

Subtest 1

TAKE PLAY-DOH OUT OF A PLASTIC BAGGIE

(2-4 Year Old)

EQUIPMENT– Fresh Play-Doh
and a sandwich size baggie

ACTION– Flatten the Play-Doh
and place it in the baggie
with the top folded over.
Child removes the Play-Doh
from the baggie.

SCORE– How the baggie is
stabilized



Subtest 2

BANG CYMBALS TOGETHER

(2-4 Year Old)

EQUIPMENT– Child size cymbals with round wooden handles

ACTION– Ask the child to bang the two cymbals together

SCORE– How the cymbals are held or stabilized



Subtest 3

PUT SOCK ON FOOT

(2-4 Year Old)

EQUIPMENT– Child size
tube sock

ACTION– Child sits in a
chair. Ask the child to put
the sock on.

SCORE– How sock is opened
to initiate task



Subtest 4

THREAD BEADS

(2-4 Year Old)

EQUIPMENT– String with at least one 1” square bead

ACTION– Child is sitting at a tabletop. Ask her to thread a bead on the string.

SCORE– How items are stabilized



Subtest 5

OPEN A JAR OF BUBBLES

(2-4 Year Old)

EQUIPMENT – Child size jar of bubbles

ACTION – Ask the child to take the cap off the jar of bubbles. The cap should be removed clear of the bottle.

SCORE – How the bottle is stabilized



Subtest 6

RIDE ON A ROLLING RACER

(2-4 Year Old)

EQUIPMENT – Rolling Racer
Uncarpeted flooring

ACTION- Demonstrate, “Can you ride this like me?” Child should hold handles and propel racer forward. If the child cannot propel the racer forward, the task is scored as unable to complete the task.

SCORE – How the handle is held during the first 5’ of motion



Subtest 7

OPEN BAG WITH DRAWSTRING AND DUMP DUPLOS OUT (2-4 Year Old)

EQUIPMENT –

Drawstring bag with two-sided string

3 large Duplos

ACTION – “Can you open this bag and dump out what is inside?”

SCORE – How the bag is opened



Subtest 8

SEPARATE DUPLOS®

(2-4 Year Olds)

EQUIPMENT – Three rectangular shaped Duplos® stacked evenly together

ACTION – Ask the child to separate the three blocks

SCORE – How the blocks are stabilized



Subtest 9

OPEN A NEW BOX OF CRAYONS AND REMOVE ONE (2-4 Year Old)

EQUIPMENT – New box
of 8 crayons

ACTION – Ask the child to
hold the box of crayons
and remove one

SCORE – How the box is
stabilized



Subtest 1

CUT A PAPER CIRCLE FROM CONSTRUCTION PAPER

(5-7 Year Old)

EQUIPMENT – 5” x 7” piece of construction paper with a 3” circle drawn on it. Child size scissors with symmetrical holes

ACTION – Ask the child to cut along the circle

SCORE – How the paper is stabilized while cutting



Subtest 2

REMOVE CAP FROM FELT TIP MARKER

(5-7 Year Old)

EQUIPMENT– Rose Art marker

ACTION– Ask the child to
remove the marker cap

SCORE– How the marker is
stabilized



Subtest 3

SHARPEN A PENCIL

(5-7 Year Old)

EQUIPMENT– Handheld pencil sharpener and a # 2 pencil

ACTION– Ask the child to sharpen the pencil

SCORE– Child can hold either item steady and make two turns with the other item.
Score how the item is stabilized



Subtest 4

DO BUTTONS ON A VEST

(5-7 Year Old)

EQUIPMENT – Gender appropriate vest with 1” buttons

ACTION – Have the child stand with the vest on. Child completes the top button.

SCORE – The button should pass through the buttonhole. Score how the clothing is stabilized.



Subtest 5

TIE SHOELACES IN A KNOT

(5-7 Year Old)

EQUIPMENT – Shoe with long laces bolted to a plexiglass base

ACTION – Shoe is positioned on tabletop with toe pointing away from child. Child ties a knot.

SCORE – How shoelace is held



Subtest 6

TURN KALEIDOSCOPE

(5-7 Year Old)

EQUIPMENT –

Kaleidoscope with one side that rotates

ACTION – Child holds and rotates while looking through the kaleidoscope.

SCORE – Any amount of rotation is sufficient. Score how item is held.



Subtest 7

SEPARATE LEGOS

(5 – 7 Year Old)

EQUIPMENT – Three
medium size (8 dot) Lego
blocks

ACTION – Child separates
three Legos. Have the three
blocks attached directly on
top of each other.

SCORE – How Legos are
stabilized



Subtest 8

USE BOW AND ARROW

(5 – 7 Year Old)

EQUIPMENT– Bow and arrow set

ACTION- Demonstrate:
“Can you shoot an arrow like this?” Have the child stand. Child holds bow and pulls string back.

SCORE – Any amount of string pull is sufficient. Score how the item is stabilized.



