



THE VOICE

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SAINT SPYRIDON HELLENIC ORTHODOX CHURCH

12307 SOUTH RIDGELAND AVENUE, PALOS HEIGHTS, ILLINOIS 60463
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The Voice - Η ΦΩΝΗ

Official Monthly Community
Publication of St. Spyridon
Hellenic Orthodox Church
12307 S. Ridgeland Avenue
Palos Heights, IL 60463

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PARISH PRIEST

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FATHER'S LETTER

MAKE AN APPOINTMENT WITH GOD

"Now in the morning, having risen a long while before daylight, He went out and departed to a solitary place; and there He prayed."

Mark 1:35

Brothers and sisters, our time is so valuable to us. Time is the priceless gift that God gives us because we will never get it back. Today our children are programmed with school, sports, dance, music and so many other activities. Parents have busy work schedules. We are gripped by the use of our cell phones, internet and television. How do we make time to connect with God? And if we do make time with God, how many times do we rush through it as a "chore" or something we can check off our daily list with little to no feeling?

Saint Theophan the Recluse tells us the following:

"Why does haste in prayer occur? It is incomprehensible. We spend hours involved in other things, and they seem like minutes; but just begin to pray, and it seems we have stood for a long time. And then we feel we must hurry to finish as soon as possible. No benefit is reaped in praying in this way. What should one do?"

I rise before the dawning of the morning, and cry for help; I hope in Your word. Psalm 119: 147 147

In my life, I have found that getting up a little bit earlier in the morning is the best solution. Of course, this means going to bed earlier. But it is important that we create and schedule a time in the day to pray. The morning is usually the quietest time, and for this reason, it is best for prayer. The way we start our day often influences our outlook on the things and temptations that come our way in those 24 hours.

One of the problems is that we are constantly on the go. But we want to help others in our household start their day peacefully as well. If we make the effort to set the alarm clock thirty minutes earlier, we can relieve ourselves of the pressured time. Hurried people create hurried environments. If we don't start the day in calmness, then it is difficult to create a peaceful environment around us.

In order to make more time, we need to think about something we will have to eliminate from our day as well. Therefore, examine activities that take up your time. How much time do we spend surfing the internet, watching t.v., or using social media? Recent research shows that a person spends over 130 hours in front of a screen every month. That is not farfetched. If we are on our phones for at least an hour per day, in front of a television for one hour, and on the in-

FATHER'S LETTER

ternet or on our computer for an hour, that brings us to about 90 hours per month. If we are honest with ourselves, for many of us this number is much higher. This is a prime area to reallocate our use of time. Many of us say, "I don't have time for friends" or "I don't have time to call them" or "I don't have time for church." If we are more attentive to our daily routines, I am certain that most of us could make time to be with friends, to help others and make time for daily prayer, worship and daily serenity.

Perhaps we bring work home with us or check our e-mail throughout the day. Try your best to set a daily time to check this so we can be interrupted by these things sparingly. In today's climate, **our children, spouses, family and friends need our full attention.** We certainly do not like it when people ignore us, yet we continue to treat God and our family in this manner when we don't make time for them by being consumed with other things. **We need to make time for what matters most.**

Once we have made time, like the exercise, meals and family time we try to schedule, make a commitment to keep a time for prayer. Like any appointment, make a specific time and place to meet Him. Protect it as sacred space and as a non-negotiable. Whether it's the Jesus prayer, or a prayer book (there are some new prayer books in the bookstore), or reading of the scriptures, these things will water our soul and transform who we are and the way we look at our day. Just like when we cut corners to complete a construction project and something always goes wrong, let us not cut corners because of the pressures and stresses of our daily lives. God, in that great day of His second coming, will not be sympathetic to those who do not choose to put Him first.

As the new Church Year begins, and as we do for every New Year, let us make our resolutions to connect with Him on a regular basis. Make that appointment and do your best to not arrive late or cancel it. And even in the case of an emergency, ground yourself in prayer and worship. Unite yourself to the Knower of our hearts so that every day may be experienced as an opportunity to be sanctified.



