



THE VOICE

OCTOBER 2023 - VOLUME No. 383
SAINT SPYRIDON HELLENIC ORTHODOX CHURCH

12307 SOUTH RIDGELAND AVENUE, PALOS HEIGHTS, ILLINOIS 60463
 FIND US ON FACEBOOK, INSTAGRAM & YOUTUBE

JOIN US
FOR THE ANNUAL

*St. Spyridon
Dinner Dance*

SUNDAY, OCTOBER 22, 2023
 COCKTAILS 5:00PM
 DINNER 6:30PM
 GEORGIOS BANQUETS
 8800 W 159TH STREET
 ORLAND PARK 60462

ADULTS \$65 · CHILDREN \$25
 RESERVATIONS ENCOURAGED
 RESERVATION INFORMATION ON BACK

DJ & ENTERTAINMENT FOR CHILDREN
 FLOGA DANCE TROUPE
 PERFORMANCE

Reservations

TO MAKE RESERVATIONS
 CALL THE CHURCH OFFICE (708) 385-2311
 OR EMAIL YOUR RESERVATIONS TO THE
 CHURCH OFFICE AT
 OFFICE@SAINT-SPYRIDON.NET

PLEASE RSVP BY
 OCTOBER 15, 2023



PHILOPTOCHOS METROPOLIS LUNCHEON

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PRESIDENT'S LETTER

The Voice

Η φωνή

Official Monthly

Community Publication of

St. Spyridon

Hellenic Orthodox Church

12307 S. Ridgeland Avenue

Palos Heights, IL 60463

REV. FR. GEORGE

LAMBERIS

PARISH PRIEST

Church Office

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Parish Council Officers

Frank Kopanis President

George Papadopoulos Vice-President

James Xeros Vice-President

Panagiotis Stamus Secretary

Spiros Tzanetakos Assistant Secretary

Gus Kolyvas Treasurer

Jim Korbakes Assistant Treasurer

Auxiliary Officers

Alexia Chibucos Chanter

Dana Vasilakos Philoptochos

Vicky Argyropoulos P.T.A.

Gus Rougas Kentro

Jimmy Korbakes Kentro

Marianna Haniotakis Plutarchos Academy

Sofea Malamis Archangels Academy

Evelyn Christakos Cherubs

Zoe Kopanis Sunday School Director

Stacy Vallianatos G.O.Y.A.

Stephane Collopy G.O.Y.A.

Pres. Diana Lamberis Family Night

Vivian Tzanetakos Family Night

Labros Malfas Altar Boys

Vicky Argyropoulos Handmaidens

Demetrius Marines Athletics

Nick Tsinoukas Athletics

Stella Parhas Food Pantry

Litsa Tsarouhis Church Office

Marianna Haniotakis Church Office

Soteria Simantirakis Custodian

Pete Mihalopoulos Iconography

Sophia Cristofer Floga Dance

Evi Marouda Floga Dance

Anastasia Deligiannis Floga Dance

Dear Saint Spyridon Parish Family,

Χαίρετε, και καλό μήνα. Greetings, it is with great hope and prayer that we and all of our families are staying healthy and doing well. We are grateful to our Father George for his love and dedication to all of us, through the intercessions of our beloved Patron Saint Spyridon, working tirelessly to help fulfill our spiritual needs as well as the spiritual needs of the community.

All of us, our families, friends and community are invited to attend the 106th Annual Fellowship Dinner Dance. The Dinner Dance will take place on Sunday, October 22nd, at the Georgios Banquets, 8800 W. 159th St. in Orland Park. One of the evening highlights includes a dance performance by the Saint Spyridon Floga Dance Troupe. We look forward to celebrating with our parish children the Greek heritage and culture. Please make reservations and payments in advance by contacting the church office at (708) 385-2311.

The Fall General Assembly Meeting is scheduled for Sunday, October 29th, after the Divine Liturgy. The General Assembly is the highest organizational body of the parish. Please attend to learn more about our parish and to have a role helping form the church ministries that benefit all of us, our families and future generations. The Meeting will include votes to approve the 2024 Parish Budget, a new Board of Auditors, a Board of Elections as well as discussions of other parish related matters.

The parish council in the September parish council meeting approved the hiring of Greek School teacher, Natasha Vossos, who is here from Greece. Welcome to Natasha! Additionally, the meeting included the Treasurer's Financial Report and reports from the various parish committees including: Stewardship, Archangels Academy Preschool, Sunday School, Fall Dinner Dance, Athletics, Youth Protection, Building Maintenance, and Festival.

Volunteers of all backgrounds and abilities are needed. Please volunteer for the church ministries, parish committees, events and fundraisers by contacting Father George, any of the parish council members, any of the ministry/school leaders or the church office at (708) 385-2311 for more information.

Thank you to Father George, the parish council members, all of the church organizations and committees, the parishioners, volunteers and donors for your unyielding efforts to support our parish.

Please attend church and participate in the beautiful holy services.

May Saint Spyridon continue to guide us and protect us.

Humbly submitted

Frank Kopanis



FATHER'S LETTER

PLEASE EVERYONE AND YOU WILL PLEASE NO ONE

There is a beautiful Aesop Fable called The Man, The Boy and The Donkey. The man and the boy are taking their donkey to be sold in the market. Throughout their journey, they are constantly criticized from everyone. Each person has a different point of view and criticism about the way they travel. Every time someone utters criticism, they change the way they travel to appease the person who criticizes. They do this to the point that they begin to lose sight of logic. The donkey ends up dying before they ever have a chance to sell it at the market. The moral of the story is: try to please everyone, and you will please no one.

I have, for the longest time, considered myself a people-pleaser. We don't want to disappoint a certain group – our parents, friends, teachers or our parishioners.

There is a definite battle to be fought in this situation – the battle between our relationship with God and our relationship with other people. People-pleasing is worrying about making everyone happy, and it's tiring because this goal is impossible to achieve. Only God can bring joy to the hearts of all (if our hearts are willing to experience this joy!)

When we fall into the rut of people-pleasing we experience a loss of focus. We shift from attending to our connection with God and attending to His Word, and replace that with a focus on the ever-changing, and therefore, uncontrollable phenomenon of human opinion. This focus is connected to the fear of rejection of not being liked. People-pleasing, however, actually leads us to lose our own inner peace without which we cannot truly benefit others or ourselves.

