

# THE VOICE

**OCTOBER 2022 - VOLUME No. 372**  
**SAINT SPYRIDON HELLENIC ORTHODOX CHURCH**

12307 SOUTH RIDGELAND AVENUE, PALOS HEIGHTS, ILLINOIS 60463  
 FIND US ON FACEBOOK, INSTAGRAM & YOUTUBE

Please join us for  
 Saint Spyridon's Annual

## Fellowship Event

Enjoy Brunch with family and friends  
 Sunday, October 23<sup>rd</sup>, 2022  
 12:00 pm  
 Georgios Banquets

Tickets:  
 \$55 for Adults  
 \$15 for Children (under 12)

Please RSVP by October 20th  
 to the church office  
 708-385-2311

Payment accepted in the  
 church office until  
 October 20th

**Saint Spyridon Plutarchos Hellenic Academy  
 Presents a Fellowship Event!!!**

**PRE-GAME**  
**X' and O's Sports Lounge**  
 6405 W 127th St,  
 Palos Heights, IL 60463

All Proceeds  
 Will Benefit Greek  
 School!!

\$40 (pre-paid)  
 \$50 (at the door)  
 admission + food +  
 beer + wine  
 will be served from 6:30-8:30pm

**LIVE**

**THURSDAY, OCTOBER 13TH**

**BEARS VS COMMANDERS**

6:30PM

\$25  
 squares are available for  
 purchase!

RESERVATIONS ENCOURAGED PLEASE CALL THE OFFICE OR SCAN THE QR CODE



**Congratulations to the "Peter Manasses Memorial" scholarship recipients**

## The Voice - Η ΦΩΝΗ

Official Monthly Community  
Publication of St. Spyridon  
Hellenic Orthodox Church  
12307 S. Ridgeland Avenue  
Palos Heights, IL 60463

REV. FR. GEORGE LAMBERIS  
PARISH PRIEST

### Church Office

Hours: Monday-Friday 9 a.m.-2 p.m.  
Phone: 708-385-2311  
Fax: 708-385-0166  
E-mail: office@Saint-Spyridon.net  
Web: www.Saint-Spyridon.net

### Parish Council Officers

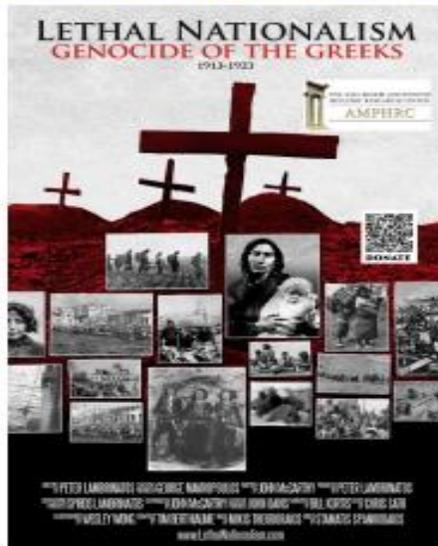
Frank Kopanis	President
George Papadopoulos	Vice-President
James Xeros	Vice-President
Panagiotis Stamus	Secretary
Spiros Tzanetakos	Assistant Secretary
Gus Kolyvas	Treasurer
Jim Korbakes	Assistant Treasurer

### Auxiliary Officers

Angelo Angelos	Chanter
Georgia Xeros	Philoptochos
Dana Vasilakos	P.T.A.
Gus Rougas	Kentro
Jimmy Korbakes	Kentro
Marianna Haniotakis	Plutarchos
Sofea Malamis	Academy Archangels Academy
Vasiliki Georgiou	Cherubs
Ria Hronis	Cherubs
Zoe Kopanis	Sunday School Director
Nancy Primbas	G.O.Y.A.
Pres. Diana Lamberis	Family Night
Vivian Tzanetakos	Family Night
Ria Hronis	Family Night
Labros Malfas	Altar Boys
Vicky Argyropoulos	Handmaidens
Cindy Polyzos	Floga Dance
Demetrius Marines	Athletics
Nick Tsinoukas	Athletics
Stella Parhas	Food Pantry
Litsa Tsarouhis	Church Office
Marianna Haniotakis	Church Office
Soteria Simantirakis	Custodian

## DOCUMENTARY PRESENTATION

The documentary "Lethal Nationalism: Genocide of the Greeks 1913-1923" tells the tragic story of the Smyrna Catastrophe & the Greek Genocide of 100 years ago with never-before-seen footage. The film was made possible through the efforts of the Asia Minor and Pontos Hellenic Research Center (AMPHRC).



The AMPHRC President and Founder George Mavropoulos, who appears in the film, along with a dedicated board and production team worked tirelessly to create this documentary. George Mavropoulos explains, "The Ottoman government tried to get rid of these people because they had a different faith. Their main plan was Turkey for Turks. There was no room for the Christians, so they had to eliminate them."

The film's director, Peter Lambrinatos, said, "I took on this challenging project using actual footage, firsthand accounts, expert testimony, and academic researchers and government documents provided to internationalize a part of history that has been silenced for over a century."

The film's narrator, famed broadcast journalist and the voice of many great documentaries, proudly lent his voice and talents to this film. "This production is one of the most important projects that I've ever been associated with, and it provides a sobering lesson as to why we should never forget the suffering that is caused by the genocide," said Bill Kurtis.

The film charts the genocide of Asia Minor's indigenous Greek population by the Ottoman Empire and Turkish nationalists—the genocide that unfortunately served as the model for the subsequent Armenian and Assyrian genocides and the Holocaust too. There are many lessons that are still vital for the world to learn. The truth must be told.

The Asia Minor and Pontos Hellenic Research Center (AMPHRC) is a historical society and a 501 (c) (3) non-profit organization based in Chicago, Illinois. Their goal is to document and disseminate information about the Greek communities of the later Ottoman empire and study their expulsion from their ancestral homelands in Asia Minor, Eastern Thrace, and Pontos. Visit the AMPHRC website or contact George Mavropoulos at 630.303.4361 or [gmavropoulos@hotmail.com](mailto:gmavropoulos@hotmail.com) for any additional information.

### Προβολή του ντοκιμαντέρ «Θανατηφόρος Εθνικισμός: Η Γενοκτονία των Ελλήνων 1913 – 1923»

Την Παρασκευή 7 Οκτωβρίου και στις 7 μ.μ. το Ελληνικό μας σχολείο σας προσκαλεί στην προβολή του ντοκιμαντέρ που είναι αφιερωμένο στη Γενοκτονία των Ελλήνων της Μικράς Ασίας, του Πόντου και της Ανατολικής Θράκης. Η είσοδος είναι ελεύθερη. Το ντοκιμαντέρ είναι παραγωγή του Ελληνικού Κέντρου Έρευνας για τη Μικρά Ασία και τον Πόντο και έχει ήδη αγγίξει τις καρδιές πολλών ομογενών. Η ταινία είναι στα Αγγλικά με Ελληνικούς υπότιτλους.