SUNDAY SCHOOL

Welcome back to Sunday School! Our classes begin on September 11th. Please make sure to register your children as soon as possible.

Where do the seeds of faith take root? It's here, at church and in the Sunday School classroom. This month, we will have classes on September 11th, 18th and 25th. We are very excited to have our students back in class. To achieve anything, we must decide from the beginning if we are able to make a special effort to make it successful.

The success begins by attending Divine Liturgy and class every week. The liturgy begins at 9:30. After Holy Communion, we will have the students proceed to their classrooms. While Sunday School is certainly not mandatory, we would like to see all of our students participate in Sunday School. Sunday School provides an opportunity for our students to get to know one another. It also allows them to bond with their peers, have discussions and learn about their faith, together.

Classes are offered for PreK 3-year-old students through High School. Our Sunday School teachers dedicate their time and talent weekly to help the youth of St. Spyridon understand their faith better. They create lesson plans that include reinforcement of the Gospel Reading, discussion of the various Saints, talk about the liturgical calendar and other topics which include things we can do in our daily lives to move closer to God.

Many thanks to all of our Sunday School teachers for their continued commitment to this important ministry and for helping us build a foundation of Faith for the future of Saint Spyridon.

Zoe Kopanis, Sunday School Director

PRESIDENT'S LETTER

Dear St. Spyridon Parish Family,

Καλές ευχές, good health to everyone and all of our families on the new ecclesiastical year that begins this September 1st. Happy Anniversary on this day as well, as it is the one-year anniversary of our Fr. George, Presvytera Diana, Constantine, Emmanuel and their family arriving at our parish for all of us to be together.

This past year has been filled with many blessings and with hope and prayer perhaps many more in the new year. Fr. George, through the intercessions of our beloved Patron Saint, St. Spyridon, offers us, our parish and community many beautiful holy services to attend, participate and spiritually rejuvenate. Axios!

We look forward to the new school year as Fr. George, the teaching staffs, the parish council members, the school committees, the PTA and all other volunteers are preparing our parish schools to receive the students. Best wishes to the Archangels Preschool, Greek School and Sunday School students. Καλή Χροιά και Καλή Πρόοδο!

The Memorial Scholarship in memory of Charles C. Condes took place on Sunday, August 21st. May his memory be eternal. The scholarship was awarded to Anastasia Chibucos. Congratulations to Anastasia and best wishes for continued success with her academic endeavors. Και σε ανώτερα! Thank you to parish council member, Spiros Tzanetakos, for leading the Scholarship Committee. This important ministry is another point of contact between our parish and our parish young adults as they prepare for the next steps in their lives.

The parish committees will be meeting in the next days and weeks to move the ministries forward that benefit our children, parish and community. More volunteers are needed. Please volunteer for the church ministries, events and fundraisers by contacting Fr. George, any of the parish council members or the church office at (708) 385-2311 for more information.

Thank you to Fr. George, the parish council members, all of the church organizations and committees, the parishioners, volunteers and donors for supporting our parish.

Please attend church and partake in the beautiful holy services.

May St. Spyridon continue to guide us and protect us.

