



**SAINT SPYRIDON**  
HELLENIC ORTHODOX CHURCH

*generations of faith & tradition*

# THE VOICE

**NOVEMBER 2023 - VOLUME No. 384**  
**SAINT SPYRIDON HELLENIC ORTHODOX CHURCH**

12307 SOUTH RIDGELAND AVENUE, PALOS HEIGHTS, ILLINOIS 60463  
FIND US ON FACEBOOK, INSTAGRAM & YOUTUBE



JOIN US FOR THE ANNUAL  
**Godparent Brunch**  
November 5th, 2023  
AFTER DIVINE LITURGY IN THE COMMUNITY CENTER

\$20 ADULTS | \$10 CHILDREN

Seats are limited.  
Reservations are strongly encouraged.  
To make a reservation please email the PTA at:  
spyridonpta@gmail.com  
or  
Visit us at our reservation table on Sundays  
after Liturgy.



**Saint Spyridon Plutarchos Hellenic Academy**  
Presents a Fellowship Event

**PRE-GAME**  
X' and O's Sports Lounge  
6405 W 127th St,  
Palos Heights, IL 60463  
**LIVE**

**\$40 (pre-paid)**  
**\$50 (at the door)**  
admission + food +  
beer + wine  
will be served from  
6:30-8:30pm

**THURSDAY, NOVEMBER 9TH**

 **BEARS** VS **PANTHERS** 

**7:15PM**

RESERVATIONS ENCOURAGED PLEASE CALL THE OFFICE OR SCAN THE QR CODE




## The Voice

### Η φωνή

Official Monthly Community  
Publication of St. Spyridon  
Hellenic Orthodox Church  
12307 S. Ridgeland Avenue  
Palos Heights, IL 60463

**REV. FR. GEORGE  
LAMBERIS  
PARISH PRIEST  
Church Office**

Hours: Monday-Friday 9 a.m.-2 p.m.  
Phone: 708-385-2311  
Fax: 708-385-0166  
E-mail: office@Saint-Spyridon.net  
Web: www.Saint-Spyridon.net

### Parish Council Officers

|                     |                     |
|---------------------|---------------------|
| Frank Kopanis       | President           |
| George Papadopoulos | Vice-President      |
| James Xeros         | Vice-President      |
| Panagiotis Stamus   | Secretary           |
| Spiros Tzanetakos   | Assistant Secretary |
| Gus Kolyvas         | Treasurer           |
| Jim Korbakes        | Assistant Treasurer |

### Auxiliary Officers

|                       |                           |
|-----------------------|---------------------------|
| Alexia Chibucos       | Chanter                   |
| Dana Vasilakos        | Philoptochos              |
| Vicky Argyropoulos    | P.T.A.                    |
| Gus Rougas            | Kentro                    |
| Jimmy Korbakes        | Kentro                    |
| Marianna Haniotakis   | Plutarchos<br>Academy     |
| Sofea Malamis         | Archangels<br>Academy     |
| Evelyn Christakos     | Cherubs                   |
| Zoe Kopanis           | Sunday School<br>Director |
| Stacy Vallianatos     | G.O.Y.A.                  |
| Stephane Collopy      | G.O.Y.A.                  |
| Pres. Diana Lamberis  | Family Night              |
| Vivian Tzanetakos     | Family Night              |
| Ria Hronis            | Family Night              |
| Labros Malfas         | Altar Boys                |
| Zachary Chibucos      | Altar Boys                |
| Vicky Argyropoulos    | Handmaidens               |
| Demetrius Marines     | Athletics                 |
| Nick Tsinoukas        | Athletics                 |
| Stella Parhas         | Food Pantry               |
| Litsa Tsarouhis       | Church Office             |
| Marianna Haniotakis   | Church Office             |
| Soteria Simantirakis  | Custodian                 |
| Pete Mihalopoulos     | Iconography               |
| Sophia Cristofer      | Floga Dance               |
| Evi Marouda           | Floga Dance               |
| Anastasia Deligiannis | Floga Dance               |
| Patty Pappas          | Floga Dance               |

## *FATHER'S LETTER*

### *TRUE FORGIVENESS*

"I'll forgive, but I will never forget!" We hear this often and think we have done our part if we get to this point. But what exactly is going on in our hearts?

The Christian is called to forgive in a much deeper way than just saying "it's okay" when we are told "I'm sorry." Certainly, it is more than acting like everything is okay without having resolved the problem. This is avoidance, not forgiveness.

Forgiveness is the watchword of the Christian life. We cannot be Christians without forgiveness. We are slowly approaching the Christmas fast which will begin on November 15. Soon enough, we will come to experience the birth of Jesus Christ only to see Him wrapped in swaddling clothes and laying in a manger. He is wrapped appearing as if He is in a burial shroud revealing that Christ is born to die. Christ's death on the cross exemplifies how we should forgive as Christ did on the cross "Forgive for they know not what they do." This kind of forgiveness – unconditional, radical forgiveness and love – is this humanly possible?

Yes, over and over again, Jesus taught a radical form of forgiveness. But He didn't just talk about it. He practiced it. He forgave all of us – the ones who crucified Him and continue to do so today. And yes, he expected this from His disciples just as He calls us to this same forgiveness here in 2023 AD.

We might be thinking, "Ok Father, but I'm human. I'm not perfect like God. I can't be expected to forgive in this manner." Yet we believe as Orthodox Christians that God became human so that we could become like Him (St. Athanasios). Our Lord did not become incarnate to simply be a teacher or activist. He came to make it possible for us to return to Paradise, and the return to Paradise begins in this life. This journey begins with forgiveness.

In the Lord's prayer, He invites us to ask God to "forgive us our trespasses as we forgive those who trespass against us." Afterwards, He goes on to say, "If you forgive others their trespasses, your heavenly Father will also forgive you, but if you don't forgive others their trespasses, neither will your Father forgive your trespasses" (Matthew 6:14-15) So God forgives us, but it depends on our attitude of forgiveness toward others.

It's easy to hold on to our hurt or anger when we are harmed. We may refuse to forgive or wait until the other person comes forward. But what good comes from resentment? We are tempted many

## FATHER'S LETTER

times to forgive when someone has “proven” they are sorry like it’s some sort of legal pardon that we grant when we feel they are ready.

On the contrary, we have done nothing to deserve God’s forgiveness, and yet He died for us. We can’t repay such a debt. If we realize that God’s forgiveness is a great gift that we didn’t earn or can’t repay, then why do we expect that from others? Forgiveness is a gift we give without expecting anything in return. This is the spirit of correct gift-giving. Don’t expect anything in return.

Resentment locks us in the chains of a heavy weight that is difficult to carry. It eats away at us and we become bitter, angry and unhappy. It takes away our joy as we begin to live our lives as victims. In Christ, we are not victims but conquerors and sharers in the death and resurrection of Christ. Therefore, we must rise with Him and follow His example of forgiveness! When we forgive, we open our hearts to love. If we are prepared to forgive, then we will also be prepared and quicker to ask forgiveness also.