Προσοχή! Κατάλληλο για θεατές άνω των 13ων χρονών.

## FATHER'S LETTER

### SPEAKING THE TRUTH IN LOVE

This past Sunday, we heard the call of Christ to his disciples to become “fishers of men.” The ark of salvation, the church, today is battling against the sea and waves of the secular world. It does not take much to realize that we are living in a confused time where Orthodox Christians are falling away from standard practices of Christianity. Christ in the gospel has offered His teaching to protect our physical, emotional and spiritual health so that we may not be poisoned by the seductive temptations of the world.

Christians are called to be the salt of the earth; but if this salt loses the savor of Christian life, it is therefore good for nothing but to be cast out and to be trodden under foot of men (Matt 5:13). Not only does salt preserve but it also adds savor to that which we season.

Beloved faithful of Saint Spyridon, we must be aware of this one point: The call of Orthodox Christians in the world is to not only preserve the Orthodox Christian faith in its fullness, but to be a witness to it through authentic praxis.

As baptized Orthodox Christians, we belong to the one Church which Christ established on earth. Nothing else is more precious. If we understand it to be so, then we



must offer and sacrifice worldly things to remain in the grace of His Church. This kind of example will add salt to the wounds of the wounded and will bring fish to come and witness life in Christ through you.

Each Orthodox Christian has this missionary calling. It is not through *filastia* (love of the self) but one of *Orthodoxia* – authentic, true and unadulterated worship and practice that we find our true identity in Christ. In a world inundated with tik-tok and selfies, we must transition from a life pointing to ourselves to a life which points to Christ.

We must first and foremost, speak and act with love. The chief distinguishing mark of the Christian as a disciple of God is this. Therefore, when we address sensitive issues, we must till the soil and throw salt on the wounded with Christ-like love. There are so many confused by the opinions of the media, social experiments, and diabolical agendas. The only way our

message will be heard is if we convey it in such a loving and positive way so that those who listen to our words will hear the heart that Orthodoxy conveys.

May we not be swayed by the world and wolves, brothers and sisters. Speaking the truth in love and not being afraid to do so is part of our maturing in Christ. The fish are waiting! It is time to cast the net of love and restore creation, our families, and our world to its pre-fallen state of holiness. To quote St. Porphyrios, “worldly love remains for a time and is gradually extinguished, but divine love continually grows and deepens.” As Saint Paul says to the Ephesians, “Speaking the truth in love, we will grow to become in every respect the mature body of Him who is the head, that is, Christ” (Ephesians 4:15). Let us train and encourage one another in truth – the truth found in the gospel, the truth about who God is and what He has called us to – hard truths of correction – and may our motive to do so always be love.

*F. George*

## PRESIDENT'S LETTER

Dear St. Spyridon Parish Family,

Greetings, Χαίρετε to everyone. It is with great hope and prayer that all of our families are staying healthy and doing well. Thank you to our Fr. George that through the intercessions of our beloved Patron St. Spyridon, he is able to offer our parish and community so many beautiful holy services.

The 105th Annual Fellowship Dinner Dance has changed formats this year to a Fellowship Brunch. The Brunch will take place on Sunday, October 23rd, following the Divine Liturgy, at 12:00pm, noon, at the Georgios Banquets, 8800 W. 159th St.

The parish coffee hour social on Sunday, October 23rd, will be at the Georgios Banquets as well. Please attend as the invitation is open to all of us, our families, friends and community. There is a possibility to have bus transportation service from church to Georgios Banquets with a return trip or two if there are enough bus reservations. Please make reservations and payments in advance by contacting the church office at (708) 385-2311.

The Fall General Assembly Meeting is scheduled for Sunday, October 30th, after the Divine Liturgy. The General Assembly is the highest organizational body of the parish. Please attend to learn more about our parish and to have a role helping form the church ministries that benefit all of us, our families and future generations. The Meeting will include a presentation and vote to approve the 2023 Parish Budget as well as discussions on other parish related items.

Archangels Academy Preschool is starting in October, an additional and optional afternoon session for children from the parish and community. Archangels offers an educational, religious and cultural learning experience that helps its students build a solid foundation for their future educational school years and life. Please consider enrolling your children as new students are accepted throughout the school year.

The parish council in the September parish council meeting approved the hiring of Greek School teachers, Stavroula Koutsis and Dina Katsibrinakis, reserve teacher, Patricia Vythoulkas and teaching aid, Garyfalia Verros. Welcome to Stavroula, Dina, Patricia and Garyfalia! Additionally, the meeting included reports from the various parish committees including: Archangels Academy Preschool, Sunday School, Youth Protection, Dinner Dance/Brunch, Festival, Stewardship, Memorial Scholarship and Building Maintenance.

Volunteers are needed to assist the Youth Ministry and parish schools. Please volunteer for the church ministries, events and fundraisers by contacting Fr. George, any of the parish council members, any of the ministry/school leaders or the church office at (708) 385-2311 for more information.

Thank you to Fr. George, the parish council members, all of the church organizations and committees, the parishioners, volunteers and donors for your unyielding efforts to support our parish.

Please attend church and participate in the beautiful holy services.

May St. Spyridon continue to guide us and protect us.