Humbly submitted,

Frank Kopanis



September 2022 – Community Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4 * Orthros & Divine Liturgy – 8:15 am	5 Labor Day Church Office closed	6 * Archangels Academy First Day and Agiasmos – 9:00 am – 11:00 am * Parish Council – 7:00 pm	7 * Archangels Academy – 9:00 am * Philoptochos Meeting – 5:00 p.m.	8 * Archangels Academy – 9 am	9 * Archangels Academy – 9 am * Greek School 1st Day and Agiasmos – 4:30 pm – 6:30 pm	10 * Telos Project Seminar – * 10 a.m. – 1 p.m. * Vespers – 5 pm
11 * Orthros & Divine Liturgy – 8:15 a.m. * Sunday School – 10:30 am – 11:30 am	12 * Archangels Academy – 9:00 am * Greek School – 4:30 pm – 6:30 pm	13 * Archangels Academy – 9:00 a.m. * Archangels Academy School Board Meeting – 4:45 p.m.	14 * Archangels Academy – 9:00 a.m.	15 * Archangels Academy – 9:00 am	16 * Archangels Academy – 9:00 a.m. * Greek School – 4:30 pm – 6:30 pm * Family Night Welcome Back – 6:30 p.m. – 8:00 p.m.	17 * Altar Boy Meeting – 10:30 a.m. * Haudhaidens – 10:30 a.m. * Byzantine Chant Class – 3:45 p.m. * Vespers – 5:00 p.m.
18 * Orthros & Divine Liturgy – 8:15 a.m. * Sunday School – 10:30 a.m. – 11:30 a.m.	19 * Archangels Academy – 9:00 am * Greek School – 4:30 pm – 6:30 pm	20 * Archangels Academy – 9:00 a.m.	21 * Archangels Academy – 9:00 a.m. * Cherubs – 10:30 a.m. * GOYA Kick-off – 7:00 p.m.	22 * Archangels Academy – 9:00 am	23 * Archangels Academy – 9:00 am * Greek School – 4:30 pm – 6:30 pm	24 * Byzantine Chant Class – 3:45 p.m. – 4:45 p.m. * Vespers – 5:00 p.m.
25 * Orthros & Divine Liturgy – 8:15 a.m. * Sunday School – 10:30 a.m. – 11:30 a.m.	26 * Archangels Academy – 9:00 am * Greek School – 4:30 pm – 6:30 pm	27 * Archangels Academy – 9:00 a.m. * Greek School Board Meeting – 6 p.m.	28 * Archangels Academy – 9:00 a.m. * GOYA – 7:00 p.m.	29 * Archangels Academy – 9:00 am	30 * Archangels Academy – 9:00 a.m. * Greek School – 4:30 pm – 6:30 pm * Family Night – 6:30 p.m.	

SCHEDULE OF DIVINE SERVICES

Thursday, September 1	New Ecclesiastical Year—Orthros & Divine Liturgy 8:00 a.m.—11 a.m.
Saturday, September 3	Vespers—5:00 p.m.
Sunday, September 4	Orthros & Divine Liturgy—8:15 a.m.—11:00 a.m.
Thursday, September 8	Nativity of the Theotokos Orthros & Divine Liturgy—8:00 a.m.—10:30 a.m.
Saturday, September 10	Vespers—5:00 p.m.
Sunday, September 11	Orthros & Divine Liturgy—8:15 a.m.—11:00 a.m.
Tuesday, September 13	Great Vespers at Holy Cross, Justice—7:00—9:30 p.m.
Wednesday, September 14	Elevation of the Holy Cross Orthros & Divine Liturgy—8:00 a.m.—11 a.m.
Saturday, September 17	Vespers—5:00 p.m.
Sunday, September 18	Orthros & Divine Liturgy—8:15 a.m.—11:00 a.m.
Tuesday, September 20	St. Efstathios—Orthros & Divine Liturgy—8:00 a.m.—10:30 a.m.
Saturday, September 24	Vespers—5:00 p.m.
Sunday, September 25	St. Efrosyne—Orthros & Divine Liturgy—8:15 a.m.—11:00 a.m.
Monday, September 26	Falling Asleep of St. John the Theologian—1st Hour & Liturgy—8a.m.