We may mean well, and say we do these things because we value our relationships, but when we act this way, these are the issues this kind of behavior elicits:

1) Control – When I worry about keeping the peace around me, there is an assumption that this peace depends on me. Worrying about the thoughts and concerns of others, I hope I can help someone change what they think or what they are concerned about. Therefore, people-pleasing is an issue of control. It's a fear of losing control over the world around me.

No one likes to feel out of control, and no one likes to feel that others are controlling them. Instead, we take the reins and try to ensure that others are happy. Ultimately, trying to manage our world leaves us feeling anxious and out of control.

The good news is that we have a God who is able to bring peace in our worried lives. We need to recognize that trying to control our lives doesn't work because God is the one who controls, and ultimately, teaches. We should let God and His Word guide us instead of trying to control all of the minutia around us.

2) Validation – Behind our desire to be in control of our lives is a desire to be accepted. We spend time worrying about what others think, which causes anxiety and stress. Therefore, our identity is wrapped up in others' lives instead of being wrapped up in a life with Christ and what he wants for us. We don't want to hurt others or we don't want to be disliked, so we keep listening to the message of everyone else instead of listening and seeking God's validation.

We must not forget that it isn't before our friends, parents or coworkers that we will have to give an account of our lives. It is before Jesus Christ that we will one day face and address.

3) Fear – If I am trying to control my relationship by keeping the peace, and I am looking for validation in others, then fear may be motivating my actions. Perhaps we might be afraid of being alone and rejected, and therefore, we try to keep others happy. We might be afraid to be assertive or to hurt someone's feelings because we may not be able to handle rejection. How can one be truly motivated by this kind of fear?

Though it might take hard work to stop being a people-pleaser, it's even harder to try to make everyone else happy. If we do struggle with this, is control, validation or fear motivating you?

Instead of trying to control and seek validation from others, recognize that God is in control and that He is much better at running the world than we are. Instead of seeking validation from others, seek out a stronger relationship with God. Seek first the kingdom of God and all these things shall be added unto you. Be motivated by the love of God and don't be afraid. God is there waiting to be embraced with prayer and attentiveness to His Word. Let this navigate your journey so that when "the rains fell and the flood came, with fierce winds beating upon his house, it stood firm because of its strong foundation." (Matthew 7:24-27) Let our foundation and journey in life be centered around the law and love of our Lord and Savior, Jesus Christ.



PARISH NEWS

Memorials

Sunday, September 10th

†1 year for John Kotsianis
†16 months for John Kotsianis
†2 years for Theodoros Lagen
†5 years for Charles C. Condes

Sunday, September 24th

Panarcadian Federation Artoclasia in Remembrance of the Siege of Tripolitsa.

Funerals

Mr. Anargyros "Art" Karounos fell asleep in the Lord on September 2nd, 2023. His funeral took place on September 8th and he was interred at Bethania Cemetery.

Mrs. Fay Pavlopoulos fell asleep in the Lord on September 5th, 2023. Her funeral took place on September 12th and she was interred at Evergreen Cemetery.

May their memory be eternal!

Baptism

The son of Mr. & Mrs. Tomas Reinl was baptized on September 24th, and was given the name Tomas. His Godmother was Ms. Haralambia Demacopoulos.

Να σας ζήσει!

40 Day Blessings

Congratulations to the Jankula family who brought their son, Spyridon, for his 40 day blessing.

Congratulations to the Reinhart family who brought their son, Romanos, for his 40 day blessing.

Congratulations to the Miller family who brought their son, Joseph Ioannis, for his 40 day blessing.

Congratulations to the Galetsis family who brought their daughter, Marina, for her 40 day blessing.



STEWARDSHIP 2023

Christian Stewardship is...

...learning how to be a responsible and concerned caretaker of Christ's Church; it is learning how to enjoy Church life and be happy in Church work., for in Her dwells the fullness of the Spirit of God.

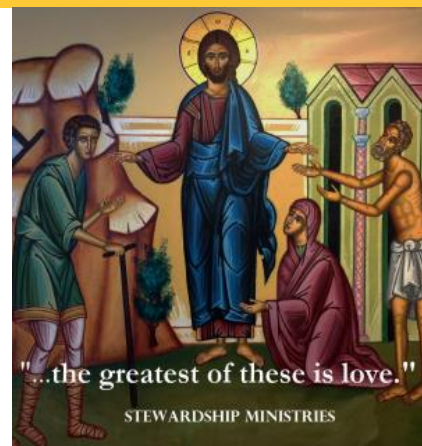
...our active commitment to use all our time, talent and treasure for the benefit of humankind in grateful acknowledgment of Christ's redeeming love.

...caring for the needs of others. ...

offering one's self to God as He offered Himself to us.

...what a person does after saying "I believe...", as proof of that belief.

...devotion and service to God and His Church as persons, as families, as diocese/metropolis, as national Church and as Church universal.



STEWARDS 2023—SEPTEMBER 1ST—SEPTEMBER 30TH

We wish to thank the 307 Stewards who have committed their stewardship for 2023. Stewardship materials are available at the church office, in the community hall and on our website.

Ευχαριστούμε τους 307 ενορίτες που προσφέρατε την συνδρομή σας για το 2023. Η υποστήριξη όλων είναι απαραίτητη για την σωστή και θεάρεστη λειτουργία της ενορίας μας. Παρακαλούμε όπως όλοι συμβαλουμε την συνδρομή μας. Συμπληρώστε την κάρτα συνδρομής με την προσφορά σας και βοηθήστε να συνεχίσουμε όλοι μαζί την διακονία της ιεράς κοινότητός μας.

Mr. & Mrs. John Baltzas

Ms. Constance Kalogris

Mr. & Mrs. Tomas Reinl

Dr. & Mrs. George Danos

Mr. John Kalogris

Ms. Alexandra Stolis

Mrs. Martha Eliacostas

Mr. & Mrs. Const. Koutsoubas

Mr. & Mrs. Labros Vlachos

Ms. Irene Giardina

Mr. George Pappas



In gratitude for God's blessings, I commit to Christ and His Church as a Steward of Saint Spyridon with my 2023 Stewardship.



