptisms

 The daughter of Mr. & Mrs. Demitrios Theodore was baptized on July 24th and was given the name Georgia by her Godparents John and Christina Xiarchos. The son of Mr. and Mrs. Jason Demas was baptized on July 30th and was given the name Theodore by his Godparents Charlie and Valerie Therman.

Να σας ζήσουν

Memorials

†40 days Pat Katsenis, †40 days Jani Vasiliadis, †3 mo Mihail Tzanetakos, †6 mo Stamoulis Vasilakis, †6 mo Helen Demopoulos, †1 yr Thomas Treantafeles, † 1 yr Zafira Jouras, †35 yrs Anastasios Jouras, †41 yrs Apostolos Jouras.

May their memory be eternal!

New 2022 Stewards July 1st—31st

We wish to thank the 268 Stewards who have committed their stewardship for 2022. Stewardship materials are available at the church office, in the community hall and on our website.

Ευχαριστούμε τους 268 ενορίτες που προσφέρατε την συνδρομή σας για το 2022. Η υποστήριξη όλων είναι απαραίτητη για την σωστή και θεάρεστη λειτουργία της ενορίας μας. Παρακαλούμε όπως όλοι συμβαλουμε την συνδρομή μας. Συμπληρώστε την κάρτα συνδρομής μέ τήν προσφορά σας και βοηθήστε να συνεχίσουμε όλοι μαζί την διακονία της ιεράς κοινότητός μας.

Dr. & Mrs. Alex Alemis

Mr. & Mrs. Kostas Alexopoulos

Mr. James Argyropoulos

Mr. Jason Demas

Mr. & Mrs. Demetrios Flaskos

Dr. Kaliopi Flaskos

Mr. & Mrs. Paul Glikis

Dr. & Mrs. Michael Hohlastos

Mr. & Mrs. Nicholas Iovino

Mr.& Mrs. George Maglaris

Ms. Georgia Malamis

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Mr. Andrew Pappas

Mr. & Mrs. Gus Pappas

Ms. Andreanna Petrakos

Mr. & Mrs. Andy Sotiropoulos

Ms. Rita Sperlakis

Ms. Georgia Tsigolis

Mrs. Patricia Vardalos

Mr. & Mrs. Kostas Vasilopoulos

Ms. Effie Zorbas

Total # of Stewards: 268



In gratitude for God's blessings, I commit to Christ and His Church as a Steward of Saint Spyridon with my 2022 Stewardship.



Saint Spyridon Ministries

Archangels Academy

The institution of the family lies at the center of the Orthodox families. success of every Orthodox community because it is in the family setting that dedicated Christians grow and thrive. It is in the family context where Christian values and the Orthodox way of life is instilled and adopted by tomorrow's generation. Archangels Academy, the first Orthodox Bilingual Preschool of the south suburbs offers an excellent Preschool program for our Orthodox families. Archangels Academy is welcoming all students who are 3 years old by September 1st. Classes are held Monday through Friday, 9:00am — 12:00am. School begins the day after Labor Day and ends the Thursday before Memorial Day.

Sunday School

Sunday School is held during the regular school year (September thru May). Grade levels are from Pre-School through 12th grade and registration is held in August and September. We ask all parents to enroll their children in Sunday School and have them attend on a regular basis so that they may come close to the Church and learn more about our beautiful Orthodox faith. Registration Fee for Sunday School is \$40/ student payable to Saint Spyridon.

Plutarchos Academy

The Afternoon Greek School is held twice a week on Mondays and Fridays from 4:45-6:45 p.m. and recognized by the Education Department of Greece and the FEK 49/T.B./6-2-1991. Grade levels are Pre-School through 6th Grade followed by the Ellinomathia seminars. The curriculum encompasses the Greek language, Reading, Writing, Speaking, History, Religion, Ecclesiastical Hymns, Geography of Greece, Greek Ethnic Hymns and Greek Dance. **Tuition Agreement** Form Required.