Humbly submitted,

*Frank Kopanis*



# October 2022 – Community Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 * Byzantine Chant Class—3:45 pm * Archangels School Board Meeting—5:00 pm
2 * Sunday School—10:30 am—11:30 am	3 * Archangels Academy—9:00 am * Greek School—4:30 am—6:30 pm	4 * Archangels Academy—9:00 am * Parish Council—7:00 pm	5 * Archangels Academy—9:00 am * Cherubs—10:30 am—12:00 pm * GOYA—7:00 pm—8:30 pm	6 * Archangels Academy—9 am * Archangels Academy Open House—5:30 pm—6:30 pm	7 * Greek School—4:30 pm—6:30 pm	8 * Byzantine Chant Class—3:45 pm
9 * Family Worship	10 * Archangels Academy—9:00 am * Greek School—4:30 pm—6:30 pm	11 * Archangels Academy—9:00 a.m. * Archangels Academy School	12 * Archangels Academy—9:00 a.m.	13 * Archangels Academy—9:00 am * Plutarchos Greek School Fundraiser at X's and O's—6:30 p.m.—8:30 p.m.	14 * Archangels Academy—9:00 a.m. * Greek School—4:30 pm—6:30 pm	15 * Family Night—Pumpkin Patch Social Event—11:00 am—1:00 pm * Byzantine Chant Class—3:45 p.m.
16 * Sunday School—10:30 a.m.—11:30 a.m.	17 * Archangels Academy—9:00 am * Greek School—4:30 pm—6:30 pm	18 * Archangels Academy—9:00 a.m.	19 * Archangels Academy—9:00 a.m. * Cherubs—10:30 a.m. * GOYA—7:00 p.m.	20 * Archangels Academy—9:00 am	21 * Archangels Academy—9:00 am * Greek School—4:30 pm—6:30 pm	22 * Altar Boy Meeting—10:30 a.m. * Handmaidens—10:30 am * Byzantine Chant Class—3:45 p.m.—4:45 p.m.
23 * Sunday School—10:30 a.m.—11:30 a.m. * St. Spyridon Feast Day Brunch at Georgios Banquets—12:00 p.m.	24 * Archangels Academy—9:00 am * Greek School—4:30 pm—6:30 pm	25 * Archangels Academy—9:00 a.m.	26 * Archangels Academy—9:00 a.m.	27 * Archangels Academy—9:00 am	28 * Archangels Academy—9:00 a.m. * Greek School and OXI Day Program—4:30 p.m.—6:30 p.m.	29 * Byzantine Chant Class—3:45 p.m.—4:45 p.m.
30 * Family Worship * General Assembly—11:30 a.m.	31					

## SCHEDULE OF DIVINE SERVICES

Saturday, October 1	St. Romanos the Melodist—Orthros & Divine Liturgy and Agiasmos 8:00 a.m.—10:00 a.m., Vespers—5:00 p.m.
Sunday, October 2	Orthros & Divine Liturgy—8:15 a.m.—11:15 a.m.
Thursday, October 6	St. Thomas—1st Hour & Divine Liturgy—8:00 a.m.—9:15 a.m.
Saturday, October 8	Vespers—5:00 p.m.
Sunday, October 9	Orthros & Divine Liturgy—8:15 a.m.—11:15 a.m.
Saturday, October 15	Vespers—5:00 p.m.
Sunday, October 16	Orthros & Divine Liturgy—8:15 a.m.—11:15 a.m.
Thursday, October 20	St. Gerasimos & St. Artemios, 1st Hour & Divine Liturgy—8:00 a.m.—9:30 a.m.
Saturday, October 22	Vespers—5:00 p.m.
Sunday, October 23	Orthros & Divine Liturgy—8:15 a.m.—11:15 a.m.
Tuesday, October 25	Vespers at St. Demetrios in Elmhurst—7:00 p.m.—9:15 p.m.
Wednesday, October 26	St. Demetrios—1st Hour & Divine Liturgy—8:00 a.m.—9:30 a.m.
Friday, October 28	Agia Skepi—Orthros & Divine Liturgy—8:00 a.m.—10:30 a.m.
Saturday, October 29	Vespers—5:00 p.m.
Sunday, October 30	Orthros & Divine Liturgy—8:15 a.m.—11:15 a.m.

## ΠΡΟΓΡΑΜΜΑ ΙΕΡΩΝ ΑΚΟΛΟΥΘΙΩΝ

Σάββατο 1 Οκτωβρίου	Αγ. Ρωμανός ο Μελωδός—Όρθρος & Θεία Λειτουργία, Αγιασμός—8:00 π.μ.—10:0 π.μ., Εσπερινός—5:00 μ.μ.
Κυριακή 2 Οκτωβρίου	Όρθρος & Θεία Λειτουργία—8:15 π.μ.—11:15 π.μ.
Πέμπτη 6 Οκτωβρίου	Αγ. Θωμά—1η Ώρα & Θεία Λειτουργία—8:00 π.μ.—9:15 π.μ.
Σάββατο 8 Οκτωβρίου	Εσπερινός—5:00 μ.μ.
Κυριακή 9 Οκτωβρίου	Όρθρος & Θεία Λειτουργία—8:15 π.μ.—11:15 π.μ.
Σάββατο 15 Οκτωβρίου	Εσπερινός—5:00 μ.μ.
Κυριακή 16 Οκτωβρίου	Όρθρος & Θεία Λειτουργία—8:15 π.μ.—11:15 π.μ.
Πέμπτη 20 Οκτωβρίου	Αγ. Γεράσιμος & Αγ. Αρτέμιος 1η ώρα & Θ. Λειτουργία—8:00 π.μ.—9:30 π.μ.
Σάββατο 22 Οκτωβρίου	Εσπερινός—5:00 μ.μ.
Κυριακή 23 Οκτωβρίου	Όρθρος & Θεία Λειτουργία—8:15 π.μ.—11:15 π.μ.
Τρίτη 25 Οκτωβρίου	Εσπερινός στο Ι.Ν. Αγ. Δημητρίου, Elmhurst, IL—7:00 μ.μ.—9:30 μ.μ.
Τετάρτη 26 Οκτωβρίου	Αγ. Δημητρίου του Μυροβλήτου—1η ώρα & Θ. Λειτουργία—8:00 π.μ.
Παρασκευή 28 Οκτωβρίου	Αγ. Σκέπης—Όρθρος & Θεία Λειτουργία—8:00 π.μ.—10:30 π.μ.
Σάββατο 29 Οκτωβρίου	Εσπερινός—5:00 μ.μ.
Κυριακή 30 Οκτωβρίου	Όρθρος & Θεία Λειτουργία—8:15 π.μ.—11:15 π.μ.



## ONE YEAR ANNIVERSARY CELEBRATION

On Sunday, September 11th, our community celebrated the 1st Anniversary of Father George as our Parish Priest.

Happy Anniversary Father! May God continue to bless and strengthen you and your family in all that you do. Many more fruitful years in the His vineyard. We highly appreciate and acknowledge everything that you do.

Πάντα άξιος!



## NEW 2022 STEWARDS SEPTEMBER 1ST—SEPTEMBER 31ST

We wish to thank the 294 Stewards who have committed their stewardship for 2022. Stewardship materials are available at the church office, in the community hall and on our website.

Ευχαριστούμε τους 294 ενορίτες που προσφέρατε την συνδρομή σας για το 2022. Η υποστήριξη όλων είναι απαραίτητη για την σωστή και θεάρεστη λειτουργία της ενορίας μας. Παρακαλούμε όπως όλοι συμβάλουμε την συνδρομή μας. Συμπληρώστε την κάρτα συνδρομής με την προσφορά σας και βοηθήστε να συνεχίσουμε όλοι μαζί την διακονία της ιεράς κοινότητός μας.