DIVINE LITURGY SCHEDULE

Sunday, October 1st	Orthros, Divine Liturgy & Agiasmos— 8:15 a.m. — 11:15 a.m.
Friday, October 6th	St. Thomas — 1st Hour & Divine Liturgy— 8:00 a.m. — 9:30 a.m.
Saturday, October 7th	Vespers— 5:00 p.m. — 6:00 p.m.
Sunday, October 8th	Orthros & Divine Liturgy— 8:15 a.m. — 11:15 a.m.
Tuesday, October 10th	Christianiki Philoxenia Divine Liturgy at Holy Cross, Justice— 10:00 a.m.
Saturday, October 14th	Vespers— 5:00 p.m.
Sunday, October 15th	Orthros & Divine Liturgy— 8:15 a.m. — 11:15 a.m.
Wednesday, October 18th	St. Luke the Evangelist 1st Hour & Divine Liturgy— 8:00 a.m. — 9:30 a.m.
Friday, October 20th	St. Gerasimos — 1st Hour & Divine Liturgy— 8:00 a.m. — 9:30 a.m.
Saturday, October 21st	Vespers— 5:00 p.m.
Sunday, October 22nd	Orthros & Divine Liturgy— 8:15 a.m. — 11:15 a.m.
Monday, October 23rd	St. James (Iakovos) the Apostle 1st Hour & Divine Liturgy— 8:00 a.m. — 9:30 a.m.
Wednesday, October 25th	Vespers at St. Demetrios Church, Elmhurst, IL— 7:00 pm— 9:30 pm
Thursday, October 26th	St. Demetrios — Orthros & Divine Liturgy— 8:00 a.m. — 10:00 a.m.
Saturday, October 28th	Agia Skepi — Orthros & Divine Liturgy— 8:00 a.m. — 11:00 a.m. Vespers— 5:00 p.m.
Sunday, October 29th	Orthros & Divine Liturgy— 8:15 a.m. — 11:15 a.m.

ΠΡΟΓΡΑΜΜΑ ΙΕΡΩΝ ΑΚΟΛΟΥΘΙΩΝ

Κυριακή 1η Οκτωβρίου	Όρθρος & Θεία Λειτουργία, Αγιασμός— 8:15 π.μ.— 11:15 π.μ.
Παρασκευή 6 Οκτωβρίου	Αγ. Θωμά — 1η Ώρα & Θεία Λειτουργία— 8:00 π.μ.— 9:30 π.μ.
Σάββατο 7 Οκτωβρίου	Εσπερινός— 5:00 μ.μ.— 6:00 μ.μ.
Κυριακή 8 Οκτωβρίου	Όρθρος & Θεία Λειτουργία— 8:15 π.μ.— 11:15 π.μ.
Τρίτη 10 Οκτωβρίου	Χριστιανική Φιλοξενία στο Ι.Ν. Τιμίου Σταυρού Θεία Λειτουργία στον Ι.Ν. Τιμίου Σταυρού— 10:00 π.μ.
Σάββατο 14 Οκτωβρίου	Εσπερινός— 5:00 μ.μ.— 6:00 μ.μ.
Κυριακή 15 Οκτωβρίου	Όρθρος & Θεία Λειτουργία— 8:15 π.μ.— 11:15 π.μ.
Τετάρτη 18 Οκτωβρίου	Αγ. Λουκά του Ευαγγελιστού 1η Ώρα & Θεία Λειτουργία— 8:00 π.μ.— 9:30 π.μ.
Παρασκευή 20 Οκτωβρίου	Αγ. Γερασίμου — 1η Ώρα & Θεία Λειτουργία— 8:00 π.μ.— 9:30 π.μ.
Σάββατο 21 Οκτωβρίου	Εσπερινός— 5:00 μ.μ.— 6:00 μ.μ.
Κυριακή 22 Οκτωβρίου	Όρθρος & Θεία Λειτουργία— 8:15 π.μ.— 11:15 π.μ.
Δευτέρα 23 Οκτωβρίου	Αγ. Ιακώβου — 1η Ώρα & Θεία Λειτουργία— 8:00 π.μ.— 9:30 π.μ.
Τετάρτη 25 Οκτωβρίου	Μέγας Εσπερινός στο Ι.Ν. Αγ. Δημητρίου, Elmhurst— 7:00 μ.μ.
Πέμπτη 26 Οκτωβρίου	Αγ. Δημητρίου — Όρθρος & Θεία Λειτουργία— 8:00 π.μ.— 10:00 π.μ.
Σάββατο 28 Οκτωβρίου	Της Αγίας Σκέπης Όρθρος & Θεία Λειτουργία— 8:00 π.μ.— 11:00 π.μ. Εσπερινός— 5:00 μ.μ.
Κυριακή 29 Οκτωβρίου	Όρθρος & Θεία Λειτουργία— 8:15 π.μ.— 11:15 π.μ.



October 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:30 am — Sunday School	2 9:00 am — Archangels Academy 4:30 pm — Greek School	3 9:00 am — Archangels Academy	4 9:00 am — Archangels Academy 10:30 am — Cherubs Playgroup 5:30 pm — Iconography Class 7:00 pm — GOYA Bon Fire	5 9:00 am — Archangels Academy 1:00 pm — Food Distribution	6 Teacher Institute Day — NO Archangels Academy 4:30 pm — Greek School 6:30 pm — Family Night	7 11:30 am — Handmaidens/Altar Boys Outing 3:30 pm. — Byzantine Music Class (Beginners) 4:15 pm. — Byzantine Music Class (Intermediate)
8 Family Worship — No Sunday School 11:30 — Philoptochos General Meeting	9 Columbus Day OFFICE CLOSED NO Archangels Academy NO Greek School	10 9:00 am — Archangels Academy 10:00 — Christianiki Philoxenia at Holy Cross Justice following the Divine Liturgy	11 9:00 am — Archangels Academy 5:30 pm — Iconography Class	12 9:00 am — Archangels Academy 1:00 pm — Food Distribution	13 9:00 am — Archangels Academy 4:30 pm — 6:30 pm — Greek School 6:30 pm — Floga Dance Troupe Intermediate 7:15 — Floga Dance Troupe Advanced	14 3:30 p.m. — Byzantine Music Class (Beginners) 4:15 pm. — Byzantine Music Class (Intermediate)
15 10:30 am — Sunday School	16 9:00 am — Archangels Academy 4:30 pm — Greek School 6:40 pm — Floga Dance Troupe Beginners	17 9:00 am — Archangels Academy	18 9:00 am — Archangels Academy 10:30 am — Cherubs Playgroup 5:30 pm — Iconography Class 7:00 pm — GOYA	19 9:00 am — Archangels Academy 1:00 pm — Food Distribution	20 9:00 am — Archangels Academy 4:30 pm — Greek School 6:30 pm — Floga Dance Troupe Intermediate 7:15 — Floga Dance Troupe Advanced	21 3:30 p.m. — Byzantine Music Class (Beginners) 4:15 pm. — Byzantine Music Class (Intermediate)
22 10:30 am — Sunday School 5:00 pm — St. Spyridon Annual Dinner Dance	23 9:00 am — Archangels Academy 4:30 pm — Greek School 6:40 pm — Floga Dance Troupe Beginners	24 9:00 am — Archangels Academy	25 9:00 am — Archangels Academy 5:30 — Iconography Class	26 9:00 am — Archangels Academy 1:00 pm — Food Distribution	27 9:00 am — Archangels Academy 4:30 pm — Greek School 6:30 pm — Floga Dance Troupe Intermediate 7:15 — Floga Dance Troupe Advanced	28 11:00 am — PTA Treats on the Trail Event 3:30 p.m. — Byzantine Music Class (Beginners) 4:15 pm. — Byzantine Music Class (Intermediate)
29 Family Worship — No Sunday School 11:30 am — General Assembly	30 9:00 am — Archangels Academy 4:30 pm — Greek School 6:40 pm — Floga Dance Troupe Beginners	31 9:00 am — Archangels Academy 6:00 pm — Family Night				