Family Night

Our family night ministry is for children in Pre-School through 5th grade. We meet bi-monthly on Friday evening, from 6:30-8:00. Light dinner is served, followed by games, lesson and craft. We also have social events planned. Flyer is forthcoming.

Cherubs

Under the wing of the Archangels Academy, Cherubs School hours. The Dancers participate in community is a toddler-caregiver program that welcomes our ethnic events as well as the parish festival. young children from 6 months to 4 years old, along with caregivers. The group meets every Wednesday, **Byzantine Music Classes** 10:30a.m.-12noon. The program runs September Adults and Students 1st grade through 12th grade are

through May and it is offered free of charge to all area

Athletics

All youth (boys and girls) between the ages of 5-17 are invited to join the Athletics Program of our parish. We are in need for coaches for the basketball season and for Jr. Olympics. For more information or to volunteer as a coach for one of the teams, please contact our athletic directors, Mr. Demetrius Marines &Mr. Nick Tsinoukas through the Church Office.

JUNIOR G.O.Y.A. & G.O.Y.A.

Boys and girls in 6th-12th are welcome to join. Various athletic, social and religious activities are held as well as other programs. Meetings are weekly, a schedule will be announced.

Altar Boys

Boys in 1st grade through High School are called to serve as Altar Boys. Along with their Altar duties, regular meetings and other programs are held. If you wish for your child to participate please contact Fr. George.

<u>Handmaidens</u>

Girls ages 7-17 are called to serve as Handmaidens. Meetings are geared toward service projects that teach young girls to offer their time and talents to the church and to the community at large. All meetings are held on Saturdays at 10:30. Our first meeting will be on Saturday, September 10th.

Junior Choir

All Sunday School students ages 7 and older are invited to join the Junior choir. The children sing ecclesiastical hymns during the Divine Liturgy once a month. Practice and Liturgy schedule will be announced.

Senior Choir

The choir chants hymns during the Divine Liturgy and other Church services during the entire year except the summer months of July and August. For practice schedule please consult the church calendar.

Greek Dancing

Greek ethnic and cultural dances are taught to children of all ages. Greek Dance is taught during Greek

SAINT SPYRIDON MINISTRIES

welcome. Classes are held every Saturday from 3:45 Orthodox faith (in Greek and English) and more. p.m.to 4:45 p.m.. Our first class will be on Saturday, Diakonia Agapes September 17.

Orthodox Missions

A program that seeks to bring our Lord's message of salvation to all who thirst for the water of Life, supporting in any possible way the overseas and home missions of the "Orthodox Christian Mission Center" Saint Augustine, FL.

Kentro of Orthodox Martyria

The Kentro is a ministry of our parish whose aim is to spread the word of God, further educate all the faithful in the Orthodox faith. The bookstore has available for purchase Byzantine Icons, religious books, religious videos of various Saints, cassettes analyzing our

A Parish ministry that provides aid and relief to those in need, the poor, the destitute, the sick and all those who may need help. Major food distributions are given to ten needy families for the major holidays of Pascha, Christmas, and Thanksgiving. Assistance is also provided to these and other families throughout the year. Please support our food pantry and our donation box for the poor located in the church narthex.

VOICE Publication

Parish news, announcements and religious articles are published every month in our monthly publication, "The Voice". This monthly newsletter, along with other announcements is available by e-mail or at our website: www.Saint-Spyridon.net.

PLUTARCHOS ACADEMY



Our classrooms are in need of a few smart televisions.

If you are able to donate one, or willing to contribute towards buying a new one, please contact the Church office.

Thank you in advance!



Plutarchos Academy of Saint Spyridon Church is ready for a very productive and fun new 2022-23 School Year. Our school offers in person classes every Monday and Friday, 4:45 –6:45 p.m.