Mr. & Mrs. Steven Charnot  
Mr. & Mrs. Aristides Hatzidimitriadis  
Mr. & Mrs. George Kattos  
Mrs. Zoe Korbakis  
Ms. Nikoletta Koutsis  
Ms. Marina Kyriakopoulos

Mr. & Mrs. Demetri Manasses  
Mr. & Mrs. Haralambos Pashos  
Mr. & Mrs. Andrew Theodorou  
Mr. Kyriakos Tsoukalas  
Mr. & Mrs. Sofoklis Vasiliades

Total # of Stewards: 294



*In gratitude for God's blessings, I commit to Christ  
and His Church as a Steward of  
Saint Spyridon with my 2022 Stewardship.*



## PHILOPTOCHOS

Dear Parishioners and Friends of Philoptochos,

The ladies of Philoptochos have had a busy month in September and are looking forward to getting into full swing for October.

On September 24th our Philoptochos ladies attended the Metropolis of Chicago Philoptochos Luncheon. The event was well attended by all our chapters with the focus on reaching out to our youth to incorporate philanthropy in their lives. Our Chapter participated by having our children bring a small kitchen appliance or kitchen tools as a donation to help the homeless. Other chapters brought donations for the bedrooms, bathrooms, and other items to needed to furnish a home. All of the items as well as a monetary donation were delivered to "Digs with Dignity", an organization which helps people go from homeless to a real home. It was heartwarming to see the video presentation of all the children participating and working to help the homeless. Our youth is the future and it is imperative to instill our faith and philanthropic values, not only by words but also by action. Throughout the upcoming year, we will continue to develop programs and reach out to our youth to participate in philanthropy. We welcome any ideas and suggestions for programs so please join us. We especially extend this invitation to our younger ladies, who have a more relevant perspective – join us.

As part of our goal to reach out to our youth, we will be preparing a 'Philo bag' for students living away at college. We hope this will serve as a reminder they are an integral part of our community and we are thinking and praying for them. We ask the parents of college students to please forward residential information for students to the office so



we can send these packages out. Our hope is to have them delivered by the end of October.

On Sunday September 25th, Philoptochos announced the recipients of the Peter Manasses Scholarships. With the generous underwriting of Mrs. Tina Manasses, we were able to award four undergraduate scholarships at \$2,000 per student and one graduate school scholarship at \$3,000. We thank the Manasses family for their support of our community's youth and for demonstrating true philanthropic values. It was inspiring to hear from them about the respect Mr. Peter Manasses had for education and the actions he took to help others improve their lives. So many of us who come from immigrant families understand the sacrifices made to educate and improve the lives of their families. I congratulate the Manasses family for continuing their father's philanthropic mission and his belief in the importance of education. We also thank the Manasses family for sponsoring the fellowship luncheon; memory eternal for Peter Manasses. Thank you to our Philoptochos ladies who prepared and served during this luncheon. It was delicious as always, but so much more enjoyable sitting on our new comfortable new chairs!

Some background: Since 1990 the Philoptochos Society of St Spyridon has promoted and supported the education of our youth by awarding outstanding students in our community scholarships. Each recipient exemplifies the hard work, strong values, relentless commitment to community service and scholarly perseverance that our philanthropic organization embodies. This year's Chairman Maria Baltas and the Scholarship Committee proudly announce #1, #2, #3 #4 as the recipients of the un-



## PHILOPTOCHOS SCHOLARSHIPS

dergraduate scholarships of \$2,000 and #5 as the recipient of the graduate school scholarship of \$3,000. Congratulations to our recipients on their accomplishments; we wish them success in all their future educational pursuits and remind them St. Spyridon is their home. We share in their accomplishment and we are also here to support them during the more challenging times.

During the month of October, we traditionally sponsor a Fall Luncheon, however this year we will forego this, as we encourage everyone to attend our Parish's Fall Fellowship Brunch on Sunday October 23rd. The committee has worked hard to make this a wonderful family fellowship event, so please make every effort to join us in fellowship for the Brunch.

During the month of October Philoptochos will be focusing its efforts on feeding the hungry by preparing and delivering food to the homeless living under the bridges. Our goal is to make 100 meals and deliver them on two separate days. We have asked GOYA to assist us in preparing the food and hope to deliver on a Saturday, so they can also participate in the delivery. We will also be preparing small hygiene packages to be included, further information on dates and items needed will be forthcoming. If anyone is interested in participating in the "Under the Bridge" program please let me know we always need help. I encourage any high school and college students to consider joining us.

We will once again be sponsoring our "Fall Take and Bake". Orders will begin at the end of October for pastichio, moussaka and homemade spanako-

pites and tyropites. The orders will be delivered in November, before Thanksgiving. Further details and the flyer/order form will be coming in next few weeks.

We will be scheduling a visit to the Greek American Nursing and Rehabilitation Center to celebrate Liturgy and donate \$1,200 from our previous fundraiser. Father George is working to schedule the date and will let us know when it is confirmed. Our ladies will be preparing our fabulous trays of sweets and looking forward to visiting the residents. We may need some carpooling so if anyone is interested, please contact Toula Georgiopoulos.

On November 8th our Philoptochos will be Feeding the Hungry at Annunciation Cathedral in Chicago. We will be preparing and distributing 100 lunches outside the Cathedral. We are hoping to serve hot lunches which require more servers on site. An additional 50 bagged lunches will be prepared and delivered "under the bridge" to the homeless living under the viaducts on our way home after serving at the Cathedral. Please let me know if anyone is interested in both preparing and delivering the lunches.

As always, we are grateful for your support and encouragement, as only with your help can we continue our philanthropic mission. I whole heartedly and humbly thank you again for your support and your love to Philoptochos.

*Georgia Xeros,  
Philoptochos President*



# SUNDAY SCHOOL

Welcome back to Sunday School!

Our first class took place on September 11th. We were very happy to see our students return to the classroom. Many thanks to the Sunday School teachers who share their time and talents each week to teach our students about the Orthodox Faith. During the month of October, we will have class on October 2nd, 16th and 23rd.

Family Worship dates on October 9th and 30th, so there is no Sunday School on those days. It gives an opportunity for our students to stay in church and sit with their families. It is not too late to register your student. This year, High School students will be free of charge, so if you have a High School student, please encourage them to give it a try.

Sunday School is always looking for new volunteers, if you are interested in teaching, please feel free to contact Zoe Kopanis or Father George for more details.