ΠΡΟΓΡΑΜΜΑ ΙΕΡΩΝ ΑΚΟΛΟΥΘΙΩΝ

Πέμπτη 1 Σεπτεμβρίου	Αρχή της Ινδίκτου—Όρθρος & Θεία Λειτουργία—8:00 π.μ.—11:00 π.μ.
Σάββατο 3 Σεπτεμβρίου	Εσπερινός—5:00 μ.μ.
Κυριακή 4 Σεπτεμβρίου	Όρθρος & Θεία Λειτουργία—8:15 a.m.—11:00 a.m.
Πέμπτη 8 Σεπτεμβρίου	Η Γέννησις της Θεοτόκου Όρθρος & Θεία Λειτουργία—8:00 π.μ.—10:30 π.μ.
Σάββατο 10 Σεπτεμβρίου	Εσπερινός—5:00 μ.μ.
Κυριακή 11 Σεπτεμβρίου	Όρθρος & Θεία Λειτουργία—8:15 a.m.—11:00 a.m.
Τρίτη 13 Σεπτεμβρίου	Μέγας Εσπερινός στον Ι.Ν. Τιμίου Σταυρού, Justice, IL—7:00 μ.μ.
Τετάρτη 14 Σεπτεμβρίου	Η Ύψωσις του Τιμίου Σταυρού Όρθρος & Θεία Λειτουργία—8:00 π.μ.—11:00 π.μ.
Σάββατο 17 Σεπτεμβρίου	Εσπερινός—5:00 μ.μ.
Κυριακή 18 Σεπτεμβρίου	Όρθρος & Θεία Λειτουργία—8:15 π.μ.—11:00 π.μ.
Τρίτη 20 Σεπτεμβρίου	Αγ. Ευσταθίου—Όρθρος & Θεία Λειτουργία—8:00 π.μ.—10:30 π.μ.
Σάββατο 24 Σεπτεμβρίου	Εσπερινός—5:00 μ.μ.
Κυριακή 25 Σεπτεμβρίου	Αγ. Ευφροσύνης—Όρθρος & Θεία Λειτουργία—8:00 π.μ.—10:30 π.μ.
Δευτέρα 26 Σεπτεμβρίου	Η Μετάστασις του Ιωάννου του Θεολόγου 1η Ωρα και Θεία λειτουργία—8 π.μ.—9:30 π.μ.



PLUTARCHOS ACADEMY



Plutarchos Academy of St. Spyridon Church is ready for a very productive and fun new 2022-2023 School Year. Our school offers in person classes every Monday and Friday, 4:30 p.m – 6:30 p.m. Greek School classes begin on **Friday, September 9th**, after the Agiasmos Service.

Our program this year will use the “Geia Xara” book series and the “Ellinopoula” online learning platform. Our Ellinomatheia students will use the “Klik sta Ellinika” book series. Also, our program will continue to incorporate crafts, games and songs, theater and of course Greek dancing! This year’s tuition will include a book and an “Ellinopoula” platform account.

As we are making our final preparations for classes, scheduling teachers and curriculum needs, lesson plans and educational material, it is essential to know the number of students at each level. Register as soon as possible. Applications are available on our Church Website and at the Church office. Please, do not wait until the last minute.



Our classrooms are in need of a few smart televisions.

If you are able to donate one, or willing to contribute towards buying a new one, please contact the Church office.

Thank you in advance!



KENTRO BOOKSTORE

Check out our newest selection of Children’s books!



SAINT OF THE MONTH

Saint Kassiani the Hymnographer—September 7th

Oftentimes, the voices of women go unnoticed or unheard. In a positive sense, their voices join together in a communal unison which vocalizes Holy Wisdom in a soft undercurrent, flowing within and without humble families. Not bombastically obvious, but subtly effective. In a negative sense, chauvinism suffocates what murmurs women have left, leaving vessels of wisdom mute and neglected. Then there are those who fit into neither of those categories — the Theotokos, Ruth, St. Helen, Deborah, etc; their voices neither subtle or restrained. They become examples of those who wish to join them and encouragement to those who wish to remain faithfully silent. Among these women is Kassiani, known for her hymnographic “voice” within the Orthodox Church.