We would like to invite everyone to the "Back to School **Celebration**" event that will take place at our Church on Saturday, August 27th, after the Divine Liturgy. It is a great opportunity to connect, sign up for some of our parish activities and groups, spend some time together and discuss things that affect the education of our children. Don't forget those backpacks!

Greek School classes begin on Friday, September 9th, after the Agiasmos Service.





Our program this year will use the "Geia Xara" book series and the "Ellinopoula" online learning platform. Our Ellinomatheia students will use the "Klik sta Ellinika" book series. Also, our program will continue to incorporate crafts, games and songs, theater and of course Greek dancing! This year's tuition will include a book and an "Ellinopoula" platform account.

As we are making our final preparations for our classes, scheduling teachers and curriculum needs, lesson plans and educational material, it is essential to know the number of students at each level. Register as soon as possible. Applications are available on our Church Website and at the Church office. Please, don't wait till the last minute.

We are looking forward to an amazing New School Year. Feel free to call or email the Church office with any questions.

Plutarchos Camp Kalokairaki 2022

The 3rd week of June our Plutarchos Academy hosted a Summer Camp. 32 PreK—6th graders took a summer journey with the amazing characters of Aesop and our Greek Mythology. Thank you to Mrs. Roula Boubourekas and Mrs. Evie Maroudas for organizing such a successful and full of fun camp! Thank you to father George for taking the time to visit with and teaching our campers important lessons every day. Thank you to our amazing volunteers for donating their time and talent! Thank you to the PTA, the Philoptochos and The White Sheep for sponsoring our "Last Day of Camp BBQ". Thank you to Mrs. Vicky Kournetas and the Hellenic Heartbeat for visiting.



Archangels Summer Camp

What an amazing week of fun, laughter & friendship at summer camp! Archangels Academy is so blessed to have so many wonderful & dedicated volunteers. Without them camp would not have been possible. Thank you again to all the beautiful children who spent the week with us! We have begun preparing for the 2022-2023 school year! Parents should be on the lookout for information regarding the beginning of the year! Open enrollment continues, please reach out with any questions! We hope & pray that everyone is relaxing & enjoying their families & the beautiful summer weather!

2022 GREEK FESTIVAL



2022 GREEK FESTIVAL



RAFFLE DONORS

Thank you to all our Festival Raffle donors for supporting our parish. The drawing was held on July 10th at 10:00 p.m. and streamed on our parish website. The prize winners are the following:

1st prize (\$7,5000): Nasia Paraskevopoulos

2nd prize (\$2,000): Goldie Xirafakis

3rd prize (\$1,000): Tasos Panagiotopoulos 4th prize (\$1,000): George Paraskevopoulos 5th prize (\$1,000): Chris Antonopoulos

Alemis, Chris Alexacos Alexakis, Alexios Alexakos, D. Alexopoulos, Chris Alikakos. Litsa Alpha Gyros

95th Produce

Anastasopoulos, Maria Angelos, John and Anna Antonopoulos, Chris

Aralis, Jim Ardam, Tim Argires, Steve Argiris, Nick

Argyropoulos, Andonis Argyropoulos, Gus Argyropoulos, James Argyropoulos, Nick

Asikin, Gale

Athenian Bodyshop Athenian Foods Bastas, Christi

Bechrakis Family Berdusis, Tom Bezanis, Dimitris Big Apple CH Bizoukas, Eleni Bliablias, Eugenia

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Bouzias, Ted and Kathy

Cajas, Ares
Cali, Phil
Carpet Crafters
Catsogiannis, Christos
Catsogiannis, Jim
Cermak Produce #5
Charalambos, Anna
Chibucos, Alexia

Chibucos, Caryn Chionis, James Christakes, Georgia Christofer Family Christos, Anthony Christy Family Collopy Family Colompos, Thalia Dagres, Christina Dagres, Kostas Dagres, Nick Dalmanes, Christos Dalmares, Ioanna Dalmares, Niko

Dalmares, Theodora Danos, Costas Danos, Georgia Data, Mina Deligianis, Helen Deligianni, Anastasia Deligiannis, Christos Demacopoulos, Tom

Demakis

Demchenko, Mike DeMilio, Greg Demopoulos, Bessie Denvers Rest Dimizas, Pete Discount Meats Co.