Subtest 9

RIDE ON ROLLING RACER

(5 – 7 Year Old)

EQUIPMENT– Rolling Racer
Uncarpeted floor

ACTION– Demonstrate for the child: “Can you ride this like me?” Child holds handles and propels racer forward

SCORE– Method based on the first 5’ of successful motion. Score how the handle is held.



Subtest 1

SWING A BAT

(8-10 Year Old)

EQUIPMENT– Standard Little League aluminum bat- average size

ACTION– Have the child stand and ask them to swing the bat

SCORE– How bat is held during the swing



Subtest 2

WIND YO-YO STRING ONTO A YO-YO

(8-10 Year Old)

EQUIPMENT– Standard
size yo-yo

ACTION– Present with
2½ feet of string
unwound. Child winds
two times.

SCORE– How yo-yo is
held while winding
string



Subtest 3

OPEN A BAND-AID

(8-10 Year Old)

**EQUIPMENT – Non-latex
3M Band-Aid**

**ACTION – Child should
open the package**

**SCORE – How the package
is opened**



Subtest 4

TIE SHOELACES INTO A BOW (8-10 Year Old)

EQUIPMENT- Shoe with long laces bolted to a plexiglass base

ACTION –Shoe is positioned on tabletop with toe pointing away from child

SCORE –How shoelace is held



Subtest 5

DO BUTTONS ON SHIRT

(8-10 Year Old)

EQUIPMENT- Use gender and size appropriate shirt

ACTION- Have child stand with shirt on. Child should complete the third button from the top.

SCORE- How clothing is held



Subtest 6

MAKE A TELESCOPE

(8-10 Year Old)

EQUIPMENT- Piece of 8 ½” x 11” paper and a rubber band

ACTION- Demonstrate.
Child rolls paper into a tube and slips a rubber band around the tube

SCORE – How the rubber band is put on the tube



Subtest 7

PLACE GLOVE ON UNAFFECTED HAND

(8-10 Year Old)

EQUIPMENT – Cotton
gardening style glove

ACTION – Child places
glove on hand completely

SCORE – How glove is held



Subtest 8

DRAW A LINE WITH A RULER (8-10 Year Old)

EQUIPMENT– A #2 pencil
and 8 ½”x 11” paper

ACTION– Child draws a 6”
line using a ruler on a
piece of paper

SCORE– How the ruler is
stabilized



Subtest 9

START ZIPPER ON VEST

(8-10 Year Old)

EQUIPMENT – Large size
fleece type vest

ACTION – Have child stand
with vest on. Child starts
zipper up vest. Any amount of
progress up the vest is
sufficient.

SCORE – How clothing is held



Subtest 1

CUT PAPER FROM A ROLL TO WRAP A VIDEOTAPE

(11–21 year old)

EQUIPMENT–

Child size scissors

Age 16 and over- use adult
size scissors

Roll of wrapping paper

ACTION– Child cuts a piece
of paper from the roll

SCORE– How the paper is
stabilized



Subtest 2

TEAR A PIECE OF TAPE

(11–21 year old)

EQUIPMENT – A handheld tape dispenser. Remove any paper backing from the dispenser.

ACTION – Child takes out and tears off a piece of tape from the dispenser

SCORE – How the dispenser is held



Subtest 3

SECURE WRAP ON VIDEOTAPE WITH TAPE

(11–21 YEAR OLD)

EQUIPMENT – Pre-cut piece of wrapping paper and VHS videotape

ACTION – Child places place tape on the paper, such as when wrapping a present.

SCORE – How the wrap is stabilized as tape is placed on it



Subtest 4

CUT PUTTY ON PLATE WITH KNIFE AND FORK

(11–21 year old)

EQUIPMENT –

Plastic plate, knife, fork

Medium grade Thera-Putty

ACTION – Child cuts the putty
into two pieces

SCORE – How the fork is
stabilized



Subtest 5

OPEN A THREE RING BINDER

(11–21 year old)

EQUIPMENT– 2” three-ring binder

ACTION– Child opens the clasps of the binder

SCORE– How the binder clasps are opened/stabilized



Subtest 6

START ZIPPER ON VEST

(11–21 year old)

EQUIPMENT– Large fleece vest

ACTION– Child stands with vest on and starts zipper up vest

SCORE– How clothing is held



Subtest 7

TIE SHOELACES INTO A BOW

(11–21 year old)

EQUIPMENT– Shoe with long laces is bolted to a plexiglass board. Shoe is positioned on tabletop with toe pointing away from child.

ACTION– Child ties a knot

SCORE– How the shoelace is held



Subtest 8

DO BUTTONS ON SHIRT

(11–21 year old)

EQUIPMENT – Large gender appropriate shirt with buttons

ACTION – Have child stand with shirt on and complete the third button from the top of shirt

SCORE – How the clothing is held



Subtest 9

USE DUSTPAN WITH SMALL BROOM

(11–21 YEAR OLD)

EQUIPMENT –

Dustpan and broom
3 small Legos

ACTION – Have child stand.
Hand them the dustpan and broom. Ask them to sweep 3 Legos off the floor.

SCORE – How the dustpan is held during sweeping