As the Christmas fast will soon begin on November 15, let us contemplate the Gift of eternal life that begins with the birth of Jesus Christ. Have the humility to ask someone to forgive you. It is very rare that the person who is offended does nothing wrong. Be introspective, be aware of your thoughts, attitudes, and your words. We can’t change the past, but we can learn from it and live better now.

Forgiveness is more than words; it is an attitude and a way of living out our Christian life. Do you struggle with resentment? Does your pride or fear of getting hurt keep you from forgiving? Now is the time to forgive and prepare for paradise. Now is the time – “Blessed is the Kingdom of the Father and of the Son and of the Holy Spirit!” This Kingdom, beloved faithful, is here and now.

*F. George*

## ICONOGRAPHY

Our Iconography class meets every Wednesday from 5:30 p.m. to 7:00 p.m. We are thankful to Mr. Panagiotis Mihalopoulos for offering his time and talent to continue this beautiful tradition, prayer and liturgical art.



## PRESIDENT'S LETTER

Dear Saint Spyridon Parish Family,

Χαίρεται, Καλό Μήνα και Καλό Χριστουγεννιάτικο  
Σαραντολειτούργο με υγεία.

Greetings, with much hope and prayer that all of us and our families are staying in good health and doing well. We are grateful to our Father George, through the intercessions of our beloved patron Saint Spyridon, for offering the Christmas Sarantoleitourgo beautiful holy services that will begin in a couple of weeks on November 15th. Our parish is blessed for Father George's efforts to share his ministry with us and help keep us on the spiritual and good path.

The 106th Annual Fellowship Dinner Dance took place on Sunday, October 22nd, at Georgios Banquets in Orland Park. Thank you to Dana Vasilakos, Vicky Argyropoulos, Zoe Kopanis, all of the volunteers and the Georgiou family for helping make it such a memorable evening. It was inspiring to see our parish and community children lead the way with a dance performance by the Saint Spyridon Floga Dance Troupe. Many thanks to dance instructors Sophia Christopher, Evie Maroudas, Patty Pappas, the volunteers and all of the parents for their commitment to have their children learn about, and continue the Greek heritage and culture.

Thank you to all of the parishioners that helped make the Fall General Assembly Meeting on October 29th more meaningful with their active participation. Some of the meeting highlights included votes to approve the 2024 Parish Budget and 2022 Audit Report, as well as the selection of a Board of Elections and new Board of Auditors. Thank you to Alexia Chibucos, Anastasia Deligiannis and Chris Deligiannis for volunteering for the Board of Auditors.

The parish council elections are scheduled to take place on December 10th. Thank you to the Board of Elections members Eleni Bizoukas, Alexia Chibucos, Christina Kiliias, Telly Korbakes and Patricia Vythoukias for volunteering to help Father George oversee the parish council elections. Applications for parish council candidacy will be forthcoming in the postal mail to the parish and will also be available in the church office.

More volunteers and more efforts are needed as there are many moving parts that require attention to operate our parish. Please consider applying as a candidate or otherwise become involved in a ministry, a committee, one of the schools or any of the many events and activities. Every volunteer and their actions matter, as they help take ownership and provide responsibility for some portion of our beloved Saint Spyridon's church, to benefit our parish and community. Please volunteer by contacting Father George, any of the parish council members, any of the ministry/school leaders or the church office at (708) 385-2311 for more information.

Thank you to Father George, the parish council members, all of the church organizations and committees, the parishioners, volunteers and donors for helping our parish and families by supporting, participating and leading the church ministries.

Please attend church and partake in the many peaceful holy services that are offered at this time of the year.

Καλή δύναμη και καλή συνέχεια

May Saint Spyridon continue to guide us and protect us.

Humbly submitted, Frank Kopanis



## DINNER DANCE

Thank you everyone who attended our Annual Dinner Dance on Sunday, October 22nd. Georgios Banquets hosted a delicious dinner to celebrate the 106th anniversary of our St. Spyridon Parish. Adults and kids alike enjoyed the fellowship and time spent together. Thank you to Vicky Argyropoulos, Zoe Kopanis and Dana Vasilakos for organizing such a wonderful parish event. Και του χρόνου!



# FLOGA HELLENIC DANCE TROUPE

We are absolutely thrilled to welcome the little dancers to our beginners group (Springs of Basil)! At Floga, we believe in building a bright future while embracing the joy of dance. Our goal is to create a fun and inclusive environment where children can explore the beauty of Greek music and dance. We can't wait to witness their growth, creativity, and passion as they embark on this exciting journey with us!

Our intermediate dance group (The Wonderworkers) and our Advanced group (Floga) meet every Friday at 6:40 pm. We are thrilled to welcome new dancers each week, with the numbers doubling this year. In October, the Intermediate and Advanced groups performed at the Annunciation Greek Orthodox church Festival in Kankakee. The Advance group also performed at the Greek/American Nursing home. The residents were so excited to see our youth passing on their traditions through dance. We finished off the month by having the honor of performing at St Spyridon's dinner dance for our parish. The kids did an incredible job, and it was a memorable experience for all.

Thanks again to the Parish for all their support and we are looking forward to another great year! OPA!