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Farrell, Alex
Favsatis, John
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Flaskas, Kaliopi
Flonek, Nick
Fountotos, Mariann
G & S Bus Rebuilders
Galiatsatos, Michael
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Georgakas, Constantine Georgelos Vandals, Patricia

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Georgiopoulos, An & Billy Georgiopoulos, Bill Georgiopoulos, Niko

Georgiopoulos, Tim Georgiou, George Gianikopiosnos, Tasos

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Goglou, Sam
Golfinopoulos, Pete
Golfis, Dimitri
Gonzalez, Miguel
Goutanis, Kathy
Grapsas, Kathy
Greco Foods

Green Hager, Bill

Halikias, Aris and Christine

Halikias, Helen
Halikias, Mario
Halikias, Peter
Halikias, Terry
Halikias, Yianna
Haniotakis, Andonis
Heartland Produce
Hiotis, Linda

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Ioannou, Ari J & R Dairy Jab Produce Jagodzinski, Ben Jagodzinski, Judy James, Curt and Efie Jarom, Issa, Michael

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Karuntzos, Jim
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Katsenis, Bill
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Katsoulakis, Mihail
Katsoulakis, Vivian
Katsoulis, Dina

Kavones, Vasso Kavroulakis, Angelika

Kilderis, Peter

Kilias, Bill and Christina

Kladis, Loula Kladis, Nick Klaois, Tasia Klapsis, Dimitrios Klideris, Peter Klioris, Louis Klioris, Stavroula

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Parr, Betty

Patio Food Products Inc. Patrianakos, George

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Poulos, Pete Golfino

Prassas, Pete

Primbas, Giorgos Primbas, Konstantinos Primbas, Peter Proutsos, Georgia Rackos, Christine Rakos, Hristos Reyes, John

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Schimanski, Sarah Searl, Glynn and Susanna

Shamma, Issa Shamma, Jordyn Shamma, Nick Shamma, Sammy

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Sopraiz, Mike Sotiropoulos, Peter & Helen

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Xando Café

Xenos, Peter

Xirafakis, Goldie

Yrapsis, Katherine

We apologize for the misspelling or omitting of any names.

Please bring it to our attention.



Many thanks to all the individuals and businesses THAT DONATED TO THIS YEAR'S FESTIVAL

Alpha Baking Alpha Gyros Anthony's Pancake House **Bezanis Dimitri** Big Apple Pancake **Blueberry Field Pancake Bradley Hotel/Quality Inn Christ Panos Foods**

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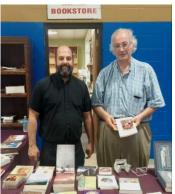
Skyline Restaurant Star Light Restaurant

Tasty Waffle Uncle Sam's X's & O's

...and many more dedicated donors and volunteers. If we have forgotten to list a supply donor name, we apologize, and please bring it to our attention so they may be included in the next issue of the VOICE.

NEW SACRAMENT ITEMS IN OUR BOOKSTORE





The bookstore has many new things to offer. In addition to new literature, we've added sacrament items. Currently we are offering baptismal sets that include:

1 large sheet 1 bath towel

1 hand towel

1 bar of soap

1 oil bottle

1 large candle

3 small candles

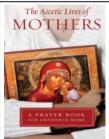
Carrying case

(These sets do not include baptismal outfits or undergarments)

Custom orders may be requested through the office or bookstore, but please note; the price is subject to change based off of the request. We ask for a 4 week notice.