# PLUTARCHOS ACADEMY



Μετά από το όμορφο και ξένοιαστο Καλοκαίρι μας, επιστρέψαμε όλοι, μαθητές, γονείς και δάσκαλοι ανανεωμένοι: με νέες δυνάμεις, ζήλο, προθυμία και υπομονή, στο Ελληνικό μας Σχολείο Πλούταρχος για να συνεχίσουμε το όμορφο και δύσκολο έργο μας. Αρχίσαμε τα μαθήματά μας, στις 9 Σεπτεμβρίου, με Αγιασμό κι ευχές για μια ευλογημένη σχολική χρονιά, γεμάτη υγεία αγάπη και ΠΡΟΟΔΟ. Καλωσορίζουμε όλους τους δασκάλους μας, όλους τους μαθητές μας και όλους εσάς τους γονείς και σας ευχαριστούμε πάρα πολύ, που και για μια ακόμη χρονικά μας εμπιστεύεστε τα παιδιά σας. Σας υποσχόμαστε ότι θα κάνουμε το καλύτερο που μπορούμε για τη μόρφωση τους.

Το σχολείο μας λειτουργεί δύο φορές την εβδομάδα: Δευτέρα και Παρασκευή 4:30 - 6:30 μ.μ. με τάξεις, από Προνηπιαγωγείο μέχρι και την Ελληνομάθεια Β' και με καλούς, εκπαιδευμένους και με πολύχρονη πείρα δασκάλους. Εχουμε πλούσιο και γερό Αναλυτικό Πρόγραμμα Μαθημάτων για όλες τις τάξεις, πολιτιστική μόρφωση και πολλούς και διαφορετικούς παραδοσιακούς χορούς. Βασικός Σκοπός του Σχολείου μας είναι: Να κρατήσουμε την Ελληνική μας ταυτότητα. Να αγαπήσουν οι μαθητές μας την πανέμορφη Ελλάδα μας. Να μαθαίνουν φυσικά και αβίαστα να μιλούν, να διαβάζουν, να γράφουν, να σκέφτονται και να ενεργούν ελληνικά. Να γνωρίσουν τις ρίζες μας, την Ορθόδοξη Θρησκεία μας, την μακραίωνη κι ένδοξη Ιστορία μας και το μεγαλείο του Πολιτισμού μας. Με άλλα λόγια να μάθουν τα Ελληνοχριστιανικά γράμματα και να γίνουν καλοί και αγαθοί πολίτες. Εχουμε ήδη αρχίσει να προετοιμαζόμαστε για να γιορτάσουμε πανηγυρικά την Εθνική μας Γιορτή, την 28η Οκτωβρίου, 1940 που θα γίνει την Παρασκευή 28 Οκτωβρίου.

Ευχόμαστε να έχουμε μια Καλή Σχολική Χρονιά.



# ARCHANGELS

I can't believe we have completed our first month of school! The children have been settling in and feeling comfortable with the classroom routine.

On Thursday, October 6th we will host our Annual Open House. Everyone is welcome to attend. If you know families with young children please let them know they are welcome to join us.

On October 3rd we are planning our "Annual" first field trip of the school year to the Children's Farm. The children are excited to touch, hold and learn about the many different animals that live on the farm.

Also starting in October through the end of the year we will begin our After School Program. Children will have the option of staying till 2:00 or 3:00. We have so many excited activities planned for our children!

Also, a HUGE THANK YOU to everyone who has donated off our Amazon Wish List! Our appreciation goes beyond what words can ever describe!



# HANDMAIDENS

Happy fall everyone!

We had a great first meeting with our Handmaidens and a beautiful month lies ahead of us with our first outreach project....**Soctober!!**

At our past meeting we discussed the Crisis Center of South Suburbia which is a place that shelters victims of domestic violence. We are joining together with them to try gathering items for the shelter as we approach the winter months. We are hoping you will be able to provide some of the items that they are asking for in our attached flyer.

We invite all girls from 1st to 12th grade to join this beautiful ministry as we continue our outreach projects and sisterhood amongst one another! Please Text @handmaide to 81010 for updates.

+ Vicky Argyropoulos



# ARCHANGELS

## ARCHANGELS ACADEMY PRESCHOOL AFTER-SCHOOL PROGRAM SCHEDULE & SIGN-UP

Registration is now OPEN

now offering two options:

Monday – Friday 12:00 PM – 2:00 PM – Fee \$200 per 4-week session  
Monday – Friday 12:00 PM – 3:00 PM – Fee \$300 per 4-week session

JOIN US FOR FUN LEARNING, NEW EXPERIENCES &  
LOTS OF ACTIVITIES!!

### Activities Include:

- Academic Enrichment
- Arts & Crafts
- Dance
- Cooking
- Stem Activities
- Free time to socialize with friends with concentration on your child's social & emotional growth
- Supervised outdoor play (weather permitting) focused on building a community, promoting teamwork and collaboration

First Session  
Begins  
October 11th

## AFTER-SCHOOL SCHEDULE

STUDENT NAME: \_\_\_\_\_

TOTAL SESSIONS: \_\_\_\_\_ TOTAL DUE: \_\_\_\_\_

OPTION 1: 12:00 PM - 2:00 PM FEE \$200  
OPTION 2: 12:00 PM - 3:00 PM FEE \$300

SESSION 1	SESSION 2
OPTION 1 _____ OPTION 2 _____  OCTOBER 11-14 OCTOBER 17 - 21 OCTOBER 24 - 28 OCTOBER 31ST - NOVEMBER 4 **OCT. 10TH - NO SCHOOL - COLUMBUS DAY **NOV. 3RD - FIELD TRIP - NO AFTER SCHOOL	OPTION 1 _____ OPTION 2 _____  NOVEMBER 7- 10 NOVEMBER 14 - 18 NOVEMBER 28 - DECEMBER 1ST DECEMBER 5 - 9 **NOVEMBER 11 - FIELD TRIP - NO AFTER SCHOOL **NOVEMBER 21 - 25 - NO SCHOOL - FALL BREAK **DEC. 2ND - FIELD TRIP - NO AFTER SCHOOL
**PAYMENT DUE BY 9/26/22	**PAYMENT DUE BY 10/31/22
SESSION 3	SESSION 4
OPTION 1 _____ OPTION 2 _____  DECEMBER 12 - 16 JANUARY 9 - 13 JANUARY 17 - 20 JANUARY 23 - 27 **JAN. 16TH - NO SCHOOL - MARTIN LUTHER KING JR. DAY	OPTION 1 _____ OPTION 2 _____  JANUARY 30 - FEBRUARY 3 FEBRUARY 6 - 10 FEBRUARY 13 - 17 FEBRUARY 21 - 24 **FEBRUARY 20TH - NO SCHOOL - PRESIDENTS DAY
**PAYMENT DUE BY 12/5/22	**PAYMENT DUE BY 1/23/23
SESSION 5	SESSION 6
OPTION 1 _____ OPTION 2 _____  FEBRUARY 27 - MARCH 3 MARCH 7 - 10 MARCH 20 - 24 APRIL 3 - 7 **MARCH 6 - NO SCHOOL - TEACHER INSTITUTE DAY **MARCH 27 - 31 - NO SCHOOL - SPRING BREAK	OPTION 1 _____ OPTION 2 _____  APRIL 10 - 12 APRIL 18 - 21 APRIL 24 - 28 MAY 1 - 5 MAY 8 - 12 **APRIL 13 - 17 - NO SCHOOL - PASCHA BREAK
**PAYMENT DUE BY 2/20/23	**PAYMENT DUE BY 4/3/23

# GOYA

Great first meeting with our GOYANS discussing silence, stillness and mindfulness.  
Join us on Wednesday, October 5th at 7 pm for our next meeting!