*Sophia Christofer & Evi Marouda*



# November 2023 — Community Calendar

| SUNDAY  | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   | SATURDAY  |
|---|---|--|--|--|--|---|
|   |   |  | <b>1</b><br>9:00am — Archangels Academy<br>10:30am — Cherubs<br>5:30pm — Iconography Class<br>6:30 pm — Philoptochos Mtg<br>7:00 pm — GOYA | <b>2</b><br>9:00am — Archangels Academy<br>1:00pm — Food Distribution  | <b>3</b><br>9:00 am — Archangels Academy<br>4:30 pm — Greek School<br>6:30 pm — Family Night   | <b>4</b><br>10 am — Handmaidens/ Altar Boys ( to be tonsured)<br>3:30 p.m. — Byzantine Music Class (Beginners)<br>4:15 pm. — Byzantine Music Class (Intermediate) |
| <b>5</b><br>Family Worship<br>Godparent Sunday Brunch                                   | <b>6</b><br>9:00 am — Archangels Academy<br>4:30 pm — Greek School<br>6:40 pm — Floga Dance Troupe Beginners                    | <b>7</b><br>9:00am — Archangels Academy<br>Christianiki Philoxenia — 10:30 a.m. @ Assumption, Homer Glen | <b>8</b><br>9:00am — Archangels Academy  | <b>9</b><br>9:00am — Archangels Academy<br>1:00pm — Food Distribution<br>6:30pm — Plutarchos Fundraiser/Bears Game | <b>10</b><br>9:00 am — Archangels Academy<br>4:30 pm — Greek School<br>6:40 pm — 7:30 pm — Floga Dance Troupe Intermediate/Advanced    | <b>11</b><br>3:30 p.m. — Byzantine Music Class (Beginners)<br>4:15 pm. — Byzantine Music Class (Intermediate)   |
| <b>12</b><br>Sunday School<br>4:30 p.m. — Bus departs for St. John Chrysostom Monastery | <b>13</b><br>9:00 am — Archangels Academy<br>4:30 pm — Greek School<br>6:40 pm — Floga Dance Troupe Beginners                   | <b>14</b><br>9:00am — Archangels Academy<br>7:00pm Parish Council meeting                                | <b>15</b><br>9:00am — Archangels Academy<br>10:30am — Cherubs<br>5:30pm — Iconography Class<br>7:00 pm — GOYA                              | <b>16</b><br>9:00am — Archangels Academy<br>1:00pm — Food Distribution   | <b>17</b><br>9:00 am — Archangels Academy<br>4:30 pm — Greek School<br>6:40 pm — 7:30 pm — Floga Dance Troupe Intermediate/Advanced    | <b>18</b><br>3:30 p.m. — Byzantine Music Class (Beginners)<br>4:15 pm. — Byzantine Music Class (Intermediate)   |
| <b>19</b><br>Sunday School  | <b>20</b><br>10:00am — Philoptochos Feed the Hungry Packing<br>4:30 pm — Greek School<br>6:40 pm — Floga Dance Troupe Beginners | <b>21</b><br>10:30am — Philoptochos Feed the Hungry at Annunciation Cathedral                            | <b>22</b><br>OFFICE CLOSES AT NOON   | <b>24</b><br>HAPPY THANKSGIVING  | <b>24</b><br>OFFICE CLOSED   | <b>25</b>   |
| <b>26</b><br>Family Worship   | <b>27</b><br>9:00 am — Archangels Academy<br>4:30 pm — Greek School<br>6:40 pm — Floga Dance Troupe Beginners                   | <b>28</b><br>9:00am — Archangels Academy   | <b>29</b><br>9:00am — Archangels Academy<br>10:30am — Cherubs<br>5:30pm — Iconography Class  | <b>30</b><br>9:00am — Archangels Academy<br>1:00pm — Food Distribution   | <b>Dec 1</b><br>9:00 am — Archangels Academy<br>4:30 pm — Greek School<br>6:40 pm — 7:30 pm — Floga Dance Troupe Intermediate/Advanced | <b>Dec 2</b><br>Christmas Craft Show<br>3:30 p.m. — Byzantine Music Class (Beginners)<br>4:15 pm. — Byzantine Music Class (Intermediate)                          |

## ***SCHEDULE OF DIVINE SERVICES***

|                               |  |
|-------------------------------|--|
| Saturday, November 4th        | Vespers—5:00 p.m.  |
| Sunday, November 5th          | Orthros & Divine Liturgy—8:00 a.m.– 11:30 a.m.   |
| Tuesday, November 7th         | Christianiki Philoxenia at Assumption Church in Homer Glen,<br>Paraklesis—10:30 a.m.   |
| Wednesday, November 8th       | Synaxis of the Archangels, 1st Hour & Divine Liturgy —8:00 a.m.—9:30 a.m.<br>Vespers at St. Nektarios Church, Palatine, IL—7:00 p.m. |
| Thursday, November 9th        | St. Nektarios, 1st Hour & Divine Liturgy —8:00 a.m.—9:30 a.m.  |
| Saturday, November 11th       | Vespers—5:00 p.m.  |
| Sunday, November 12th         | Orthros & Divine Liturgy—8:00 a.m.—11:30 a.m.<br>Vespers at St. John Chrysostom Monastery, Kenosha, WI—6:00 p.m.                     |
| Monday, November 13th         | St. John Chrysostom—Divine Liturgy at the Monastery—7:00 a.m.  |
| Wednesday, November 15th      | Beginning of Christmas Lent, 1st Hour & Divine Liturgy—8:00 a.m.-9:30 a.m.   |
| Thursday, November 16th       | Evangelist Matthew, Orthros & Divine Liturgy—8:00 a.m.—10:15 a.m.  |
| Friday, November 17th         | 1st Hour & Divine Liturgy—8:00 a.m.—9:30 a.m.  |
| Saturday, November 18th       | 1st Hour & Divine Liturgy—8:00 a.m.—9:30 a.m.* Great Vespers—5 p.m.  |
| Sunday, November 19th         | Orthros & Divine Liturgy—8:00 a.m.—11:30 a.m.  |
| Monday, November 20th         | 1st Hour & Divine Liturgy—8:00 a.m.—9:30 a.m.  |
| Tuesday, November 21st        | Entrance of the Theotokos, Orthros & Divine Liturgy—8:00 a.m.—10:30 a.m.   |
| Wednesday, November 22nd      | No Divine Liturgy  |
| Thursday, November 23rd       | No Divine Liturgy  |
| Friday, November 24th         | No Divine Liturgy  |
| Saturday, November 25th       | Orthros & D. Liturgy —8:30 a.m. at Ss. Constantine & Helen, Palos Hills  |
| Sunday, November 26th         | Orthros & Divine Liturgy —8:00 a.m.. — 11:30 a.m.  |
| Monday, November 27th         | 1st Hour & Divine Liturgy—8:00 a.m.—9:30 a.m.  |
| Tuesday, November 28th        | 1st Hour & Divine Liturgy—8:00 a.m.—9:30 a.m.  |
| Wednesday, November 29th      | 1st Hour & D. Liturgy—8:00 a.m. * Great Vespers at St. Andrew's—7 p.m.   |
| Thursday, November 30th       | St. Andrew the First Called Apostle, 1st Hour & Divine Liturgy—8:00 a.m.   |
| Friday, December 1st          | Agiasmos & Divine Liturgy—8:00 a.m.—9:45 a.m.  |
| Saturday, December 2nd        | St. Porphyrios, Divine Liturgy—7:45 a.m *Great Vespers—5 p.m.  |
| Sunday, December 3rd          | Orthros & Divine Liturgy—8:00 a.m.—11:30 a.m.  |
| Monday, December 4th          | St. Barbara & St. John of Damascus, 1st Hour & Divine Liturgy—8:00 a.m..   |
| Tuesday, December 5th         | 1st Hour & Divine Liturgy—8:00 a.m.—9:30 a.m.<br>Great Vespers at St. Nicholas—7 p.m.  |
| Wednesday, December 6th       | Orthros & Divine Liturgy at St. Nicholas, Oak Lawn—8:15 a.m.   |
| Thursday, December 7th        | St. Ambrosios of Milan, Orthros & Divine Liturgy—8:00 a.m.—10:15 a.m.  |
| Friday, December 8th          | 1st Hour & Div Liturgy—8:00 a.m.* Paraklesis to St. Spyridon—5:00 p.m.   |
| Saturday, December 9th        | 1st Hour & Divine Liturgy—8:00 a.m.—9:30 a.m. *Great Vespers—5 p.m.  |
| Sunday, December 10th         | Orthros & Divine Liturgy—8:00 a.m.   |
| <b>Monday, December 11th</b>  | 1st Hour & Divine Liturgy—8:00 a.m.—9:30 a.m.<br><b>Feast Day of Saint Spyridon, Great Vespers—7:00 p.m.</b>                         |
| <b>Tuesday, December 12th</b> | <b>St. Spyridon the Wonderworker, Orthros &amp; Divine Liturgy—8:00 a.m.</b>   |

\*\*\* Times/services for this date is subject to change per guidance from the Holy Metropolis.