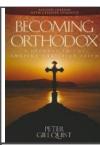
NEW BOOKS IN OUR BOOKSTORE



The ascetic Lives of Mothers: A prayer book for Orthodox moms

Annalisa Boyd knows motherhood—its challenges, its joys, and its potential for spiritual growth. In this prayer book she offers a wide selection of prayers mothers can use to intercede for their families as well as to grow in virtue themselves.

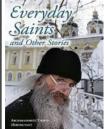
About the Author: Annalisa Boyd has been married to her wonderful husband for 21 years. Together they have 8 children, through birth and adoption, and have fostered 31 (so far). She is a bread baker, candy maker, self-proclaimed doula, avid tea drinker, and a normal mom working out her salvation with fear and trembling. She and her family live on their one-acre micro farm in the beautiful foothills of the Rocky Mountains of Colorado. It is her greatest desire to follow Christ wherever He leads and to encourage children and mamas in their journey heavenward.



Becoming Orthodox by Fr. Peter Gilquist

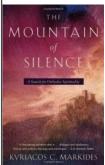
After a long and difficult journey, 2000 weary evangelical Protestants finally found their way home. This is the story of a handful of courageous men and their congregations who risked stable occupations, security, and the approval of lifelong friends to be obedient to God's call.

It is also the story of every believer who is searching for the Church. Where Christ is Lord. Where holiness, human responsibility, and the Sovereignty of God are preached. Where fellowship is more than a covered-dish supper in the church basement. And where fads and fashion take a back seat to apostolic worship and doctrine.



Everyday Saints and Other Stories by Archimandrite Tikhon

In Communist Russia in 1984, five youths from non-religious backgrounds joined a monastery. This is the story of what they experienced and some of the "everyday saints" they met. The author says, "In this book I want to tell you about this beautiful new world of mine, where we live by laws completely different from those in 'normal' worldly life—a world of light and love, full of wondrous discoveries, hope, happiness, trials and triumphs, where even our defeats acquire profound significance: a world in which, above all, we can always sense powerful manifestations of divine strength and comfort."

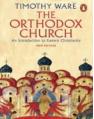


The Mountain of Silence by Kyriacos Markides

An acclaimed expert in Christian mysticism travels to a monastery high in the Mountains of Cyprus and offers a fascinating look at the Greek Orthodox approach to spirituality.

In an engaging combination of dialogues, reflections, conversations, history, and travel information, the author follows Father Maximos, a Mount Athos monk, to the troubled island of Cyprus. As Father Maximos establishes churches, convents, and monasteries in this deeply divided land, Markides is awakened anew to the magnificent spirituality of the Greek Orthodox Church.

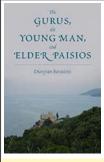
Images of the land and the people of Cyprus and details of its tragic history enrich the *Mountain of Silence*. Like the writings of Castaneda, the book brilliantly evokes the confluence of an inner and outer journey. The depth and richness of its spiritual message echo the thoughts and writings of Saint Francis of Assisi and other great saints of the Church as well. The result is a remarkable work—a moving, profoundly human examination of the role and the power of spirituality in a complex and confusing world.



The Orthodox Church by Timothy (Bishop Kallistos) Ware

This revised and updated third edition of the classic introductory work on the Orthodox Church (first written 50 years ago) has become a worldwide standard in colleges and seminaries. Part One describes the history of the Orthodox Church. Part Two outlines doctrine and worship. The final chapter deals with restoring the breaches between East and West.

About the Author: Timothy Ware (the Most Reverend Metropolitan Kallistos of Diokleia), was Spalding Lecturer of Eastern Orthodox Studies at Oxford University until his retirement in 2001.