Born at the beginning of the 9th century, Kassiani grew up in an affluent family of Constantinople and, as a young woman, attended the royal court of Emperor Theophilos. Her sharp intellect and elegant beauty mesmerized the young bachelor, thus placing her as one of the two final contestants in his bridal contest. Between her and Theodora — both equally “fit for the job” — Theophilos decided he would wed the girl who did not exceed his intellect. According to tradition, a golden apple would be presented to the future empress. Theophilos stood in front of the girls and then walked over to Kassiani. Holding out the fruit, he said, “from woman came the worst in the world,” alluding to Eve and her sin. Kassiani did not waste a moment and calmly responded that “from woman also came the best,” alluding to the Theotokos. The irony of this situation is that Theophilos offered her a golden fruit of wealth, fame, and power, while referring to Eve, who also offered a golden fruit of knowledge to Adam. He snubs the first Eve — the one who brought death into the world. While not denying this truth, Kassiani reminds him that he must also rejoice in the second Eve — the one who bore Life itself into the world. Needless to say, Theodora received the golden apple and it she who is remembered as empress. However, that was not the end of Kassiani’s story.

Perhaps her voice would not be used to command, to advise and to encourage a nation, but her voice would be used in an equally important way — to declare the wisdom of the Church through poetry and hymnogra-

phy. She became a nun and founded a monastery in western Constantinople. Although some say that this was a reaction to Theophilos’ rejection, Theodore the Studite confirms that her motivations were of a much purer nature. She only wished to devote her time, talent, and energy toward asceticism and studying the music of the Church. At a time when men dominated the field of liturgical music, Kassiani was certainly an anomaly. Yet, her hymnographic work caught the eyes — or rather, ears — of the Church Fathers due to its blossoming beauty and depth, produced from the roots monastic humility and diligence. Out of an estimated 23 surviving hymns, the well-known “Hymn of Kassiani,” which is sung on Holy Tuesday evening, became a hallmark of Eastern Orthodox hymnography.

The importance of the hymn lies not in its popularity or in its author, but in its subject. For in it, Kassiani gives a “voice” to the repentant woman weeping at Christ’s feet (see Matthew 26:6-16). Not only this, but she gives a “voice” or more precisely, a prayer, to all who also wish to come in repentance to the Lord. It is not a voice of individualism, feminism, or of carnal pride and power, but a voice and prayer which calls people together in communal repentance. And, this is the most meaningful voice anyone, especially any

woman, can have — one that unites others in a common and holy purpose.

Hymn of the Fallen Woman, Mode Pl. 4: The woman who had fallen into many sins recognizes Thy Godhead, O Lord. She takes upon herself the duty of a myrrh-bearer and makes ready the myrrh of mourning, before Thy entombment. Woe to me! saith she, for my night is an ecstasy of excess, gloomy and moonless, and full of sinful desire. Receive the sources of my tears, O Thou Who dost gather into clouds the water of the sea; in Thine ineffable condescension, deign to bend down Thyself to me and to the lamentations of my heart, O Thou Who didst spread out the Heavens. I will fervently embrace Thy sacred feet, and wipe them again with the tresses of the hair of my head, Thy feet at whose sound Eve hid herself for fear when she heard Thee walking in Paradise in the cool of the day. O my Savior and soul Saver who can trace out the multitude of my sins, and the abysses of Thy judgement? Do not disregard me Thy servant, O Thou Whose mercy is boundless.



PARISH REGISTRY

Wedding

Timothy Koutsis and Brianna Malone were joined in Holy Matrimony on Saturday, August 28th. Their sponsor was Mr. Christos Koutsis.

Να ζήσετε!

Baptisms

The son of Mr. and Mrs. Evan Katsenis was baptized on August 20th and was given the name Michael Nicholas by his godparents Peter Korbakes and Sarah Kazanas.

The son of Mr. and Mrs. John Babbitt was baptized on August 25th and was given the name Rocco (Petros) Nicholas Babbitt by his godparents Paraskevas and Rubine Giannopoulos.

The daughter of Lorenzo Garcia and Polixeni Georgiou was baptized on August 27th and was given the name Mariamni Polixeni by her godmother Fay Kopanitsanos.

Να σας ζήσουν!

Memorials

Sunday, August 7th

† 9 months for Michael Katsoulakis

Sunday, August 21st

† 6 yrs for Charles (Eftyhos) C. Condes, †3 yrs for John Eliacostas, †45 yrs for Anna Eliacostas, †14 yrs for Pannayiota Meintanis, †5 yrs for Demetris Meintanis, †39 yrs for John Meintanis, † 6 months for Janet Tsoukalas and †9 months for Sotirios Charalambos.

