

**The Thumb Grasp and Pinch Assessment**  
**T-GAP Score form**  
**5 years – 7 years**



T-GAP Activity	LEFT (Score 0-7)	RIGHT (Score 0-7)
Pick up 3 pennies one at a time and release into a piggy bank <b>(tip pinch)</b> <i>Score how penny is held</i>		
Turn a key to open a padlock <b>(lateral key pinch)</b> <i>Score how key is held</i>		
Pull cap off a small diameter marker <b>(small grasp)</b> <i>Score how marker is held</i>		
Turn end of kaleidoscope 3 times <b>(medium grasp)</b> <i>Score how kaleidoscope is held</i>		
Remove cap from a peanut butter jar <b>(large grasp)</b> <i>Score how jar is held</i>		
Form Play-Doh into a bowl <b>(manipulation)</b> <i>Score how Play-Doh is held</i>		
Pull back foam pull on slingshot <b>(resistance)</b> <i>Score how foam pull is held</i>		
Color inside a circle with a crayon <b>(school)</b> <i>Score how crayon is held</i>		
Tie shoelaces into a knot <b>(ADL)</b> <i>Score how laces are held</i>		

**Grasp and Pinch Style Scoring**

- 0 No Grasp, Passive Stabilization
- 1 Palmar Grasp, Finger Flexion; No Thumb Use
- 2 Ulnar Scissor Grasp; No Thumb Use
- 3 Radial Scissor Grasp; No thumb Use
  
- 4 Cylindrical Grasp; Thumb to Fingers
- 5 Lateral Key Pinch; Thumb to Index
- 6 Tip Pinch; Thumb to Finger Tip
- 7 Tripod Pinch; Thumb to Distal Index/Long

**T-GAP Total Score**

Left Hand \_\_\_\_\_/63  
 Right Hand \_\_\_\_\_/63

**Number of Grasp Styles: Points 1-7**

Left Hand \_\_\_\_\_  
 Right Hand \_\_\_\_\_

**Thumb Usage: Points 4-7**

Left Hand \_\_\_\_\_/9  
 Right Hand \_\_\_\_\_/9