SUNDAY SCHOOL

Hymnology in our Sunday School Curriculum

When you immerse yourself in the Divine Liturgy and other services in the Orthodox religion, you quickly realize how much Hymnology plays a starring role. The music around you is constant whether from the clergy, the chanter, the choir or congregation, the music is on-going throughout the service.

This year the St. Spyridon Sunday School will be adding a monthly class for K-Jr. High students to not only learn some of the music of our church hymns, but also learn about their meaning and about the Saints who were church hymnologists.

The class will be taught by Ruth E. Faklis who is President of the Chicago Metropolis: Federation of Greek Orthodox Church Musicians. Ruth studied vocal music at the American Conservatory of Music and served as a member of the St. Spyridon Choir for over 20 years.

Submitted by Ruth E. Faklis



CHERUBS





GOOD VIBES

ST. SPYRIDON

October 2023

PTA NEWSLETTER



DATES TO REMEMBER

- ✓ OCTOBER 6TH -NO SCHOOL FOR ARCHANGELS
- ✓ OCTOBER 8TH -NO SUNDAY SCHOOL: FAMILY WORSHIP
- ✓ OCTOBER 9TH -NO SCHOOL FOR ARCHANGELS & GREEK SCHOOL
- ✓ OCTOBER 29TH -NO SUNDAY SCHOOL
- ✓ NOVEMBER 5TH- GODPARENT SUNDAY LUNCHEON "NO SUNDAY SCHOOL"

FUNDRAISERS & EVENTS

- OCTOBER 6TH: TROT-A-THON / FAMILY NIGHT MASH UP!! 6:30 PM-8PM
BRING YOUR PLEDGES AND LET'S CELEBRATE WITH SOME FUN!!
- OCTOBER 28TH: TREATS ON THE TRAIL AT LAKE KATHERINE 11-1PM
(KIDS CAN WEAR APPROPRIATE COSTUMES)



A MESSAGE FROM THE PTA

We are looking forward to all the fun we will have this month with you all and what a great way to kick off our new term! We have a lot of great things planned for our schools and students but none of it is possible without your support! We hope to see you all at the upcoming events! Thank you!

PTA NEEDS YOU!

Email spyridonpta@gmail.com to help!



SAINT STORY OF THE MONTH



OCTOBER 19

† RIGHTEOUS JOHN, WONDERWORKER OF KRONSTADT (1908). "SAINT JOHN OF KRONSTADT WAS A MARRIED PRIEST, WHO LIVED WITH HIS WIFE IN VIRGINITY. THROUGH HIS UNTIRING LABOURS IN HIS PRIESTLY DUTIES AND LOVE FOR THE POOR AND SINNERS, HE WAS GRANTED BY OUR LORD GREAT GIFTS OF CLAIRVOYANCE AND MIRACLE-WORKING, TO SUCH A DEGREE THAT IN THE LAST YEARS OF HIS LIFE MIRACLES OF HEALINGS — BOTH OF BODY AND OF SOUL — WERE PERFORMED COUNTLESS TIMES EACH DAY THROUGH HIS PRAYERS, OFTEN FOR PEOPLE WHO HAD ONLY WRITTEN TO HIM ASKING HIS HELP. DURING HIS LIFETIME HE WAS KNOWN THROUGHOUT RUSSIA, AS WELL AS IN THE WESTERN WORLD. HE HAS LEFT US HIS DIARY MY LIFE IN CHRIST AS A SPIRITUAL TREASURE FOR CHRISTIANS OF EVERY AGE: SIMPLE IN LANGUAGE, IT EXPOUNDS THE DEEPEST MYSTERIES OF OUR FAITH WITH THAT WISDOM WHICH IS GIVEN ONLY TO A HEART PURIFIED BY THE GRACE OF THE HOLY SPIRIT. FORESEEING AS A TRUE PROPHET THE REVOLUTION OF 1917, HE UNSPARINGLY REBUKED THE GROWING APOSTASY AMONG THE PEOPLE: HE FORETOLD THAT THE VERY NAME OF RUSSIA WOULD BE CHANGED. AS THE DARKNESS OF UNBELIEF GREW THICKER, HE SHONE FORTH AS A BEACON OF UNQUENCHABLE PIETY, COMFORTING THE FAITHFUL THROUGH THE MANY MIRACLES THAT HE WORKED AND THE FATHERLY LOVE AND SIMPLICITY WITH WHICH HE RECEIVED ALL. SAINT JOHN REPOSED IN PEACE IN 1908." (GREAT HOROLOGION)

Source: abbamoses.com

THIS MONTHS FASTING DATES

- 4TH, 6TH, 11TH, 13TH, 18TH, 20TH, 25TH & 27TH

FOR MORE INFORMATION ON FASTING SCAN HERE

GOA GUIDE ON FASTING



SUNDAY SCHOOL 2023-2024 CALENDAR



2023/2024 St. Spyridon Sunday School

PLEASE NOTE DATES ARE SUBJECT TO CHANGE



SUNDAY SCHOOL CLASS SCHEDULE

FALL

September



10- 1st Day of Sunday School
17- Sunday School
24- Sunday School

October



1-Sunday School
8-No Sunday School Family Worship
15-Sunday School
22-Sunday School
*29- No Sunday School Family Worship



November



*5 - Godparent Sunday Luncheon-
No Sunday School Famy Worship
12-Sunday School
19-Sunday School
*26-No Sunday School Family Worship

WINTER



December



3-Sunday School
10-Sunday School
17- Sunday School Christmas
Pageant
Enjoy Christmas Break!!