## ΠΡΟΓΡΑΜΜΑ ΙΕΡΩΝ ΑΚΟΛΟΥΘΙΩΝ

|                        |  |
|------------------------|--|
| Σαββάτο 4 Νοεμβρίου    | Μέγας Εσπερινός—5:00 μ.μ.  |
| Κυριακή 5 Νοεμβρίου    | Όρθρος και Θεία Λειτουργία—8:00 π.μ.—11:30 π.μ.  |
| Τρίτη 7 Νοεμβρίου      | Χριστιανική Φιλοξενία στον Ι.Ν. Κοιμήσεως της Θεοτόκου Homer Glen,<br>Παράκληση—10:30 π.μ.                               |
| Τετάρτη 8 Νοεμβρίου    | Σύναξη των Αρχαγγέλων, 1η Ώρα & Θεία Λειτουργία—8:00 π.μ.—9:30 π.μ.<br>Εσπερινός στον Ι. Ναό του Αγ. Νεκταρίου—7:00 μ.μ. |
| Πέμπτη 9 Νοεμβρίου     | Αγ. Νεκταρίου, 1η Ώρα & Θεία Λειτουργία—8:00 π.μ.—9:30 π.μ.  |
| Σαββάτο 11 Νοεμβρίου   | Μέγας Εσπερινός—5:00 μ.μ.  |
| Κυριακή 12 Νοεμβρίου   | Όρθρος και Θεία Λειτουργία—8:00 π.μ.—11:30 π.μ.<br>Μέγας Αρχιερατικός Εσπερινός και Όρθρος στο Μοναστήρι—6:00μ.μ.        |
| Δευτέρα 13 Νοεμβρίου   | Αγίου Ιωάννου του Χρυσοστόμου, Θ. Λειτουργία στο Μοναστήρι—7:00 π.μ.   |
| Τετάρτη 15 Νοεμβρίου   | Αρχίζει το Σαρανταλείτουργο και η Νηστεία των Χριστουγέννων<br>1η Ώρα & Θεία Λειτουργία—8:00 π.μ.—9:30 π.μ.              |
| Πέμπτη 16 Νοεμβρίου    | Αποστόλου Ματθαίου, Όρθρος και Θεία Λειτουργία—8:00 π.μ.—10:15 π.μ.  |
| Παρασκευή 17 Νοεμβρίου | 1η Ώρα & Θεία Λειτουργία—8:00 π.μ.—9:30 π.μ.   |
| Σαββάτο 18 Νοεμβρίου   | 1η Ώρα & Θεία Λειτουργία—8:00 π.μ.—9:30 π.μ. * Μέγας Εσπερινός—5:00 μ.μ.   |
| Κυριακή 19 Νοεμβρίου   | Όρθρος και Θεία Λειτουργία—8:00 π.μ.—11:30 π.μ.  |
| Δευτέρα 20 Νοεμβρίου   | 1η Ώρα & Θεία Λειτουργία—8:00 π.μ.—9:30 π.μ.   |
| Τρίτη 21 Νοεμβρίου     | Εισόδια της Θεοτόκου, Όρθρος και Θεία Λειτουργία—8:00 π.μ.—10:30 π.μ.  |
| Τετάρτη 22 Νοεμβρίου   | Δεν θα τελεσθεί Λειτουργία   |
| Πέμπτη 23 Νοεμβρίου    | Δεν θα τελεσθεί Λειτουργία   |
| Παρασκευή 24 Νοεμβρίου | Δεν θα τελεσθεί Λειτουργία   |
| Σάββατο 25 Νοεμβρίου   | Όρθρος & Θ. Λειτουργία 8:30 π.μ. -Ι.Ν. Αγ. Κων/νου & Ελένης, Palos Hills   |
| Κυριακή 26 Νοεμβρίου   | Όρθρος και Θεία Λειτουργία—8:00 π.μ.—11:30 π.μ.  |
| Δευτέρα 27 Νοεμβρίου   | 1η Ώρα & Θεία Λειτουργία—8:00 π.μ.—9:30 π.μ.   |
| Τρίτη 28 Νοεμβρίου     | 1η Ώρα & Θεία Λειτουργία—8:00 π.μ.—9:30 π.μ.   |
| Τετάρτη 29 Νοεμβρίου   | 1η Ώρα & Θεία Λειτουργία—8:00 π.μ.—9:30 π.μ.<br>Μέγας Εσπερινός στον Ι.Ν. του Αγ. Ανδρέα στο Σικάγο—7:00 μ.μ.            |
| Πέμπτη 30 Νοεμβρίου    | Αγίου Ανδρέα, 1η Ώρα & Θεία Λειτουργία—8:00 π.μ.—9:30 π.μ.   |
| Παρασκευή 1 Δεκεμβρίου | Θεία Λειτουργία & Αγιασμός—8:00 π.μ.—9:45 π.μ.   |
| Σάββατο 2 Δεκεμβρίου   | Αγ. Πορφυρίου, Θεία Λειτουργία—7:45 π.μ.—9:00 π.μ.<br>* Μέγας Εσπερινός—5:00 μ.μ.  |
| Κυριακή 3 Δεκεμβρίου   | Όρθρος και Θεία Λειτουργία—8:00 π.μ.—11:30 π.μ.  |
| Δευτέρα 4 Δεκεμβρίου   | Αγίας Βαρβάρας & Αγίου Ιωάννου Δαμασκηνού,<br>1η Ώρα και Θεία Λειτουργία—8:00 π.μ.—9:30 π.μ.                             |
| Τρίτη 5 Δεκεμβρίου     | 1η Ώρα & Θεία Λειτουργία—8:00 π.μ.—9:30 π.μ.<br>Μέγας Εσπερινός στον Ι. Ν. Αγ. Νικολάου—7:00 μ.μ.                        |
| Τετάρτη 6 Δεκεμβρίου   | Όρθρος και Θεία Λειτουργία—8:15 π.μ. (Ι.Ν. Αγίου Νικολάου)   |
| Πέμπτη 7 Δεκεμβρίου    | Αγίου Αμβροσίου, Όρθρος και Θεία Λειτουργία—8:00 π.μ.—10:15 π.μ.   |
| Παρασκευή 8 Δεκεμβρίου | 1η Ώρα & Θεία Λειτουργία—8:00 π.μ.—9:30 π.μ.<br>* Παρακλησις του Αγ. Σπυρίδωνος—5:00 μ.μ.                                |
| Σάββατο 9 Δεκεμβρίου   | 1η Ώρα & Θεία Λειτουργία—8:00 π.μ.—9:30 π.μ.* Μέγας Εσπερινός—5:00 μ.μ.  |
| Κυριακή 10 Δεκεμβρίου  | Όρθρος και Θεία Λειτουργία—8:00 π.μ.   |
| Δευτέρα 11 Δεκεμβρίου  | 1η Ώρα & Θεία Λειτουργία—8:00 π.μ.—9:30 π.μ.<br>Αρχιερατικός Εσπερινός Αγίου Σπυρίδωνος—7:00 μ.μ.                        |
| Τρίτη 12 Δεκεμβρίου    | Αγίου Σπυρίδωνος, Όρθρος και Αρχιερατική Θεία Λειτουργία—8:00 π.μ.   |

\*\*\*\* Το πρόγραμμα της ημέρας υπόκειται σε αλλαγές από την Ιερά Μητρόπολη



## PHILOPTOCHOS

Dear St. Spyridon Family,

Kalo Mina! This month Kathy Korbakes & I attended the Metropolis Clergy Laity & Philoptochos Convention that was held October 11th through October 13th . It was great to see & connect with our Philoptochos sisters from other chapters throughout our Chicago Metropolis as well as seeing & hearing the words of Archbishop Elpidophoros of America. Additional information received from the convention will be communicated at our next monthly meeting.



