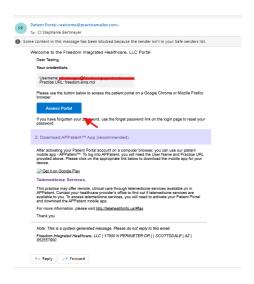
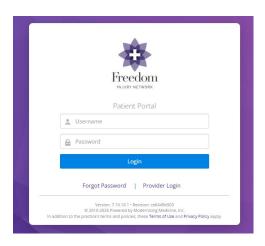
Patient Portal Preload Instructions

Step 1: Look for an email from "Freedom Integrated Healthcare". Click Access Portal to go to the patient portal.

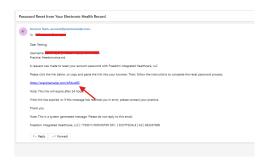


Step 2: Your username is your email address. Click "Forgot Password" and put in:

- Username
- Date of Birth
- Last Name.



Step 3: Check your email for a password reset link. Click the blue link and create your new password



Step 4: Log in to the portal. Select the Forms tab (lower left). Click Start on the New Patient Questionnaire.



Step 5: After completing the form, click "Submit Form" **TWICE**.