January



7 - Sunday School Resumes Vasilopita
Cutting
14- Sunday School
*21-No Sunday School Family Worship
28-Sunday School



February



4- Sunday School
11-Sunday School
*18- No Sunday School Family
Worship
25-Sunday School

SPRING

March



3-Sunday School
10- Sunday School
17- Sunday School
24- Sunday of Orthodoxy: Bring an
icon to class for procession
*31- No Sunday School Family Worship



April



7 - Sunday School
14- Sunday School
*21-No Sunday School Family Worship
28- Sunday School



May



5- Χριστός Ανέστη!
12-Sunday School
*19-Graduation Sunday No Sunday
School
*26-No Sunday School

SUMMER



June



HAVE



July



A GREAT



August



SUMMER

PLUTARCHOS ACADEMY



Μετά από το όμορφο και ξένοιαστο Καλοκαίρι μας, επιστρέψαμε όλοι, μαθητές, γονείς και δάσκαλοι ανανεωμένοι: με νέες δυνάμεις, ζήλο, προθυμία και υπομονή, στο Ελληνικό μας Σχολείο Πλούταρχος για να συνεχίσουμε το όμορφο και δύσκολο έργο μας.



Αρχίσαμε τα μαθήματά μας, στις 8 Σεπτεμβρίου, με Αγιασμό κι ευχές για μια ευλογημένη σχολική χρονιά, γεμάτη υγεία αγάπη και ΠΡΟΟΔΟ. Καλωσορίζουμε όλους τους δασκάλους μας, όλους τους μαθητές μας και όλους εσάς τους γονείς και σας ευχαριστούμε πάρα πολύ, που και για μια ακόμη χρονικά μας εμπιστεύεστε τα παιδιά σας. Σας υποσχόμαστε ότι θα κάνουμε το καλύτερο που μπορούμε για τη μόρφωση τους.

Το σχολείο μας λειτουργεί δύο φορές την εβδομάδα: Δευτέρα και Παρασκευή 4:30 - 6:30 μ.μ. με τάξεις, από Προνηπιαγωγείο μέχρι και την Ελληνομάθεια Β' και με καλούς, εκπαιδευμένους και με πολύχρονη πείρα δασκάλους. Έχουμε πλούσιο και γερό Αναλυτικό Πρόγραμμα Μαθημάτων για όλες τις τάξεις, πολιτιστική μόρφωση και πολλούς και διαφορετικούς παραδοσιακούς χορούς. Βασικός Σκοπός του Σχολείου μας είναι: Να κρατήσουμε την Ελληνική μας ταυτότητα. Να αγαπήσουν οι μαθητές μας την πανέμορφη Ελλάδα μας. Να μαθαίνουν φυσικά και αβίαστα να μιλούν, να διαβάζουν, να γράφουν, να σκέφτονται και να ενεργούν ελληνικά. Να γνωρίσουν τις ρίζες μας, την Ορθόδοξη Θρησκεία μας, την μακραίωνη κι ένδοξη Ιστορία μας και το μεγαλείο του Πολιτισμού μας. Με άλλα λόγια να μάθουν τα Ελληνοχριστιανικά γράμματα και να γίνουν καλοί και αγαθοί πολίτες.

Ευχόμαστε να έχουμε μια Καλή Σχολική Χρονιά. Καλή Πρόοδο!!!



PLUTARCHOS ACADEMY

With the intercessions of St. Spyridon, we have been blessed to begin a new Greek School year. We are pleased to welcome over 80 new and continuing students to our program, as well as a few new staff members. It is a joy to see our students attend class as they learn about their Orthodox faith and Hellenic Heritage. Our students range from Preschool to Ellinomatheia B level. Classes are held every Monday and Friday from 4:30 to 6:30 p.m. Please make every effort to be on time.

Many thanks to the PTA for the classroom school supplies and the welcome back to school gifts to our teachers. Also a big thank you to the Vythoulkas family for getting every student and staff member a beautiful Plutarchos Academy binder.

Mark your calendars for our upcoming events:

Monday, October 9th—No school, Columbus Day

Thursday, November 9th—Chicago Bears Game Fundraiser

Our 2023-24 staff is as follows:

Preschool: Mrs. Nicky Glikis

Kindergarten: Ms. Stavroula Koutsis

1st Grade: Mrs. Patricia Vythoulkas

2nd Grade: Ms. Natasha Vossos

3-6th Grades Mrs. Evi Marouda, Mrs. Litsa Tsarouhis
& Mrs. Fotini Feradouros

Ellinomatheia: Mrs. Marianna Haniotakis



Saint Spyridon Plutarchos Hellenic Academy Presents a Fellowship Event

All Proceeds
Will Benefit
Greek School!!

PRE-GAME
X' and O's Sports Lounge
6405 W 127th St,
Palos Heights, IL 60463

LIVE

\$40 (pre-paid)
\$50 (at the door)
admission + food +
beer + wine
will be served from
6:30-8:30pm

THURSDAY, NOVEMBER 9TH



BEARS

VS

PANTHERS



7:15PM

RESERVATIONS ENCOURAGED PLEASE CALL THE OFFICE OR SCAN THE QR CODE



ARCHANGELS ACADEMY

What an amazing and busy month!

We have completed our first month of school! The children have been settling in and feeling comfortable with our everyday classroom routine. We continue to work on following the rules and the reasons why we need rules in our classroom.

On Wednesday, September 20th we held our Back to School/Open House. It was an amazing night spent with parents and children.

On October 4th we are planning our "Annual" first field trip of the school year to the Children's Farm. The children are excited to touch, hold and learn about the many different animals that live on the farm.

Also, a HUGE THANK YOU to everyone who has donated off our Amazon Wish List! Our appreciation goes beyond what words can ever describe!