Members of our St. Spyridon Philoptochos attended the Holy Apostles Fashion Show on Saturday, October 21st.

The next two months our Philoptochos sisters will be busy preparing delicious food & sweet treats for our annual Craft Show! Below is the schedule of preparations – if you are available during the scheduled times, please join us!

|              | <b>Date</b>           | <b>Time</b> |
|--------------|-----------------------|-------------|
| Tiropites    | Monday - 10/30/2023   | 9:00 AM     |
| Kourabiethes | Thursday - 11/02/2023 | 9:00 AM     |
| Melomakarona | Monday - 11/06/2023   | 9:00 AM     |
| Koulouria    | Thursday - 11/09/2023 | 9:30 AM     |
| Spanakopites | Monday - 11/13/2023   | 9:00 AM     |
| Diples       | Saturday - 11/18/2023 | 9:30 AM     |
| Baklava      | Friday - 11/24/2023   | 9:00 AM     |

### ***SAVE THESE DATES!***

- St. Spyridon Philoptochos Take 'n Bake - PLACE YOUR ORDERS FOR TIROPITES, SPANAKOPITES, PASTICHIO, MOUSAKA - call Helen @ 815-370-2111 or email lenamontreal@aol.com
- **Tuesday, November 7th** - Christianiki Philoxenia - Assumption, Homer Glen - Paraklesis 10:30 a.m. followed by Lunch
- **Sunday, November 12th** - Feast Day of St. Cosmas & Damianos Artoclasia & Memorial
- **Saturday, November 18th** - Take 'n Bake Order Pick Up
- **Saturday, December 2nd - Sunday, December 3rd** - St. Spyridon Craft Show & Food Festival
- Our monthly meeting will be held on **Wednesday, November 1st** at 6:30 p.m. at church.

On behalf of our Philoptochos sisters & myself, we wish you & your families a Blessed Thanksgiving!!

Sisterly Agape,

*Dana Vasilakos, Philoptochos President*

# NEW 2023 STEWARDS OCTOBER 1ST—OCTOBER 24TH



*In gratitude for God's blessings,  
I commit to Christ and His Church as a Steward of  
Saint Spyridon with my 2023 Stewardship.*



We wish to thank the 324 Stewards who have committed their stewardship for 2023. Stewardship materials are available at the church office, in the community hall and on our website.

Ευχαριστούμε τους 324 ενορίτες που προσφέρατε την συνδρομή σας για το 2023. Η υποστήριξη όλων είναι απαραίτητη για την σωστή και θεάρεστη λειτουργία της ενορίας μας. Παρακαλούμε όπως όλοι συμβάλουμε την συνδρομή μας. Συμπληρώστε την κάρτα συνδρομής με την προσφορά σας και βοηθήστε να συνεχίσουμε όλοι μαζί την διακονία της ιεράς κοινότητός μας.

*Ms. Nora Alvarez  
Ms. Georgia Danos  
Ms. Anastasia Halikias  
Mr. & Mrs. Thomas Hix  
Mr. & Mrs. Nicholas Kanakaris  
Mr. & Mrs. Steve Kapsalis  
Ms. Maria Karras  
Ms. Stavroula Koutsis*

*Mrs. Elaine Lordots  
Mr. Anastasios Malamis  
Mr. & Mrs. Chris Manolitsis  
Mr. & Mrs. Glynn Searl  
Mr. & Ms. William Toullos  
Ms. Ioanna Tzaferis-Kolios  
Mr. & Mrs. Gus Vlamis  
Mr. Nicholas Voutiritsas*



## TAKE & BAKE

Let St. Spyridon Philoptochos help you with your holiday planning with our delicious ready to bake Greek delicacies.

| Item  | Unit Price | Quantity | Total |
|---|------------|----------|-------|
| Spanakopita<br>24 appetizer-size<br>frozen servings | \$30.00    |          |       |
| Tyropita<br>24 appetizer-size<br>frozen servings    | \$ 30.00   |          |       |
| Pasticchio<br>½ sheet frozen                        | \$ 30.00   |          |       |
| Moussaka<br>½ sheet frozen                          | \$ 30.00   |          |       |
| <b>Total Due</b>                                    |            |          |       |

All orders must be received by: Nov. 13th with payment.

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

You may email or call Helen Sotiropoulos with any orders or questions.  
Cell: 815-370-2111 Email: lenamontreal@aol.com

From our hearts to your home.

Fall in love with our Greek delicacies.

Order before  
Nov. 13<sup>th</sup> 2023

Online Orders:  
Email Helen  
Subject: Take & Bake  
[Lenamontreal@aol.com](mailto:Lenamontreal@aol.com)

Or

Pay by check or cash at  
St. Spyridon Church Office  
Make checks payable:  
St. Spyridon Philoptochos

Pick up date:  
Saturday Nov. 18th  
10 am – 12 pm

St. Spyridon Church  
12307 Ridgeland Ave.  
Palos Heights, IL 60463  
708-385-2311

SS. CONSTANTINE AND HELEN  
ST. SPYRIDON ST. NICHOLAS  
HOLY CROSS ASSUMPTION  
CHRISTIANIKI PHILOXENIA

Assumption Philoptochos invites you to join  
them to the Philoxenia Luncheon

**Tuesday, November 7, 2023**

Paraklesis begins at 10:30am  
Followed by Luncheon and Fellowship

Reservations call 708-927-9531 or the church office 708-645-0652

Assumption Greek Orthodox Church  
15625 S. Bell Road  
Homer Glen, IL 60439



Christianiki Philoxenia is a ministry that was established for a way to have our Senior Citizens get together for fellowship, by the 5 South Side Greek Orthodox Parishes.

# SUNDAY SCHOOL

October has been a busy month for Sunday School. Both students and teachers are getting situated in their classes and students are working together to gain a better understanding of our Orthodox faith.

Stewardship is something we learn about in Sunday School and may be one of the most important and yet simple lessons. The idea of helping others and sharing our time, talent and treasure from the gifts God has given us. Our students encounter this as they meet their Sunday School teachers who volunteer their time and talent each week. Students have the opportunity to share each week by contributing to our food pantry.

