

Nine Hole Peg Test Norms Ages 3.5 years – 19 years

NINE HOLE PEG TEST NORMS AGES 3½-6½

(Ebrahim A 2008)

MALES & FEMALES				
Age	Hand	Mean	SD	Range
3.5	R	43.61	13.85	29.76-57.46
	L	49.87	14.0	35.87-63.87

NINE HOLE PEG TEST NORMS AGES 4-19

(Poole 2005)

MALES					FEMALES				
Age	Hand	Mean	SD	Range	Age	Hand	Mean	SD	Range
4-5	R	29.8	3.8	26.0-33.6	4-5	R	30.2	6.3	23.9-36.5
	L	34.5	5.9	28.6-40.4		L	33.2	6.2	27.0-39.4
6-7	R	25.5	6.0	19.5-31.5	6-7	R	22.5	2.3	20.2-24.8
	L	28.5	6.6	21.9-35.1		L	25.9	5.2	20.7-31.1
8-9	R	19.9	3.9	16.0-23.8	8-9	R	18.7	1.9	16.8-20.6
	L	21.7	4.3	17.4-26.0		L	21.2	3.2	18.0-24.4
10-11	R	18.9	4.1	14.8-23.0	10-11	R	16.7	3.4	13.3-20.1
	L	20.2	3.3	16.9-23.5		L	19.0	3.1	15.9-22.1
12-13	R	18.0	2.5	15.5-20.5	12-13	R	17.1	1.8	15.3-18.9
	L	18.4	2.6	15.8-11.0		L	18.1	2.2	15.9-20.3
14-15	R	18.0	2.7	15.3-20.7	14-15	R	16.8	2.4	14.4-19.2
	L	18.6	1.8	16.8-20.4		L	18.1	1.8	16.3-19.9
16-17	R	16.9	2.0	14.9-18.9	16-17	R	15.8	1.9	13.9-17.7
	L	17.1	2.4	14.7-19.5		L	17.1	1.8	15.3-18.9
18-19	R	16.1	1.6	14.5-17.7	18-19	R	16.1	2.1	14.0-18.2
	L	16.7	1.2	15.5-17.9		L	17.4	2.0	15.4-19.4

Poole JL, Burtner PA, Torres TA, McMullen CK, Markham A, Marcum ML, Anderson JB, Qualls C. Measuring dexterity in children using the Nine-hole Peg Test. J Hand Ther. 2005 Jul-Sep;18(3):348-51. doi: 10.1197/j.jht.2005.04.003. PMID: 16059856.