HANDMAIDENS

We had a wonderful first gathering! The Handmaidens discussed the importance of prayer for their upcoming school year. To remind them of the strength their savior gives them, they made PSALM 23 bracelets for strength and guidance needed for their day to day lives. Our next meeting will be an outing to Feed My Starving Children. We will meet again in person on November 4th at 10am.



ICONOGRAPHY

Our Iconography class restarted again at Saint Spyridon after 3 years! Join us every Wednesday from 5:30 pm to 7 pm!



FAMILY NIGHT

Family Night Ministry has officially started! On Friday, September 15th, we had a fun evening as our families gathered for dinner and Phanouropita baking. Each family was provided ingredients and the baking demonstration was led by K. Evi Marouda. The children enjoyed mixing their ingredients and each family went home with their own Phanouropita. We thank K. Evi and Presvytera Diana for teaching the children about Saint Phanourios, who is celebrated on August 27th. Please mark your calendars and plan on joining us for our mashup event with the PTA: a Trot-a-thon on October 6th. Flyers are going out to all the children of our parish enrolled in our Archangels Academy, Sunday School, or Greek school with more details and information on how to enroll. We can't wait to see everyone for another enjoyable night!



GOYA

The GOYA Kick-off Ice Cream Social took place on Wednesday, September 20. We had a fun night of ice breakers, games and a spiritual vitamin offered by Father George.

Join us for our GOYA Bon fire on Wednesday, October 4 from 7 pm to 8:30 pm! There will be games, smores and a fireside chat led by Fr. George.

If you would like to receive text communications about upcoming events, please text @jrgoyag to 81010. Once this is completed, you will receive a text confirmation.



PHILOPTOCHOS

Dear St. Spyridon Family,
September has come & gone! On Saturday, September 23rd our Philoptochos ladies attended the annual Metropolis luncheon at the Concorde Banquets. Thanks to the generous grant provided by the Hellenic Foundation, our ladies as well as our sister parishes Holy Cross & Assumption, Homer Glen were provided transportation to the luncheon. It was great to see & connect with all of our sister parishes at the well-attended luncheon!



This month we will be attending the Metropolis Clergy Laity & Philoptochos Convention that will be held on October 11th through October 13th. Our chapter will be having representatives attending as well.

Be on the lookout! Beginning this month, we will be taking order for our Take & Bake. Again, this year, we will be selling tiropites, spanakopites, pastichio & moussaka! Please make sure to get your orders in! Delivery & pickup will be scheduled right before the Thanksgiving holiday!!

Our monthly meeting will be held on Sunday, October 8th right after the Divine Liturgy. We look forward to seeing you at our meeting.

Sisterly Agapi,
Dana Vasilakos



FLOGA DANCE

The St Spyridon's Floga Hellenic Dance Troupe is off to a great start! We had our registration/parent meeting on September 22nd that was very well attended. We were very humbled by the great turn out & enthusiasm of the parents and the students.

We will be adding an intermediate group this year, so we are able to better place the children based on their capabilities and ages. We will have the Springs of Basil (beginners) practicing on Mondays and the Wonderworkers (Intermediate) and Floga (Advanced) practicing on Fridays (see flier for details).

We have a few performances coming up which include the Annunciation (in Kankakee) festival, The Greek Nursing home & the St. Spyridon dinner dance.

Continue to watch us on our Facebook page (St Spyridon's Floga Hellenic dance troupe) for more details about future events.

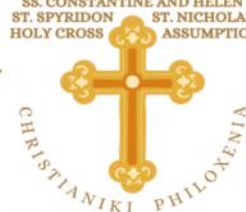
Thanks again to the parish for all their support and we are looking forward to another great year! OPA!

Sophia Christofer & Evi Marouda



PARISH ANNOUNCEMENTS

SS. CONSTANTINE AND HELEN
ST. SPYRIDON ST. NICHOLAS
HOLY CROSS ASSUMPTION



Christianiki Philoxenia

HOLY CROSS PHILOPTOCHOS IS VERY PLEASED TO INVITE YOU TO OUR SR. PHILOXENIA LUNCHEON

TUESDAY OCTOBER 10TH, 2023

DIVINE LITURGY AT 10:00 A.M.
FOLLOWED BY LUNCHEON & FELLOWSHIP
PLEASE CALL 708-594-2040 FOR RESERVATIONS

HOLY CROSS GREEK ORTHODOX CHURCH
7560 S. ACHER ROAD, JUSTICE, ILLINOIS 60458



Christianiki Philoxenia "Christian Love, Fellowship, Hospitality" is a "free of charge" event for the ministry dedicated to our Senior Citizens established & hosted by five Chicago South Side Greek Orthodox Parishes: Ss. Constantine & Helen, St. Nicholas, Holy Cross, Assumption, St. Spyridon

Saint Spyridon Hellenic Orthodox Church

FAMILY NIGHT

A MINISTRY FOR ALL FAMILIES WITH CHILDREN FROM PRE-K TO 5TH GRADE



WELCOME BACK!

food, family, faith and fun

FRI, SEPT 15TH 6:30 PM
FANOUROPITA BAKING

Upcoming Family Night Dates

Fri, Oct 6th | Saint Spyridon, 6:30-8pm
Sat, Oct 28th | Treats on the Trail, Hosted by PTA, 11am
Fri, Nov 3rd | Prosforo Baking at Saint Spyridon, 6:30-8pm
Sat, Nov 18th | Annual Christmas Advent Retreat at Saint Spyridon, 11am
Fri, Dec 8th | Christmas PJ Party/Movie Night at Saint Spyridon, 6:30-8pm

➤➤➤ Come visit our sign up table at the backpack blessing! Or send an email to Presvytera Diana at dlamberisegmail.com for more info!

ΧΡΙΣΤΙΑΝΙΚΗ ΦΙΛΟΞΕΝΙΑ

Οι κυρίες της Φιλοπτώχου από τις πέντε Ορθόδοξες Κοινότητες των νοτιών προαστίων του Σικάγου, προσκαλούν όλους τους πιστούς της χρυσής ηλικίας των εωροίων μας στο φετινό γεύμα που θα προσφερθεί από την κοινότητα του Ι.Ν. του Τιμίου Σταυρού στις 10 Οκτωβρίου, 2023, Ορθρος και Θεία Λειτουργία θα αρχίσουν στις 10:00 π.μ. και θα ακολουθήσει δωρεάν γεύμα στην κοινοτική αίθουσα της ενορίας. Το γεύμα προσφέρεται δωρεάν αλλά μέχρι της 3 Οκτωβρίου θα πρέπει να τηλεφωνήσετε στο κοινοτικό γραφείο του Τιμίου Σταυρού 708-594-2040 για κρατήσεις θέσεων.