This can be done through a monetary donation or a can of food. During the month of November, we have class on November 12th and 19th. November 5th is Godparent Sunday, which is family worship as well as our annual Godparent Sunday Brunch hosted by the PTA. November 26th is the weekend after Thanksgiving, which is also a family worship. Please join us for our Christmas Advent Retreat for all students Pre K through 5th grade. We are looking for volunteers to help with these events. Please consider sharing your time and talent with us so we can continue to provide these opportunities for our children.

*Zoe Kopanis, Sunday School director*



# CHERUBS



# PLUTARCHOS ACADEMY

What a busy October it was for our students and teachers! Although we are not having an OXI day program this year, we are learning about the significance of the 28th of October 1940, learning patriotic songs and working on history projects.

On Friday, October 13th, the Palos Heights Fire Department visited our school and talked to our students about the importance of Fire Safety. The first responders answered many questions from our students and then held a fire drill. Wonderful job everyone!

On October 18th, thanks to the generous donation of an anonymous donor, our teachers were able to attend the Chicago Greektown Educational Foundation Annual fundraiser "Soaring to New Heights". This year's event was a touching tribute to Foundation's late beloved founder, Leo Louchios.

On Thursday, November 9th we are hosting our Chicago Bears game Fundraiser. Join us at X's and O's Sports Lounge. Food, beer and wine will be served 6:30—8:30 p.m. All proceeds will benefit Plutarchos Academy.

As we approach the Thanksgiving Holiday, we want to express our gratitude for your continued support and involvement in our school community. November is at time of reflection and giving thanks, and we have much to be thankful for the at Plutarchos Academy.



## MARK YOUR CALENDARS!

Thursday, November 9th: Chicago Bears Event at X's & O's at 6:30p.m.

Friday, November 24th: No School, Thanksgiving Break



# ARCHANGELS

What an exciting month October has been! We had our first field trip to the Palos Park Children's Farm and what a beautiful Fall day it was. Our children enjoyed petting the animals and learning all about life on a farm. Our classroom has been transformed into a farm. The children have been having so much fun taking care of the animals by feeding them, milking the cows, gathering eggs and collecting honey!! Our incubator is all set with 24 eggs!! God willing the Beginning of November we will have a classroom full of chicks! The children are all anxiously awaiting and counting down the days!!



# HANDMAIDENS

Hi everyone!

Please join us for our next meeting on November 4 at 10am! All girls from 1st to 12th grade are encouraged to join us. This past month we had the blessing of going to Feed My Starving children where we helped package food for the hungry. Join us in our efforts of making a difference!

In Christ,

+ *Vicky Argyropoulos*



# ALTAR BOYS

Some of our Altar Boys joined the Handmaidens at our Feed My Starving Children Outreach event.

God willing, we are planning to tonsure some of our altar boys in December. We will reach out to you soon if you are eligible for this blessing. A special meeting for those who will be tonsured will take place Saturday, Nov. 4th at 10 a.m. Our next altar boy meeting for all will take place Saturday, December 9 at 10 a.m.



## PARISH REGISTRY

### WEDDINGS

Steven Joseph Balderas & Constance Ioanna Kalogris were joined in Holy Matrimony on Saturday, September 30th. Their sponsor was Mr. John Kalogris.

Zachary John Hickson and Alicia Anastasia Halikias were joined in Holy Matrimony on Saturday, October 14th. Their sponsor was Mrs. Maria Bousies.

Athanasios Perros and Angela G. Karountzos were joined in Holy Matrimony on Sunday, October 29th. Their sponsors was Ms. Stavroula Koutsis and Mr. Nick Voutiritsas.

### 40 DAY BLESSING

Congratulations to Mr. & Mrs. Jim Keorpes who brought their son Konstantinos for his 40 day blessing!

*Congratulations!*

### BAPTISMS

The son of Mr. & Mrs. Khalil Sweis was baptized on September 30th, and was given the name Luca Saba. His Godfathers were Mr. Nick Argypoulos and Mr. Constantinos Anagnopoulos.

The daughter of Mr. & Mrs. Leonidas Skiadopoulos was baptized on October 8th, and was given the name Christie (Chrysoula). Her Godmother was Mrs. Eleni Loumbroukos.

The daughter of Mr. & Mrs. George Pappas was baptized on October 15th, and was given the name Mila Vasiliki. Her Godparents were Mr. and Mrs. Gus Vlamis.

*Να σας Ζήσουν!*

### MEMORIALS

Sunday, October 1st  
+6 months for Philippos Stolis

Sunday, October 8th  
+1 yr Haralambos Pappas  
+6 mo Andreas Malamis  
+10 yrs Akela Karampelas  
+45 yrs Zafeirios Malamis

Sunday, October 15th  
+40 days Anargyros Karounos  
+40 days Fay Pavlopoulos  
+1 yr Arhon Letsou

Sunday, October 29th  
+1 year for Alex Georgiou  
+3 years for Andreas Poulos

*May their Memory be Eternal!*

### CHRISTMAS FAST & 40-DAY LITURGY

The forty day fast for the feast of the Nativity begins Wednesday, November 15th. According to the Church canons, fish, wine and oil are allowed until December 17th, except for Wednesdays and Fridays. Strict fast is observed from December 18th to the 24th.

This year, we will once again celebrate the 'Saranta-leitourgo', forty Liturgies during the Christmas Fast. It is a custom of the Orthodox Church to celebrate forty consecutive liturgies leading up to Christmas Day.

The schedule for the services is included in this bulletin. All parishioners are called to give their list of names, of both the living and those who have fallen asleep, to be commemorated during the forty consecutive liturgies. Commemoration sheets are available in the narthex.

### FOOD PANTRY

Please always remember the Food Pantry and our Donation box so that we never have to turn anyone away. The Food Pantry donation drop-off is located at the east exit of our community center. The Pantry needs the following for the Thanksgiving baskets:



### FOOD PANTRY ITEMS ALWAYS NEEDED

|                                |                         |                                  |
|--------------------------------|-------------------------|----------------------------------|
| <b>Canned Corn</b>             | <b>Mac &amp; Cheese</b> | <b>Canned Peas</b>               |
| <b>Dry Beans &amp; Lentils</b> | <b>Canned Fruit</b>     | <b>Peanut Butter &amp; Jelly</b> |
| <b>Cereal or Oatmeal</b>       | <b>Vegetable Oil</b>    | <b>Canned Green Beans</b>        |
| <b>Boxed Mashed Potatoes</b>   | <b>Tomato Paste</b>     | <b>Tomato Sauce</b>              |
| <b>Pancake mix &amp; syrup</b> | <b>Spaghetti Sauce</b>  | <b>Boxed Pasta</b>               |
| <b>Brownie Mix</b>             | <b>Canned Tuna</b>      | <b>Canned Soup</b>               |
| <b>Mustard/Ketchup</b>         | <b>Salad Dressing</b>   | <b>Crackers</b>                  |

**Please place all non-perishable food donations in the FOOD PANTRY DONATION BOX, located in the gym. Monetary donations are always welcome.**

*Thank You!*



# GOYA

The GOYA gatherings have been packed with spiritual messages and lots of fun activities. We started the month off with a bonfire and lesson about how the Light of Christ leads us and others. All the youth had wonderful insights that helped them learn and grow their faith. Our next gathering was a "service project" where we made 100 care packages to hand out to those we see in need at stop lights or on the street. The GOYANs learned more deeply about Matthew 25:35-40 the verse that focuses on "for I was hungry and you gave Me something to eat...."