May their memory be eternal!

NEW 2022 STEWARDS AUGUST 1ST—AUGUST 31ST

We wish to thank the 282 Stewards who have committed their stewardship for 2022. Stewardship materials are available at the church office, in the community hall and on our website.

Ευχαριστούμε τους 282 ενορίτες που προσφέρατε την συνδρομή σας για το 2022. Η υποστήριξη όλων είναι απαραίτητη για την σωστή και θεάρεστη λειτουργία της ενορίας μας. Παρακαλούμε όπως όλοι συμβάλουμε την συνδρομή μας. Συμπληρώστε την κάρτα συνδρομής με την προσφορά σας και βοηθήστε να συνεχίσουμε όλοι μαζί την διακονία της ιεράς κοινότητός μας.

Mr. Gus Argyropoulos

Mr. & Mrs. John Babbitt

Mr. & Ms. John Baltsas

Mr. & Mrs. John Booras

Mr. & Mrs. Yiorgos Bozonelos

Dr. & Mrs. Elias Hohlastos

Mr. & Mrs. John Karopulos

Mrs. Mary Limparis

Dr. & Mrs. Ted Mikroulis

Mr. George Patras

Mr. & Mrs. Thomas Pavlopoulos

Mr. & Mrs. Konstantinos Trahanas

Mr. & Mrs. Anestis Tsonis

Total # of Stewards: 282



*In gratitude for God's blessings, I commit to Christ
and His Church as a Steward of
Saint Spyridon with my 2022 Stewardship.*



PHILOPTOCHOS

Dear Parishioners and Friends of Philoptochos,

As fall begins, I am happy to welcome everyone to share the excitement for our new Ecclesiastical year. Once again, St. Spyridon Philoptochos will work diligently to promote the values of our Orthodox faith, traditions and the goals of Philoptochos. Our commitment to philanthropy and helping those in need will again be our priority. In New York this summer, at the Clergy/Laity Meeting, we were reminded that philanthropy goes hand in hand with philotimo. "Philotimo is not easily defined but includes Honor, Integrity, Character, Dignity and Courage. Philotimo is helping and respecting others, not because we expect anything in return, but because it is the right thing to do." For me, it means "doing good and what is right", standing up for the marginalized and incorporating kindness, humility and love in our actions. As we begin this year, I once again ask you to volunteer your time, talents and energy towards our goal of philanthropy. Together in faith and fellowship we can continue to make a difference and incorporate philotimo in our everyday lives and serve as an example to our children.

In August, Philoptochos participated in Operation Classroom, a Philoptochos National Initiative to assist with the educational needs of students. A special thank you to Stella Parhas, Demetria Papadopoulos and Stephanie Collopy who coordinated the School Supply Drive for Operation Classroom. With donations from our community we were able to fully stock 50 backpacks and purchase 16 Texas instruments calculators. As we did last year, we delivered 16 backpacks and 2 TI Calculators to the Kingdom of God church, currently housed in the original St. Spyridon Church in Roseland (this need was based only on new students). The remaining 34 fully stocked back packs and 14 calculators were donated and delivered to "Together we Cope", an organization that is dedicated to helping Families in Crisis in the southern suburbs. Together we Cope delivered over 800 backpacks to families and still has a waiting list for children needing school supplies. As we learned last year one of

the most critical school supplies for high school students is the TI calculator (\$100 each). Educators have told us these are imperative for a student to succeed in math and science and are typically not available to poor students. Thank you to all our parishioners for supporting this initiative and for your generous donations.

This year the Metropolis of Chicago Philoptochos has asked each of our chapters to work with our children to help those less fortunate. We reached out to PTA, Handmaidens & GOYA asking our kids to bring a small kitchen appliance or kitchen tools as a donation to help the homeless. On August 27th at the "Back to School Celebration" the children brought in their donations. The Metropolis Philoptochos has chosen to donate these items to "Digs with Dignity", an organization which helps people go from homeless to a real home. Thank you to all our children and families who donated to help the homeless; our youth is our future and it is important our children understand and participate in helping those in need. All of the participating parishes will be honored at our Metropolis Luncheon on Saturday, September 24th, with a special video showing the children contributing. Please contact Kathy Korbakes if you are interested in attending the Annual Metropolis Luncheon on September 24th.