**METROPOLIS OF CHICAGO
CLERGY-LAITY ASSEMBLY**

OCTOBER 11-13, 2023

MERIDIAN BANQUET & CONFERENCE CENTER
ROLLING MEADOWS, ILLINOIS

ACCOMMODATIONS
HYATT REGENCY, SCHAUMBURG, IL

HOST PARISHES
ASCENSION OF OUR LORD, LINCOLNSHIRE, IL & ST. NECTARIOS, PALATINE, IL



**SAINT SPYRIDON
HELLENIC ORTHODOX
CHURCH**

CHERUBS
caregiver and me playgroup

Our mission is to provide wholesome and fun activities in which the child and caregiver will work together and create a venue where Orthodox parents (yiayia, papou, etc.) and children can interact with others, form bonds of friendships and develop spiritually.

Each meetup varies to include storytime, songs, playtime, crafts and a spiritual lesson in a developmentally appropriate manner for their age.

JOIN US! WE WELCOME CHILDREN FROM 40 DAYS OLD TO 3 YEARS OLD

FALL/WINTER 2023 CALENDAR
10:00AM - 12:00PM

9/20/23	11/15/23
10/4/23	11/29/23
10/18/23	12/13/23
11/1/23	

SEND AN EMAIL TO EHRISTAKOS@GMAIL.COM TO SIGN UP!

PARISH ANNOUNCEMENTS



MAINTAINING THE BYZANTINE ICONOGRAPHIC TRADITION



ICONOGRAPHY CLASSES

LEARN THE FUNDAMENTAL TECHNIQUES OF BYZANTINE ICONOGRAPHY

TEACHER: PANAYIOTIS MIHALOPOULOS

Wednesdays

5:30 p.m. - 7 p.m.

First class : September 27

St. Spyridon's Hellenic Orthodox Church
\$100 per Student
+ cost of materials



BYZANTINE MUSIC CLASSES

FOR BEGINNERS AND INTERMEDIATE LEVELS
CLASSES ARE HELD EVERY SATURDAY
(STARTING SEPTEMBER 9 THROUGH
APRIL OF 2024)

3:30 - 4:15 PM - BEGINNER CLASS
4:15 PM - 5:00 PM - INTERMEDIATE CLASS

COST: \$100/PERSON OR \$150 TOTAL PER FAMILY
WITH 2 OR MORE STUDENTS)

FOLLOWED BY VESPERS AT 5 PM

SAINT SPYRIDON HELLENIC ORTHODOX CHURCH
12307 S. RIDGELAND AVENUE,
PALOS HEIGHTS, IL
WWW.SAINT-SPYRIDON.NET

STUDENTS: 1ST GRADE THROUGH 12TH GRADE
AND ADULTS ARE WELCOME

INSTRUCTOR:
ALEXIA CHIBUCOS



HANDMAIDENS SCHEDULE

SEPTEMBER 9 : 10:00 AM

OCTOBER 7 : 11:30- 1:15 FEED MY STARVING CHILDREN; AURORA;
MUST RSVP FOR THIS EVENT.

NOVEMBER 4 - 10:00 AM

DECEMBER 9 : 10:00 AM CHRISTMAS CELEBRATION

JANUARY 13 : DIVE FOR THE HOLY CROSS; LOCATION TBD

FEBRUARY 3 : 10:00 AM

MARCH 2 : 10:00 AM

APRIL 20 : 10:00 AM MANDATORY MYROFORES PRACTICE

MAY 18 : 10:00 AM END OF THE YEAR CELEBRATION

2023-2024

JOIN THE ST. SPYRIDON FLOGA HELLENIC DANCE TROUPE

SPRINGS OF BASIL (BEGINNERS GROUP) \$75
KINDERGARTEN - 2ND GRADE (PRACTICE MONDAY NIGHT)

THE WONDERWORKERS (INTERMEDIATE GROUP)
\$50 PER SESSION OR \$100 FOR THE YEAR
3RD GRADE - 5TH GRADE (PRACTICE FRIDAY NIGHT)

FLOGA (ADVANCED PERFORMING GROUP).
\$100 PER SESSION OR \$150 FOR THE YEAR
6TH GRADE AND ABOVE (PRACTICE FRIDAY NIGHT)

REGISTRATION AND PARENT MEETING
SEPTEMBER 22ND AT 6:30PM

PRACTICE BEGINS
SEPTEMBER 29TH



CONTACT SOPHIA OR EVI AT
FLOGADANCEGROUP@GMAIL.COM

PARISH ANNOUNCEMENTS

ST. SPYRIDON GREEK ORTHODOX CHURCH



CALLING ALL 6TH GRADERS - HIGH SCHOOL
JOIN US FOR FUN MINISTRIES, BONFIRES AND OUTREACH PROJECTS

ICE CREAM SOCIAL - WEDNESDAY, SEPTEMBER 20 @ 7PM
COME TASTE THE SWEETNESS OF ORTHODOX LIFE

MARK YOUR CALENDARS FOR UPCOMING MEETINGS:
SEPTEMBER 20, OCTOBER 4 & 18, NOVEMBER 1 & 15, DECEMBER 13
2024 DATES TBD

*** GOYA FEE = \$20 TO COVER OUTREACH PROJECT EXPENSES***

JOIN GOYA REMIND APP GROUP TO STAY UP TO DATE
TEXT @JRGYAG TO 81010

ST. SPYRIDON
GOYA



BONFIRE

WEDNESDAY, OCTOBER 4
7-8:30 PM

JOIN IN FOR A SPIRITUAL CHAT
AND S'MORES

PLEASE RSVP AND BRING A FRIEND

SIGN UP FOR GOYA NOTIFICATIONS
THROUGH THE REMIND APP
TEXT @jrgoyag to 81010

Join the PTA for a:

TROT-A-THON

Top Earner
Incentives
To Be
Announced.

October 6th
at 6:30 PM
Come dressed like a
superhero (optional)
to this PTA/
Family Night mash
up celebration!

All participants
will receive a voucher to
Lou Malnati's
for a FREE individual
sized pizza!