Mark your calendars for our future GOYA gatherings: November 1, 15, December 13 from 7:00 pm-8:30 pm. GOYANs are also welcome to help assemble the Thanksgiving baskets on 11/19 at 4:30pm and December 19 (time tbd). All gatherings are at the church.

Want to join in on all the GOYA fun? GOYA is open for kids 6th-12th grade. Sign up for Remind App alerts by texting @jrgoyag to 81010.

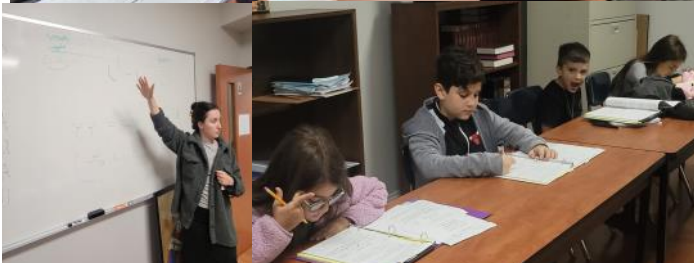


## BYZANTINE CHANT CLASS

Byzantine Chant class is in session! Join us every Saturday! Our Beginner Class is every Saturday from 3:30 p.m. – 4:15 p.m.



The Intermediate Class takes place from 4:15 p.m. to 5:00 p.m. We also encourage participants to stay for Vespers at 5:00 p.m. It is at the chanter's stand where we put what we learn into practice! We thank Alexia Chibucos for teaching the class and Fr. George for teaching when she is not available.



## Saint Spyridon's Christmas Craft Show

Saturday, December 2<sup>nd</sup>

9:00 a.m. to 4:00 p.m.

Sunday, December 3<sup>rd</sup>

11:00 a.m. to 3:00 p.m.



I love the delicious homemade Greek food & pastries ...

Greek Chicken ... Gyros ... Pastichio  
Spanakopita ... Tiropita

Galaktobouriko ... Diples ... Baklava  
And much, much more!

YUMMY!

With over 60 vendors there is something for everyone!

Christmas Crafts  
Christmas Décor  
Jewelry  
Clothing  
Home Décor  
Gourmet Treats  
Candles  
Crafts Galore!



St. Spyridon Church  
12307 S. Ridgeland Avenue  
Palos Heights, IL 60463  
(708)385-2311

# PARISH ANNOUNCEMENTS



SAINT SPYRIDON HELLENIC  
ORTHODOX CHURCH



*Christmas*

ADVENT RETREAT

SAT, NOVEMBER 18TH  
9:30AM - 1:30PM

ALL CHILDREN FROM PRE-K TO 5TH GRADE ARE  
WELCOME!

CRAFTS, LESSON, MUSIC, OUTREACH AND  
GINGERBREAD HOUSE DECORATING!

SPONSORED BY PTA

SCAN THE QR CODE  
TO REGISTER BY NOV. 16TH



# METROPOLIS YOUTH & YAL MINISTRY



## YAL CHICAGO 2023-2024 CALENDAR



|                  |  |
|------------------|--|
| <b>OCT 11</b>    | ORTHODOXY ON TAP                       |
| <b>NOV 3-5</b>   | FALL RETREAT                           |
| <b>DEC 28</b>    | CHRISTMAS PARTY                        |
| <b>JAN 11</b>    | VESPERS & VASILOPITA                   |
| <b>FEB 16-18</b> | YAL CHICAGO CONFERENCE                 |
| <b>MAR 27</b>    | PRE-SANCTIFIED & DINNER                |
| <b>APR 19-21</b> | SPRING RETREAT                         |
| <b>MAY 28</b>    | ST EVELIA VESPERAL<br>LITURGY & DINNER |
| <b>JUNE 8</b>    | VOLLEYBALL TOURNAMENT                  |
| <b>JULY 25</b>   | BOAT CRUISE                            |
| <b>AUG TBD</b>   | ROOFTOP EVENT                          |



## 2023-2024 FANARI CAMPING MINISTRIES EVENTS LIST

|                                 |  |
|---------------------------------|--|
| <b>FRI, SEPT 1</b>              | Applications open for Fanari Leadership Team             |
| <b>FRI, SEPT 1</b>              | Applications open for Lighthouse Counselors              |
| <b>MON, SEPT 4</b>              | Fall Camp Registration Opens                             |
| <b>FRI, OCT 6- SUN, OCT 8</b>   | Fall Camp for 5th-8th Grades                             |
| <b>THURS, NOV 9</b>             | Winter Camp Registration Opens                           |
| <b>FRI, JAN 12- MON, JAN 15</b> | Winter Camp for 5th-12th Grades                          |
| <b>SAT, MAR 9</b>               | Fanari Reunion Dance at Holy Apostles in Westchester, IL |
| <b>MON, MAR 11</b>              | Summer Camp Registration Opens                           |
| <b>SAT, APR 13</b>              | Fanari Lenten Retreat                                    |
| <b>SUN, JUN 16- SAT, JUN 22</b> | Summer Camp, Session 1                                   |
| <b>SAT, JUN 22- SAT, JUN 29</b> | Lighthouse Camp  |
| <b>SUN, JUN 23- SAT, JUN 29</b> | Summer Camp, Session 2                                   |
| <b>SUN, JUN 30- SAT, JUL 6</b>  | Summer Camp Session 3                                    |
| <b>SUN, JUL 7- SAT, JUL 16</b>  | Summer Camp Session 4                                    |
| <b>SUN, JUL 14- SAT, JUL 20</b> | Summer Camp Session 5                                    |



### Pilgrimage to Saint John Chrysostom Monastery

Bus departs from  
Saint Spyridon Hellenic Orthodox Church  
12307 S Ridgeland Ave, Palos Heights, IL

Sunday, November 12th, 2023  
Departure Time: 4:30 p.m.

Cost: None

Please call St. Spyridon Church Office (708) 385-2311  
by November 10th

On Saturday, November 12th, our South Suburban Parishes are organizing a charter bus for the Feast Day Vespers at St. John Chrysostom Monastery in Pleasant Prairie, Wisconsin. The bus will leave from St. Spyridon, in Palos Heights, at 4:30 p.m. and return at 10:30 p.m. **There is no cost as the transportation will be covered by the Hellenic Foundation Golden Circle Program.** Reservations are required and can be made by calling the Church Office of St. Spyridon.