The gurus, the young man, and Elder Paisios by Dionysius Farasiotis

This powerful memoir tells the story of a Greek youth who, out of a desire to know the truth empirically, began to experiment in yoga, hypnotism, and various occult techniques. Eventually drawn back to the Faith of his forefathers—Orthodox Christianity—he visited the ancient monastic republic of Mount Athos in his native Greece, where he was brought to a knowledge of the Truth of Jesus Christ by the saintly Elder Paisios (1924–1994). Nevertheless, believing he had only found "part of the truth" on the Holy Mountain, he chose to give the "same opportunity" to Hindu yogis that he had given to Elder Paisios and other Orthodox monks. Thus, at the age of twenty-five, he embarked on a trip to India, where he undertook his search in the ashrams of three famous gurus, one of whom was worshipped as a god. His experiences in India, along with his subsequent en-

PARISH ANNOUNCEMENTS



The 2022 Scholarships are generously offered

In memory of Mr. Peter K. Manasses by his beloved wife, Tina and family.



(2) UNDERGRADUATE STUDENT SCHOLARSHIPS - \$2000 EACH (2) GRADUATE STUDENT SCHOLARSHIPS - \$3000 EACH

ALL RECENT UNDERGRADUATES AND GRADUATES OF THE St. Spyridon Community are welcome to apply. Application deadline is August 18, 2022.

To apply, scan or click the the QR code to download the appropriate application, guidelines and instructions for applying. For further questions, email Maria Baltsas englishteacher30@yahoo.com





Philoptochos Scholarship High School and Undergraduate Application

The Greek Orthodox Ladies Philoptochos Society of St. Spyridon of Palos Heights will offer scholarships to one High School graduate and one student who is enrolled in undergraduate studies. Applicant must be a

This is a competitive scholarship based on need and merit with the award winner to be selected upon recommendation by the Scholarship Committee, Applicants must be accepted into an accredited college, university or vocational program OR currently attending an accredited college, university or vocational program. Application and ALL REQUIRED INFORMATION MUST BE EMAILED by August 18, 2022 to englishteacher30@yahoo.com

- High School Seniors and undergraduate students are eligible to apply.
- Applicant must be a son/daughter of a steward of St. Spyridon Greek Orthodox Church.
- An official transcript with the school's official seal.
- Two letters of recommendation: the first from a teacher, advisor, counselor, dean, or coach. The letters must be on the school's letterhead; the second-applicant's choice.
- . List activities in your school. Include sports, club memberships, volunteer work, band, drama, student council, National Honor Society.
- . List activities relating to your parish of St. Spyridon. Include Altar Service, Choir, Greek School, GOYA, Athletics Volunteering at Festival, Sunday School, Oratorical Festival, etc. Include the number of months or years
- List any other extracurricular or community activities/services. Include any work experience
- List of offices held, awards, special honors, special achievements both in school, at church, or in your community.
- · Personal Statement (300 words or less): The Philoptochos Society serves our St. Spyridon parish in many ways We are always ready to assist our parish with our time, talents and hard work. But our good works go much further. The name "Philoptochos" means friends to the poor. We come to the aid of the needy, the poor and elderly, not only within our parish, but also to our local community, nationally and even to Orthodox Christians throughout the world. As a student now and then later in your future, how do you see yourself serving to help those less fortunate?

The St. Spyridon Philoptochos reserves the right to award more than one scholarship in the same academic year, based on required qualifications, grades, and service projects of the applicant.

PHILOPTOCHOS

Philoptochos Scholarship **Graduate Studies Application**

The Greek Orthodox Ladies Philoptochos Society of St. Spyridon of Palos Heights is offering a scholarship for two students who completing graduate coursework. Applicants must be currently attending an accredited college,

university or vocational program. This is a competitive scholarship based on need and merit with the award winner(s) to be selected upon recommendation by the Scholarship Committee. Application and ALL REQUIRED INFORMATION MUST BE EMAILED by August 18, 2022 to englishteacher30@yahoo.com

- · Current Graduate students are eligible to apply.
- · Applicant must be a son/daughter of a steward of St. Spyridon Greek Orthodox Church.
- A copy of last semester's college transcript with the school's official seal.
- Two letters of recommendation (may be from a professor, employer, internship/research adviser, volunteer groups)
- · A resume that includes your career objective, college activities, community activities, service, and any special honors or achievements you have received while attending undergraduate or graduate
- . Submit the following essay along with the application and all required documentation. The essay should be double spaced and at least 500 words and no more than 700 words in length
 - o Prompt: As a member of St. Spyridon, you have been afforded many opportunities to participate in church life. How do you incorporate philanthropy in your career goals and in your personal life?