Help us plan! If
you are participating
in the Trot-a-Thon
sign up here by
October 2.



How it works:
Get friends, family and neighbors to sponsor
your walk. Pledge envelopes will be sent
home!
If you didn't get one and want to participate
please email us at spyridonpta@gmail.com.
Bring your family on October 6th and
we will TROT and celebrate with one another!

ST. SPYRIDON: ARCHANGELS, PLUTARCHOS &
SUNDAY SCHOOL

P.T.A MEMBERSHIP FORM

PERSONAL INFORMATION

PARENT/GUARDIAN NAME _____
ADDRESS _____
PHONE NUMBER _____ OK TO TEXT? YES _____ NO _____
EMAIL _____
STUDENT #1 _____ GRADE _____
STUDENT #2 _____ GRADE _____
STUDENT #3 _____ GRADE _____
STUDENT #4 _____ GRADE _____

TELL US A
BIT MORE

HAVE YOU EVER COMPLETED THE METROPOLIS YOUTH TRAINING? YES... NO...
WILL THIS BE YOUR FIRST TIME VOLUNTEERING WITH OUR P.T.A? YES... NO...

HOW ARE YOU INTERESTED GETTING INVOLVED?

COMMUNICATION

___ BULLETIN BOARD
___ TEXTS
___ PHOTOCOPIES SENT HOME
___ EMAIL
___ MONTHLY NEWSLETTER
___ NO PREFERENCE

EVENTS

___ BACK TO SCHOOL RETREAT
___ JOG-A-THON
___ TREATS ON THE TRAIL
___ GODPARENT SUNDAY BRUNCH
___ FAMILY MOVIES NIGHT
___ AGAPE SERVICE BAGS
___ NO PREFERENCE
___ STAFF APPRECIATION WEEK
___ NATIVITY RETREAT
___ FUNDRAISING
___ LAMBATHES
___ CHRISTMAS BAKE SALE
___ SATURDAY OF LAZARUS
___ BRIGHT FRIDAY BBQ

ARE YOU ABLE TO COMMIT TO ONE MEETING PER MONTH? YES... NO...
WHAT SKILLS WOULD YOU LIKE TO OFFER TO THE PTA? (OPTIONAL)

PARISH ANNOUNCEMENTS

Join the PTA
for

TREATS ON THE TRAIL

**SATURDAY OCTOBER 28TH
11AM-1PM
LAKE KATHERINE**

OUR ANNUAL TREATS ON THE TRAIL IS HERE WITH FUN TREATS AND SAINT STORIES FOR THE KIDS! KIDS MAY WEAR APPROPRIATE NON-SCARY COSTUMES! A LIGHT BRUNCH WILL BE PROVIDED FOR EVERYONE.

Scan here to register and please contact us if you can volunteer! Service hours will be provided - spyridonpta@gmail.com

**\$15 / PERSON
OR
\$50 / FAMILY**





TAKE & BAKE

Let St. Spyridon Philoptochos help you with your holiday planning with our delicious ready to bake Greek delicacies.

Item	Unit Price	Quantity	Total
Spanakopita 24 appetizer-size frozen servings	\$30.00		
Tyropita 24 appetizer-size frozen servings	\$ 30.00		
Pastichio ½ sheet frozen	\$ 30.00		
Moussaka ½ sheet frozen	\$ 30.00		
Total Due			

All orders must be received by: Nov. 13th with payment.

Name: _____

Phone Number: _____

You may email or call Helen Sotiropoulos with any orders or questions.

Cell: 815-370-2111 Email: lenamontreal@aol.com

From our hearts to your home.

Fall in love with our Greek delicacies.

Order before
Nov. 13th 2023

Online Orders:
Email Helen
Subject: Take & Bake
Lenamontreal@aol.com

Or

Pay by check or cash at
St. Spyridon Church Office
Make checks payable:
St. Spyridon Philoptochos

Pick up date:
Saturday Nov. 18th
10 am – 12 pm

St. Spyridon Church
12307 Ridgeland Ave.
Palos Heights, IL 60463
708-385-2311

JOIN US FOR THE ANNUAL

Godparent Brunch

NOVEMBER 5TH, 2023
AFTER DIVINE LITURGY IN THE COMMUNITY CENTER

\$20 ADULTS | \$10 CHILDREN

Seats are limited.
Reservations are strongly encouraged.
To make a reservation please email the PTA at: spyridonpta@gmail.com
or
Visit us at our reservation table on Sundays after Liturgy.



ST. SPYRIDON'S

Food Pantry

EVERY THURSDAY 1 PM - 2 PM

Please remember our Food Pantry
The St. Spyridon Food Pantry passes out food to the needy every Thursday from 1:00 p.m. - 2:00 p.m.

We are always in need of the following items:
Cereal - Pancake mix & Syrup - Oatmeal - Spaghetti Sauce - Spaghetti/Pasta - Boxed Mashed Potatoes - Brownie Mix - Mac & Cheese - Tuna Cans - Canned Soups - Mustard/Ketchup - Salad Dressing - Canned Corn - Canned Beans - Canned Peas - Oil
Any other Nonperishable Foods

Monetary donations are always welcome.

Please place all nonperishable food donations in the **FOOD PANTRY BOX** located in the gym by the parking lot door.



Huck FINN

Restaurant & Donuts

10501 S. Cicero 708-499-1112
Oak Lawn, Il 60453
3414 S. Archer 773-247-5515
Chicago, Il 60608
6650 S. Pulaski 773-581-4285
Chicago, Il 60629

Eggman's



Restaurant

12701 S. Pulaski
Alsip, IL 60803

708-239-8740



Nick's Barbecue

RIBS

4 LOCATIONS TO SERVE YOU

Burbank 6945 W. 79th St. (708) 233-RIBS (7427)	Tinley Park 16638 S. Oak Park (708) 444-RIBS (7427)	ORDER ONLINE www.nicksbbq.com <small>Member Special Offers & Coupons</small>
Alsip 5500 Cal Sag Rd. (708) 923-RIBS (7427)	Homer Glen 18800 S. Bell Rd. (708) 645-RIBS (7427)	

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5510 W. Cal Sag Rd.
Alsip, IL 60803

Chris: (708) 745-8659
Email: ACEollision.claims@gmail.com

Dimitris Bezanis C.O.



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manikasrealty.com

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DEAN DEMOS

- Dean Demos
Al Piemonte Buick GMC
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