## PTA NEWS

join us for  
**TREATS ON THE TRAIL**  
PTA FAMILY WALK EVENT  
at *Lake Katherine*  
SAT. OCTOBER 29TH  
AT 10 O'CLOCK AM  
7402 LAKE KATHERINE DR., PALOS HEIGHTS  
REGISTER BY SCANNING THE QR CODE

SCAN QR CODE

JOIN US FOR OUR ANNUAL  
*Godparent Brunch*  
NOVEMBER 13, 2022  
AFTER SUNDAY LITURGY  
\$20 adults | \$10 children  
RESERVATIONS STRONGLY  
ENCOURAGED

WALK IN SEATING IS LIMITED  
TO MAKE RESERVATIONS  
SEND US AN EMAIL: [SPYRIDONPTA@GMAIL.COM](mailto:SPYRIDONPTA@GMAIL.COM)  
OR VISIT US IN PERSON AT THE REGISTRATION  
TABLE EACH SUNDAY AFTER CHURCH

\*CHURCH OFFICE WILL NOT  
BE ACCEPTING RESERVATIONS\*

# FAMILY NIGHT

We had a great Family Night Kick Off with over 50 kids! Thank you to our Family Night Committee for organizing a fun night of games, a craft, a lesson from Fr. George, and dinner for all!

On our second Family Night we had fun with crafts, dinner, and a lesson about the 10 Commandments. Our next event will be at the Odyssey Pumpkin Patch on Saturday, October 15!



## PARISH REGISTRY

### Baptisms

The son of Mr. and Mrs. Kostas Vasilopoulos was baptized on September 17 and was given the name Ioannis by his godparents Eleni & George Gountanis.

The son of Mr. and Mrs. Nicholas Tsinoukas was baptized on September 17 and was given the name George by his godparents Anthi and Ioannis Sampalis.

*Να σας ζήσουν!*

### Memorials

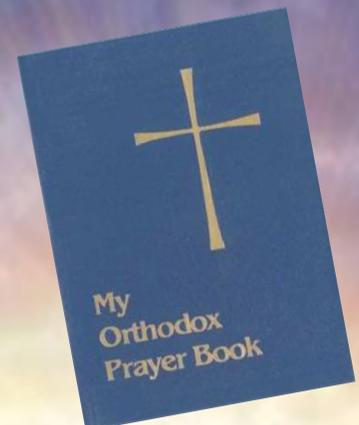
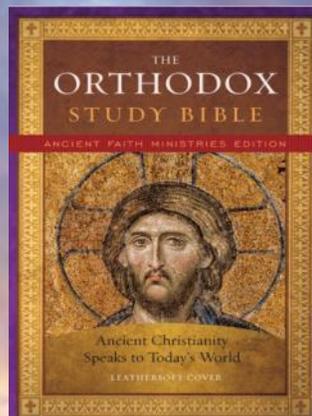
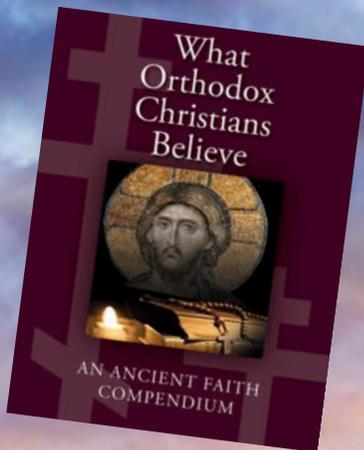
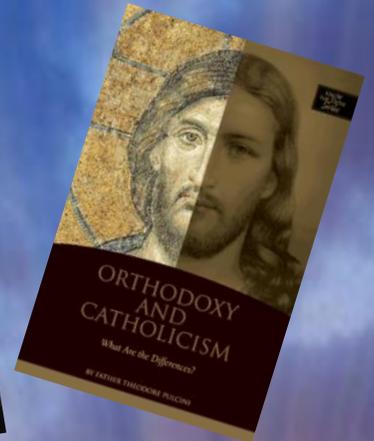
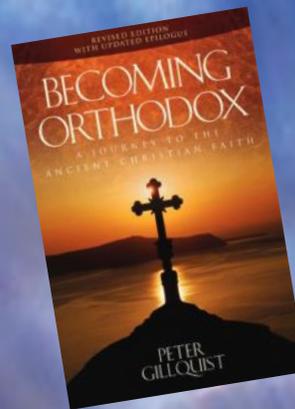
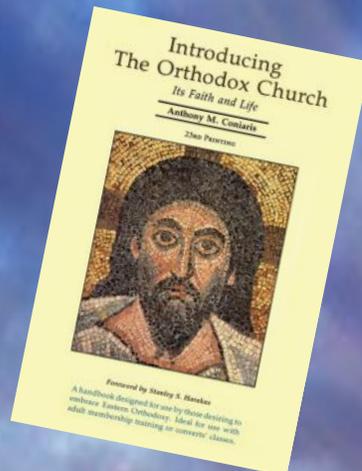
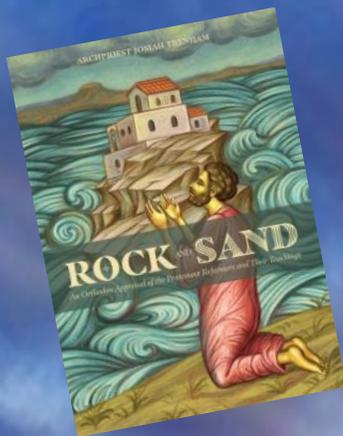
September 4th: †1yr Kostas Argyropoulos

September 11th: †6 mo Soteria Hronis, †21 yrs for all the fallen victims of September 11, 2001

September 25th: †Panagiotis Manasses & Family, †6 mo Mihail Tzanetakos

*May their memory be eternal!*

## KENTRO BOOKSTORE



## SAINT OF THE MONTH

### ST. ROMANOS THE MELODIST (OCTOBER 1ST)

Saint Romanos was born in Emesa, Syria and was ordained a deacon in the Church of Beirut. Then he moved to Constantinople under Emperor Anastasios I and Patriarch Euphymios (490-496).