The St. Spyridon Philoptochos reserves the right to award more than one scholarship in the same academic year, based on required qualifications, grades, and service projects of the applicant.

BYZANTINE MUSIC CLASSES

CLASSES ARE HELD EVERY SATURDAY (STARTING SEPTEMBER 17)

3:45 PM TO 4:45 PM FOLLOWED BY VESPERS AT 5 PM

SAINT SPYRIDON HELLENIC ORTHODOX CHURCH 12307 S. RIDGELAND AVENUE, Palos Heights, IL WWW. SAINT-SPYRIDON.NET

STUDENTS: 1ST GRADE THROUGH 12TH GRADE AND ADULTS ARE WELCOME

> INSTRUCTORS: ALEXIA CHIBUCOS AND FATHER GEORGE LAMBERIS







PARISH ANNOUNCEMENTS

St. Spyridon Philoptochos

School Supply Drive

July 15 - August 15

The following items are needed:
Wide-Ruled Notebook Paper - Pencils - Pocket
Folders - Spiral Notebooks - Crayons Washable markers - Top Erasers - Supply boxes Glue Sticks - Scissors - Rulers - Colored Pencils Dictionary - Assignment Notebooks TI 83 Calculators

If you wish to donate, supplies bins will be outside the office and by the food pantry in the gym.

Any monetary donations are welcomed.

Sponsor a student for \$50 each!

(Make checks payable to St Spyridon Philoptochos)

For more information contact: Stephanie Collopy - 312 613 0434 Stella Parhas - 708 717 2518





Plutarchos Hellenic Language & Heritage Academy



Saint Spyridon Hellenic Orthodox Church 12307 S. Ridgeland Avenue Palos Heights, Illinois 60463



- Preschool Class
 For 3 & 4 year olds where our littlest learners sing & play their way to speaking
- Kindergarten through 6th Grade Focused on reading, writing, speaking & listening with an emphasis on oral communication
- Path to Ellinomathia Certification
 Full immersion classes for
 students in 3rd-12th grade, seeking
 language credentials, which can
 be used to study in universities in
 Greece & in Europe or for
 professional purposes
- Weekly Greek Music & Dance Lessons
 Focused on teaching our traditions & rich cultural heritage

CLASSES OFFERED

Monday/Fridays 4:45 p.m. to 6:45 p.m.

For more information please contact the church office at 708*385*2311 or by email at stspyridonplutarchos@gmail.com

Our Kindergarten to 8th grade learning path goal areas align to world-readiness standards for learning languages Archangels Academy Preschool

ENROLLMENT OPEN
2022-2023



CLASSES OFFERED

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- Orthodox Faith
- Hellenic Language & Heritage



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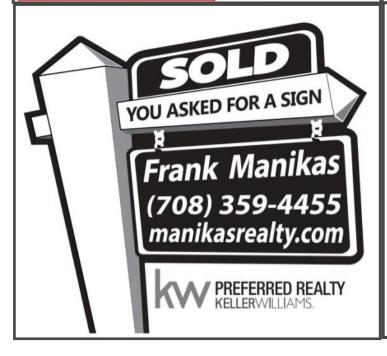


At A&C Collision Center we know how important your vehicle is to you. Therefore, we will ensure all vehicles are expertly restored to the highest possible standards. Due to our wealth of experience, we are equipped to handle a variety of vehicles, imports and domestic.

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