On Sunday September 25, Philoptochos will be announcing the recipients of the Peter Manasses Scholarships. These scholarships are generously being underwritten by Tina Manasses and her family in memory of Mr. Peter Manasses. There will be a light luncheon after the liturgy, so we hope you all will attend and celebrate the successes of our children.

Most importantly we are always grateful for our community's support and attendance as only with your help can we continue our philanthropic mission. We are always amazed with the generosity and good will of our parishioners and friends. So, I whole heartedly and humbly thank you again for your support and your love to Philoptochos.

Georgia Xeros, President

PHILOPTOCHOS PROJECTS

The Metropolis of Chicago Philoptochos partnered with kids from each parish in this initiative to help people go from homeless to a real home.

Kids from each parish are creatively fundraising to help the homeless. The St. Spyridon PTA, Handmaidens and GOYA assisted Philoptochos to reach out to our kids and focus on kitchen donations.



PHILOPTOCHOS OPERATION CLASSROOM



BLESSING OF THE BACKPACKS

On the feast of Saint Phanourios, the P.T.A. hosted our annual backpack blessing. We thank the P.T.A. for organizing a fun afternoon with food and activities for our families. May St. Spyridon continue to guide and bless us!



PTA SCHOLARSHIP

The PTA would like to congratulate Maria Malamis on being the recipient of this year's PTA Scholarship!

Maria graduated from Lemont High School with High Honors. All throughout high school, she was involved in Student Council, Interact Club, Yearbook, LINK Crew, World Language Club and LEO Club. Outside of school, Maria has been a very active member of the St. Spyridon Community.

She graduated from Archangels Academy and Plutarhos Greek School. She also attended Sunday School, participated in the Jr. Olympics, the St. Spyridon Dance Troupe FLOGA, volunteered her time for the annual festivals and was a member of GOYA.

Maria will be attending the University of Illinois Urbana-Champaign in the fall. She plans to major in Speech and Hearing Sciences. She would like to thank the St. Spyridon Community for their continued love and support throughout the years. Maria is the daughter of Taso and Sofea Malamis.

We wish Maria luck and pray for guidance!



PARISH ANNOUNCEMENTS

FANARI
50TH
ANNIVERSARY

OCTOBER 9, 2022 | 6PM

RSVP HERE

THE TELOS PARISH WORKSHOP

CREATE A BEAUTIFUL FUTURE WITH YOUNG ADULTS AT ST. SPYRIDON!

Join us for a discussion about the future of our young adults and how we can become a parish where young adults thrive.



- Saturday, September 10
- 10:00 am - 1:00 pm
- Lunch Provided
- Members of all ages welcome!
- Please RSVP at tinyurl.com/stspyridonyoungadults

telos
PROJECT

PARISH ANNOUNCEMENTS



FAMILY NIGHT

A MINISTRY FOR FAMILIES WITH CHILDREN
FROM PRE-K TO 5TH GRADE

FRIDAY, SEPTEMBER 16TH

6:45PM - 8PM
Saint Spyridon
Hellenic Orthodox Church

A wonderful night of food, family, faith and fun
as we celebrate the feast of the Holy Cross....

Upcoming Family Night Dates

- Fri, Sep 30th | 6:45pm-8:00pm at Saint Spyridon
- Sat, Oct 15th | Pumpkin Farm Outing, Location and Time TBD
- Fri, Nov 4th | 6:45pm-8:00pm at Saint Spyridon
- Sat, Nov 19th | Christmas Advent Retreat at Saint Spyridon, Time TBD
- Fri, Dec 2nd | 6:45pm-8:00pm at Saint Spyridon
- Fri, Dec 16th | 6:45pm-8:00pm Christmas PJ Movie Night at Saint Spyridon

Never miss a beat! Sign up for the Weekly E-Bulletin here!