Romanos was pious and virtuous since his childhood. He fervently honored the Mother of God and attended the Church services regularly.

He had an urge to glorify the Theotokos, but was hindered by insufficient musical and vocal talent. Then, one time, during the Nativity Vigil in the Church of Blachernes in Constantinople, the Mother of God appeared to him and gave him a scroll, which she commanded him to eat.

It had a sweet taste that filled his mouth. Then Romanos mounted the pulpit in the church and began to chant with an angelic voice the hymn which is known as the kontakion to the Mother of God: "Today the Virgin gives birth to Him who is above all being,

And the earth offers a cave to Him whom no man can approach.

Angels with shepherds give glory,

And magi journey with a star.

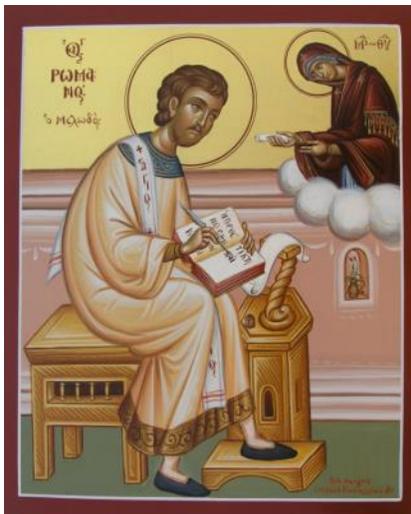
For unto us is born a young child,

The pre-eternal God."

From then on, the gift of the Holy Spirit poured inside him abundantly and did not leave him. He composed an immense amount of hymns which covered most of the liturgical year. Romanos is the inventor of the "kondakion", in reference to the Virgin's scroll that he was given to eat. It is mainly a group of 20-24 strophes called "oikoi" (from the Greek "oikos"- "house"), which contain a number of troparia.

Saint Romanos is said to have produced a thousand of these kondakia, of which only eighty remain today. Among these kondakia attributed to him is the Akathist to the Mother of God that the Church sings during Great Lent.

It is noteworthy that Saint Romanos was the first to put the letter (T) in Greek before his name. This letter refers to the word (Tapinos), which means humble. This same sign was later adopted by the bishops, in the form of a small cross.



The saint's liturgical service for vespers beautifully praises him as follows: "Thou didst show thyself to be a first-offering of good works, a starting-point of salvation, O Romanos our father; for, composing angelic hymns, thou didst show thy life to be godly. Entreat Christ God, that He deliver from perils and tribulations those who hymn thee."

Saint Romanos reposed in the Lord as a deacon of the great church in Constantinople.

*Apolytikion of Romanos the Melodist*

The image of God, was faithfully preserved in you, O Father. For you took up the Cross and followed Christ. By Your actions you taught us to look beyond the flesh for it passes, rather to be concerned about the soul which is immortal. Wherefore, O Holy Romanos, your soul rejoices with the angels.

*Kontakion of Romanos the Melodist*

As a harmonious harp of lofty wisdom from on high and an expounder of things seen in God-inspired ascents, we extol thee, Father Romanos, and we hymn thee. As a trumpet of the gifts that pass the mind of man, do thou rouse us to divine and saving watchfulness, as we cry to thee: Rejoice, O Father elect of God.

# PARISH ANNOUNCEMENTS

## FAMILY NIGHT

A MINISTRY FOR FAMILIES WITH CHILDREN  
FROM PRE-K TO 5TH GRADE

**FRIDAY, SEPTEMBER 16TH**

**6:45PM - 8PM**  
Saint Spyridon  
Hellenic Orthodox Church

A wonderful night of food, family, faith and fun  
as we celebrate the feast of the Holy Cross....

**Upcoming Family Night Dates**

Fri, Sep 30th | 6:45pm-8:00pm at Saint Spyridon  
Sat, Oct 15th | Pumpkin Farm Outing, Location and Time TBD  
Fri, Nov 4th | 6:45pm-8:00pm at Saint Spyridon  
Sat, Nov 19th | Christmas Advent Retreat at Saint Spyridon, Time TBD  
Fri, Dec 2nd | 6:45pm-8:00pm at Saint Spyridon  
Fri, Dec 16th | 6:45pm-8:00pm Christmas PJ Movie Night at Saint Spyridon

Never miss a beat! Sign up for the  
Weekly E-Bulletin here!

2022- SAINT SPYRIDON HELLENIC ORTHODOX CHURCH 2023

## GOYA Fall Calendar

GOYA Meetings take place on Wednesdays  
usually from 7 PM - 8:30 PM

**WED, SEPTEMBER 21 - GOYA KICK-OFF**

SEPTEMBER 28  
OCTOBER 5  
OCTOBER 19  
NOVEMBER 2  
NOVEMBER 9  
NOVEMBER 16  
NOVEMBER 30  
DECEMBER 7  
DECEMBER 14

**GOYA IS FOR YOUTH IN THE 6TH - 12TH GRADES**

TO RECEIVE TEXT MESSAGE REMINDERS VIA REMIND, SEND TEXT TO 81010 and Text this message: jrgoyag

## Handmaidens

MEETING SCHEDULE

SATURDAYS AT 10:30AM

SEPTEMBER 17th	FEBRUARY 11th
OCTOBER 22nd	MARCH 11th
NOVEMBER 12th	APRIL 11th
DECEMBER 10th	(myrofores practice)
JANUARY 14th	MAY 6th
	JUNE TBD

STAY CONNECTED! Text @handmaide to 81010

This year will be loaded with care!  
Join us in our many outreach efforts,  
learn traditions and have some fun!

## SOCKTOBER

PLEASE HELP THE HANDMAIDENS  
DURING THE ENTIRE MONTH OF OCTOBER  
IN SUPPORTING THE  
**CRISIS CENTER OF SOUTH SUBURBIA**

This center is a safe space for  
women and children who  
are victims of domestic violence.

*We Are Collecting...*

- ★ New socks - ladies, kids all sizes from infant to teens
- ★ Kleenex
- ★ Paper Towels
- ★ Cleaning wipes
- ★ Gloves - the magic stretch type are great for adults and kids of all sizes
- ★ Hats -hats (winter) for adults and kids of all sizes

Please place items in our box outside the church office.