Προσκύνημα στην Τερά Μονή  
του Αγίου Ιωάννου του Χρυσοστόμου

Λεωφορείο αναχωρεί το  
Κυριακή, 12 Νοεμβρίου, στις 4:30 μ.μ.  
από την ένορία του Αγίου Σπυριδωνος  
12307 S. Ridgeland Ave, Palos Heights, IL

Οι ένορίες των νοτιών προαστίων οργανώνουν λεωφορείο για προσκύνημα  
στην Τερά Μονή του Αγίου Ιωάννου του Χρυσοστόμου.  
Τό λεωφορείο θα αναχωρήσει από τον Άγιον Σπυριδωνα, 4:30 μ.μ.  
Επιστροφή στις 10:30 μ.μ..

Για κρατήσεις θέσεων τηλεφωνήστε στο γραφείο  
του Αγίου Σπυριδωνος (708) 385-2311  
πριν την 10ην Νοεμβρίου.



IN ALL *things* GIVE *thanks*

# ST. SPYRIDON

November 2023

## PTA NEWSLETTER



### DATES TO REMEMBER

- NOVEMBER 5: NO SUNDAY SCHOOL - FAMILY WORSHIP
- NOVEMBER 12: PTA MEETING AFTER CHURCH ALL ARE WELCOME
- NOVEMBER 20-24: ARCHANGELS NO SCHOOL- THANKSGIVING BREAK
- NOVEMBER 24: GREEK SCHOOL - THANKSGIVING BREAK
- NOVEMBER 26TH: NO SUNDAY SCHOOL- FAMILY WORSHIP

### FUNDRAISERS & EVENTS

- NOVEMBER 5TH- GODPARENT SUNDAY LUNCHEON
- NOVEMBER 18TH- NATIVITY RETREAT



### PTA NEEDS YOU!

PTA had a successful first ever Trot-a-thon!! We thank all our families who supported the event! Please consider joining in on the fun! If you would like to help, let us know! Email [spyridonpta@gmail.com](mailto:spyridonpta@gmail.com) to help!



### SAINT STORY OF THE MONTH



NOVEMBER 20

FOREFEAST OF THE ENTRY OF THE MOST HOLY THEOTOKOS INTO THE TEMPLE. OUR HOLY FATHER GREGORY OF DECAPOLIS (842) HE WAS BORN IN IRENOPOLIS, ONE OF THE "TEN CITIES" OF ASIA MINOR. THOUGH HIS PARENTS WANTED HIM TO MARRY, HE ENTERED MONASTIC LIFE AS A YOUNG MAN, AND STRUGGLED FOR MANY YEARS, LIVING IN RECLUSION UNDER THE GUIDANCE OF A WISE SPIRITUAL FATHER. ONE DAY, WHILE IN PRAYER, HE WAS CARRIED AWAY TO PARADISE AND EXPERIENCED THE BLESSEDNESS THAT THE REDEEMED WILL KNOW AT THE GENERAL RESURRECTION. THE VISION SEEMED TO HIM ONLY TO LAST FOR AN HOUR, BUT HE LEARNED FROM HIS DISCIPLE THAT HE HAD BEEN IN ECSTASY FOR FOUR DAYS. AWARE THAT THE ENEMY CAN APPEAR AS AN ANGEL OF LIGHT, AND THAT WE SHOULD BE SUSPICIOUS OF SEEMING REVELATIONS, HE SOUGHT THE COUNSEL OF HIS ABBOT, WHO REASSURED HIM, AND TOLD HIM TO GIVE THANKS TO GOD BY CONTINUING IN HIS ASCETIC LABORS. SOON, HE WAS TOLD BY REVELATION THAT HE WAS TO GO FORTH INTO THE WORLD, LIVING WITHOUT AN EARTHLY HOME, TO UPHOLD THE ORTHODOX FAITH, WHICH WAS THEN UNDER ATTACK BY THE ICONOCLASTS. HE TRAVELED THROUGH EPHEBUS, CONSTANTINOPLE, CORINTH, ROME, SICILY, THESSALONICA, AND CONSTANTINOPLE AGAIN, LABORING IN DEFENSE OF THE FAITH AND WORKING MANY MIRACLES. USUALLY HE WOULD STAY WITH POOR PEOPLE WHO WELCOMED HIM INTO THEIR HOUSES, THOUGH IT WAS FORBIDDEN BY LAW TO RECEIVE AN ORTHODOX MONK (THAT IS, ONE WHO DEFENDED THE ICONS). IN HIS LAST FEW YEARS, AFFLICTED BY ILLNESS, HE SETTLED IN CONSTANTINOPLE, WHERE HE REPOSED IN PEACE IN 832, JUST BEFORE THE END OF ICONOCLASM AND THE RESTORATION OF ORTHODOXY. SINCE 1490, HIS INCORRUPT RELICS HAVE DWELT AT THE MONASTERY OF BISTRITSA IN ROMANIA, WHERE THEY CONTINUE TO BE A SOURCE OF MIRACLES FOR THE MANY PILGRIMS WHO COME TO VENERATE THEM.

Source: [abbamoses.com](http://abbamoses.com)

### THIS MONTHS FASTING DATES

- 1ST, 3RD, 8TH, 10TH AND NATIVITY FAST BEGINS ON THE 15TH AND ENDS ON CHRISTMAS DAY (FISH ALLOWED UNTIL DECEMBER 11TH)

FOR MORE INFORMATION ON FASTING SCAN HERE

GOA GUIDE ON FASTING





# Huck FINN

## Restaurant & Donuts

10501 S. Cicero 708-499-1112  
Oak Lawn, IL 60453  
3414 S. Archer 773-247-5515  
Chicago, IL 60608  
6650 S. Pulaski 773-581-4285  
Chicago, IL 60629

# Eggman's



## Restaurant

12701 S. Pulaski  
Alsip, IL 60803

708-239-8740



## Nick's Barbecue

### RIBS

4 LOCATIONS TO SERVE YOU

|  |   |  |
|--|---|--|
| <p><b>Burbank</b><br/>6945 W. 79th St.<br/>(708) 233-RIBS (7427)</p> | <p><b>Tinley Park</b><br/>16638 S. Oak Park<br/>(708) 444-RIBS (7427)</p> | <p><b>ORDER ONLINE</b><br/>www.nicksbbq.com<br/><small>Reserve Special Occasions &amp; Catering</small></p> <p><b>WE HAVE VIDEO GAMING</b></p> |
| <p><b>Alsip</b><br/>5500 Cal Sag Rd.<br/>(708) 923-RIBS (7427)</p>   | <p><b>Homer Glen</b><br/>15800 S. Bell Rd.<br/>(708) 645-RIBS (7427)</p>  |  |

## A & C COLLISION CENTER

Body • Fender • Expert Painting • Frame Straightening  
Foreign and Domestic • All Makes and Models



5510 W. Cal Sag Rd.  
Alsip, IL 60803

Chris: (708) 745-8659

Email: [ACcollision.claims@gmail.com](mailto:ACcollision.claims@gmail.com)

Dimitris Bezanis C.O.



## BEZANIS H.V.A.C. LLC

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