2022- SAINT SPYRIDON HELLENIC ORTHODOX CHURCH 2023

GOYA Fall Calendar

GOYA Meetings take place on Wednesdays
usually from 7 PM - 8:30 PM

WED, SEPTEMBER 21 - GOYA KICK-OFF

SEPTEMBER 28
OCTOBER 5
OCTOBER 19
NOVEMBER 2
NOVEMBER 9
NOVEMBER 16
NOVEMBER 30
DECEMBER 7
DECEMBER 14

GOYA IS FOR YOUTH IN THE 6TH - 12TH GRADES

TO RECEIVE TEXT MESSAGE REMINDERS VIA REMIND, SEND TEXT TO 81010 and Text this message: jrgoyag




Handmaidens


MEETING SCHEDULE

SATURDAYS AT 10:30AM

SEPTEMBER 17th	FEBRUARY 11th
OCTOBER 22nd	MARCH 11th
NOVEMBER 12th	APRIL 11th
DECEMBER 10th	(myrofores practice)
JANUARY 14th	MAY 6th
	JUNE TBD

STAY CONNECTED! Text @handmaide to 81010

This year will be loaded with care!
Join us in our many outreach efforts,
learn traditions and have some fun!



PLEASE JOIN US

Altar Boy & Handmaiden Meeting

Join us as both of these ministries
will be kicking off the year with their first meeting!

Saturday, Sept. 17, 10:30 AM

PARISH ANNOUNCEMENTS



SAINT SPYRIDON
HELLENIC ORTHODOX
CHURCH

CHERUBS
caregiver and me playgroup



Our mission is to provide wholesome and fun activities in which the child and caregiver will work together and create a venue where Orthodox parents (yiayia, papou, etc.) and children can interact with others, form bonds of friendships and develop spiritually.

Welcome Back September 21, 2022
10:30am-12:00pm
Saint Spyridon Hellenic Orthodox Church

Remaining 2022 Schedule
Wednesdays From 10:30am-12:00pm
10/5/22 10/19/22 11/2/22 11/16/22 11/30/22 12/7/22



SEND AN EMAIL TO CHERUBS12307@GMAIL.COM TO SIGN UP!



BYZANTINE MUSIC CLASSES

CLASSES ARE HELD EVERY SATURDAY
(STARTING SEPTEMBER 17)

3:45 PM TO 4:45 PM
FOLLOWED BY VESPERS AT 5 PM

SAINT SPYRIDON
HELLENIC ORTHODOX CHURCH
12307 S. RIDGELAND AVENUE,
PALOS HEIGHTS, IL
WWW.SAINT-SPYRIDON.NET

STUDENTS: 1ST GRADE THROUGH 12TH GRADE
AND ADULTS ARE WELCOME

INSTRUCTORS:
ALEXIA CHIBUCOS AND
FATHER GEORGE LAMBERIS



Plutarchos Hellenic Language & Heritage Academy



Saint Spyridon
Hellenic Orthodox Church
12307 S. Ridgeland Avenue
Palos Heights, Illinois 60463



- **Preschool Class**
For 3 & 4 year olds where our littlest learners sing & play their way to speaking Greek
- **Kindergarten through 6th Grade**
Focused on reading, writing, speaking & listening with an emphasis on oral communication
- **Path to Ellinomathia Certification**
Full immersion classes for students in 3rd-12th grade, seeking language credentials, which can be used to study in universities in Greece & in Europe or for professional purposes
- **Weekly Greek Music & Dance Lessons**
Focused on teaching our traditions & rich cultural heritage

CLASSES OFFERED

Monday/Fridays
4:30 p.m. to 6:30 p.m.

For more information please contact the church office at 708*385*2311 or by email at stspyridonplutarchos@gmail.com

Our Kindergarten to 8th grade learning path goal areas align to world-readiness standards for learning languages

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2022-2023

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- Hellenic Language & Heritage



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