# PARISH ANNOUNCEMENTS



**SAINT SPYRIDON  
HELLENIC ORTHODOX  
CHURCH**

**CHERUBS**

caregiver and me playgroup

Our mission is to provide wholesome and fun activities in which the child and caregiver will work together and create a venue where Orthodox parents (yiayia, papou, etc.) and children can interact with others, form bonds of friendships and develop spiritually.



**Welcome Back September 21, 2022  
10:30am-12:00pm**

**Saint Spyridon Hellenic Orthodox Church**

**Remaining 2022 Schedule**

**Wednesdays From 10:30am-12:00pm**

**10/5/22 10/19/22 11/2/22 11/16/22 11/30/22 12/7/22**



SEND AN EMAIL TO [CHERUBS12307@GMAIL.COM](mailto:CHERUBS12307@GMAIL.COM) TO SIGN UP!



## COME JOIN ST. SPYRIDON GREEK FOLK DANCE TROUPE

*Learn how to dance to music that retells our Greek History and reflects modern times. Come join a dynamic dance troupe and reconnect with your cultural heritage.*



**STARTING** the week of  
October 10<sup>th</sup>

**Beginner group**  
Monday 6:30-7pm

**Intermediate/Advanced groups**  
Friday 6:30-7pm

For more information contact Mrs. Sophia Christofer at [sparhas@luriechildrens.org](mailto:sparhas@luriechildrens.org) or Mrs. Evi Marouda at [evakipara1@gmail.com](mailto:evakipara1@gmail.com)

## Archangels Academy Preschool BACK-TO-SCHOOL OPEN HOUSE

**Where:** Saint Spyridon Hellenic Orthodox Church  
12307 S. Ridgeland Ave., Palos Heights, IL

**When:** Thursday, October 6, 2022

**Time:** 5:30 PM

Join us for a Preschool OPEN HOUSE!! Whether your child is a student of ours or not, come learn what our preschool has to offer your family. Take a tour of the classroom, learn about our curriculum and talk to the parents of our currently enrolled students. Find out firsthand why they LOVE our preschool. It's never too early to start looking for the right preschool. CHILDREN ARE WELCOME AND ENCOURAGED TO JOIN US!

### WHAT WE OFFER:

- Faith Formation & Lessons
- Small Class Sizes
- Language & Literature
- Mathematics
- Science
- Social Emotional Learning
- Greek Language
- Extended Day After School Program
- Life-Long Friendships



Can't Attend The Open House? Email the school Director, Sofea Malamis at [director@archangelsacademy.org](mailto:director@archangelsacademy.org) to schedule your private tour.

## FANARI 2022-2023 CAMP SCHEDULE

<b>FALL CAMP</b>	<b>GRADE 5-8 NOV.4-6</b>	<b>GRADE 9-12 NOV.18-20</b>	<b>REGISTRATION SEPT. 16</b>
------------------	------------------------------	---------------------------------	----------------------------------

<b>WINTER CAMP</b>	<b>GRADE 5-8 MAR.3-6</b>	<b>GRADE 9-12 JAN.13-16</b>	<b>REGISTRATION NOV.4</b>
--------------------	------------------------------	---------------------------------	-------------------------------

### SUMMER CAMP

<b>WEEK 1 JUN.18-24</b>	<b>WEEK 2 JUN.25-JUL.1</b>	<b>WEEK 3 JUL.2-8</b>	<b>WEEK 4 JUL.9-15</b>	<b>WEEK 5 JUL.16-22</b>
-----------------------------	--------------------------------	---------------------------	----------------------------	-----------------------------

**REGISTRATION: MAR. 6**

**LIGHTHOUSE CAMP  
JUN.24-JUL.1  
REGISTRATION MAR.6**

FOLLOW US!





**Nick's Barbecue**  
RIBS

4 LOCATIONS TO SERVE YOU

<b>Burbank</b> 6945 W. 79th St. (708) 233-RIBS (7427)	<b>Tinley Park</b> 16638 S. Oak Park (708) 444-RIBS (7427)	<b>ORDER ONLINE</b> <a href="http://www.nicksbarbecue.com">www.nicksbarbecue.com</a> Reserve Special Offers & Coupons
<b>Aisip</b> 5500 Cal Sag Rd. (708) 923-RIBS (7427)	<b>Homer Glen</b> 18800 S. Bell Rd. (708) 645-RIBS (7427)	

**WE HAVE VIDEO GAMING**



**Eggman's Restaurant**

12701 S. Pulaski  
Aisip, IL 60803

708-239-8740

Dimitris Bezanis C.O.



**BEZANIS H.V.A.C. LLC**

Heating & Air Conditioning  
Certified Advanced Technician  
Universal E.P.A. Licensed  
Installation, Service & Repair

Licensed • Insured • Bonded      708.717.4708



**A&C COLLISION CENTER**  
BODY FENDER - EXPERT PAINTING  
FRAME STRAIGHTENING  
5510 W CAL SAG RD, ALSIP, IL 60803  
PH: 708-745-8659

At A&C Collision Center we know how important your vehicle is to you. Therefore, we will ensure all vehicles are expertly restored to the highest possible standards. Due to our wealth of experience, we are equipped to handle a variety of vehicles, imports and domestic.

- Collision Repairs
- All Insurance Accepted
- Major and Minor Accident Damage Repair
- All Foreign and Domestic Models
- Exact Frame Straightening on Premises
- Expert Paint Matching and Refinishing
- Paintless Dent Repair
- Bumper Spot Refinishing
- Expert Unibody Reconstruction
- Dent Removal and Car Detailing

MENTION THIS FLYER AND WE WILL WAVE YOUR DEDUCTIBLE UP TO \$500.00!!




**Huck FINN**  
Restaurant & Donuts

10501 S. Cicero 708-499-1112  
Oak Lawn, IL 60453  
3414 S. Archer 773-247-5515  
Chicago, IL 60608  
6650 S. Pulaski 773-581-4285  
Chicago, IL 60629



**SOLD**  
YOU ASKED FOR A SIGN

**Frank Manikas**  
(708) 359-4455  
[manikasrealty.com](http://manikasrealty.com)

**KW** PREFERRED REALTY  
KELLERWILLIAMS



Al Piemonte  
**BUICK GMC**  
364 W Grand Ave, Elmhurst, IL • (630) 832-9500 • [www.apbuickgmc.com](http://www.apbuickgmc.com)

*"I promise you three things:*

- A transparent & easy experience
- Pre-discounted pricing
- A quick and streamlined process because I understand the value of your time"



DEAN DEMOS

- Dean Demos  
Al Piemonte Buick GMC  
(708) 296-8013

Μιλώ ελληνικά