

The Thumb Grasp and Pinch Assessment
T-GAP Score form
18 months – 4 years



T-GAP Activity	LEFT (Score 0-7)	RIGHT (Score 0-7)
Pick up 3 Cheerios one at a time and release into a film container (tip pinch) <i>Score how Cheerio is held</i>		
Open a zippered pencil case and remove 2 markers (lateral key pinch) <i>Score how zipper tab is held</i>		
Pull cap off a large diameter marker (small grasp) <i>Score how marker is held</i>		
Separate 5 Duplo style blocks that are stacked together (medium grasp) <i>Score how blocks are stabilized</i>		
Open a container of bubbles (large grasp) <i>Score how container is stabilized</i>		
Form moldable clay into a bowl (manipulation) <i>Score how moldable clay is held</i>		
Open a drawstring bag (resistance) <i>Score how bag is held when opened</i>		
Open a box of 8 crayons and remove one (school) <i>Score how crayon is held</i>		
Put sock on over toes (ADL) <i>Score how sock is held open</i>		

Grasp and Pinch Style Scoring

- 0 No Grasp, Passive Stabilization
- 1 Palmar Grasp, Finger Flexion; No Thumb Use
- 2 Ulnar Scissor Grasp; No Thumb Use
- 3 Radial Scissor Grasp; No thumb Use

- 4 Cylindrical Grasp; Thumb to Fingers
- 5 Lateral Key Pinch; Thumb to Index
- 6 Tip Pinch; Thumb to Finger Tip
- 7 Tripod Pinch; Thumb to Distal Index/Long

T-GAP Total Score

Left Hand _____/63
 Right Hand _____/63

Number of Grasp Styles: Points 1-7

Left Hand _____
 Right Hand _____

Thumb Use: Points 4-7

Left Hand _____/9
 Right Hand _____/9